

SATURDAY

8:00am - Opening & Welcome

Girls U12 1500m
Boys U12 1500m
Girls U14 High Jump
Boys U14 High Jump
Girls U7 Long Jump
Boys U7 Long Jump
Girls U13 Shot Put
Boys U13 Shot Put
Girls U10 Discus
Boys U10 Discus

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

8:15am

Girls U11 1500m
Boys U11 1500m

Finals
Finals

8:30am

Girls U15 1500m
Boys U15 1500m
Girls U16 1500m
Boys U16 1500m
Girls U17 1500m
Boys U17 1500m

Finals
Finals
Finals
Finals
Finals
Finals

8:45am

Girls U13 1500m
Boys U13 1500m
Girls U12 Long Jump
Boys U12 Long Jump

Finals
Finals
Finals
Finals

9:00am

Girls U14 1500m
Boys U14 1500m

Finals
Finals

9:15am

Girls U9-10 400m MC
Boys U9-10 400m MC
Girls 11-12 400m MC
Boys 11-12 400m MC
Girls U13-14 400m MC
Boys U13-14 400m MC
Girls U15-17 400m MC
Boys U15-17 400m MC
Girls U9 400m
Boys U9 400m

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

9:30am

Girls U10 400m
Boys U10 400m
Girls U17 High Jump
Boys U17 High Jump
Girls U16 High Jump
Boys U16 High Jump
Girls U8 Shot Put
Boys U8 Shot Put
Girls U7 Discus
Boys U7 Discus

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

9:45am

Girls U14 400m
Boys U14 400m
Girls U13 400m
Boys U13 400m

Finals
Finals
Finals
Finals

10:00am

Girls U11 400m
Boys U11 400m

Finals
Finals

10:15am

Girls U12 400m
Boys U12 400m
Girls U14 Triple Jump
Boys U14 Triple Jump

Finals
Finals
Finals
Finals

10:30am

Girls U17 400m
Boys U17 400m
Girls U16 400m
Boys U16 400m
Girls U15 400m
Boys U15 400m
Girls U12 Discus
Boys U12 Discus

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

10:40am

Girls U9 60m Hurdles
Boys U9 60m Hurdles
Girls U10 60m Hurdles
Boys U10 60m Hurdles

Heats
Heats
Heats
Heats

10:50am

Girls U11 80m Hurdles
Boys U11 80m Hurdles
Girls U12 80m Hurdles
Boys U12 80m Hurdles

Heats
Heats
Heats
Finals

11:00am

Girls U15 High Jump
Boys U15 High Jump
Girls U10 Long Jump
Boys U10 Long Jump
Girls U9 Shot Put
Boys U9 Shot Put

Finals
Finals
Finals
Finals
Finals
Finals

11:40am

Girls U12 100m
Boys U12 100m
Girls U11 100m
Boys U11 100m

Heats
Heats
Heats
Heats

11:50am

Girls U13 100m
Boys U13 100m
Girls U11 Discus
Boys U11 Discus

Heats
Heats
Finals
Finals

12:00pm

Girls U9 100m
Boys U9 100m
Girls U14 100m
Boys U14 100m
Girls U16 Long Jump
Boys U16 Long Jump
Girls U17 Long Jump
Boys U17 Long Jump

Heats
Heats
Heats
Heats
Finals
Finals
Finals
Finals

12:10pm

Girls U10 100m	Heats
Boys U10 100m	Heats
Girls U13 High Jump	Finals
Boys U13 High Jump	Finals

12:20pm

Girls U9-10 100m MC	Finals
Boys U9-10 100m MC	Finals
Girls 11-12 100m MC	Finals
Boys 11-12 100m MC	Finals
Girls U13-14 100m MC	Finals
Boys U13-14 100m MC	Finals
Girls U15-17 100m MC	Finals
Boys U15-17 100m MC	Finals
Girls U7 100m	Finals
Boys U7 100m	Finals
Girls U8 100m	Finals
Boys U8 100m	Finals

12:30pm U7& 8s Participation Recognition

12:40pm

Girls U15 100m	Heats
Boys U15 100m	Heats
Girls U16 100m	Heats
Boys U16 100m	Heats
Girls U17 100m	Heats
Boys U17 100m	Heats

12:50pm

Girls U9-10 Discus MC	Finals
Boys U9-10 Discus MC	Finals
Girls 11-12 Discus MC	Finals
Boys 11-12 Discus MC	Finals
Girls U13-14 Discus MC	Finals
Boys U13-14 Discus MC	Finals
Girls U15-17 Discus MC	Finals
Boys U15-17 Discus MC	Finals
Girls U12 80m Hurdles	Finals
Boys U12 80m Hurdles	Finals
Girls U11 80m Hurdles	Finals
Boys U11 80m Hurdles	Finals

1:00pm

Girls U10 60m Hurdles	Finals
Boys U10 60m Hurdles	Finals
Girls U9 60m Hurdles	Finals
Boys U9 60m Hurdles	Finals
Girls U14 Discus	Finals
Boys U14 Discus	Finals

1:10pm

Girls U13 100m	Finals
Boys U13 100m	Finals
Girls U14 100m	Finals
Boys U14 100m	Finals

1:20pm

Boys U15 100m	Finals
Girls U9 High Jump	Finals
Boys U9 High Jump	Finals
Girls U13 Long Jump	Finals
Boys U13 Long Jump	Finals

1:40pm

Girls U15 Shot Put	Finals
Boys U15 Shot Put	Finals

1:50pm

Girls U12 Javelin	Finals
Boys U12 Javelin	Finals

2:00pm

Girls U9 100m	Finals
Boys U9 100m	Finals
Girls U10 100m	Finals
Boys U10 100m	Finals

2:10pm

Girls U11 100m	Finals
Boys U11 100m	Finals
Girls U12 100m	Finals
Boys U12 100m	Finals

2:40pm

Girls U10 High Jump	Finals
Boys U10 High Jump	Finals
Girls U12 Triple Jump	Finals
Boys U12 Triple Jump	Finals
Girls U16 Shot Put	Finals
Boys U16 Shot Put	Finals
Girls U17 Shot Put	Finals
Boys U17 Shot Put	Finals

2:50pm

Girls U15 Javelin	Finals
Boys U15 Javelin	Finals

3:00pm

Girls U9 700m Walk	Finals
Boys U9 700m Walk	Finals

3:15pm

Girls U10 1100m Walk	Finals
Boys U10 1100m Walk	Finals

3:30pm

Girls U11 1100m Walk
Boys U11 1100m Walk
Girls U9-10 Shot Put MC
Boys U9-10 Shot Put MC
Girls 11-12 Shot Put MC
Boys 11-12 Shot Put MC
Girls U13-14 Shot Put MC
Boys U13-14 Shot Put MC
Girls U15-17 Shot Put MC
Boys U15-17 Shot Put MC

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

3:45pm

Girls U12 1500m Walk
Boys U12 1500m Walk
Girls U11 Triple Jump
Boys U11 Triple Jump
Girls U16 Javelin
Boys U16 Javelin
Girls U17 Javelin
Boys U17 Javelin

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

4:00pm

Girls U13 1500m Walk
Boys U13 1500m Walk

Finals
Finals

4:15pm

Girls U14 1500m Walk
Boys U14 1500m Walk
Girls U15 1500m Walk
Boys U15 1500m Walk
Girls U16 1500m Walk
Boys U16 1500m Walk
Girls U17 1500m Walk
Boys U17 1500m Walk

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

PLEASE NOTE: 7s & 8s Participation Recognition will be conducted at the Southern end of the track (just passed the finish line) at conclusion of their track event - 100m on Sat and 200m on Sun. Athletes to gather in Centre groups

SUNDAY

7:30am

Girls U11 Long Jump
Boys U11 Long Jump
Girls U9 Discus
Boys U9 Discus
Girls U14 Javelin
Boys U14 Javelin

Finals
Finals
Finals
Finals
Finals
Finals

8:00am

Girls U13 200m Hurdles
Boys U13 200m Hurdles
Girls U14 200m Hurdles
Boys U14 200m Hurdles
Girls U12 High Jump
Boys U12 High Jump
Girls U7 Shot Put
Boys U7 Shot Put

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

8:10am

Girls U15 300m Hurdles
Boys U15 300m Hurdles
Girls U16 300m Hurdles
Boys U16 300m Hurdles
Girls U17 300m Hurdles
Boys U17 300m Hurdles

Finals
Finals
Finals
Finals
Finals
Finals

8:20am

Girls U9-10 800m MC
Boys U9-10 800m MC
Girls 11-12 800m MC
Boys 11-12 800m MC
Girls U13-14 800m MC
Boys U13-14 800m MC
Girls U15-17 800m MC
Boys U15-17 800m MC

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

8:30am

Girls U9 800m
Boys U9 800m
Girls U15 Long Jump
Boys U15 Long Jump

Finals
Finals
Finals
Finals

8:40am

Girls U10 800m
Boys U10 800m
Girls U14 Shot Put
Boys U14 Shot Put

Finals
Finals
Finals
Finals

8:50am

Girls U11 800m
Boys U11 800m
Girls U13 Discus
Boys U13 Discus

Finals
Finals
Finals
Finals

9:00am

Girls U12 800m
Boys U12 800m
Girls U9-10 Long Jump MC
Boys U9-10 Long Jump MC
Girls 11-12 Long Jump MC
Boys 11-12 Long Jump MC
Girls U13-14 Long Jump MC
Boys U13-14 Long Jump MC
Girls U15-17 Long Jump MC
Boys U15-17 Long Jump MC

Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals
Finals

9:10am

Girls U15 800m
Boys U15 800m
Girls U16 800m
Boys U16 800m
Girls U17 800m
Boys U17 800m

Finals
Finals
Finals
Finals
Finals
Finals

9:20am

Girls U13 800m	Finals
Boys U13 800m	Finals
Girls U8 Long Jump	Finals
Boys U8 Long Jump	Finals

9:30am

Girls U14 800m	Finals
Boys U14 800m	Finals
Girls U12 Shot Put	Finals
Boys U12 Shot Put	Finals

9:40am

Girls U9 70m	Heats
Boys U9 70m	Heats
Girls U10 70m	Heats
Boys U10 70m	Heats
Girls U11 High Jump	Finals
Boys U11 High Jump	Finals

10:00am

Girls U7 70m	Finals
Boys U7 70m	Finals
Girls U8 70m	Finals
Boys U8 70m	Finals
Girls U15 Discus	Finals
Boys U15 Discus	Finals

10:10am

Girls U13 80m Hurdles	Finals
Boys U13 80m Hurdles	Finals
Girls U14 80m Hurdles	Finals

10:20am

Boys U14 90m Hurdles	Finals
Girls U15 90m Hurdles	Finals
Girls U16 90m Hurdles	Finals
Boys U15 100m Hurdles	Finals
Boys U16 100m Hurdles	Finals
Girls U17 100m Hurdles	Finals

10:30am

Boys U17 110m Hurdles	Finals
Girls U9 Long Jump	Finals
Boys U9 Long Jump	Finals
Girls U10 Shot Put	Finals
Boys U10 Shot Put	Finals

11:00am

Girls U9-10 200m MC	Finals
Boys U9-10 200m MC	Finals
Girls 11-12 200m MC	Finals
Boys 11-12 200m MC	Finals
Girls U13-14 200m MC	Finals
Boys U13-14 200m MC	Finals
Girls U15-17 200m MC	Finals
Boys U15-17 200m MC	Finals
Girls U16 Discus	Finals
Boys U16 Discus	Finals
Girls U17 Discus	Finals
Boys U17 Discus	Finals

11:10am

Girls U8 200m	Finals
Boys U8 200m	Finals
Girls U7 200m	Finals
Boys U7 200m	Finals

11:20am - U7& 8s Participation Recognition

Girls U11 200m	Heats
Boys U11 200m	Heats
Girls U12 200m	Heats
Boys U12 200m	Heats
Girls U14 Long Jump	Finals
Boys U14 Long Jump	Finals

11:40am

Girls U9 200m	Heats
Boys U9 200m	Heats
Girls U10 200m	Heats
Boys U10 200m	Heats

11:50am

Girls U15 200m	Finals
Boys U15 200m	Finals
Girls U16 200m	Finals
Boys U16 200m	Finals
Girls U17 200m	Finals
Boys U17 200m	Finals
Girls U8 Discus	Finals
Boys U8 Discus	Finals

12:00pm

Girls U11 Shot Put	Finals
Boys U11 Shot Put	Finals

12:10pm

Girls U13 200m	Heats
Boys U13 200m	Heats

12:20pm

Girls U14 200m	Heats
Boys U14 200m	Heats
Girls 11-12 Javelin MC	Finals
Boys 11-12 Javelin MC	Finals
Girls U13-14 Javelin MC	Finals
Boys U13-14 Javelin MC	Finals
Girls U15-17 Javelin MC	Finals
Boys U15-17 Javelin MC	Finals
Girls U17 Triple Jump	Finals
Boys U17 Triple Jump	Finals
Girls U16 Triple Jump	Finals
Boys U16 Triple Jump	Finals

12:50pm

Girls U15 Triple Jump	Finals
Boys U15 Triple Jump	Finals
Girls U13 Javelin	Finals
Boys U13 Javelin	Finals

1:00pm Lunch & U17 Recognition

1:00pm

Girls U9 70m	Finals
Boys U9 70m	Finals
Girls U10 70m	Finals
Boys U10 70m	Finals

1:40pm

Girls U11 Javelin	Finals
Boys U11 Javelin	Finals

PLEASE NOTE: 7s & 8s Participation Recognition will be conducted at the Southern end of the track (just passed the finish line) at conclusion of their track event - 100m on Sat and 200m on Sun. Athletes to gather in Centre groups

1:50pm

Girls U9 200m	Finals
Boys U9 200m	Finals
Girls U10 200m	Finals
Boys U10 200m	Finals
Girls U13 Triple Jump	Finals
Boys U13 Triple Jump	Finals

2:00pm

Girls U12 200m	Finals
Boys U12 200m	Finals

2:10pm

Girls U11 200m	Finals
Boys U11 200m	Finals
Girls U14 200m	Finals
Boys U14 200m	Finals

2:30pm

Girls U13 200m	Finals
Boys U13 200m	Finals

