



2026 HART Regional Championships: Sun Coast DRAFT EVENT ORDER

TRACK EVENTS: *Finals will be run at heat time if there are insufficient athletes to run Heats.*

SATURDAY

8:00am - *Opening & Welcome*

Girls U12 1500m
Boys U12 1500m
Girls U14 High Jump
Boys U14 High Jump
Girls U7 Long Jump
Boys U7 Long Jump
Girls U13 Shot Put
Boys U13 Shot Put
Girls U10 Discus
Boys U10 Discus

8:15am

Girls U11 1500m
Boys U11 1500m

8:30am

Girls U15 1500m
Boys U15 1500m
Girls U16 1500m
Boys U16 1500m
Girls U17 1500m
Boys U17 1500m

8:45am

Girls U13 1500m
Boys U13 1500m
Girls U12 Long Jump
Boys U12 Long Jump

9:00am

Girls U14 1500m
Boys U14 1500m

9:15am

Girls U9-10 400m MC
Boys U9-10 400m MC
Girls 11-12 400m MC
Boys 11-12 400m MC
Girls U13-14 400m MC
Boys U13-14 400m MC
Girls U15-17 400m MC
Boys U15-17 400m MC
Girls U9 400m
Boys U9 400m

9:30am

Girls U10 400m
Boys U10 400m
Girls U17 High Jump
Boys U17 High Jump
Girls U16 High Jump
Boys U16 High Jump
Girls U8 Shot Put
Boys U8 Shot Put
Girls U7 Discus
Boys U7 Discus

9:45am

Girls U14 400m
Boys U14 400m
Girls U13 400m
Boys U13 400m

Finals	10:00am	Girls U11 400m	Finals
Finals		Boys U11 400m	Finals
Finals	10:15am	Girls U12 400m	Finals
Finals		Boys U12 400m	Finals
Finals		Girls U14 Triple Jump	Finals
Finals		Boys U14 Triple Jump	Finals
Finals	10:30am	Girls U17 400m	Finals
Finals		Boys U17 400m	Finals
Finals		Girls U16 400m	Finals
Finals		Boys U16 400m	Finals
Finals		Girls U15 400m	Finals
Finals		Boys U15 400m	Finals
Finals		Girls U12 Discus	Finals
Finals		Boys U12 Discus	Finals
Finals	10:40am	Girls U9 60m Hurdles	Heats
Finals		Boys U9 60m Hurdles	Heats
Finals		Girls U10 60m Hurdles	Heats
Finals		Boys U10 60m Hurdles	Heats
Finals	10:50am	Girls U11 80m Hurdles	Heats
Finals		Boys U11 80m Hurdles	Heats
Finals		Girls U12 80m Hurdles	Heats
Finals		Boys U12 80m Hurdles	Heats
Finals	11:00am	Girls U15 High Jump	Finals
Finals		Boys U15 High Jump	Finals
Finals		Girls U10 Long Jump	Finals
Finals		Boys U10 Long Jump	Finals
Finals		Girls U9 Shot Put	Finals
Finals		Boys U9 Shot Put	Finals
Finals	11:40am	Girls U12 100m	Heats
Finals		Boys U12 100m	Heats
Finals		Girls U11 100m	Heats
Finals		Boys U11 100m	Heats
Finals	11:50am	Girls U13 100m	Heats
Finals		Boys U13 100m	Heats
Finals		Girls U11 Discus	Finals
Finals		Boys U11 Discus	Finals
Finals	12:00pm	Girls U9 100m	Heats
Finals		Boys U9 100m	Heats
Finals		Girls U14 100m	Heats
Finals		Boys U14 100m	Heats
Finals		Girls U16 Long Jump	Finals
Finals		Boys U16 Long Jump	Finals
Finals		Girls U17 Long Jump	Finals
Finals		Boys U17 Long Jump	Finals

Nominations only accepted via Sport:80

Nominations Close: 11:59pm Monday 26th January
As at 16/01/26

*Events times and or order may be altered once nominations have closed
TRACK EVENTS: Finals will be run at heat time if there are insufficient athletes to run Heats.*

12:10pm		1:20pm	
Girls U10 100m	Heats	Girls U15 100m	Finals
Boys U10 100m	Heats	Boys U15 100m	Finals
Girls U13 High Jump	Finals	Girls U16 100m	Finals
Boys U13 High Jump	Finals	Boys U16 100m	Finals
12:20pm		Girls U17 100m	Finals
Girls U9-10 100m MC	Finals	Boys U17 100m	Finals
Boys U9-10 100m MC	Finals	Girls U9 High Jump	Finals
Girls 11-12 100m MC	Finals	Boys U9 High Jump	Finals
Boys 11-12 100m MC	Finals	Girls U13 Long Jump	Finals
Girls U13-14 100m MC	Finals	Boys U13 Long Jump	Finals
Boys U13-14 100m MC	Finals		
Girls U15-17 100m MC	Finals	1:40pm	
Boys U15-17 100m MC	Finals	Girls U15 Shot Put	Finals
Girls U7 100m	Finals	Boys U15 Shot Put	Finals
Boys U7 100m	Finals		
Girls U8 100m	Finals	1:50pm	
Boys U8 100m	Finals	Girls U12 Javelin	Finals
		Boys U12 Javelin	Finals
12:30pm U7& 8s Participation Recognition		2:00pm	
12:40pm		Girls U9 100m	Finals
Girls U15 100m	Heats	Boys U9 100m	Finals
Boys U15 100m	Heats	Girls U10 100m	Finals
Girls U16 100m	Heats	Boys U10 100m	Finals
Boys U16 100m	Heats		
Girls U17 100m	Heats	2:10pm	
Boys U17 100m	Heats	Girls U11 100m	Finals
		Boys U11 100m	Finals
12:50pm		Girls U12 100m	Finals
Girls U9-10 Discus MC	Finals	Boys U12 100m	Finals
Boys U9-10 Discus MC	Finals		
Girls 11-12 Discus MC	Finals	2:40pm	
Boys 11-12 Discus MC	Finals	Girls U10 High Jump	Finals
Girls U13-14 Discus MC	Finals	Boys U10 High Jump	Finals
Boys U13-14 Discus MC	Finals	Girls U12 Triple Jump	Finals
Girls U15-17 Discus MC	Finals	Boys U12 Triple Jump	Finals
Boys U15-17 Discus MC	Finals	Girls U16 Shot Put	Finals
Girls U12 80m Hurdles	Finals	Boys U16 Shot Put	Finals
Boys U12 80m Hurdles	Finals	Girls U17 Shot Put	Finals
Girls U11 80m Hurdles	Finals	Boys U17 Shot Put	Finals
Boys U11 80m Hurdles	Finals		
1:00pm		2:50pm	
Girls U10 60m Hurdles	Finals	Girls U15 Javelin	Finals
Boys U10 60m Hurdles	Finals	Boys U15 Javelin	Finals
Girls U9 60m Hurdles	Finals		
Boys U9 60m Hurdles	Finals	3:00pm	
Girls U14 Discus	Finals	Girls U9 700m Walk	Finals
Boys U14 Discus	Finals	Boys U9 700m Walk	Finals
1:10pm		3:15pm	
Girls U13 100m	Finals	Girls U10 1100m Walk	Finals
Boys U13 100m	Finals	Boys U10 1100m Walk	Finals
Girls U14 100m	Finals		
Boys U14 100m	Finals		

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TRACK EVENTS: Finals will be run at heat time if there are insufficient athletes to run Heats.*

3:30pm
 Girls U11 1100m Walk
 Boys U11 1100m Walk
 Girls U9-10 Shot Put MC
 Boys U9-10 Shot Put MC
 Girls 11-12 Shot Put MC
 Boys 11-12 Shot Put MC
 Girls U13-14 Shot Put MC
 Boys U13-14 Shot Put MC
 Girls U15-17 Shot Put MC
 Boys U15-17 Shot Put MC

3:45pm
 Girls U12 1500m Walk
 Boys U12 1500m Walk
 Girls U11 Triple Jump
 Boys U11 Triple Jump
 Girls U16 Javelin
 Boys U16 Javelin
 Girls U17 Javelin
 Boys U17 Javelin

Finals
 Finals
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 Finals

4:00pm
 Girls U13 1500m Walk
 Boys U13 1500m Walk
4:15pm
 Girls U14 1500m Walk
 Boys U14 1500m Walk
 Girls U15 1500m Walk
 Boys U15 1500m Walk
 Girls U16 1500m Walk
 Boys U16 1500m Walk
 Girls U17 1500m Walk
 Boys U17 1500m Walk

Finals
 Finals
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 Finals
 Finals

PLEASE NOTE: 7s & 8s Participation Recognition will be conducted at the Southern end of the track (just passed the finish line) at conclusion of their track event - 100m on Sat and 200m on Sun. Athletes to gather in Centre groups

SUNDAY

7:30am
 Girls U11 Long Jump
 Boys U11 Long Jump
 Girls U9 Discus
 Boys U9 Discus
 Girls U14 Javelin
 Boys U14 Javelin

8:00am
 Girls U13 200m Hurdles
 Boys U13 200m Hurdles
 Girls U14 200m Hurdles
 Boys U14 200m Hurdles
 Girls U12 High Jump
 Boys U12 High Jump
 Girls U7 Shot Put
 Boys U7 Shot Put

8:10am
 Girls U15 300m Hurdles
 Boys U15 300m Hurdles
 Girls U16 300m Hurdles
 Boys U16 300m Hurdles
 Girls U17 300m Hurdles
 Boys U17 300m Hurdles

8:20am
 Girls U9-10 800m MC
 Boys U9-10 800m MC
 Girls 11-12 800m MC
 Boys 11-12 800m MC
 Girls U13-14 800m MC
 Boys U13-14 800m MC
 Girls U15-17 800m MC
 Boys U15-17 800m MC

Finals
 Finals
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 Finals

8:30am
 Girls U9 800m
 Boys U9 800m
 Girls U15 Long Jump
 Boys U15 Long Jump

Finals
 Finals
 Finals
 Finals

8:40am
 Girls U10 800m
 Boys U10 800m
 Girls U14 Shot Put
 Boys U14 Shot Put

Finals
 Finals
 Finals
 Finals

8:50am
 Girls U11 800m
 Boys U11 800m
 Girls U13 Discus
 Boys U13 Discus

Finals
 Finals
 Finals
 Finals

Finals
 Finals
 Finals
 Finals
 Finals
 Finals

9:00am
 Girls U12 800m
 Boys U12 800m
 Girls U9-10 Long Jump MC
 Boys U9-10 Long Jump MC
 Girls 11-12 Long Jump MC
 Boys 11-12 Long Jump MC
 Girls U13-14 Long Jump MC
 Boys U13-14 Long Jump MC

Finals
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Finals
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9:10am
 Girls U15 800m
 Boys U15 800m
 Girls U16 800m
 Boys U16 800m
 Girls U17 800m
 Boys U17 800m

Finals
 Finals
 Finals
 Finals
 Finals
 Finals

*Events times and or order may be altered once nominations have closed
TRACK EVENTS: Finals will be run at heat time if there are insufficient athletes to run Heats.*

9:20am		11:10am	
Girls U13 800m	Finals	Girls U8 200m	Finals
Boys U13 800m	Finals	Boys U8 200m	Finals
Girls U8 Long Jump	Finals	Girls U7 200m	Finals
Boys U8 Long Jump	Finals	Boys U7 200m	Finals
9:30am		11:20am - U7& 8s Participation Recognition	
Girls U14 800m	Finals	Girls U11 200m	Heats
Boys U14 800m	Finals	Boys U11 200m	Heats
Girls U12 Shot Put	Finals	Girls U12 200m	Heats
Boys U12 Shot Put	Finals	Boys U12 200m	Heats
9:40am		11:40am	
Girls U9 70m	Heats	Girls U9 200m	Heats
Boys U9 70m	Heats	Boys U9 200m	Heats
Girls U10 70m	Heats	Girls U10 200m	Heats
Boys U10 70m	Heats	Boys U10 200m	Heats
Girls U11 High Jump	Finals	Boys U11 High Jump	Finals
Boys U11 High Jump	Finals	Boys U14 Long Jump	Finals
10:00am		11:50am	
Girls U7 70m	Finals	Girls U15 200m	Heats
Boys U7 70m	Finals	Boys U15 200m	Heats
Girls U8 70m	Finals	Girls U16 200m	Heats
Boys U8 70m	Finals	Boys U16 200m	Heats
Girls U15 Discus	Finals	Girls U17 200m	Heats
Boys U15 Discus	Finals	Boys U17 200m	Heats
10:10am		12:00pm	
Girls U13 80m Hurdles	Heats	Girls U8 Discus	Finals
Boys U13 80m Hurdles	Heats	Boys U8 Discus	Finals
Girls U14 80m Hurdles	Heats	12:10pm	
Boys U14 90m Hurdles	Heats	Girls U13 200m	Heats
Girls U15 90m Hurdles	Heats	Boys U13 200m	Heats
Girls U16 90m Hurdles	Heats	12:20pm	
Boys U15 100m Hurdles	Heats	Girls U14 200m	Heats
Boys U16 100m Hurdles	Heats	Boys U14 200m	Heats
Girls U17 100m Hurdles	Heats	Girls 11-12 Javelin MC	Finals
10:30am		Boys 11-12 Javelin MC	Finals
Boys U17 110m Hurdles	Heats	Girls U13-14 Javelin MC	Finals
Girls U9 Long Jump	Finals	Boys U13-14 Javelin MC	Finals
Boys U9 Long Jump	Finals	Girls U15-17 Javelin MC	Finals
Girls U10 Shot Put	Finals	Boys U15-17 Javelin MC	Finals
Boys U10 Shot Put	Finals	Girls U17 Triple Jump	Finals
11:00am		Boys U17 Triple Jump	Finals
Girls U9-10 200m MC	Finals	Girls U16 Triple Jump	Finals
Boys U9-10 200m MC	Finals	Boys U16 Triple Jump	Finals
Girls 11-12 200m MC	Finals	12:50pm	
Boys 11-12 200m MC	Finals	Girls U15 Triple Jump	Finals
Girls U13-14 200m MC	Finals	Boys U15 Triple Jump	Finals
Boys U13-14 200m MC	Finals	Girls U13 Javelin	Finals
Girls U15-17 200m MC	Finals	Boys U13 Javelin	Finals
Boys U15-17 200m MC	Finals	1:00pm	Lunch & U17 Recognition
Girls U16 Discus	Finals		
Boys U16 Discus	Finals		
Girls U17 Discus	Finals		
Boys U17 Discus	Finals		

*Events times and or order may be altered once nominations have closed
TRACK EVENTS: Finals will be run at heat time if there are insufficient athletes to run Heats.*

1:00pm		1:50pm	
Girls U9 70m	Finals	Girls U9 200m	Finals
Boys U9 70m	Finals	Boys U9 200m	Finals
Girls U10 70m	Finals	Girls U10 200m	Finals
Boys U10 70m	Finals	Boys U10 200m	Finals
1:20pm		Girls U13 Triple Jump	Finals
Boys U17 110m Hurdles	Finals	Boys U13 Triple Jump	Finals
Girls U17 100m Hurdles	Finals		
Boys U16 100m Hurdles	Finals		
Boys U15 100m Hurdles	Finals		
Girls U16 90m Hurdles	Finals		
Girls U15 90m Hurdles	Finals		
Boys U14 90m Hurdles	Finals		
1:30pm			
Girls U14 80m Hurdles	Finals	Girls U11 200m	Finals
Girls U13 80m Hurdles	Finals	Boys U11 200m	Finals
Boys U13 80m Hurdles	Finals	Girls U14 200m	Finals
1:40pm		Boys U14 200m	Finals
Girls U11 Javelin	Finals		
Boys U11 Javelin	Finals		
PLEASE NOTE: 7s & 8s Participation Recognition will be conducted at the Southern end of the track (just passed the finish line) at conclusion of their track event - 100m on Sat and 200m on Sun. Athletes to gather in Centre groups			
		2:00pm	
		Girls U12 200m	Finals
		Boys U12 200m	Finals
		2:10pm	
		Girls U11 200m	Finals
		Boys U11 200m	Finals
		Girls U14 200m	Finals
		Boys U14 200m	Finals
		2:20pm	
		Girls U15 200m	Finals
		Boys U15 200m	Finals
		Girls U16 200m	Finals
		Boys U16 200m	Finals
		2:30pm	
		Girls U13 200m	Finals
		Boys U13 200m	Finals
		Girls U17 200m	Finals
		Boys U17 200m	Finals

