

MCDONALD'S COMBINED EVENT CHAMPIONSHIPS

at SAF, Nathan, Brisbane

Nomination fees:

Multi-Event Athletes: \$15.00

Age Group	Combined Events	Track 1	Track 2	Track 3	Jump 1	Jump 2	Throw 1	Throw 2	
MULTI-CLASS U9-U17's	Triathlon	100m			Long Jump		Discus		
U7's	Triathlon	100m			Long Jump		Discus		
U8's		100m			Long Jump		Shot Put		
U9 Girls	Tetrathlon	100m	800m		Long Jump		Shot Put		
U9 Boys		100m	800m		*High Jump		Discus		
U10 Girls		100m	800m		*High Jump		Discus		
U10 Boys		100m	800m		Long Jump		Shot Put		
U11 Girls		100m	800m		Long Jump		Shot Put		
U11 Boys		100m	800m		Long Jump		Discus		
U12 Girls		Pentathlon	80mH	100m	800m	High Jump		Discus	
U12 Boys			80mH	100m	800m	High Jump		Shot Put	
U13 Girls	80mH		100m	800m	Long Jump		Shot Put		
U13 Boys	80mH		100m	800m	High Jump		Discus		
U14 Girls	80mH		100m	800m	High Jump		Shot Put		
U14 Boys	90mH		100m	800m	High Jump		Shot Put		
U15 Girls	Heptathlon	90mH	200m	800m	Long Jump	High Jump	Shot Put	Javelin	
U15 Boys		100mH	100m	800m	Long Jump	High Jump	Discus	Javelin	
U16 Girls		90mH	200m	800m	Long Jump	High Jump	Shot Put	Javelin	
U16 Boys		100mH	100m	800m	Long Jump	High Jump	Discus	Javelin	
U17 Girls		100mH	200m	800m	Long Jump	High Jump	Shot Put	Javelin	
U17 Boys		110mH	100m	800m	Long Jump	High Jump	Discus	Javelin	
U13-U17's	Track Triathlon	100m	200m	Sprint Hurdle					
U13-U17's	Jumps Triathlon	High Jump	Long Jump	Triple Jump	Throws Triathlon	Discus	Javelin	Shot Put	

Starting Heights for High Jump: Starting heights shall be agreed by the athletes
The bar will be raised 3cm throughout the competition.

*Scissors only

U13-U17 ATHLETE'S MAY NOMINATE FOR TWO COMBINATION EVENTS PROVIDED EVENTS ARE PROGRAMMED ON SEPERATE DAYS

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Centre Hard Copy Nomination Form - Copy As Required

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FULL NAME please print & list in age group order	Date Of Birth	Age Group	Boy / Girl	Rego No	COMBINED EVENTS	U13 - U17'S TRIATHLON EVENTS		
						TRACK	JUMPS	THROWS
<i>EG: Mary Smith</i>	<i>00/00/0000</i>	<i>U14</i>	<i>G</i>	<i>306</i>		<input checked="" type="checkbox"/>		

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