HART Regional Relays: Sun Coast

2026 DRAFT EVENT ORDER: *current @ 30/09/2026*

Event times may be brought forward up to 30 minutes on the day of competition

8:00am
- Girls U13 Distance Relay
- Boys U13 Distance Relay
- Girls U9 High Jump
- Boys U9 High Jump
- Girls U10 Shot Put
- Boys U10 Shot Put

8:30am
- Girls U15 Long Jump
- Boys U15 Long Jump
- Girls U12 Discus
- Boys U12 Discus

8:45am
- Girls U14 Distance Relay
- Boys U14 Distance Relay

9:00am
- CAT U13&14 Distance Relay

9.15am
- Girls U17 Discus
- Boys U17 Discus

9:30am
- Girls U11 Distance Relay
- Boys U11 Distance Relay

9:45am
- Girls U10 High Jump
- Boys U10 High Jump
- Girls U9 Shot Put
- Boys U9 Shot Put

10:00am
- Girls U16 Long Jump
- Boys U16 Long Jump

10:15am
- Girls U12 Distance Relay
- Boys U12 Distance Relay

10.30am
- Girls U17 Long jump
- Boys U17 Long jump

10:45am
- Girls U13 Discus
- Boys U13 Discus
- Girls U11 Shot Put
- Boys U11 Shot Put

11:00am
- CAT U11&12 Distance Relay

11:15am
- Girls U14 Long Jump
- Girls U14 Long Jump
- MULTI CLASS Discus

11:45am
- Girls U9 Swedish Relay
- Boys U9 Swedish Relay
- Girls U12 High Jump
- Boys U12 High Jump
- Girls U15 Discus
- Boys U15 Discus
- Girls U16 Shot Put
- Boys U16 Shot Put
- Girls U8 Long Jump (TJ pit)
- Boys U8 Long Jump (TJ pit)
- Girls U15 Discus
- Boys U15 Discus

12:15pm
- Girls U10 Swedish Relay
- Boys U10 Swedish Relay
- Girls U11 Long Jump
- Boys U11 Long Jump
- Girls U17 Shot Put
- Boys U17 Shot Put

12:45pm
- CAT U9 & 10 Swedish Relay
- Girls U13 High Jump
- Boys U13 High Jump
- Girls U7 Long Jump (TJ pit)
- Boys U7 Long Jump (TJ pit)

1:10pm
- MC 2 x 100 Relay

1:15pm
- Girls U15 Swedish Relay
- Boys U15 Swedish Relay
- Girls U16 Swedish Relay
- Boys U16 Swedish Relay
- Girls U17 Swedish relay
- Boys U17 Swedish Relay

1:30pm
- Girls U12 Long Jump
- Boys U12 Long Jump
- Girls U12 Long Jump
- Boys U12 Long Jump

1:45pm
- CAT U15-17 Swedish Relay

2:00pm
- Combined U7 & U8 4x100m Shuttle
- Girls U15 High Jump
- Boys U15 High Jump
- Girls U14 Shot Put
- Boys U14 Shot Put

U7 & U8 Ribbon Presentation

2:15pm
- Girls U16 Discus
- Boys U16 Discus

2:30pm
- Girls U10 4x100m
- Boys U10 4x100m
- Girls U11 Discus
- Boys U11 Discus

3:00pm
- Girls U9 4x100m
- Boys U9 4x100m
- Girls U14 High Jump
- Boys U14 High Jump
- Girls U13 Shot Put
- Boys U13 Shot Put

3:15pm
- CAT U9-10 4x100m

3:30pm
- Girls U12 4x100m
- Boys U12 4x100m
- Girls U7 Discus
- Boys U7 Discus
- Girls U8 Shot Put
- Boys U8 Shot Put

3:45pm
- Girls U11 4x100m
- Boys U11 4x100m
- U9-17 MC Long Jump

4:00pm
- Girls U9 Discus
- Boys U9 Discus
- Girls U10 Long Jump
- Boys U10 Long Jump

4:15pm
- CAT U11&12 4x100m

4:30pm
- Girls U13 4x100m
- Boys U13 4x100m
- Girls U14 4x100m
- Boys U14 4x100m

4:45pm
- CAT U13&14 4x100m
- Girls U15 4x100m
- Boys U15 4x100m
- Girls U16 4x100m
- Boys U16 4x100m
- Girls U17 4x100m
- Boys U17 4x100m

5:15pm
- CAT U15-17 4x100m

DRAFT

Codes: *CAT - Combined Age Teams II MC - MultiClass*
Running Order: *Distance Relay: 200m, 200m, 400m, 800m*
Swedish Relay: 100m, 300m, 200m, 400m
Track events - Report to Call Room ***Field events report direct to event area***