

Gold Achievement Levels

GIRLS

Event	U9 Gold	U10 Gold	U11 Gold	U12 Gold	U13 Gold	U14 Gold	U15 Gold	U16 Gold	U17 Gold
70m	11.50	10.90	-	-	-	-	-	-	-
100m	16.10	15.40	14.70	14.10	13.60	13.30	13.10	13.20	13.00
200m	34.00	32.30	30.60	29.60	28.20	27.70	27.40	27.20	26.70
400m	01:20.8	01:15.2	01:12.0	01:08.5	01:06.5	01:05.0	01:04.3	01:03.6	01:04.3
800m	03:06.5	02:58.6	02:50.9	02:45.7	02:41.0	02:38.9	02:37.3	02:38.4	02:37.5
1500m	-	-	05:47.0	05:37.2	05:33.0	05:32.6	05:26.3	05:32.6	05:33.1
60/80/90/100mH	11.80	11.80	15.20	15.00	15.00	14.40	15.30	15.40	18.80
200mH	-	-	-	-	31.80	31.30	-	-	-
300mH	-	-	-	-	-	-	50.80	50.40	49.40
ShotPut	6.90	8.40	9.90	11.30	10.60	11.50	11.70	11.40	11.60
Discus	21.30	26.40	26.90	30.30	34.60	31.60	34.00	33.60	34.60
Javelin	-	-	22.30	26.40	30.90	34.90	33.00	36.00	36.00
HighJump	1.15	1.24	1.33	1.41	1.53	1.53	1.55	1.55	1.56
TripleJump	-	-	8.60	9.30	10.10	10.40	10.60	10.60	10.60
LongJump	3.60	3.90	4.10	4.50	4.80	5.00	5.20	4.90	4.90
700mWalk	04:13.7	-	-	-	-	-	-	-	-
1100mWalk	-	06:47.5	06:33.2	-	-	-	-	-	-
1500mWalk	-	-	-	08:52.1	08:40.7	08:35.2	08:30.4	08:26.8	08:48.7

BOYS

Event	U9 Gold	U10 Gold	U11 Gold	U12 Gold	U13 Gold	U14 Gold	U15 Gold	U16 Gold	U17 Gold
70m	11.00	10.50	-	-	-	-	-	-	-
100m	15.50	14.70	14.20	13.60	13.00	12.40	11.90	11.80	11.60
200m	32.80	31.00	29.30	28.20	26.60	25.40	24.40	24.50	23.90
400m	01:17.0	01:12.2	01:08.8	01:06.1	01:02.5	00:58.9	00:56.8	00:56.6	00:54.7
800m	02:52.9	02:45.8	02:40.8	02:34.7	02:29.2	02:22.1	02:15.5	02:14.2	02:14.8
1500m	-	-	05:27.9	05:17.6	05:08.6	04:59.4	04:51.9	04:52.0	04:44.0
60-110mH	11.20	11.50	14.70	14.60	14.30	14.60	15.20	14.90	17.30
200mH	-	-	-	-	30.00	28.80	-	-	-
300mH	-	-	-	-	-	-	44.50	44.70	43.70
ShotPut	8.20	9.50	10.60	11.90	13.30	13.80	14.60	14.80	13.80
Discus	24.80	29.60	31.50	36.70	41.40	42.00	46.30	48.60	43.20
Javelin	-	-	28.00	33.70	36.70	40.40	42.80	42.00	48.90
HighJump	1.19	1.29	1.39	1.50	1.57	1.68	1.78	1.78	1.83
TripleJump	-	-	9.20	10.40	10.80	12.10	12.30	12.20	12.70
LongJump	3.90	4.30	4.60	4.90	5.30	5.70	6.00	6.00	6.20
700mWalk	04:10.2	-	-	-	-	-	-	-	-
1100mWalk	-	06:30.9	06:21.9	-	-	-	-	-	-
1500mWalk	-	-	-	08:38.3	08:31.0	08:26.7	08:06.5	08:32.6	08:04.9