

REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 02/2025

* to be ratified by the Regional Committee

Girls U9

70m	11.20	14/02/2010	Taylor McCosker - Gayndah
100m	15.80	13/02/2010	Taylor McCosker - Gayndah
200m	34.10	14/02/2010	Taylor McCosker - Gayndah
400m	1:24.80	09/02/2019	Molly Crow - West Bundaberg
800m	3:09.70	09/02/2020	Jada McCoombes - West Bundaberg
700m Race Walk	4:16.40	08/02/2020	Jada McCoombes - West Bundaberg
60m Hurdles	11.90	04/02/2017	Alexis Bukowski - Gladstone
	11.90	09/02/2019	Felicity Rogers - Isis District
High Jump	1.10m	14/02/2009	Saraid Jerome - Hervey Bay
Long Jump	3.54m	14/02/2010	Taylor McCosker - Gayndah
Discus	17.64m	11/02/2012	Jessie Moscrop - Monto
Shot Put	6.19m	10/02/2019	Makayla Moller - Maryborough

Girls U10

70m	10.70	10/02/2013	Anna Smith - West Bundaberg
100m	15.09	05/02/2022	Alexis Davis - West Bundaberg
200m	31.70	13/02/2011	Taylor McCosker - Gayndah
400m	1:13.70	12/02/2011	Taylor McCosker - Gayndah
800m	2:59.80	09/02/2014	Lizzie Younger - Monto
1100m Race Walk	6:47.77	06/02/2021	Jada McCoombes - West Bundaberg
60m Hurdles	12.20	14/02/2009	Jessie Edwards - West Bundaberg
High Jump	1.13m	13/02/2010	Hayley Nicolson - Maryborough
Long Jump	4.09m	12/02/2011	Taylor McCosker - Gayndah
Discus	27.75m	10/02/2013	Jessie Moscrop - Monto
Shot Put	8.10m	07/02/2015	Kellie Davies - Maryborough

Girls U11

100m	14.40	09/02/2013	Jessica Trace - West Bundaberg
200m	29.30	12/02/2012	Taylor McCosker - Gayndah
400m	1:10.60	11/02/2012	Taylor McCosker - Gayndah
800m	2:54.50	06/02/2022	Jada McCoombes - West Bundaberg
1500m	6:03.19	05/02/2022	Jada McCoombes - West Bundaberg
1100m Race Walk	6:46.20	12/02/2011	Bree Robertson - Gayndah
80m Hurdles	16.29	04/02/2023	Annalise Ginn - Gladstone
High Jump	1.32m	07/02/2016	Elle Hammond - Burrum & Dist
Long Jump	4.28m	06/02/2016	Elle Hammond - Burrum & Dist
Triple Jump	8.90m	04/02/2023	Alexis Davis - Bundaberg
Discus	29.93m	07/02/2021	Makayla Moller - Maryborough
Javelin	25.04m	06/02/2021	Makayla Moller - Maryborough
Shot Put	11.77m	08/02/2014	Anna Deakin - Hervey Bay

Girls U12

100m	13.90	08/02/2014	Jessica Trace - West Bundaberg
200m	28.20	09/02/2014	Jessica Trace - West Bundaberg
400m	1:05.90	07/02/2015	Taleasha Graham - Maryborough
800m	2:44.20	13/02/2011	Rebecca Greiner - West Bundaberg
1500m	5:37.90	09/02/2013	Tayla Campbell - Gladstone
1500m	5:33.38	08/02/2025	Grace Woodard - Hervey Bay
1500m Race Walk	8:40.70	08/02/2020	Milly Sharpe - Gladstone
80m Hurdles	15.16	11/02/2024	Lyla Floyd - Hervey Bay
High Jump	1.38m	05/02/2022	Rozalia Stewart - Hervey Bay
Long Jump	4.57m	09/02/2013	Taylor McCosker - Gayndah
Triple Jump	9.50m	12/02/2012	Hayley Nicolson - Maryborough
Discus	37.40m	07/02/2015	Jessie Moscrop - Monto
Javelin	27.32m	07/02/2015	Anna Deakin - Maryborough
Shot Put	12.94m	08/02/2015	Jessie Moscrop - Monto

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Girls U13

100m	13.70	09/02/2013	Sophie Simpson - Boyne Tannum
200m	27.60	10/02/2013	Hayley Nicolson - Maryborough
400m	1:05.90	13/02/2010	Frances Calleja - Maryborough
800m	2:34.20	15/02/2009	Dimity Norbury - West Bundaberg
1500m	5:30.60	13/02/2010	Brandi Alberts - Hervey Bay
1500m Race Walk	7:38.64	06/02/2021	Milly Sharpe - Gladstone
80m Hurdles	14.60	14/02/2010	Malitha Cooper - Eidsvold
200m Hurdles	33.40	07/02/2016	Madeline Wade - West Bundaberg
High Jump	1.50m	15/02/2009	Karly Pearson - West Bundaberg
Long Jump	4.82m	07/02/2016	Sophie Duff - Gladstone
Long Jump	4.88m	09/02/2025	Lyla Floyd - Hervey Bay
Triple Jump	10.31m	09/02/2013	Hayley Nicolson - Maryborough
Discus	37.07m	04/02/2023	Makayla Moller - Maryborough
Javelin	32.90m	04/02/2023	Makayla Moller - Maryborough
Shot Put	11.92m	07/02/2016	Anna Deakin - Maryborough

Girls U14

100m	13.20	09/02/2013	Samantha Hill - West Bundaberg
200m	27.20	09/02/2014	Hayley Nicolson - Maryborough
400m	1:04.30	09/02/2013	Rebecca Greiner - West Bundaberg
800m	2:37.80	10/02/2013	Rebecca Greiner - West Bundaberg
1500m	5:11.30	09/02/2013	Rebecca Greiner - West Bundaberg
1500m Race Walk	7:56.50	05/02/2022	Milly Sharpe - Gladstone
80m Hurdles	14.10	10/02/2019	Zoe Geiger - Gladstone
200m Hurdles	34.00	12/02/2012	Phoebe Arbon - Isis & Dist
High Jump	1.50m	12/02/2011	Emily Gray - West Bundaberg
Long Jump	5.11m	04/02/2017	Sophie Duff - Gladstone
Triple Jump	11.10m	05/02/2017	Sophie Duff - Gladstone
Discus	33.39m	09/02/2013	Nikita Taylor - West Bundaberg
Javelin	38.68m	10/02/2024	Makayla Moller - Maryborough
Shot Put	11.91m	10/02/2019	Kellie Davies - Maryborough

Girls U15

100m	12.50	09/02/2019	Kharla Hills - West Bundaberg
200m	26.30	10/02/2019	Kharla Hills - West Bundaberg
400m	1:03.09	06/02/2021	Annali Philpott - Gladstone
800m	2:25.07	07/02/2021	Annali Philpott - Gladstone
1500m	5:02.31	06/02/2021	Annali Philpott - Gladstone
1500m Race Walk	7:49.46	04/02/2023	Milly Sharpe - Gladstone
90m Hurdles	14.30	10/02/2019	Isabella Jensen - Hervey Bay
300m Hurdles	55.88	06/02/2022	Cara Corke - Gladstone
High Jump	1.53m	14/02/2009	Laura Williams - Gladstone
Long Jump	5.05m	10/02/2019	Isabella Jensen - Hervey Bay
Triple Jump	10.78m	09/02/2019	Kharla Hills - West Bundaberg
Discus	34.89m	09/02/2020	Kellie Davies - Maryborough
Discus	36.31m	09/02/2025	Makayla Moller - Maryborough
Javelin	32.71m	08/02/2014	Nikita Taylor - West Bundaberg
Javelin	42.59m	08/02/2025	Makayla Moller - Maryborough
Shot Put	12.07m	08/02/2020	Kellie Davies - Maryborough
Shot Put	12.33m	08/02/2025	Makayla Moller - Maryborough

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Girls U16

100m	13.00	08/02/2020	Kharla Hills - West Bundaberg
200m	27.70	09/02/2020	Kharla Hills - West Bundaberg
400m	1:04.80	08/02/2020	Lizzie Younger - Monto
800m	2:30.00	09/02/2020	Lizzie Younger - Monto
1500m	5:19.90	08/02/2020	Lizzie Younger - Monto
1500m Race Walk	9:08.86	05/02/2022	Daniella Lourigan - Maryborough
90m Hurdles	17.10	09/02/2014	Sally Hodgson - Gladstone
300m Hurdles	54.10	05/02/2023	Cara Corke - Gladstone
High Jump	1.45m	04/02/2023	Taylah Grubb - Maryborough
Long Jump	5.27m	09/02/2020	Kharla Hills - West Bundaberg
Triple Jump	11.18m	08/02/2020	Kharla Hills - West Bundaberg
Discus	37.38m	08/02/2015	Nikita Taylor - West Bundaberg
Javelin	33.43m	07/02/2015	Nikita Taylor - West Bundaberg
Shot Put	12.60m	06/02/2021	Kellie Davies - Maryborough

Girls U17

100m	12.66	06/02/2021	Kharla Hills - West Bundaberg
200m	26.06	07/02/2021	Kharla Hills - West Bundaberg
400m	1:01.00	06/02/2021	Lizzie Younger - Monto
800m	2:24.29	07/02/2021	Lizzie Younger - Monto
1500m	5:12.76	06/02/2021	Lizzie Younger - Monto
1500m Race Walk	9:52.49	04/02/2023	Daniella Lourigan - Maryborough
1500m Race Walk	7:09.18	08/02/2025	Milly Sharpe - Gladstone
100m Hurdles	19.59	07/02/2021	Lauren Trott - Gayndah
300m Hurdles	51.56	11/02/2024	Cara Corke - Gladstone
High Jump	1.56m	06/02/2021	Lilly Gibson - Gladstone
Long Jump	5.44m	07/02/2021	Kharla Hills - West Bundaberg
Triple Jump	11.52m	06/02/2021	Kharla Hills - West Bundaberg
Discus	39.76m	06/02/2022	Kellie Davies - Maryborough
Javelin	32.16m	05/02/2022	Zoe Geiger - Gladstone
Shot Put	12.97m	05/02/2022	Kellie Davies - Maryborough

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Boys U9

70m	10.60	09/02/2014	Tana Martin - Gladstone
100m	14.90	09/02/2013	Lachlan Hutchen - Burrum & Dist
200m	31.70	09/02/2014	Tana Martin - Gladstone
400m	1:16.80	10/02/2024	Braith Hart - West Bundaberg
800m	2:49.50	09/02/2014	Tana Martin - Gladstone
700m Race Walk	4:51.70	12/02/2011	John Hunter - Hervey Bay
60m Hurdles	11.20	09/02/2013	Heath Hunter - West Bundaberg
High Jump	1.14m	10/02/2018	Jayce De Silva - West Bundaberg
Long Jump	4.04m	13/02/2011	Blake Bell - Burrum & Dist
Discus	25.33m	06/02/2016	Jonty Murdoch - West Bundaberg
Shot Put	8.90m	07/02/2016	Jonty Murdoch - West Bundaberg

Boys U10

70m	10.30	09/02/2014	Lachlan Hutchen - Burrum & Dist
100m	14.50	09/02/2019	Charlie Steele - West Bundaberg
200m	30.70	09/02/2014	Lachlan Hutchen - Burrum & Dist
	30.70	8/02/2015	Tama Hodgson - Boyne Tannum
400m	1:11.20	06/02/2016	Rhys Garland - West Bundaberg
800m	2:43.40	08/02/2015	Tana Martin - Gladstone
1100m Race Walk	7:26.60	14/02/2009	Jayden Bayliss - Gladstone
60m Hurdles	10.90	13/02/2010	Angus Robinson - Hervey Bay
High Jump	1.25m	09/02/2019	Jayce De Silva - West Bundaberg
Long Jump	4.13m	07/02/2015	Tama Hodgson - Boyne Tannum
Discus	36.50m	05/02/2017	Jonty Murdoch - West Bundaberg
Shot Put	11.29m	04/02/2017	Jonty Murdoch - West Bundaberg

Boys U11

100m	14.00	07/02/2015	Lachlan Hutchen - Burrum Dist.
200m	29.91	11/02/2018	Isaac Barrett - West Bundaberg
400m	1:08.60	14/02/2009	Matthew Hauser - Hervey Bay
800m	2:34.50	15/02/2009	Matthew Hauser - Hervey Bay
1500m	5:25.70	14/02/2009	Jarrold Vos - Boyne Tannum
1500m	5:22.11	08/02/2025	Harry Mudge - Hervey Bay
1100m Race Walk	7:10.80	08/02/2020	Xavier Blair - Bundaberg
80m Hurdles	15.58	11/02/2024	Toluwani Kaka - Gladstone
High Jump	1.31m	05/02/2017	Griffen Coleman - West Bundaberg
Long Jump	4.54m	13/02/2010	Michael Wells - Hervey Bay
Triple Jump	9.39m	04/02/2017	Rhys Garland - West Bundaberg
Discus	34.89m	10/02/2019	Riley Townsend - Gladstone
Javelin	31.91m	10/02/2018	Jonty Murdoch - West Bundaberg
Shot Put	12.70m	10/02/2018	Jonty Murdoch - West Bundaberg

Boys U12

100m	13.10	09/02/2013	Seth Gould - Gladstone
200m	27.60	13/02/2011	Amjad Aslam - West Bundaberg
400m	1:07.40	09/02/2013	Tallis Stanhope - Gladstone
800m	2:37.90	05/02/2017	Luke Adamson - Isis
1500m	5:31.00	04/02/2017	Luke Adamson - Isis
1500m Race Walk	9:19.69	06/02/2021	Xavier Blair - Bundaberg
80m Hurdles	14.53	06/02/2021	Xavier Blair - Bundaberg
High Jump	1.46m	06/02/2021	Xavier Blair - Bundaberg
Long Jump	4.88m	13/02/2010	Kielan Major - West Bundaberg
Triple Jump	9.70m	14/02/2010	Jack Randell - Isis & District
Discus	39.90m	09/02/2019	Jonty Murdoch - West Bundaberg
Javelin	36.86m	09/02/2019	Jonty Murdoch - West Bundaberg
Shot Put	15.35m	10/02/2019	Jonty Murdoch - West Bundaberg

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Boys U13

100m	12.74	10/02/2018	Caleb Wilson - Gladstone
200m	25.83	11/02/2018	Caleb Wilson - Gladstone
400m	1:02.60	08/02/2014	Keiren Antrobus - West Bundaberg
800m	2:29.70	09/02/2014	Keiren Antrobus - West Bundaberg
1500m	5:12.59	06/02/2021	Ryan Cunningham - Hervey Bay
1500m Race Walk	9:16.02	05/02/2022	Xavier Blair - Bundaberg
80m Hurdles	14.00	13/02/2011	Kielan Major - West Bundaberg
200m Hurdles	32.14	11/02/2018	Ethan Haskins - Hervey Bay
High Jump	1.63m	06/02/2022	Xavier Blair - Bundaberg
Long Jump	5.22m	15/02/2009	Scott Latter - West Bundaberg
Long Jump	5.35m	09/02/2025	Paxton Manning - Gladstone
Triple Jump	11.00m	14/02/2009	Scott Latter - West Bundaberg
Discus	54.46m	08/02/2020	Jonty Murdoch - West Bundaberg
Javelin	43.71m	08/02/2020	Jonty Murdoch - West Bundaberg
Shot Put	15.05m	09/02/2020	Jonty Murdoch - West Bundaberg

Boys U14

100m	11.50	09/02/2019	Jhairah Taylor - Hervey Bay
200m	23.80	10/02/2019	Jhairah Taylor - Hervey Bay
400m	53.00	12/02/2011	Elliot Wilson - Hervey Bay
800m	2:18.38	06/02/2022	Ryan Cunningham - Hervey Bay
1500m	4:47.23	05/02/2022	Ryan Cunningham - Hervey Bay
1500m Race Walk	8:28.27	10/02/2024	Koby Irvine - West Bundaberg
90m Hurdles	13.94	11/02/2018	Mack Geiger - Gladstone
200m Hurdles	28.50	12/02/2012	Christian Devon - West Bundaberg
High Jump	1.76m	05/02/2023	Xavier Blair - Bundaberg
Long Jump	5.72m	04/02/2023	Archie Tennant - Gladstone
Triple Jump	11.45m	11/02/2018	Blake Barnett - Monto
Discus	52.44m	06/02/2021	Jonty Murdoch - West Bundaberg
Javelin	57.58m	06/02/2021	Jonty Murdoch - West Bundaberg
Shot Put	18.59m	07/02/2021	Jonty Murdoch - West Bundaberg

Boys U15

100m	11.40	09/02/2019	Lachlan Hutchen - Hervey Bay
200m	23.90	13/02/2011	James Quinn - West Bundaberg
400m	55.80	13/02/2010	Jack Horton - West Bundaberg
800m	2:20.20	07/02/2016	Tallis Stanhope - Gladstone
1500m	4:34.50	04/02/2023	Ryan Cunningham - Hervey Bay
1500m Race Walk	7:04.70	13/02/2010	Elliot Hodgson - Gladstone
1500m Race Walk	6:59.33	08/02/2025	Koby Irvine - West Bundaberg
100m Hurdles	13.90	13/02/2011	Brenton Theile - West Bundaberg
300m Hurdles	44.10	10/02/2019	Mack Geiger - Gladstone
High Jump	1.88m	07/02/2015	Kodey Sarnadsky - West Bundaberg
Long Jump	5.68m	10/02/2019	Zacharee Ridgley - Maryborough
Triple Jump	11.94m	09/02/2019	Zacharee Ridgley - Maryborough
Discus	53.52m	06/02/2022	Jonty Murdoch - West Bundaberg
Javelin	53.08m	05/02/2022	Jonty Murdoch - West Bundaberg
Shot Put	15.90m	05/02/2022	Jonty Murdoch - West Bundaberg

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Boys U16

100m	11.50	08/02/2020	Heath Hunter - West Bundaberg
200m	23.30	09/02/2014	Christian Devon - West Bundaberg
400m	54.80	10/02/2013	Elliott Wilson - Hervey Bay
800m	2:14.60	05/02/2017	Tallis Stanhope - Gladstone
1500m	4:56.30	04/02/2017	Tallis Stanhope - Gladstone
100m Hurdles	14.90	09/02/2020	Mack Geiger - Gladstone
300m Hurdles	44.80	09/02/2020	Mack Geiger - Gladstone
High Jump	1.80m	05/02/2022	Jace Brammer - Gladstone
Long Jump	6.14m	09/02/2020	Heath Hunter - West Bundaberg
Triple Jump	12.65m	08/02/2020	Heath Hunter - West Bundaberg
Discus	64.16m	05/02/2023	Jonty Murdoch - West Bundaberg
Javelin	39.74m	10/02/2024	Michael Ebert - Isis District
Shot Put	18.83m	04/02/2023	Jonty Murdoch - West Bundaberg

Boys U17

100m	10.90	09/02/2013	James Quinn - West Bundaberg
200m	22.50	10/02/2013	James Quinn - West Bundaberg
400m	52.68	05/02/2022	Rhys Garland - West Bundaberg
800m	2:09.30	10/02/2019	Callum Evans - Gayndah
1500m	4:56.40	12/02/2011	Elliot Hodgson - Gladstone
1500m Race Walk	7:08.00	12/02/2011	Elliot Hodgson - Gladstone
110m Hurdles	15.83	07/02/2021	Mack Geiger - Gladstone
300m Hurdles	44.45	06/02/2022	Patrick Hagan - Maryborough
High Jump	1.82m	04/02/2023	Jace Brammer - Gladstone
Long Jump	6.33m	13/02/2011	Bradley Cole - Isis & Dist
Triple Jump	12.85m	06/02/2021	Zac Ridgley - Maryborough
Discus	56.32m	11/02/2024	Jonty Murdoch - West Bundaberg
Javelin	47.85m	12/02/2011	Bradley Cole - Isis & Dist
Shot Put	18.32m	10/02/2024	Jonty Murdoch - West Bundaberg