

CENTRE / REMOTE MULTI-CLASS ATHLETE USE ONLY: NOMINATION FORM FOR LAQ REGIONAL CHAMPIONSHIPS

Nomination fees: \$15.00 per athlete.

Events	U9s	U10s	U11s	U12s	U13s	U14s	U15s	U16s	U17s
100m									
200m									
400m									
800m									
Long Jump <i>Ambulant Only</i>									
Discus <i>Ambulant Only</i>									
Javelin <i>Ambulant Only</i>									
Shot Put									

At LAQ competitions, Multi-Class athletes cannot compete in Multi-Class events that do not have a base line performance for their relevant classification. Multi-Class athletes have the opportunity to nominate in multi-class events or standard events; however, they may not nominate twice in the same event. Refer to the Multi-Class Competition Handbook found on the LAQ website for event eligibility and all rules of competition.

Please tick or where possible provide Personal Best Performances (entry time/ distance) the appropriate event box(s) below.

Surname: _____ Contact Ph/Email: _____

First Name: _____ B / G U/ _____ Rego No.: _____

Proof of classification must be attached.

Classification: _____

No Events: _____ Fees: \$ _____

Centre use only Amount received: \$ _____

Receipt No: _____



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