

**SUNDAY**

**9:00am**

Girls U12 80m Hurdles	Pentathlon
Boys U12 80m Hurdles	Pentathlon
Girls U13 80m Hurdles	Pentathlon
Boys U13 80m Hurdles	Pentathlon
Girls U14 80m Hurdles	Pentathlon
Girls U7 Discus	Triathlon
Boys U7 Discus	Triathlon
Girls U8 Shot Put	Triathlon
Boys U8 Shot Put	Triathlon
Girls U9 Long Jump	Tetrathlon
Boys U10 Long Jump	Tetrathlon
Boys U9 High Jump	Tetrathlon
Girls U10 High Jump	Tetrathlon

**9:25am**

Boys U14 90m Hurdles	Pentathlon
Girls U15 90m Hurdles	Pentathlon
Girls U16 90m Hurdles	Pentathlon
Boys U15 100m Hurdles	Pentathlon
Boys U16 100m Hurdles	Pentathlon
Girls U17 100m Hurdles	Pentathlon
Boys U17 110m Hurdles	Pentathlon

**9:45am**

Boys U11 Discus	Tetrathlon
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**10:00am**

Girls U11 Shot Put	Tetrathlon
Girls U13 Long Jump	Pentathlon

**10:15am**

Girls U7 100m	Triathlon
Boys U7 100m	Triathlon
Girls U8 100m	Triathlon
Boys U8 100m	Triathlon

**10:45am**

Girls U15 Long Jump	Pentathlon
Boys U15 Long Jump	Pentathlon

**11:00am**

Boys U13 Discus	Pentathlon
Girls U14 Shot Put	Pentathlon
Boys U14 Shot Put	Pentathlon

**11:05am**

Girls U12 High Jump	Pentathlon
Boys U12 High Jump	Pentathlon

**11:15am**

Girls U9 100m	Tetrathlon
Boys U10 100m	Tetrathlon

**11:30am**

Boys U9 100m	Tetrathlon
Girls U10 100m	Tetrathlon
Girls U7 Long Jump	Triathlon
Boys U7 Long Jump	Triathlon
Boys U16 Discus	Pentathlon
Boys U17 Discus	Pentathlon
Girls U16 Shot Put	Pentathlon
Girls U17 Shot Put	Pentathlon

**12:00pm**

Boys U11 100m	Tetrathlon
Girls U11 100m	Tetrathlon
Girls U9 Shot Put	Tetrathlon

**12:15pm**

Girls U13 100m	Pentathlon
Boys U13 100m	Pentathlon
Girls U14 100m	Pentathlon
Boys U14 100m	Pentathlon
Boys U15 100m	Pentathlon
Boys U16 100m	Pentathlon
Boys U17 100m	Pentathlon
Girls U8 Long Jump	Triathlon
Boys U8 Long Jump	Triathlon
Boys U9 Discus	Tetrathlon
Girls U10 Discus	Tetrathlon
Boys U10 Shot Put	Tetrathlon

**1:00pm**

Girls U12 100m	Pentathlon
Boys U12 100m	Pentathlon
Girls U14 High Jump	Pentathlon
Boys U14 High Jump	Pentathlon

**1:15pm**

Girls U15 200m	Pentathlon
Girls U16 200m	Pentathlon
Girls U17 200m	Pentathlon

**1:30pm**

Girls U11 Long Jump	Tetrathlon
Boys U11 Long Jump	Tetrathlon
Girls U12 Discus	Pentathlon
Boys U15 Discus	Pentathlon
Girls U13 Shot Put	Pentathlon

**1:45pm**

Girls U9 800m	Tetrathlon
Boys U9 800m	Tetrathlon
Boys U12 Shot Put	Pentathlon
Boys U13 High Jump	Pentathlon

**2:15pm**

Girls U10 800m	Tetrathlon
Boys U10 800m	Tetrathlon
Girls U15 Shot Put	Pentathlon

**2:45pm**

Girls U14 800m	Pentathlon
Boys U14 800m	Pentathlon
Girls U16 Long Jump	Pentathlon
Boys U16 Long Jump	Pentathlon
Girls U17 Long Jump	Pentathlon
Boys U17 Long Jump	Pentathlon

**3:00pm**

Girls U13 800m	Pentathlon
Boys U13 800m	Pentathlon

**3:15pm**

Girls U11 800m	Tetrathlon
Boys U11 800m	Tetrathlon
Girls U12 800m	Pentathlon
Boys U12 800m	Pentathlon

**3:30pm**

Girls U15 800m	Pentathlon
Boys U15 800m	Pentathlon
Girls U16 800m	Pentathlon
Boys U16 800m	Pentathlon
Girls U17 800m	Pentathlon
Boys U17 800m	Pentathlon