

# SATURDAY

**8:00am - Opening & Welcome**

Girls U12 1500m  
 Boys U12 1500m  
 Girls U14 High Jump  
 Boys U14 High Jump  
 Girls U7 Long Jump  
 Boys U7 Long Jump  
 Girls U13 Shot Put  
 Boys U13 Shot Put  
 Girls U10 Discus  
 Boys U10 Discus

**8:15am**

Girls U11 1500m  
 Boys U11 1500m

**8:30am**

Girls U15 1500m  
 Boys U15 1500m  
 Girls U16 1500m  
 Boys U16 1500m  
 Girls U17 1500m  
 Boys U17 1500m

**8:45am**

Girls U13 1500m  
 Boys U13 1500m  
 Girls U12 Long Jump  
 Boys U12 Long Jump

**9:00am**

Girls U14 1500m  
 Boys U14 1500m

**9:15am**

Girls U9-10 400m MC  
 Boys U9-10 400m MC  
 Girls 11-12 400m MC  
 Boys 11-12 400m MC  
 Girls U13-14 400m MC  
 Boys U13-14 400m MC  
 Girls U15-17 400m MC  
 Boys U15-17 400m MC  
 Girls U9 400m  
 Boys U9 400m

**9:30am**

Girls U10 400m  
 Boys U10 400m  
 Girls U17 High Jump  
 Boys U17 High Jump  
 Girls U16 High Jump  
 Boys U16 High Jump  
 Girls U8 Shot Put  
 Boys U8 Shot Put  
 Girls U7 Discus  
 Boys U7 Discus

**9:45am**

Girls U14 400m  
 Boys U14 400m  
 Girls U13 400m  
 Boys U13 400m

**10:00am**

Finals Girls U11 400m  
 Finals Boys U11 400m  
**10:15am**  
 Finals Girls U12 400m  
 Finals Boys U12 400m  
 Finals Girls U14 Triple Jump  
 Finals Boys U14 Triple Jump

**10:30am**

Finals Girls U17 400m  
 Finals Boys U17 400m  
 Finals Girls U16 400m  
 Finals Boys U16 400m  
 Finals Girls U15 400m  
 Finals Boys U15 400m  
 Finals Girls U12 Discus  
 Finals Boys U12 Discus

**10:40am**

Finals Girls U9 60m Hurdles  
 Finals Boys U9 60m Hurdles  
 Finals Girls U10 60m Hurdles  
 Finals Boys U10 60m Hurdles

**10:50am**

Finals Girls U11 80m Hurdles  
 Finals Boys U11 80m Hurdles  
 Finals Girls U12 80m Hurdles  
 Finals Boys U12 80m Hurdles

**11:00am**

Finals Girls U15 High Jump  
 Finals Boys U15 High Jump  
 Finals Girls U10 Long Jump  
 Finals Boys U10 Long Jump  
 Finals Girls U9 Shot Put  
 Finals Boys U9 Shot Put

**11:40am**

Finals Girls U12 100m  
 Finals Boys U12 100m  
 Finals Girls U11 100m  
 Finals Boys U11 100m

**11:50am**

Finals Girls U13 100m  
 Finals Boys U13 100m  
 Finals Girls U11 Discus  
 Finals Boys U11 Discus

**12:00pm**

Finals Girls U9 100m  
 Finals Boys U9 100m  
 Finals Girls U14 100m  
 Finals Boys U14 100m  
 Finals Girls U16 Long Jump  
 Finals Boys U16 Long Jump  
 Finals Girls U17 Long Jump  
 Finals Boys U17 Long Jump

Finals Girls U11 400m  
 Finals Boys U11 400m  
 Finals Girls U12 400m  
 Finals Boys U12 400m  
 Finals Girls U14 Triple Jump  
 Finals Boys U14 Triple Jump

Finals Girls U17 400m  
 Finals Boys U17 400m  
 Finals Girls U16 400m  
 Finals Boys U16 400m  
 Finals Girls U15 400m  
 Finals Boys U15 400m  
 Finals Girls U12 Discus  
 Finals Boys U12 Discus

Heats Girls U9 60m Hurdles  
 Heats Boys U9 60m Hurdles  
 Heats Girls U10 60m Hurdles  
 Heats Boys U10 60m Hurdles

Heats Girls U11 80m Hurdles  
 Heats Boys U11 80m Hurdles  
 Heats Girls U12 80m Hurdles  
 Heats Boys U12 80m Hurdles

Finals Girls U15 High Jump  
 Finals Boys U15 High Jump  
 Finals Girls U10 Long Jump  
 Finals Boys U10 Long Jump  
 Finals Girls U9 Shot Put  
 Finals Boys U9 Shot Put

Heats Girls U12 100m  
 Heats Boys U12 100m  
 Heats Girls U11 100m  
 Heats Boys U11 100m

Heats Girls U13 100m  
 Heats Boys U13 100m  
 Heats Finals Girls U11 Discus  
 Heats Finals Boys U11 Discus

Heats Girls U9 100m  
 Heats Boys U9 100m  
 Heats Girls U14 100m  
 Heats Boys U14 100m  
 Heats Girls U16 Long Jump  
 Heats Boys U16 Long Jump  
 Heats Girls U17 Long Jump  
 Heats Boys U17 Long Jump

*Event times are approximate only and may be brought forward up to 30 minutes.*

<b>12:10pm</b>		<b>1:20pm</b>	
Girls U10 100m	Heats	Boys U15 100m	Finals
Boys U10 100m	Heats	Girls U9 High Jump	Finals
Girls U13 High Jump	Finals	Boys U9 High Jump	Finals
Boys U13 High Jump	Finals	Girls U13 Long Jump	Finals
		Boys U13 Long Jump	Finals
<b>12:20pm</b>		<b>1:40pm</b>	
Girls U9-10 100m MC	Finals	Girls U15 Shot Put	Finals
Boys U9-10 100m MC	Finals	Boys U15 Shot Put	Finals
Girls 11-12 100m MC	Finals		
Boys 11-12 100m MC	Finals		
Girls U13-14 100m MC	Finals	<b>1:50pm</b>	
Boys U13-14 100m MC	Finals	Girls U12 Javelin	Finals
Girls U15-17 100m MC	Finals	Boys U12 Javelin	Finals
Boys U15-17 100m MC	Finals		
Girls U7 100m	Finals	<b>2:00pm</b>	
Boys U7 100m	Finals	Girls U9 100m	Finals
Girls U8 100m	Finals	Boys U9 100m	Finals
Boys U8 100m	Finals	Girls U10 100m	Finals
		Boys U10 100m	Finals
<b>12:30pm U7&amp; 8s Participation Recognition</b>		<b>2:10pm</b>	
		Girls U11 100m	Finals
<b>12:40pm</b>		Boys U11 100m	Finals
Girls U15 100m	Heats	Girls U12 100m	Finals
Boys U15 100m	Heats	Boys U12 100m	Finals
Girls U16 100m	Heats		
Boys U16 100m	Heats	<b>2:40pm</b>	
Girls U17 100m	Heats	Girls U10 High Jump	Finals
Boys U17 100m	Heats	Boys U10 High Jump	Finals
		Girls U12 Triple Jump	Finals
<b>12:50pm</b>		Boys U12 Triple Jump	Finals
Girls U9-10 Discus MC	Finals	Girls U16 Shot Put	Finals
Boys U9-10 Discus MC	Finals	Boys U16 Shot Put	Finals
Girls 11-12 Discus MC	Finals	Girls U17 Shot Put	Finals
Boys 11-12 Discus MC	Finals	Boys U17 Shot Put	Finals
Girls U13-14 Discus MC	Finals		
Boys U13-14 Discus MC	Finals	<b>2:50pm</b>	
Girls U15-17 Discus MC	Finals	Girls U15 Javelin	Finals
Boys U15-17 Discus MC	Finals	Boys U15 Javelin	Finals
Girls U12 80m Hurdles	Finals		
Boys U12 80m Hurdles	Finals	<b>3:00pm</b>	
Girls U11 80m Hurdles	Finals	Girls U9 700m Walk	Finals
Boys U11 80m Hurdles	Finals	Boys U9 700m Walk	Finals
		<b>3:15pm</b>	
<b>1:00pm</b>		Girls U10 1100m Walk	Finals
Girls U10 60m Hurdles	Finals	Boys U10 1100m Walk	Finals
Boys U10 60m Hurdles	Finals		
Girls U9 60m Hurdles	Finals		
Boys U9 60m Hurdles	Finals		
Girls U14 Discus	Finals		
Boys U14 Discus	Finals		
<b>1:10pm</b>			
Girls U13 100m	Finals		
Boys U13 100m	Finals		
Girls U14 100m	Finals		
Boys U14 100m	Finals		

**Event times are approximate only and may be brought forward up to 30 minutes.**
**3:30pm**

 Girls U11 1100m Walk  
 Boys U11 1100m Walk  
 Girls U9-10 Shot Put MC  
 Boys U9-10 Shot Put MC  
 Girls 11-12 Shot Put MC  
 Boys 11-12 Shot Put MC  
 Girls U13-14 Shot Put MC  
 Boys U13-14 Shot Put MC  
 Girls U15-17 Shot Put MC  
 Boys U15-17 Shot Put MC

 Finals  
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**4:00pm**

 Girls U13 1500m Walk  
 Boys U13 1500m Walk  
 Girls U14 1500m Walk  
 Boys U14 1500m Walk  
 Girls U15 1500m Walk  
 Boys U15 1500m Walk  
 Girls U16 1500m Walk  
 Boys U16 1500m Walk  
 Girls U17 1500m Walk  
 Boys U17 1500m Walk

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**3:45pm**

 Girls U12 1500m Walk  
 Boys U12 1500m Walk  
 Girls U11 Triple Jump  
 Boys U11 Triple Jump  
 Girls U16 Javelin  
 Boys U16 Javelin  
 Girls U17 Javelin  
 Boys U17 Javelin

 Finals  
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**4:15pm**

 Girls U14 1500m Walk  
 Boys U14 1500m Walk  
 Girls U15 1500m Walk  
 Boys U15 1500m Walk  
 Girls U16 1500m Walk  
 Boys U16 1500m Walk  
 Girls U17 1500m Walk  
 Boys U17 1500m Walk

 Finals  
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**PLEASE NOTE:** 7s & 8s Participation Recognition will be conducted at the Southern end of the track (just passed the finish line) at conclusion of their track event - 100m on Sat and 200m on Sun. Athletes to gather in Centre groups

## SUNDAY

**7:30am**

 Girls U11 Long Jump  
 Boys U11 Long Jump  
 Girls U9 Discus  
 Boys U9 Discus  
 Girls U14 Javelin  
 Boys U14 Javelin

 Finals  
 Finals  
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 Finals

**8:30am**

 Girls U9 800m  
 Boys U9 800m  
 Girls U15 Long Jump  
 Boys U15 Long Jump

 Finals  
 Finals  
 Finals  
 Finals

**8:00am**

 Girls U13 200m Hurdles  
 Boys U13 200m Hurdles  
 Girls U14 200m Hurdles  
 Boys U14 200m Hurdles  
 Girls U12 High Jump  
 Boys U12 High Jump  
 Girls U7 Shot Put  
 Boys U7 Shot Put

 Finals  
 Finals  
 Finals  
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 Finals

**8:40am**

 Girls U10 800m  
 Boys U10 800m  
 Girls U14 Shot Put  
 Boys U14 Shot Put

 Finals  
 Finals  
 Finals  
 Finals

**8:10am**

 Girls U15 300m Hurdles  
 Boys U15 300m Hurdles  
 Girls U16 300m Hurdles  
 Boys U16 300m Hurdles  
 Girls U17 300m Hurdles  
 Boys U17 300m Hurdles

 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

**8:50am**

 Girls U11 800m  
 Boys U11 800m  
 Girls U13 Discus  
 Boys U13 Discus

 Finals  
 Finals  
 Finals  
 Finals

**8:20am**

 Girls U9-10 800m MC  
 Boys U9-10 800m MC  
 Girls 11-12 800m MC  
 Boys 11-12 800m MC  
 Girls U13-14 800m MC  
 Boys U13-14 800m MC  
 Girls U15-17 800m MC  
 Boys U15-17 800m MC

 Finals  
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 Finals

**9:00am**

 Girls U12 800m  
 Boys U12 800m  
 Girls U9-10 Long Jump MC  
 Boys U9-10 Long Jump MC  
 Girls 11-12 Long Jump MC  
 Boys 11-12 Long Jump MC  
 Girls U13-14 Long Jump MC  
 Boys U13-14 Long Jump MC

 Finals  
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 Finals

**9:10am**

 Girls U15 800m  
 Boys U15 800m  
 Girls U16 800m  
 Boys U16 800m  
 Girls U17 800m  
 Boys U17 800m

 Finals  
 Finals  
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 Finals

**Event times are approximate only and may be brought forward up to 30 minutes.**

<b>9:20am</b>		<b>11:10am</b>	
Girls U13 800m	Finals	Girls U8 200m	Finals
Boys U13 800m	Finals	Boys U8 200m	Finals
Girls U8 Long Jump	Finals	Girls U7 200m	Finals
Boys U8 Long Jump	Finals	Boys U7 200m	Finals
<b>9:30am</b>		<b>11:20am - U7&amp; 8s Participation Recognition</b>	
Girls U14 800m	Finals	Girls U11 200m	Heats
Boys U14 800m	Finals	Boys U11 200m	Heats
Girls U12 Shot Put	Finals	Girls U12 200m	Heats
Boys U12 Shot Put	Finals	Boys U12 200m	Heats
<b>9:40am</b>		<b>11:40am</b>	
Girls U9 70m	Heats	Girls U9 200m	Heats
Boys U9 70m	Heats	Boys U9 200m	Heats
Girls U10 70m	Heats	Girls U10 200m	Heats
Boys U10 70m	Heats	Boys U10 200m	Heats
Girls U11 High Jump	Finals	Girls U14 Long Jump	Finals
Boys U11 High Jump	Finals	Boys U14 Long Jump	Finals
<b>10:00am</b>		<b>11:50am</b>	
Girls U7 70m	Finals	Girls U15 200m	Finals
Boys U7 70m	Finals	Boys U15 200m	Finals
Girls U8 70m	Finals	Girls U16 200m	Finals
Boys U8 70m	Finals	Boys U16 200m	Finals
Girls U15 Discus	Finals	Girls U17 200m	Finals
Boys U15 Discus	Finals	Boys U17 200m	Finals
<b>10:10am</b>		<b>12:00pm</b>	
Girls U13 80m Hurdles	Finals	Girls U11 Shot Put	Finals
Boys U13 80m Hurdles	Finals	Boys U11 Shot Put	Finals
Girls U14 80m Hurdles	Finals		
<b>10:20am</b>		<b>12:10pm</b>	
Boys U14 90m Hurdles	Finals	Girls U13 200m	Heats
Girls U15 90m Hurdles	Finals	Boys U13 200m	Heats
Girls U16 90m Hurdles	Finals		
Boys U15 100m Hurdles	Finals	<b>12:20pm</b>	
Boys U16 100m Hurdles	Finals	Girls U14 200m	Heats
Girls U17 100m Hurdles	Finals	Boys U14 200m	Heats
<b>10:30am</b>		Girls 11-12 Javelin MC	Finals
Boys U17 110m Hurdles	Finals	Boys 11-12 Javelin MC	Finals
Girls U9 Long Jump	Finals	Girls U13-14 Javelin MC	Finals
Boys U9 Long Jump	Finals	Boys U13-14 Javelin MC	Finals
Girls U10 Shot Put	Finals	Girls U15-17 Javelin MC	Finals
Boys U10 Shot Put	Finals	Boys U15-17 Javelin MC	Finals
<b>11:00am</b>		Girls U17 Triple Jump	Finals
Girls U9-10 200m MC	Finals	Boys U17 Triple Jump	Finals
Boys U9-10 200m MC	Finals	Girls U16 Triple Jump	Finals
Girls 11-12 200m MC	Finals	Boys U16 Triple Jump	Finals
Boys 11-12 200m MC	Finals		
Girls U13-14 200m MC	Finals	<b>12:50pm</b>	
Boys U13-14 200m MC	Finals	Girls U15 Triple Jump	Finals
Girls U15-17 200m MC	Finals	Boys U15 Triple Jump	Finals
Boys U15-17 200m MC	Finals	Girls U13 Javelin	Finals
Girls U16 Discus	Finals	Boys U13 Javelin	Finals
Boys U16 Discus	Finals		
Girls U17 Discus	Finals		
Boys U17 Discus	Finals		

**1:00pm Lunch & U17 Recognition**

Event times are approximate only and may be brought forward up to 30 minutes.

**1:00pm**

Girls U9 70m  
Boys U9 70m  
Girls U10 70m  
Boys U10 70m

Finals  
Finals  
Finals  
Finals

**1:40pm**

Girls U11 Javelin  
Boys U11 Javelin

Finals  
Finals

**1:50pm**

Girls U9 200m  
Boys U9 200m  
Girls U10 200m  
Boys U10 200m  
Girls U13 Triple Jump  
Boys U13 Triple Jump

Finals  
Finals  
Finals  
Finals  
Finals  
Finals

**2:00pm**

Girls U12 200m  
Boys U12 200m

Finals  
Finals

**2:10pm**

Girls U11 200m  
Boys U11 200m  
Girls U14 200m  
Boys U14 200m

Finals  
Finals  
Finals  
Finals

**2:30pm**

Girls U13 200m  
Boys U13 200m

Finals  
Finals

**PLEASE NOTE: 7s & 8s Participation Recognition will be conducted at the Southern end of the track (just passed the finish line) at conclusion of their track event - 100m on Sat and 200m on Sun. Athletes to gather in Centre groups**

