

UNIFORM POLICY



Effective: 1 May 2026

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Introduction

Uniforms provide an important means of athlete identification and identity for the sport of Little Athletics. It is the responsibility of both Clubs and individual athletes to ensure they meet the requirements set out in this policy.

Little Athletics Queensland recognises that the style of uniform an athlete wears is a matter of personal preference. **Parents/caregivers** have the responsibility to ensure athletes are attired appropriately, considering factors such as:

- Sun protection
- Athlete comfort
- Religious beliefs
- Age appropriateness

All competing athletes must be attired in the correct Club uniform, which conforms to the Club design and colours approved by LAQ. The uniform must be worn in compliance with the items design, e.g. not rolled up or down. Failure to comply with this will lead to the athlete not being allowed to enter the competition arena.

NOTE: There are no age or gender requirements for the use of any uniform item.

1. Tops

Athletes may wear a polo shirt, singlet, crop top, t-shirt or bodysuit in the colours and design approved for their Club by LAQ.

All Clubs must provide the option of a polo shirt to ensure a sun-safe choice for athletes. Singlets, crop tops, t-shirts or bodysuits can be offered in addition, at the Club's discretion.

Crop tops are to be of sufficient size to clearly display the registration label so that the registration number and sponsor logo are entirely visible. The depth of the crop top must not be less than 15cm.

Compression garment tops must be the approved Club uniform in colour or predominantly black.

2. Logo & Patch Placement

Patches

- **Registration bibs** are to be affixed to the front of the uniform top.
 - Any method can be used to affix the bib provided it remains entirely visible at all times. The bib must not be cut or fold upon itself and should be affixed at least by all 4 corners.
- Commencing with the 2026/27 season, the **Coles patch** is no longer required on the **right breast** of Club uniforms as it is included on the registration bib.
 - Old Coles logos or patches are not required to be removed or covered up.
- **No age label (red patch with a McDonald's logo) is permitted on any uniform.** These ceased to be used after the 2024/25 season.

Logos

Front of Uniform

- One (1) Club sponsor or apparel manufacturers logo may be included in the centre, below the neckline, to a maximum size of 25cm².
- The left breast may include the Club logo to a maximum size of 40cm².

Back of Uniform

- One (1) Club sponsor logo is permitted on the lower back, to a maximum size of 30cm width x 10cm height.
- Either the Club Name or Abbreviation can be included on the upper back.
- If the manufacturers logo is not included on the front of the uniform, it may be included in the centre, below the neckline, to a maximum of 25cm²
 - An alternative sponsor logo cannot be included in this location

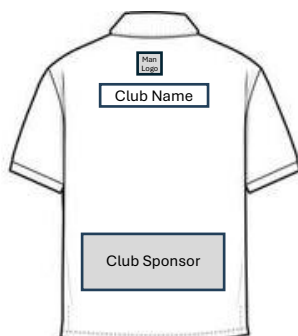
LAQ reserves the right to set aside other parts of Club uniforms for LAQ sponsorship at their absolute discretion.

Logo and Bib Placement Diagrams

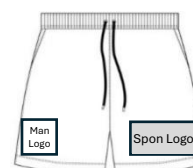
Front of Uniform



Back of Uniform



Bottoms



Logos on Bottoms do not have specific locations, but if given the choice, should have one logo on the front of each leg.

3. Bottoms

Athletes may wear shorts, skirts, bike pants, racing briefs or compression garments as approved by LAQ.

- Athlete bottoms shall comply with the approved Club uniform colour or be predominantly black.
- Bike pants, compression garments and shorts shall be above knee length for walks events. Athletes not in walks events may wear full length compression garments or tights on their legs.
- One (1) manufacturer's logo is permitted provided it is no larger than 5cm x 5cm and located on the leg.
- One (1) Club sponsor logo is permitted to a maximum size of 10cm x 5cm.
- For the avoidance of doubt, bottoms with large branded waistbands (e.g. NikePro) are **not permitted**.

4. Socks

Socks or compression socks are not considered part of the Club uniform.

5. Footwear

Please refer to appropriate section in the [Competition Rules and Regulations](#).

6. Sponsorship Logos

Any Club sponsorship logos must not conflict with LAQ sponsors or be of an inappropriate nature for children's sport (e.g. gambling or alcohol related sponsorship). If there is doubt as to whether a sponsor is inappropriate, prior approval must be obtained from LAQ.

Any logos on uniforms that do not follow the guidelines in this policy must be covered or the athlete will be asked to remove them.

7. Review

Policy	Review Date
<i>Next Review Scheduled</i>	<i>March 2027</i>
Uniform Policy v10	May 2026
Uniform Policy v9	February 2025
Uniform Policy v8	November 2024
Uniform Policy v7.4	December 2023
Uniform Policy v7.3	July 2023
Uniform Policy v7.2	July 2023
Uniform Policy	February 2022
Uniform Policy	August 2021
Uniform Policy	October 2017
Uniform Policy	January 2016
Uniform Policy	September 2014
Uniform Policy	October 2011
Uniform Policy	November 2010

As of the time of writing, this table includes all policies that were accessible. The absence of inclusion in this table does not suggest that no further updates occurred, rather they were simply not accessible as of the time of adoption.