

## U13 - U17 TEAMS EVENT

Built on a team structure, the Teams Event aims to encourage LAQ U13 - U17 members (of all abilities) continued participation in athletics in all levels of competition, increased development, and provide assistance with the transition between LAQ and QA.

### OVERALL CONCEPT

Athletes participate in Teams Event competitions earning points for their 'Team'. Each athlete aims to earn as many points as possible over a series of competitions for their team in the hope to be named Team Champions at the end of the season.

### Event Trial (commencing 2019):

The initial trial will consist of athlete's participation at affiliated Centre weekly meets during a set timeframe, with submitted results formulating the virtual series of competitions. Athletes are also encouraged to compete at LAQ events to gain experience and opportunities to record best performances.

Centres will be encouraged to a) invite other Centre's U13 – U17 members to their normal weekly Centre meets and b) Centres must accept results for those athletes who participate at other Centre's meets.

The Trial period will be during the 2019/2020 season for the Summer Centres, and during 2020 for the Winter Centres.

### 1) Athlete Criteria & Team Structure:

- a. Teams are Centre based
- b. Summer Centres: maximum of 10 and minimum of 7 athletes per team – possibly restricted to one team per Centre, depending on the response  
Winter Centres: maximum of 7 and minimum of 5 athletes per team – possibly restricted to one team per Centre, depending on the response
- c. All eligible U13 – U17 athletes must be invited to participate
- d. No restrictions or set numbers of boys or girls or ages per team
- e. Maximum of 15 Teams
- f. Centre to select Team Name(s)

### 2) Eligible Events, Competitions and Timeframe

- a. Events: 100m, 400m, 800m, Sprint Hurdles, High Jump, Long Jump, Javelin & Shot Put
- b. Centre Meets: 2 rounds, each drawn from pre-determined period
  - i. Summer Round 1 – weeks ending 27<sup>th</sup> October - 8<sup>th</sup> December 2019
  - ii. Summer Round 2 – weeks ending 26<sup>th</sup> January – 8<sup>th</sup> March 2020
  - iii. Winter Round 1 – weeks ending 10<sup>th</sup> May – 22<sup>nd</sup> June 2020
  - iv. Winter Round 2 – weeks ending 16<sup>th</sup> August – 27<sup>th</sup> September 2020There will be no restrictions for Centres on the number of times these events can be offered during their program cycle. All events must be offered at least once during each round.
- c. Points can be earned at the following LAQ Competitions: Winter, Spring and Summer Carnivals and the Combined Event Championships (50 points for participation).
- d. Finale: Regional Championships will formulate an end of season competition: any event contested will earn 10 points (events do not have to be in the eligible event list)

### 3) Participation, Points & Results

- a. To achieve maximum points for the team, each athlete should attempt each event at least once during each round
- b. Best results for all team's athletes shall be taken from the affiliated 'Centre Meet Results' and summarised as a PDF document posted on the LAQ website
- c. Each of the teams' athlete's best result, per event, per round will earn points with the lowest valid attempt earning at least one point
- d. Points: a % factor against McDonald's blue level for relevant age groups will be used to rank the athletes results and a sliding scale would run 101, 99, 98, 97, 96 etc.
- e. Athletes will have access to all results showing progressive and changing points during the round. Results will be published (ASAP) on the LAQ website
- f. Summer and Winter points will not be compared during the trial
- g. Virtual trophy round and overall winners and placings will be posted on the LAQ website