



Essential Information



Information for Athletes, Parents & Team Managers

We look forward to welcoming you and your family to the 2026 McDonald's State Championships. The following information is provided for athletes, parents, and Team Managers to read prior to attending the competition.

PARKING & ARRIVAL

Carparking will be particularly busy, so please allow yourself plenty of time to find a park and enter the arena. Ensure you follow all directions provided by ground staff.

When athletes arrive at the venue, there is no need to mark their name off with LAQ. Please find your Centre's Team Manager and advise them of your arrival.

As event times may be brought forward up to 30 minutes, we recommend athletes arrive at the grounds at least 60 minutes prior to the program time.

Access times:

<i>Athletes / Coaches</i>	
SAF (entry & exit gate)	Friday: 1pm Saturday: 7am Sunday: 7am
<i>Officials</i>	
QSAC Foyer Doors to T&F Room	Friday: 1pm Saturday: 7am Sunday: 7am
<i>Patrons</i>	
QSAC Main Sth Ramp South Pedestrian Gate	Friday: 1:30pm Saturday: 7am Sunday: 7am

ANNOUNCEMENTS

There will only be one call (announcement) per event or event block.

Athletes in track events must present to the Call Room (marshalling area) which is located at the 100m start end of the arena under the grandstand. Athletes that arrive at the Call Room after their allocated heat (marshalled athletes) have been handed over to the Start Marshall will not be able to join the race.

Athletes in field events are to report directly to the event site before the start time. Athletes that arrive at a field event after the last athlete in the 3rd round has finished their trial will not be able to join the competition.

Parents or coaches are not to enter the Call Room or the event area unless advising the Chief of a withdrawal or to provide a clash form.



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UNIFORM & FOOTWEAR

When presenting to the Call Room or field of play, all athletes must be wearing the correct Centre uniform in accordance with the LAQ Uniform Policy. Click [HERE](#) for the Uniform policy.

Refer to page 7 of the [Competition Rules and Regulations Handbook](#) for spike allowances for the U11 – U17 age groups. Spike shoes must ONLY be worn during an event.

Spike Rules: Needle spikes are not permitted. The only style of spikes permitted on the QSAC synthetic track and field event areas are Christmas Tree and Pyramid style.

- At track and Long / Triple Jump events: spikes must not exceed 7mm
- At High Jump and Javelin events: spikes must not exceed 9mm.

EQUIPMENT CHECK-IN

Athletes U13 - 17 age groups wishing to use their own throwing implements must check-in equipment at least 1 hour prior to the event start time. Equipment can be checked in with the Technical Officials at the Coles end in the hub on the south access way adjacent the grandstand.

TEAM MANAGERS

Each Centre must ensure that a Team Manager is available at the arena while Centre athletes are competing.

Team Managers are responsible for reporting errors and withdrawals to the admin/ recording block located on ground level under the grandstand opposite the finish line at the Coles end of the arena.

The role of Team Manager can be shared amongst any number of Centre appointed members. Names must be provided prior to the start of the competition via email to k.lunt@laq.org.au or via check-in on the day of competition using the Team Managers QR code, which will be posted on the outside wall of the admin/recording hub.

Only Team Managers can lodge protests. Protests must be lodged with 15 minutes of the event's completion and be accompanied by the \$55 protest fee. Protests can be lodged in the admin/ recording block.

TENTS

There is no grassed space for tents, however, the Western Grandstand will be open to spectators and the first 2 rows of the eastern and southern stands will also be open to spectators and coaches (coaches note the areas marked as coaches' boxes).

The higher levels of the northern, eastern and southern stands are not to be used – use will risk the grandstand being closed for all. Team Managers, we ask that you ensure your members are using the accessible areas appropriately.



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PARENT ASSISTANCE

To ensure the events run to time, it is important that parents and guardians come forward to assist. Whether it's measuring, spiking, raking, or recording, your support makes a huge difference - and you'll have the best seat in the house to cheer on your athlete!

RESULTS

Results will be posted through AthleticLIVE. The link will be the week leading into the State Championships, can be found on the LAQ Competition Results page or by using the QR code displayed around the arena across the weekend.

CANCELLATIONS

Events at these Championships will only be postponed or cancelled due to extreme weather conditions. Decisions will be made on the day of competition and updates will be posted on the LAQ website and Facebook page.

WARM UP AREA

The SAF arena has been provided as a dedicated area for warm up and practice. All athletes must be accompanied by an adult. Calls / announcements will not be made in this arena and calls from the main arena may not be heard.

CANTEEN

Canteen and coffee outlets will be operating on the 2nd level concourse, offering food and beverages throughout the weekend. Cash and EFTPOS payments will be accepted.

PROGRAM GUIDE

The full program guide will be released the week leading into the State Championships, featuring online result links, athletes lists and more. Stay tuned!

MEDALS & ENGRAVINGS

Athletes placing 1st - 3rd will be awarded medals in the middle of the arena. For safety reasons parents are not permitted to enter the arena to take photos.

Further information regarding an engraver onsite will be released in due course.

MERCHANDISE

The Tribal Sport merchandise area will be on the 2nd level concourse. Pre-ordered merch can be collected from the Tribal Sport area across the weekend. Further orders can be placed on the day and will be delivered directly to you.

Head to the link below to grab your limited merch before it sells out. Bundle up two or three items for extra value!

<https://tribalsport.com.au/collections/little-athletics-qld>



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PHOTOGRAPHER

Action Photography will be the official photographer during this competition. Action Photography is a newly formed collective of talented local photographers: Jo Harlow, Danielle Sibenaler, Kylie Nyssen and Michael Thomas.

Backed by a trusted network of contract photographers, they'll be capturing all the action on and off the track this Championships.

Follow Action Photography on Facebook:
<https://www.facebook.com/share/g/1aJgi9EjYa/>

LIVE STREAMING

The McDonald's State Championships will be once again live streamed through Sports Cast. Coverage will include 2 simultaneous streams covering an even mix of boys' and girls' events, across both field and track events. Details on the livestreaming will be shared closer to the event.

SPONSORS

MCDONALD'S 🍔
To be announced.

COLES 🍌
To be announced.

HART SPORT 🏃♂️
To be announced.

TRIBAL SPORT 🧥
Visit their stall for a great range of LAQ merchandise and to collect your pre-ordered State Championships merch.