

*Multi-Class Athletes  
Competition Handbook*



## Introduction

In 2013, classified Multi-Class (athletes with disabilities) were endorsed to compete in limited events under their own classification at Little Athletics Queensland conducted competitions up to State-level, as determine by the Competition Committee.

The following rules are to be read in conjunction the LAQ Competition Handbook. Where applicable, all LAQ and IAAF rules of competition shall apply unless specified in this document.

The Association recognises that events as detailed in this handbook may not be offered at weekly Centre meets. However, wherever feasible and appropriate the conditions and rules detailed in this handbook should be adhered to. Centre Committees may offer additional modified events not detailed in this handbook provided the event / equipment specifications are not greater than those detailed in the LAQ Competition Handbook and the Implement Weights for Para athletics "Open & Underage" athletes with a Disability document.

Rules and events pertaining to the Multi-Class athletes at LAQ competitions will be reviewed every two years.

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## 1. CLASSIFICATION

- 1.1. Classification is a way of grouping athletes of similar function or ability for the purpose of competition.
- 1.2. Athletes with a disability have to be formerly classified by a recognised organisation, prior to competing in LAQ Carnivals and the Winter, Regional and State Championships
  - i. Intellectual Impairment (T/F 20) - through Sports Inclusion Australia (previously AUSRAPID) or Australian Paralympic Committee
  - ii. Physical Impairment (T/F 31-38, 40-47, 51-57) - through Athletics Australia - Provisional PI is acceptable for Regional and Carnival competitions
  - iii. Hearing Impairment (T/F 01) - through Deaf Sports Australia
  - iv. Vision Impairment (T/F 11-13) through Australian Paralympic Committee (APC)

*Note: For additional information regarding classification, please refer to Section four (4) of this handbook and the Athletics Australia Classification paper.*

## 2. ELIGIBILITY AND NOMINATION

- 2.1. To compete at LAQ Competitions, athletes must be registered with an LAQ Centre.
- 2.2. Athletes must hold a valid classification upon entry LAQ Competitions.
  - i. Athletes must provide proof of classification with the first nomination of the LAQ season and or when a new/renewed classification card is issued.
  - ii. Athletes that do not provide current proof of classification shall not be permitted to compete in Multi-Class events at LAQ Competitions.
- 2.3. Multi-Class athletes may nominate and compete in able body events or solely in Multi-Class events; or a mix of both event classes at LAQ Competitions,
  - i. Athletes are not permitted to compete in able body events and the equivalent Multi-Class event conducted on the same program at any LAQ Carnival and or Championship competition.
  - ii. Multi-Class athletes are allowed direct nomination to the LAQ State Championships for Multi-Class events only.
- 2.4. The maximum number of events that athletes may nominated in, is
  - i. Five (5) at Carnivals, Summer Regional Championships and State Championships
  - ii. Five (5) at Winter Regional Championships and Winter Championships
- 2.5. Personal Best Performances (entry time/ distance) to be provided where possible

## 3. SUMMARY OF TRACK & FIELD EVENTS OFFERED AT LAQ COMPETITIONS

All events are for boys & girls unless otherwise stated.

EVENTS	U9 & U10	U9 & U10 Wheelchair	U11 & U12	U11 & U12 Wheelchair	U13 & U14	U13 & U14 Wheelchair	U15 – U17	U15 – U17 Wheelchair
100 metre								
200 metre								
400 metre								
800 metre								
Long Jump								
Shot Put								
Discus								

#### 4. COMPETITION GENERAL

- 4.1. When competing in Multi-Class events, athletes shall only be allowed timed finals and or three (3) trials per field event.
- 4.2. Athletes are not permitted to choose to compete from a standing position in one discipline and a sitting position in another discipline (e.g. throws as F57 and compete in Track as a T42)
- 4.3. In all cases, implements shall comply with the specifications as defined by LAQ for Multi-Class events.
- 4.4. In all competitions involving throwing events athletes must use the implement weight specified for their classification/ age group, (refer to the Implement Specification Table in this document).  
*Note: At competition events where combined age group are conducted, the competitor's will throw the weight specified for their age group. This could result in different weight implements being used in the same event.*
- 4.5. Athlete's Assistants (Escorts, Guides, Callers & Assistant Helpers)
- i. Multi-Class athletes may have the assistance of an escort, guide, caller or assistant helper as detailed in this section or specifically detailed under the relevant Classification rules in Section 4 of this Handbook.
  - ii. In the case of a classified T&F20 (autistic) athlete, the assistant helper must be an adult and known to the athlete.
  - iii. If required, Centres may appoint an Athlete's Assistant to attend to their athletes on the field of play during competition, in the warm up area or call room. Parents may be assigned to these roles.
  - iv. Those appointed to act as an Athlete's Assistant must be clearly identified by wearing a coloured ID Vest provided by the Organising Committee.
  - v. To gain approval for the use of an Athlete's Assistant, the appointee's name must be listed on the athletes nomination form. The [nomination form](#) is located on the LAQ Multi-Athletes webpage. If the appointed individual is replaced by another appointee, advice must be provided to the Chief Recorder on the day of competition. Appointees must sign-in with the Chief Recorder.
  - vi. An ID Vest must be worn by the Athlete's Assistant when accessing the field of playing during competition, the warm up area or the call room with a Multi-Class athlete. The appointee must collect the ID Vest from the Chief Recorder.
  - vii. Appointees are not permitted to aid the Multi-Class athletes in any form of coaching; and must leave the runway or circle before an attempt can begin.
- 4.6. All events will be conducted as multi-disability events. At LAQ conducted events, places will be calculated using the 'multi disability method' using the Athletics Australia Multi Disability Standards (MDS) for the various classes. Refer to section 6 of this manual for specific information or use this [link for additional online details](#)
- 4.7. At LAQ conducted Championships, medals will be presented per age group based on a percentage calculation across Multi-Class classifications.
- i. Age groups: U9 & U10's; U11 & U12's; U13 & U14's; U15 - U17's
- 4.8. At LAQ Regional Championships, calculation of placings and presentation of medals will be at the discretion of the Regional Committee. Medals may be presented
- i. per age group based on a percentage calculation across Multi-Class classifications *or*
  - ii. per age group and classification.
- 4.9. A record of Best Performances will be kept so that QBPs may be recognised when deemed appropriate. QBPs will be kept per classification / age group.

## 5. SPECIFIC CLASSIFICATION COMPETITION RULES

### 5.1. Visually Impaired Athletes - Classification 11, 12 & 13

#### Facility Location and Equipment

- 5.1.1. Competitors with classification 11 must wear approved opaque glasses or an appropriate substitute in all track and field events. The opaque glasses or substitute must be approved by the Carnival Referee. Glasses, once approved, must be available for checking at all times. When not competing, the athlete may remove the dark glasses or substitute.
- 5.1.2. Acoustic signals are permitted for athletes in this class, as specified in the following rules. Where acoustic assistance is being used (e.g. Long Jump) complete silence shall be requested from spectators.
- 5.1.3. For athletes with classification 12, modification of the existing facility is permitted (e.g. by powder, cones, flags etc.). Acoustic signals may also be used in Long Jump events.
- 5.1.4. For athletes with classification 13, LAQ and IAAF (where applicable) rules will be followed in their entirety, except as otherwise listed.

#### Escort / Guide Runner

- 5.1.5. Only escort/guide runners for athletes with classification 11 and 12 will be permitted to accompany competitors onto the track or into throwing and jumping areas.
- 5.1.6. Competitors in the Long Jump with classification 11 may use a caller to provide acoustic orientation during the approach run. This guide/caller can assist in positioning the athlete on the runway.
- 5.1.7. Competitors in the Long Jump with classification 12 may be accompanied to the competition area by only one person, who may serve as caller or guide. No additional persons will be permitted in the competition area.

#### Track Events - Running Competition Rules

- 5.1.8. The 100m event for T11 to T13 classification athletes shall have heats/timed finals (if required) consisting of a maximum of four athletes with guides per heat.
- 5.1.9. A re-run may only be requested when circumstances beyond the control of the athlete and guide (as a team) have interfered with the performance of the athlete.

#### Track Events - Methods of Guidance

- 5.1.10. Athletes must bring their own guides to competitions.
- 5.1.11. When competitor and guide are in competition they are to be regarded as a team.
- 5.1.12. As the blind runner crosses the finish line, the guide must be behind the athlete or disqualification will apply.
- 5.1.13. The method of guidance is the choice of the athlete. He or she may choose to use an elbow lead, or a tether. In addition, the runner may receive verbal instruction from the guide. (Bicycles or other mechanical means of transport may not be used by guides).
- 5.1.14. At no time may the guide pull the athlete, or propel the athlete forward by pushing. Infringement of this rule will lead to disqualification.
- 5.1.15. Whether or not a tether is being used, the athlete and guide shall be not more than 0.50m apart at all times.

*Note: Where extraordinary or accidental circumstances lead to a breach of this rule, it shall be the sole responsibility of the Track Referee to decide for or against disqualification. The principles that will govern such a decision shall include consideration of any danger to or disadvantage suffered by another competitor in the same race.*

### Field Events - Time Limits

- 5.1.16. In field events where competitors receive assistance from callers or guides, the time allowed for an attempt shall begin from the moment when the official responsible is satisfied that the athlete has completed the process of orientation.

*Note: If the athlete loses their orientation so that he or she requires to be re-oriented, the clock shall be stopped and only re-started (to include any elapsed time already recorded) once orientation has again been completed.*

### Field Events - Long Jump

- 5.1.17. Escorts/callers may be used only by athletes in F11 and F12 classifications.
- 5.1.18. It is the task of the escort/caller to help the athlete orientate himself or herself on the runway before attempting the jump. The escort/caller must leave the runway before the jump can begin.
- 5.1.19. For F11 to F13 athletes, the take-off area shall consist of a rectangle 1.0 x 1.22 metres, which must be prepared in such a way by the use of sand, that the athlete leaves an impression on the area with his or her take-off foot. The maximum distance between the take-off area and the front edge of the landing pit will be one (1) metre.

*Note: For purposes of safety, it is strongly recommended that the minimum distance between the axis of the runway and the sides of the landing area should be 1.75 metres. If this recommendation cannot be met, additional safety measures may be required by the officials responsible for the event.*

### Field Events - Throws

- 5.1.20. Escorts/callers may be used only by throwers with F11 and F12 classifications.
- 5.1.21. Competitors with F11 and F12 classification, (where appropriate) must be brought to the throwing circle by an escort/caller.
- 5.1.22. It is the task of the escort/caller to help the athlete orientate himself or herself in the throwing circle before the throwing attempt. The escort must leave the circle before the throw can begin.
- 5.1.23. Acoustic orientation is permitted for athletes with F11 and F12 classification before, during and after their throwing attempts.
- 5.1.24. Competitors with F11 and F12 classifications must be escorted from the throwing circle only after the judges have determined whether the attempt is valid or not.

*Note: Rule (Section C 2.1.7 vii) regarding exiting the throwing circle after the throw shall not apply.*

- 5.1.25. If the event judge determines that an escort/caller who is providing acoustic orientation is in an unsafe location, the judge will require the escort to move.

## 5.2. Wheelchair Athletes - classification 32-34, 51-54

- 5.2.1. If strapping is used it must only be to the chair and of non-elastic material.

### Escorts

- 5.2.2. Only escorts for athletes with classification 32, 51-53 will be permitted to accompany competitors onto the track.

### Track Events (Classifications T32-T34, T51-T54)

- 5.2.3. The start rules as defined in the Competition Handbook shall apply except as follows - After the "On your marks" command, an athlete shall approach the start line; assume a position entirely within his allocated lane and behind the start line. At the "Set" command, an athlete should immediately take up his final starting position retaining contact of the front wheel/s with the ground behind the line.
- 5.2.4. Progression by any other method except the competitor pushing on the wheels or hand rims will result in disqualification.
- 5.2.5. The competitors shall be placed in the order in which the hub of the leading wheel reaches the vertical plane of the nearer edge of the finish line.

- 5.2.6. The time shall be taken to the moment at which the hub of the leading wheel of the competitor's chair reaches the vertical plane of the nearer edge of the finish line.
- 5.2.7. For safety, athletes may be exempt from the uniform rule regarding sleeves for track events only.

#### **Wheelchairs**

- 5.2.8. The wheelchair shall have at least two large wheels and one small wheel.
- 5.2.9. In all races not conducted in a straight lane (in straight line), the athlete must be able to turn the front wheel(s) manually both to the left and to the right.
- 5.2.10. No part of the body of the chair may extend forward beyond the hub of the front wheel and be wider than the inside of the hubs of the two rear wheels. The maximum height from the ground of the main body of the chair shall be 50 cm.
- 5.2.11. The maximum diameter of the large wheel including the inflated tyre shall not exceed 70 cm.
- 5.2.12. The maximum diameter of the small wheel including the inflated tyre shall not exceed 50 cm.
- 5.2.13. Only one plain, round, hand rim is allowed for each large wheel. This rule may be waived for persons requiring a single arm drive chair.
- 5.2.14. No mechanical gears or levers shall be allowed, that may be used to propel the chair.
- 5.2.15. Only hand-operated, mechanical steering devices will be allowed.
- 5.2.16. The use of mirrors is not permitted in track races.
- 5.2.17. No part of the chair may protrude behind the vertical plane of the back edge of the rear tyres.
- 5.2.18. It will be the responsibility of the competitor to ensure the wheelchair conforms to all the above rules, and no event shall be delayed whilst a competitor makes adjustments to their chair.
- 5.2.19. Chairs will be measured in the Call Room, and may not leave that area before the start of the event. Chairs that have been examined may be liable to re-examination before or after the event by the official in charge of the event.
- 5.2.20. It shall be the responsibility, in the first instance, of the official conducting the event, to rule on the safety of the chair.
- 5.2.21. Athletes must ensure that no part of their lower limbs can fall to the ground or track during the event.

#### **Throws Events (Classifications T31-T34, T51-T57)**

- 5.2.22. Referees shall have the power to change the place of the competition in any field event, if in their opinion the conditions justify a change.

*Note: The round DOES NOT have to be completed before the change is made.*

#### **Throwing Frame/Wheelchair**

- 5.2.23. The maximum height of the throwing frame, including the cushion(s), used as a seat, shall not exceed 75 cm.
- 5.2.24. The frame may have a holding bar made of metal, fibreglass, or similar materials, but this must not have any articulation or joints.
- 5.2.25. All parts of the frame must be fixed. Assistance to the athlete by flexible parts is not allowed.
- 5.2.26. It will be the responsibility of the competitor to ensure that the frame conforms to all the above rules, and no event shall be delayed whilst a competitor makes adjustments to his frame.
- 5.2.27. Frames will be measured before the competitor enters the throwing circle. Frames that have been examined may be liable to re-examination before or after the event by the official in charge of the event. Measurement will always take place without the athlete sitting in the frame.
- 5.2.28. If an authorised holding device is used and breaks during the execution of a throw, it shall not count as a trial, providing it was made in accordance with the rules. If the competitor thereby loses his balance and commits a foul, it shall not count against them.

### Throws

- 5.2.29. In order to protect the wrist from injury, a competitor may wear a bandage at the wrist. Athletes with classification F51-F53 may use strapping or a glove on their non-throwing hand, and anchor that hand to the frame.

*Note: Athletes in Classes F31 -34, F54-57 must not use gloves;*

- 5.2.30. It shall be a foul throw/put if any part of the body touches the top of the rim or any holding device is outside the vertical plane of the edge of the circle during the throw. For athletes with F51-F58 classification only the footrest(s) or any part of the wheel or push rims not touching the circle may be outside the circumference of the circle.
- 5.2.31. A competitor shall commence a throw/put from a stationary seated position.
- 5.2.32. The seated position is defined as follows:
- i. The athlete must sit so that both legs are in contact with the seat surface from the back of the knee to the back of the buttock.
  - ii. This sitting position must be maintained throughout the throwing action until the throw has been marked.  
(Strapping across the upper thighs and or pelvis is allowed and encouraged.)
  - iii. An athlete is not allowed to touch the strap(s) outside the vertical plane of the throwing circle.
  - iv. It shall be a failure if an athlete moves from the seated position from the time the athlete takes the implement into the starting position of the trial until the throw has been marked by an official.
- 5.2.33. For Athletes with classification F31-F34, F51-F57 a stop board is unnecessary for all athletes competing from frames.
- 5.2.34. For athletes with classification F31-F34, F51-F57 and using an approved holding device, rules regarding exiting the throwing circle after the throw shall not apply.

### 5.3. Limb Deficiency Athletes - (Compete Standing) Classification 40 - 46

#### Prosthesis

- 5.3.1. Athletes in classes T42, T43 & T44 shall use leg prosthesis in running events. Hopping is not allowed. In all competitions except running for classes T42, T43 and T44, the wearing of prosthesis is optional.

*Note: Competition prostheses are not considered as appliances, which can give the wearer an advantage.*

#### Start

- 5.3.2. A competitor must not touch either the start line or the ground in front of it with their hands or feet when on their marks. For athletes with classification T35 -T38, T42-T46, it is acceptable for arm amputee athletes or those with short arms to use pads on which to rest stumps at the start. Pads must be completely behind the start line and not interfere with any other athlete.

#### Field Events - Classification 42 - 44

- 5.3.3. Athletes may use a running, hopping or standing start in jumping events.
- 5.3.4. If, in the process of jumping, an athlete loses the prosthesis, the mark where the prosthesis lands, if it is the closest mark to the take-off board, shall be measured.
- 5.3.5. If the prosthesis is lost during the run-up, the athlete can adjust it and continue within the allowed time, with or without the prosthesis.
- 5.3.6. If the prosthesis lands behind the closest mark in the landing area, but outside the landing area it shall be counted as a foul and recorded as such.

### 4.4. Hearing Impaired, Learning Difficulty, Transplantee Athletes and Other Classifications

For athletes with classification 1, 20, 40, 41 and 60 LAQ and IAAF (where applicable) rules will be followed in their entirety.



**6. CLASSIFICATIONS and EVENT TABLE**

refer to the Event Summary table for Specific Age Group Events.

Track (100m, 400m, 800m) Offered to athletes who compete standing and seated	Field (Discus, *Shot Put, Long Jump) Offered to athletes who compete standing. * Only Shot Put is offered to athletes who compete standing and seated
<b>Athletes with hearing impairment</b>	<b>Events for the deaf or hearing impaired</b>
T01	F01
<b>Athletes with visual impairment</b>	<b>Events for the visually impaired</b>
T11	F11
T12	F12
T13	F13
<b>Athletes with intellectual impairment</b>	<b>Events for the intellectually impaired</b>
T20	F20
<b>Athletes with hypertonia, ataxia or athetosis who compete sitting</b>	<b>Athletes with hypertonia, ataxia or athetosis who compete sitting (Shot Put only)</b>
T31	F31
T32	F32
T33	F33
T34	F34
<b>Athletes with hypertonia, ataxia or athetosis who compete standing</b>	<b>Athletes with hypertonia, ataxia or athetosis who compete standing</b>
T35	F35
T36	F36
T37	F37
T38	F38
<b>Athletes with Short Stature</b>	<b>Athletes with Short Stature</b>
T40	F40
T41	F41
<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete standing</b>	<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete standing</b>
T42	F42
T43	F43
T44	F44
T45	F45
T45	F45
T46	F46
T47	
<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete in a track chair</b>	<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete seated (Shot Put Only)</b>
T51	F51
T52	F52
T53	F53
T53	F54
	F55
	F56
	F57
<b>Athletes with a transplant</b>	<b>Athletes with a transplant</b>
T60	F60

**7. MULTI-DISABILITY STANDARDS (MDS) TABLE**

The following Tables provide the Multi-disability Standards used to calculate places in events conducted at LAQ Competitions. Competitors competed against a MDS standard time or distance for their classification.

Places are determined by the competitors time/distance calculated against a percentage of the MDS standard for that classification. Competitors are then ranked from highest to lowest percentage to determines places e.g. in track if a Boy with a classification of T20 recorded a time of 14.32 sec in 100m, the math would look like this  $(11.92/14.32) \times 100 = 83.24$ . In Field if a Boy with a classification of T20 recorded a distance of 25.00m in discus, the math would look like this  $(25.00/40.34) \times 100 = 61.97\%$

**BOYS**

	Classification	100m	400m	800m	Classification	Long	Classification	Discus	Shot
	T01	11.99	0:56.31	2:09.37	T01	6.61	F01	39.80	12.74
	T11	14.37	1:06.26	2:46.10	T11	4.31	F11	26.98	9.31
	T12	12.76	0:58.52	2:11.22	T12	5.70	F12	41.94	12.95
	T13	11.79	0:53.74	2:13.08	T13	6.30	F13	42.67	12.76
	T20	11.92	0:52.90	2:06.39	T20	6.57	F20	40.34	14.81
WC	T31	26.39							
WC	T32	27.35	1:49.87	4:04.80			F32	15.00	5.38
WC	T33	24.93	1:28.88	2:25.52			F33	23.65	9.31
WC	T34	16.38	0:55.00	1:47.28			F34	26.62	9.83
	T35	16.50	1:18.94	3:15.83	T35	3.90	F35	31.82	10.30
	T36	14.36	1:02.60	2:41.42	T36	4.94	F36	27.58	10.85
	T37	12.93	0:58.72	2:14.41	T37	5.47	F37	43.67	12.71
	T38	11.89	0:54.57	2:12.31	T38	5.93	F38	39.37	13.05
	T40	20.61	1:50.15	5:00.99	T40-T41	2.84	F40	16.50	7.85
	T41	17.63	1:40.74				F41	23.20	9.00
	T42	17.55	1:26.91	5:28.35	T42	4.13	F42	32.59	10.21
	T43	14.36	1:04.84	2:45.14	T43	3.86	F43	36.21	8.98
	T44	13.00	1:01.79		T44	6.10	F44	43.15	12.63
	T45	12.84	0:52.17	2:06.34	T45	4.89	F45	24.18	9.81
	T46-T47	11.66			T46-T47	6.05	F46	39.88	12.77
WC	T51	26.04	1:35.41	3:14.83			F51	11.84	
WC	T52	21.04	1:20.84	2:39.86			F52	14.27	7.04
WC	T53	16.10	0:54.29	1:49.99			F53	15.27	5.06
WC	T53	15.35	0:50.87	1:42.95			F54	22.66	7.46
							F55	25.27	8.39
							F56	33.32	10.07
							F57	37.34	12.39
	T60	14.42	0:58.27	2:21.04	T60	4.27	F60	30.81	10.93

GIRLS

	Classification	100m	400m	800m	Classification	Long	Classification	Discus	Shot
	T01	13.56	1:02.51	2:30.58	T01	4.96	F01	37.49	11.49
	T11	16.52	1:24.33	3:32.03	T11	3.51	F11	25.70	9.53
	T12	14.24	1:12.07	2:52.20	T12	4.66	F12	33.31	10.70
	T13	13.36	1:04.43	2:43.32	T13	4.91	F13	33.64	9.95
	T20	13.47	1:04.37	2:29.13	T20	5.03	F20	30.71	11.61
WC	T31	35.34							
WC	T32	33.38	2:20.52	4:37.71			F32	6.46	4.88
WC	T33	24.50	1:29.84	3:09.08			F33	7.86	5.26
WC	T34	20.18	1:10.30	2:21.90			F34	14.04	6.10
	T35	15.99	1:49.13	4:19.14	T35	2.06	F35	19.25	7.31
	T36	16.62	1:21.17	3:26.23	T36	3.06	F36	19.14	7.70
	T37	14.87	1:09.11	2:59.64	T37	4.21	F37	29.23	10.84
	T38	13.90	1:08.52	2:58.37	T38	4.52	F38	27.74	10.02
	T40	20.68	1:55.79	5:36.84	T40-T41	2.18	F40	20.03	7.06
	T41	20.51	1:53.68				F41	27.01	7.85
	T42	20.33	1:44.42	4:12.49	T42	3.01	F42	18.99	6.32
	T43	16.60	1:21.53	3:38.73	T43	2.86	F43	29.00	8.36
	T44	15.62	1:19.77		T44	4.65	F44	32.37	8.79
	T45	14.89	1:02.69	2:41.72	T45	3.85	F45	18.99	9.14
	T46	13.38			T46-T47	5.31	F46	29.83	9.79
WC	T51	33.44	2:54.83	4:21.84			F51	9.36	
WC	T52	22.67	2:04.87	2:32.10			F52	9.86	4.67
WC	T53	17.97	1:00.45	2:00.85			F53	8.96	3.45
WC	T54	17.25	0:58.59	1:57.03			F54	13.43	5.17
							F55	17.94	6.08
							F56	17.91	6.83
							F57	17.13	7.08
	T60	14.45	1:13.75	2:57.69	T60	3.63	F60	31.64	9.60

8. IMPLEMENT SPECIFICATION

Classification	Age	GIRLS		BOYS		Age Groups
		Shot Put	Discus	Shot Put	Discus	
F01	U17	3.0Kg	1.0Kg	5.0Kg	1.5Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	
F11-F13	U17	3.0Kg	1.0Kg	5.0Kg	1.5Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	
F20	U17	3.0Kg	1.0Kg	5.0Kg	1.5Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	
F32	U17	2.0Kg	1.0Kg	2.0Kg	1.0Kg	U15 to U17
	U16	1.0Kg	750g	1.0Kg	750g	
	U15	1.0Kg	750g	1.0Kg	750g	
	U14	1.0Kg	750g	1.0Kg	750g	U13 to U14
	U13	1.0Kg	750g	1.0Kg	750g	
	U12	1.0Kg	750g	1.0Kg	750g	U11 to U12
	U11	1.0Kg	500g	1.0Kg	500g	
	U10	1.0Kg	500g	1.0Kg	500g	U9 to U10
	U9	1.0Kg	350g	1.0Kg	350g	

Classification	Age	GIRLS		BOYS		Age Groups
		Shot Put	Discus	Shot Put	Discus	
F33	U17	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	2.0Kg	750g	
	U15	2.0Kg	750g	2.0Kg	750g	
	U14	2.0Kg	750g	2.0Kg	750g	U13 to U14
	U13	1.0Kg	750g	2.0Kg	750g	
	U12	1.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	1.0Kg	500g	1.0Kg	500g	
	U10	1.0Kg	500g	1.0Kg	500g	U9 to U10
	U9	1.0Kg	500g	1.0Kg	500g	
F34	U17	3.0Kg	1.0Kg	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	750g	
	U15	2.0Kg	750g	3.0Kg	750g	
	U14	2.0Kg	750g	3.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	2.0Kg	500g	2.0Kg	500g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	1.5Kg	500g	1.5Kg	500g	
F35	U17	3.0Kg	1.0Kg	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	750g	
	U15	2.0Kg	750g	3.0Kg	750g	
	U14	2.0Kg	750g	3.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	2.0Kg	500g	2.0Kg	500g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	1.5Kg	500g	1.5Kg	500g	
F36	U17	3.0Kg	1.0Kg	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	750g	
	U15	2.0Kg	750g	3.0Kg	750g	
	U14	2.0Kg	750g	3.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	2.0Kg	500g	2.0Kg	500g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	1.5Kg	500g	1.5Kg	500g	

Classification	Age	GIRLS		BOYS		Age Groups
		Shot Put	Discus	Shot Put	Discus	
F37	U17	3.0Kg	1.0Kg	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	750g	
	U15	2.0Kg	750g	3.0Kg	750g	
	U14	2.0Kg	750g	3.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	2.0Kg	500g	2.0Kg	500g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	1.5Kg	500g	1.5Kg	500g	
F38	U17	3.0Kg	1.0Kg	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	750g	
	U15	2.0Kg	750g	3.0Kg	750g	
	U14	2.0Kg	750g	3.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	2.0Kg	500g	2.0Kg	500g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	1.5Kg	500g	1.5Kg	500g	
F40-F41	U17	3.0Kg	750g	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	1.0Kg	
	U15	2.0Kg	750g	3.0Kg	1.0Kg	
	U14	2.0Kg	750g	3.0Kg	1.0Kg	U13 to U14
	U13	2.0Kg	500g	2.0Kg	750g	
	U12	2.0Kg	500g	2.0Kg	750g	U11 to U12
	U11	1.5Kg	500g	1.5Kg	500g	
	U10	1.5Kg	500g	1.5Kg	500g	U9 to U10
	U9	1.5Kg	500g	1.5Kg	500g	
F42	U17	3.0Kg	1.0Kg	5.0Kg	1.0Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	

Classification	Age	GIRLS		BOYS		Age Groups
		Shot Put	Discus	Shot Put	Discus	
F43-F44	U17	3.0Kg	1.0Kg	5.0Kg	1.0Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	
F45	U17	3.0Kg	1.0Kg	4.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	3.0Kg	750g	
	U15	2.0Kg	750g	3.0Kg	750g	
	U14	2.0Kg	750g	3.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	3.0Kg	750g	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	
F46	U17	3.0Kg	1.0Kg	5.0Kg	1.5Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	
	U12	2.0Kg	750g	3.0Kg	750g	U11 to U12
	U11	2.0Kg	750g	2.0Kg	750g	
	U10	2.0Kg	500g	2.0Kg	500g	U9 to U10
	U9	2.0Kg	500g	2.0Kg	500g	
F51	U17	No Event	750g	No Event	750g	U15 to U17
	U16	No Event	750g	No Event	750g	
	U15	No Event	750g	No Event	750g	
	U14	No Event	750g	No Event	750g	U13 to U14
	U13	No Event	500g	No Event	500g	
	U12	No Event	500g	No Event	500g	U11 to U12
	U11	No Event	500g	No Event	500g	
	U10	No Event	500g	No Event	500g	U9 to U10
	U9	No Event	350g	No Event	350g	

Classification	Age	GIRLS		BOYS		Age Groups
		Shot Put	Discus	Shot Put	Discus	
F52	U17	2.0Kg	750g	2.0Kg	750g	U15 to U17
	U16	2.0Kg	750g	2.0Kg	750g	
	U15	2.0Kg	750g	2.0Kg	750g	
	U14	2.0Kg	750g	2.0Kg	750g	U13 to U14
	U13	1.5Kg	500g	1.5Kg	500g	
	U12	1.5Kg	500g	1.5Kg	500g	U11 to U12
	U11	1.5Kg	500g	1.5Kg	500g	
	U10	1.5Kg	500g	1.5Kg	500g	U9 to U10
U9	1.5Kg	350g	1.5Kg	350g		
F53	U17	2.0Kg	750g	3.0Kg	750g	U15 to U17
	U16	2.0Kg	750g	2.0Kg	750g	
	U15	2.0Kg	750g	2.0Kg	750g	
	U14	2.0Kg	750g	2.0Kg	750g	U13 to U14
	U13	1.5Kg	500g	2.0Kg	500g	
	U12	1.5Kg	500g	2.0Kg	500g	U11 to U12
	U11	1.5Kg	500g	1.5Kg	500g	
	U10	1.5Kg	500g	1.5Kg	500g	U9 to U10
U9	1.5Kg	350g	1.5Kg	350g		
F54	U17	2.0Kg	1.0Kg	3.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	2.0Kg	750g	
	U15	2.0Kg	750g	2.0Kg	750g	
	U14	2.0Kg	750g	2.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	1.5Kg	500g	2.0Kg	500g	
	U10	1.5Kg	500g	2.0Kg	500g	U9 to U10
U9	1.5Kg	350g	1.5Kg	350g		
F55	U17	2.0Kg	1.0Kg	3.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	2.0Kg	750g	
	U15	2.0Kg	750g	2.0Kg	750g	
	U14	2.0Kg	750g	2.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	
	U12	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U11	1.5Kg	500g	2.0Kg	500g	
	U10	1.5Kg	500g	2.0Kg	500g	U9 to U10
U9	1.5Kg	350g	1.5Kg	350g		



Classification	Age	GIRLS		BOYS		Age Groups
		Shot Put	Discus	Shot Put	Discus	
F56	U17	2.0Kg	1.0Kg	3.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	2.0Kg	750g	
	U15	2.0Kg	750g	2.0Kg	750g	
	U14	2.0Kg	750g	2.0Kg	750g	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U12	2.0Kg	750g	2.0Kg	750g	
	U11	1.5Kg	500g	2.0Kg	500g	U9 to U10
	U10	1.5Kg	500g	2.0Kg	500g	
	U9	1.5Kg	350g	1.5Kg	350g	
F57	U17	2.0Kg	1.0Kg	3.0Kg	1.0Kg	U15 to U17
	U16	2.0Kg	750g	2.0Kg	1.0Kg	
	U15	2.0Kg	750g	2.0Kg	1.0Kg	
	U14	2.0Kg	750g	2.0Kg	1.0Kg	U13 to U14
	U13	2.0Kg	750g	2.0Kg	750g	U11 to U12
	U12	2.0Kg	750g	2.0Kg	750g	
	U11	1.5Kg	500g	2.0Kg	500g	U9 to U10
	U10	1.5Kg	500g	2.0Kg	500g	
	U9	1.5Kg	350g	1.5Kg	350g	
F60	U17	3.0Kg	1.0Kg	5.0Kg	1.5Kg	U15 to U17
	U16	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U15	3.0Kg	1.0Kg	4.0Kg	1.0Kg	
	U14	3.0Kg	1.0Kg	3.0Kg	1.0Kg	U13 to U14
	U13	3.0Kg	750g	3.0Kg	1.0Kg	U11 to U12
	U12	2.0Kg	750g	3.0Kg	750g	
	U11	2.0Kg	750g	2.0Kg	750g	U9 to U10
	U10	2.0Kg	500g	2.0Kg	500g	
	U9	2.0Kg	500g	2.0Kg	500g	