

U13 - U17 TEAMS EVENT

Built on a team structure, the Teams Event aims to encourage LAQ U13 - U17s of all abilities continued participation in athletics in all levels of competition, increased development, and provide assistance with the transition between LAQ and QA.

OVERALL CONCEPT

Athletes participate in Teams Event competitions earning points for their 'Team'. Each athlete aims to earn his or her highest points possible in a number of events over a series of competitions. These accumulated points go towards the Teams total; the highest Team points earning the title of Teams Event Champions at the end of the season.

Event Trial:

The ongoing trial will consist of athlete's participation at affiliated Centre weekly meets during a set timeframe, with submitted results formulating the virtual series of competitions. Athletes are also encouraged to compete at LAQ events to gain experience and opportunities to record best performances.

Centres are encouraged to a) invite other Centre's U13 – U17 members to their normal weekly Centre meets and b) Centres must accept results for those athletes who participate at other Centre's meets.

The 2022 Winter Round will commence the weekend of 29th April – 1st May.

1) Athlete Criteria & Team Structure:

- a. Teams are Centre based
- b. Winter Centres: maximum of 7 and minimum of 5 athletes per team
- c. All Centre registered U13 – U17 athletes must be invited to participate
- d. No restrictions or set numbers of boys or girls or ages per team
- e. A maximum of 15 teams will be accepted for the Winter season, Centres may nominate up to two teams.
- f. Centre to select Team Name(s)

2) Eligible Events, Competitions and Timeframe

- a. Events: 100m, 400m, 800m, Sprint Hurdles, High Jump, Long Jump, Javelin & Shot Put
- b. Centre Meets: rounds are drawn from pre-determined period
 - i. Winter Round 1 – weeks ending 1st May – 19th June 2022
 - ii. Winter Round 2 weeks ending 10th July – 28th August 2022There will be no restrictions for Centres on the number of times these events can be offered during their program cycle; however all events must be offered at least once during each round.
- c. Points can be earned at the following LAQ Competitions: Winter (Winter Teams); Spring and Summer Carnivals and the Combined Event Championships (50 bonus points for participation/athlete).
- d. Regional Championships: any event contested will earn an extra 10 points (events do not have to be in the eligible event list)

3) Participation, Points & Results

- a. To achieve maximum points for the team, each athlete should attempt each event at least once during each round
- b. Best results for all team's athletes shall be taken from the affiliated 'Centre Meet Results' and summarised as a PDF document posted on the LAQ website. Weekly results must be entered in the ResultsHQ by noon on the Wednesday following the Centre meet to be eligible for points.
- c. Each of the teams' athlete's best result, per event, per round will earn points with the lowest valid attempt earning at least one point
- d. Points: a % factor against McDonald's blue level for relevant age groups will be used to rank the athletes results and a sliding scale would run 101, 99, 98, 97, 96 etc.
- e. Athletes will having access to all results showing progressive and changing points during the round. Results will be published (ASAP) on the LAQ website and in the Event Team App page
- f. Summer and Winter points will not be compared during the trial
- g. Virtual trophy round and overall winners and placings will be posted on the LAQ website