

**CENTRE USE ONLY | NOMINATION FORM FOR LAQ CARNIVAL**

This nomination form may be copied for nominating purposes for a LAQ competition by ticking the appropriate box and returning to your affiliated Centre. Check with your Centre Committee for the closing date.

Coles Spring Carnival (max 5 events)

Coles Summer Carnival (max 5 events)

Nomination fees: \$15.00 per athlete.

Shaded boxes indicate events which ARE NOT available to that age group	EVENTS	U7s	U8s	U9s	U10s	U11s	U12s	U13s	U14s	U15s	U16s	U17s	
	Sprints	70											
		100											
		200											
	Middle/Distance	400											
		800											
		1500											
	Walks			700	1100	1100	1500	1500	1500	1500	1500	1500	
	Sprint Hurdles			60	60	60	80	80	80	G-80	G-90	G-90	G-100
										B-90	B-100	B-100	B-110
	High Jump			^	^								
	Long Jump												
Triple Jump													
Discus													
Javelin													
Shot Put													

Surname \_\_\_\_\_ Contact ph/email \_\_\_\_\_

First Name \_\_\_\_\_ B / G U/ \_\_\_\_\_ Rego No. \_\_\_\_\_ No Events \_\_\_\_\_ Fees \$ \_\_\_\_\_

First Name \_\_\_\_\_ B / G U/ \_\_\_\_\_ Rego No. \_\_\_\_\_ No Events \_\_\_\_\_ Fees \$ \_\_\_\_\_

Centre use only Receipt No: \_\_\_\_\_ Amount received: \_\_\_\_\_



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First Name \_\_\_\_\_ B / G U/ \_\_\_\_\_ Rego No. \_\_\_\_\_ No Events \_\_\_\_\_ Fees \$ \_\_\_\_\_

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