

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North

as at 02/2025

* to be ratified by the Regional Committee

Girls U9

70m	10.94	03/02/2019	Indyanna Tuua-Filipine - Bracken Ridge
100m	15.27	02/02/2013	Paige Hoffman - Arana
200m	32.17	03/02/2019	Indyanna Tuua-Filipine - Bracken Ridge
400m	1:16.32	04/02/2023	Reeve Brogan - Strathpine
800m	2:54.62	07/02/2016	Jessica Fletcher - City North
700m Race Walk	4:28.10	06/02/2009	Riley Sims - Aspley
60m Hurdles	11.17	01/02/2020	Abigail Steele - Aspley
High Jump	1.13m	01/02/2019	Erin van der Westhuizen - Bracken Ridge
	1.13m	31/01/2020	Paradise Tuua - Bracken Ridge
Long Jump	3.58m	05/02/2012	Kyra Edward - Arana
	3.58m	31/01/2021	Heidi Wolfenden - Arana
Discus	23.68m	01/02/2020	Paradise Tuua - Bracken Ridge
Shot Put	8.74m	8/02/2015	Mya Sautia - Bracken Ridge

Girls U10

70m	10.57	07/02/2016	Imogen Mills - Bracken Ridge
100m	14.70	08/02/2014	Abbie French - The Gap
200m	31.46	07/02/2016	Imogen Mills - Bracken Ridge
400m	1:11.80	06/02/2010	Alexandra Cathcart - Aspley
800m	2:46.80	03/02/2013	Nikita Moore - The Gap
1100m Race Walk	6:34.50	03/02/2017	Charlotte Porter - Aspley
60m Hurdles	11.40	07/02/2009	Tahlia Perry - Strathpine
High Jump	1.21m	11/02/2006	M.Eddington - Aspley
Long Jump	4.11m	07/02/2009	Tahlia Perry - Strathpine
Discus	32.36m	03/02/2019	Mia Afoa - Bracken Ridge
Shot Put	8.96m	06/02/2015	Wynta Trevithick - Bracken Ridge

Girls U11

100m	14.22	02/02/2013	Elee Hoffman - Arana
100m	14.06	08/02/2025	Reeve Brogan - Strathpine
200m	29.80	05/02/2017	Imogen Mills - Bracken Ridge
400m	1:09.00	03/02/2018	Jessica Fletcher - City North
800m	2:39.10	04/02/2018	Jessica Fletcher - City North
1500m	5:27.80	03/02/2018	Jessica Fletcher - City North
1100m Race Walk	6:35.60	02/02/2018	Trinity Woodward - Arana
80m Hurdles	14.00	06/02/2022	Abigail Steele - Aspley
High Jump	1.38m	02/02/2020	Ashley Blackman - City North
Long Jump	4.62m	08/02/2014	Kyra Edward - Arana
Triple Jump	9.82m	07/02/2014	Kyra Edward - Arana
Discus	34.01m	02/02/2020	Mia Afoa - Bracken Ridge
Javelin	24.41m	04/02/2023	Emily Donaldson - Strathpine
Shot Put	11.21m	07/02/2015	Jayda Brown - Bracken Ridge

Girls U12

100m	13.23	02/02/2013	Isabella Turner - Strathpine
200m	27.65	02/02/2020	Tamina-Lee Vaa'sa - Bracken Ridge
400m	1:03.60	09/02/2008	Amber Rowlandson - Kedron
800m	2:32.20	31/01/2021	Saffron Jenkinson - City North
1500m	5:04.40	30/01/2021	Saffron Jenkinson - City North
1500m Race Walk	8:53.07	31/01/2020	Shantel Gale - Strathpine
80m Hurdles	14.20	31/01/2021	Charlotte Headey - City North
High Jump	1.50m	30/01/2021	Ashley Blackman - City North
Long Jump	4.66m	07/02/2015	Sidonie Harvey - Bracken Ridge
Triple Jump	9.84m	04/02/2018	Vyeisha Tuua - Bracken Ridge
Discus	39.60m	04/02/2017	Wynta Trevithick - Bracken Ridge
Javelin	31.35m	02/02/2024	Emily Donaldson - Strathpine
Shot Put	12.33m	02/02/2020	Taisha Eketone - Redcliffe

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North

as at 02/2025

* to be ratified by the Regional Committee

Girls U13

100m	13.00	30/01/2021	Amaya Mearns - Arana
100m	12.80	08/02/2025	Kaley Croot - The Gap
200m	27.29	04/02/2024	Sienna De Young - Aspley
200m	27.14	09/02/2025	Kaley Croot - The Gap
400m	1:02.70	04/02/2017	Charlize Sivyer - Bracken Ridge
800m	2:29.47	07/02/2016	Nikita Moore - The Gap
1500m	5:05.00	06/02/2016	Nikita Moore - The Gap
1500m Race Walk	7:53.50	01/02/2019	Amber Norton - Arana
80m Hurdles	13.39	07/02/2016	Tyla Proctor - Arana
200m Hurdles	30.50	30/01/2021	Charlotte Blain - City North
High Jump	1.57m	09/02/2014	Zara Leembruggen - City North
Long Jump	4.96m	05/02/2017	Abbie French - The Gap
Triple Jump	10.75m	02/02/2024	Sienna De Young - Aspley
Discus	41.23m	04/02/2018	Wynta Trevithick - Bracken Ridge
Javelin	34.82m	05/02/2011	Renee Davies - Arana
Javelin	39.73m	08/02/2025	Emily Donaldson - Strathpine
Shot Put	12.09m	30/01/2021	Taisha Eketone - Redcliffe

Girls U14

100m	12.90	03/02/2018	Abbie French - Bracken Ridge
200m	26.76	02/02/2020	Imogen Mills - Bracken Ridge
400m	1:02.80	03/02/2018	Charlize Sivyer - Bracken Ridge
800m	2:26.54	07/02/2016	Annabelle O'Hara - Bracken Ridge
1500m	4:59.72	06/02/2016	Annabelle O'Hara - Bracken Ridge
1500m Race Walk	8:00.40	31/01/2020	Amber Norton - Arana
80m Hurdles	13.10	05/02/2017	Tyla Proctor - Arana
200m Hurdles	30.63	01/02/2020	Lucie Basset-Rouge - Bracken Ridge
High Jump	1.57m	06/02/2022	Maddyn Allison - Bracken Ridge
Long Jump	5.09m	07/02/2009	Naa Anang - Kedron
Long Jump	5.19m	08/02/2025	Sienna De Young - Aspley
Triple Jump	11.04m	08/02/2009	Kate Savage - Aspley
Discus	39.62m	02/02/2019	Jemma Keefe - Bracken Ridge
Javelin	38.85m	03/02/2019	Jemma Keefe - Bracken Ridge
Shot Put	12.37m	07/02/2010	Kamaia Peina - Strathpine

Girls U15

100m	12.50	04/02/2023	Amaya Mearns - Arana
200m	26.75	03/02/2019	Abbie French - Bracken Ridge
400m	1:03.01	02/02/2019	Ebony Boschma - Strathpine
800m	2:22.30	05/02/2017	Annabelle O'Hara - Bracken Ridge
1500m	5:00.40	04/02/2017	Annabelle O'Hara - Bracken Ridge
1500m Race Walk	7:30.80	29/01/2021	Amber Norton - Arana
90m Hurdles	14.10	04/02/2018	Tyla Proctor - Arana
300m Hurdles	50.03	01/02/2020	Jemma Keefe - Bracken Ridge
High Jump	1.66m	04/02/2023	Maddyn Allison - Bracken Ridge
Long Jump	5.36m	05/02/2023	Amaya Mearns - Arana
Triple Jump	11.12m	07/02/2009	Heather Muir - Aspley
Discus	38.42m	01/02/2019	Kajsa Shield - Aspley
Javelin	43.16m	02/02/2013	Renee Davies - Arana
Shot Put	12.85m	02/02/2019	April Laurikainen - The Gap

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North

as at 02/2025

* to be ratified by the Regional Committee

Girls U16

100m	12.74	03/02/2024	Amaya Mearns - Arana
200m	25.96	04/02/2024	Amaya Mearns - Arana
400m	1:00.69	01/02/2020	Ebony Boschma - Strathpine
800m	2:26.20	04/02/2018	Ciana Jamieson - Bracken Ridge
1500m	4:55.30	03/02/2018	Ciana Jamieson - Bracken Ridge
1500m Race Walk	7:25.40	02/02/2024	Milly Sharpe - Arana
90m Hurdles	13.81	04/02/2024	Perla Maizey - Strathpine
300m Hurdles	47.29	03/02/2024	Perla Maizey - Strathpine
High Jump	1.66m	04/02/2017	Rebecca Haley - The Gap
High Jump	1.66m	08/02/2025	Ashley Blackman - City North
Long Jump	5.32m	04/02/2024	Amaya Mearns - Arana
Triple Jump	11.00m	03/02/2024	Imogen Klass - Strathpine
Discus	40.60m	29/01/2021	Jemma Keefe - Bracken Ridge
Javelin	43.73m	01/02/2020	Angelina Tignani - Bracken Ridge
Shot Put	12.45m	01/02/2020	Angelina Tignani - Bracken Ridge

Girls U17

100m	12.96	02/02/2019	Fletcher Day - Redcliffe
100m	12.44	08/02/2025	Amaya Mearns - Arana
200m	26.81	03/02/2019	Fletcher Day - Redcliffe
200m	26.26	09/02/2025	Amaya Mearns - Arana
400m	1:00.40	01/01/2021	Ebony Boschma - Strathpine
800m	2:27.10	31/01/2021	Amber Nyssen - City North
1500m	5:13.70	05/02/2022	Grace Doyle - City North
1500m Race Walk	7:36.00	03/02/2023	Amber Norton - Arana
100m Hurdles	16.64	03/02/2019	Sidonie Harvey - Bracken Ridge
100m Hurdles	15.30	09/02/2025	Perla Maizey - Strathpine
300m Hurdles	46.27	02/02/2019	Fletcher Day - Redcliffe
High Jump	1.63m	03/02/2024	Dannielle Jones - City North
Long Jump	4.84m	05/02/2023	Giselle Shaw - Aspley
Long Jump	4.86m	09/02/2025	Imogen Klaas - Strathpine
Triple Jump	10.92m	04/02/2023	Amy Heidrich - Aspley
Discus	39.52m	02/02/2024	Dannielle Jones - City North
Javelin	37.65m	05/02/2022	Jemma Keefe - Bracken Ridge
Shot Put	11.17m	03/02/2024	Dannielle Jones - City North

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North

as at 02/2025

* to be ratified by the Regional Committee

Boys U9

70m	10.50	02/02/2020	Joel Rajesh - Bracken Ridge
100m	14.86	02/02/2013	Nicholas Bloomfield - Arana
200m	31.53	10/02/2008	Joshua Morrison - Arana
400m	1:12.17	02/02/2019	Tate Van Camp - Arana
800m	2:41.60	07/02/2010	Lucas Lutter - Redcliffe
700m Race Walk	4:36.80	29/01/2021	Hudson Toplis - Arana
60m Hurdles	10.63	01/02/2020	Daluchi Ekeocha - City North
High Jump	1.22m	02/02/2024	Jayden Komarzynski - Bracken Ridge
Long Jump	4.12m	03/02/2024	Jayden Komarzynski - Bracken Ridge
Discus	29.78m	08/02/2014	Jake Howie-Roy - The Gap
Shot Put	8.74m	10/02/2008	Jarrold McGuane - Aspley

Boys U10

70m	9.87	02/02/2020	Tyler Cranney - The Gap
100m	13.90	01/02/2020	Tyler Cranney - The Gap
100m	13.86	08/02/2025	Jayden Komarzynski - Bracken Ridge
200m	29.43	02/02/2020	Tyler Cranney - The Gap
400m	1:09.96	01/02/2020	Tate Van Camp - Arana
800m	2:38.00	03/02/2013	William Barker - Arana
1100m Race Walk	6:48.50	07/02/2014	Hayden Vickers - Bracken Ridge
60m Hurdles	10.95	02/02/2013	William Barker - Arana
High Jump	1.27m	07/02/2015	Jackson Medway - The Gap
High Jump	1.35m	08/02/2025	Zacharias Appo - City North
Long Jump	4.44m	1986	A. Emmerig - Strathpine
Long Jump	4.49m	08/02/2025	Jayden Komarzynski - Bracken Ridge
Discus	33.60m	04/02/2024	Lian Jesse Nell - Strathpine
Shot Put	10.42m	01/02/2013	William Barker - Arana

Boys U11

100m	13.72	09/02/2008	Campbell Magnay - Kedron
100m	13.56	08/02/2025	Lucas Hardy - Strathpine
200m	28.18	03/02/2019	Cooper Roggenkamp - Aspley
400m	1:05.20	30/01/2021	Tate Van Camp - Arana
800m	2:30.80	09/02/2014	Jeremiah Woodward - Strathpine
800m	2:30.80	31/01/2021	Tate Van Camp - Arana
1500m	5:06.56	06/02/2016	Patrick Reid - City North
1500m	4:57.82	08/02/2025	Jackson Medway - The Gap
1100m Race Walk	6:15.00	06/02/2015	Patrick Reid - City North
80m Hurdles	13.70	29/01/2021	Jonathan Wearne - Aspley
High Jump	1.48m	06/02/2022	Noah Cooke - Arana
Long Jump	4.74m	04/02/2018	Teddy Mills - Bracken Ridge
Long Jump	4.74m	07/02/2015	Aaron Morris - Arana
Triple Jump	9.83m	02/02/2019	Joshua Smith - Bracken Ridge
Discus	33.38m	07/02/2014	Theodore Harvey - Bracken Ridge
Discus	40.11m	31/01/2021	William Barker - Arana
Javelin	31.57m	09/02/2025	Tyler Wilson - Bracken Ridge
Shot Put	11.89m	09/02/2008	Lian Jesse Nell - Strathpine
		08/02/2014	Tristan Jenkins - Aspley
			William Barker - Arana

Boys U12

100m	12.80	01/02/2020	Angus Dine - Redcliffe
200m	26.60	02/02/2020	Angus Dine - Redcliffe
400m	1:00.63	03/02/2024	Samuel Shaw - Arana
800m	2:23.50	08/02/2015	William Barker - Arana
1500m	4:50.60	30/01/2021	Oliver Gartner - The Gap
1500m Race Walk	8:05.84	10/02/2008	Ben Tesch - Strathpine
80m Hurdles	13.34	02/02/2020	Lachlan Chayter - City North

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North

as at 02/2025

* to be ratified by the Regional Committee

High Jump	1.60m	06/02/2016	Ben Woodley - The Gap
Long Jump	5.01m	06/02/2016	Ben Woodley - The Gap
Triple Jump	10.75m	08/02/2015	William Barker - Arana
Discus	41.06m	06/02/2010	Brandon Pritchard - Aspley
Javelin	36.92m	07/02/2010	Brandon Pritchard - Aspley
Shot Put	12.62m	31/01/2021	Zyeon Tuua - Bracken Ridge
Boys U13			
100m	11.90	30/01/2021	Ethan Grimshaw - City North
200m	25.00	31/01/2021	Ethan Grimshaw - City North
400m	55.10	30/01/2021	Ethan Grimshaw - City North
800m	2:13.46	05/02/2023	Tate Van Camp - Arana
1500m	4:45.96	04/02/2023	Tate van Camp - Arana
1500m Race Walk	8:04.40	31/01/2020	Bailey Housden - Arana
80m Hurdles	12.10	31/01/2021	Daniel Harlow - Redcliffe
200m Hurdles	26.90	30/01/2021	Daniel Harlow - Redcliffe
High Jump	1.67m	09/02/2014	Kyle Adamson - Aspley
Long Jump	5.46m	07/02/2016	Nicholas Thomas - Arana
Triple Jump	11.26m	05/02/2016	William Barker - Arana
Discus	46.31m	04/02/2024	Jeriah Slade-Su'emai
Javelin	39.86m	03/02/2024	Ned Waters - Arana
Shot Put	14.37m	05/02/2011	Brandon Pritchard - Aspley
Boys U14			
100m	11.76	02/02/2013	Matthew Barker - Arana
200m	23.93	04/02/2024	Ned Amorsen - Strathpine
400m	55.74	06/02/2010	Alexander Mould - Redcliffe
800m	2:10.10	04/02/2024	Tate Van Camp - Arana
1500m	4:40.55	04/02/2012	Hamish Granger - Arana
1500m Race Walk	6:26.90	29/01/2021	Bailey Housden - Arana
90m Hurdles	12.80	08/02/2009	Anthony Collins - Aspley
200m Hurdles	27.00	05/02/2022	Daniel Harlow - Redcliffe
High Jump	1.73m	06/05/2022	Daniel Harlow - Redcliffe
Long Jump	5.86m	05/02/2022	Daniel Harlow - Redcliffe
Triple Jump	12.26m	07/02/2016	Cooper Schmidt - Arana
Discus	45.06m	06/02/2016	Daniel Di Gian - City North
Javelin	43.61m	10/02/2008	Ryann Boxsell - Strathpine
Shot Put	14.35m	04/02/2024	Tau Tamaariki - Strathpine
Boys U15			
100m	11.55	02/02/2019	Ethan Avery - Aspley
200m	24.03	03/02/2019	Ethan Avery - Aspley
400m	55.37	04/02/2023	Jesse Sexton - Strathpine
400m	54.14	08/02/2025	Tate Van Camp - Arana
800m	2:09.10	03/02/2013	Hamish Granger - Arana
800m	2:06.53	09/02/2025	Tate Van Camp - Arana
1500m	4:31.58	02/02/2013	Hamish Granger - Arana
1500m	4:23.50	08/02/2025	Tate Van Camp - Arana
1500m Race Walk	6:38.20	04/02/2022	Bailey Housden - Arana
100m Hurdles	13.90	09/02/2014	Matthew Barker - Arana
300m Hurdles	42.72	04/02/2023	Daniel Harlow - Redcliffe
High Jump	1.88m	02/02/2019	Connor Duggan - The Gap
Long Jump	6.21m	03/02/2019	Jayden Polovich - Strathpine
Long Jump	6.27m	09/02/2025	Joshua Kwan - City North
Triple Jump	12.92m	07/02/2009	Jesse D'Amico - Aspley
Discus	51.80m	04/02/2022	Harvey Schutte - Arana
Javelin	46.06m	03/02/2024	Cooper Lofts - The Gap
Shot Put	13.82m	30/01/2021	Lee Martin - Arana

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North

as at 02/2025

* to be ratified by the Regional Committee

Boys U16

100m	11.51	01/02/2020	Joshua Mearns - Arana
200m	23.40	03/02/2019	Dalton Collins - Bracken Ridge
400m	51.23	02/02/2019	Dalton Collins - Bracken Ridge
800m	2:07.60	31/01/2021	Owen Isaacs - Arana
1500m	6:16.10	04/02/2023	Bailey Housden - Arana
1500m	4:44.83	08/02/2025	Oscar Merlin - Strathpine
1500m Race Walk	6:52.70	29/01/2021	Kai Norton - Arana
100m Hurdles	14.14	04/02/2024	Sean Putra Susilo - Bracken Ridge
300m Hurdles	43.40	05/02/2022	Kailen Klaas - Strathpine
High Jump	1.80m	01/02/2020	Connor Duggan - The Gap
High Jump	1.81m	08/02/2025	Ethan Gratton - City North
Long Jump	6.16m	04/02/2024	Sean Putra Susilo - Bracken Ridge
Triple Jump	12.33m	05/02/2022	Diesel Hadlow - Bracken Ridge
Discus	50.22m	04/02/2022	Lachlan Wise - Strathpine
Javelin	52.02m	07/02/2015	Brandon Stanaway - Arana
Shot Put	15.68m	05/02/2022	Lee Martin - Arana

Boys U17

100m	11.42	01/02/2020	Dalton Collins - Bracken Ridge
200m	22.95	02/02/2020	Dalton Collins - Bracken Ridge
400m	53.09	04/02/2023	Sam Lition - Strathpine
800m	2:07.60	05/02/2012	John Lean - Redcliffe
1500m	4:29.77	07/02/2015	Hamish Granger - Arana
1500m Race Walk	5:26.70	02/02/2024	Bailey Housden - Arana
110m Hurdles	15.58	02/02/2020	Carl Martin - Arana
300m Hurdles	42.74	04/02/2023	Kailen Klaas - Strathpine
High Jump	1.95m	02/02/2019	William Bailey Boland - Redcliffe
Long Jump	6.26m	05/02/2023	Diesel Hadlow - Bracken Ridge
Triple Jump	12.73m	06/02/2010	Bradley Hebbard - Redcliffe
Discus	44.68m	01/02/2019	Ethan Johnson - Arana
Javelin	61.47m	06/02/2016	Brandon Stanaway - Arana
Shot Put	15.00m	04/02/2023	Lee Martin - Arana