



2026 HART Regional Championships: Met West FINAL EVENT ORDER

Event times are approximate only and may be brought forward up to 30 minutes.

SATURDAY

Track Events with insufficient numbers for Heats will be run as Final at Heats time.

February 11, 2026

Event times are approximate only and may be brought forward up to 30 minutes.

12:00pm

 Girls U12 Discus
 Boys U12 Discus

12:30pm

 Girls U13 200m Hurdles
 Boys U13 200m Hurdles
 Girls U14 200m Hurdles
 Boys U14 200m Hurdles
 Girls U15 300m Hurdles
 Boys U15 300m Hurdles
 Girls U16 300m Hurdles
 Boys U16 300m Hurdles
 Girls U17 300m Hurdles
 Boys U17 300m Hurdles
 Girls U7 Shot Put
 Boys U7 Shot Put
 Girls U11 Triple Jump
 Boys U11 Triple Jump

1:00pm

 Girls U9-10 400m Multi-Class
 Boys U9-10 400m Multi-Class
 Girls U11-12 400m Multi-Class
 Boys U11-12 400m Multi-Class
 Girls U13-14 400m Multi-Class
 Boys U13-14 400m Multi-Class
 Girls U15-17 400m Multi-Class
 Boys U15-17 400m Multi-Class
 Girls U11 400m
 Boys U11 400m
 Girls U12 400m
 Boys U12 400m
 Girls U13 400m
 Boys U13 400m
 Girls U14 400m
 Boys U14 400m

1:15pm

 Girls U12 Javelin
 Boys U12 Javelin

1:30pm

 Girls U9 400m
 Boys U9 400m
 Girls U10 400m
 Boys U10 400m
 Girls U15 400m
 Boys U15 400m
 Girls U16 400m
 Boys U16 400m
 Girls U17 400m
 Boys U17 400m
 Girls U14 Shot Put
 Boys U14 Shot Put
 Girls U13 Long Jump
 Boys U13 Long Jump

2:00pm

 Girls U9 60m Hurdles
 Boys U9 60m Hurdles
 Girls U10 60m Hurdles
 Boys U10 60m Hurdles
 Girls U11 80m Hurdles
 Boys U11 80m Hurdles
 Boys U12 80m Hurdles
 Girls U13 100m
 Girls U9 100m
 Boys U9 100m
 Girls U10 100m
 Boys U10 100m
 Girls U11 100m
 Boys U11 100m
 Girls U12 100m
 Boys U12 100m

2:30pm

 Girls U15 Javelin
 Boys U15 Javelin
 Girls U16 Javelin
 Boys U16 Javelin
 Girls U17 Javelin
 Boys U17 Javelin
 Girls U14 Triple Jump
 Boys U14 Triple Jump

3:00pm

 Girls U13 Javelin
 Boys U13 Javelin



2026 HART Regional Championships: Met West FINAL EVENT ORDER

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SUNDAY

8:30am

Girls U12 800m
Boys U12 800m
Girls U10 800m
Boys U10 800m
Girls U14 Discus
Boys U14 Discus
Girls U9-10 Discus Multi-Class
Boys U9-10 Discus Multi-Class
Girls U11-12 Discus Multi-Class
Boys U11-12 Discus Multi-Class
Girls U13-14 Discus Multi-Class
Boys U13-14 Discus Multi-Class
Girls U15-17 Discus Multi-Class
Boys U15-17 Discus Multi-Class
Girls U13 Shot Put
Boys U13 Shot Put
Girls U15 Long Jump
Girls U16 Long Jump
Boys U15 Long Jump
Boys U16 Long Jump
Girls U17 Long Jump
Boys U17 Long Jump

9:00am

Girls U11 800m
Boys U11 800m
Girls U9 800m
Boys U9 800m

30am

Girls U9-10 800m Multi-Class
Boys U9-10 800m Multi-Class
Girls U11-12 800m Multi-Class
Boys U11-12 800m Multi-Class
Girls U13-14 800m Multi-Class
Boys U13-14 800m Multi-Class
Girls U15-17 800m Multi-Class
Boys U15-17 800m Multi-Class
Girls U15 800m
Boys U15 800m
Girls U16 800m
Boys U16 800m
Girls U17 800m
Boys U17 800m
Girls U13 800m
Boys U13 800m
Girls U14 800m
Boys U14 800m
Girls U8 Discus
Boys U8 Discus
Girls U10 Shot Put
Boys U10 Shot Put
Girls U11 Long Jump
Boys U11 Long Jump
Girls U12 High Jump
Boys U12 High Jump

9:30am

Boys U9-10 800m Multi-Class
Boys U9-10 800m Multi-Class
Girls U11-12 800m Multi-Class
Boys U11-12 800m Multi-Class
Girls U13-14 800m Multi-Class
Boys U13-14 800m Multi-Class
Girls U15-17 800m Multi-Class
Boys U15-17 800m Multi-Class
Girls U15 800m
Boys U15 800m
Girls U16 800m
Boys U16 800m
Girls U17 800m
Boys U17 800m
Girls U13 800m
Boys U13 800m
Girls U14 800m
Boys U14 800m
Girls U8 Discus
Boys U8 Discus
Girls U10 Shot Put
Boys U10 Shot Put
Girls U11 Long Jump
Boys U11 Long Jump
Girls U12 High Jump
Boys U12 High Jump

10:00am

Final	10:00am	Girls U7 70m
Final		Boys U7 70m
Final		Girls U9 70m
Final		Boys U9 70m
Final		Girls U8 70m
Final		Boys U8 70m
Final		Girls U10 70m
Final		Boys U10 70m
Final		Girls U11-12 Javelin Multi-Class
Final		Boys U11-12 Javelin Multi-Class
Final		Girls U13-14 Javelin Multi-Class
Final		Boys U13-14 Javelin Multi-Class
Final		Girls U15-17 Javelin Multi-Class
Final		Boys U15-17 Javelin Multi-Class

10:30am

Girls U13 80m Hurdles	Final
Boys U13 80m Hurdles	Final
Girls U14 80m Hurdles	Final
Boys U14 90m Hurdles	Final
Girls U15 90m Hurdles	Final
Girls U16 90m Hurdles	Final
Boys U15 100m Hurdles	Final
Boys U16 100m Hurdles	Final
Girls U17 100m Hurdles	Final
Boys U17 110m Hurdles	Final
Girls U7 Discus	
Boys U7 Discus	
Girls U12 Shot Put	
Boys U12 Shot Put	
Girls U9 Long Jump	
Boys U9 Long Jump	
:00am	
Girls U11 200m	Heats
Boys U11 200m	Heats
Girls U8 200m	Final
Boys U8 200m	Final
Girls U13 200m	Heats
Boys U13 200m	Final
Girls U14 200m	Final
Boys U14 200m	Final
Girls U9-10 200m Multi-Class	Final
Boys U9-10 200m Multi-Class	Final
Girls U11-12 200m Multi-Class	Final
Boys U11-12 200m Multi-Class	Final
Girls U13-14 200m Multi-Class	Final
Boys U13-14 200m Multi-Class	Final
Girls U15-17 200m Multi-Class	Final
Boys U15-17 200m Multi-Class	Final
Girls U10 High Jump	
Boys U10 High Jump	

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11:30am

Girls U7 200m
Boys U7 200m
Girls U15 200m
Boys U15 200m
Girls U16 200m
Boys U16 200m
Girls U17 200m
Boys U17 200m
Girls U9 Discus
Boys U9 Discus
Girls U11 Shot Put
Boys U11 Shot Put
Girls U14 Long Jump
Boys U14 Long Jump

Final
Final
Final
Final
Final
Final
Final
Final
Final

1:30pm

Girls U10 200m
Boys U10 200m
Girls U9 200m
Boys U9 200m
Girls U11 200m
Boys U11 200m
Girls U12 200m
Boys U12 200m
Girls U13 200m
Girls U14 Javelin
Boys U14 Javelin
Girls U15 Triple Jump
Boys U15 Triple Jump
Girls U16 Triple Jump
Boys U16 Triple Jump
Girls U17 Triple Jump
Boys U17 Triple Jump

12:00pm

Girls U12 200m
Boys U12 200m
Girls U10 200m
Boys U10 200m
Girls U9 200m
Boys U9 200m
Girls U13 High Jump
Boys U13 High Jump

Heats
Heats
Heats
Heats
Heats
Heats

2:00pm

Girls U10 1100m Walk
Boys U10 1100m Walk
Girls U11 1100m Walk
Boys U11 1100m Walk
Girls U9 700m Walk
Boys U9 700m Walk
Girls U13 Triple Jump
Boys U13 Triple Jump

12:30pm

Girls U11 Javelin
Boys U11 Javelin
Girls U15 Discus
Boys U15 Discus
Girls U16 Discus
Boys U16 Discus
Girls U17 Discus
Boys U17 Discus
Girls U12 Triple Jump
Boys U12 Triple Jump

2:30pm

Girls U12 1500m Walk
Boys U12 1500m Walk
Girls U13 1500m Walk
Boys U13 1500m Walk
Girls U14 1500m Walk
Boys U14 1500m Walk
Girls U15 1500m Walk
Boys U15 1500m Walk
Girls U16 1500m Walk
Boys U16 1500m Walk
Girls U17 1500m Walk
Boys U17 1500m Walk

1:00pm

Girls U10 70m
Boys U10 70m
Boys U9 70m

Final
Final
Final

