

Events times and or order may be altered once nominations have closed
TRACK EVENTS: *Finals will be run at heat time if there are insufficient athletes to run Heats.*

FRIDAY

6:30pm

Girls U9	700m Walk	Final
Boys U9	700m Walk	Final
Girls U12	Javelin	Final
Girls U11-U12	Javelin Multi-Class	Final
Girls U11	Triple Jump	Final
Boys U11	Triple Jump	Final
Girls U15	Discus	Final
Boys U15	Discus	Final

6:45pm

Girls U10	1100m Walk	Final
Boys U10	1100m Walk	Final
Girls U11	1100m Walk	Final
Boys U11	1100m Walk	Final

7:00pm

Girls U12	1500m Walk	Final
Boys U12	1500m Walk	Final
Girls U13	1500m Walk	Final
Boys U13	1500m Walk	Final
Girls U14	1500m Walk	Final
Boys U14	1500m Walk	Final
Girls U15	1500m Walk	Final
Boys U15	1500m Walk	Final

7:00pm continued

Girls U16	1500m Walk	Final
Boys U16	1500m Walk	Final
Girls U17	1500m Walk	Final
Boys U17	1500m Walk	Final
Girls U9	High Jump	Final
Boys U9	High Jump	Final
Girls U10	Shot Put	Final
Boys U10	Shot Put	Final
Girls U9-U10	Shot Put Multi-Class	Final
Boys U9-U10	Shot Put Multi-Class	Final

7:15pm

Girls U16	Discus	Final
Boys U16	Discus	Final
Girls U17	Discus	Final
Boys U17	Discus	Final
Girls U15-U17	Discus Multi-Class	Final
Boys U15-U17	Discus Multi-Class	Final

7:30pm

Boys U12	Javelin	Final
Boys U11-U12	Javelin Multi-Class	Final
Girls U13	Triple Jump	Final
Boys U13	Triple Jump	Final

SATURDAY

8:30am

Girls U11	1500m	Final
Boys U11	1500m	Final
Girls U12	1500m	Final
Boys U12	1500m	Final
Girls U14	Long Jump	Final
Boys U14	Long Jump	Final
Girls U13-U14	Long Jump Multi-Class	Final
Boys U13-U14	Long Jump Multi-Class	Final
Girls U15	Javelin	Final
Boys U15	Javelin	Final
Girls U16	Javelin	Final
Boys U16	Javelin	Final
Girls U17	Javelin	Final
Boys U17	Javelin	Final
Girls U15-U17	Javelin Multi-Class	Final
Boys U15-U17	Javelin Multi-Class	Final

8:45am

Girls U13	1500m	Final
Boys U13	1500m	Final
Girls U14	1500m	Final
Boys U14	1500m	Final

9:00am

Girls U15	1500m	Final
Boys U15	1500m	Final
Girls U16	1500m	Final
Boys U16	1500m	Final
Girls U17	1500m	Final
Boys U17	1500m	Final
Girls U12	High Jump	Final
Boys U12	High Jump	Final

9:25am

Girls U9	60m Hurdles	Heats/Finals
Boys U9	60m Hurdles	Heats/Finals
Girls U10	60m Hurdles	Heats/Finals
Boys U10	60m Hurdles	Heats/Finals

9:30am

Girls U11	Long Jump	Final
Boys U11	Long Jump	Final

10:00am

Girls U11	400m	Final
Boys U11	400m	Final
Girls U13	400m	Final
Boys U13	400m	Final
Girls U14	400m	Final
Boys U14	400m	Final
Girls U13-U14	400m Multi-Class	Final
Boys U13-U14	400m Multi-Class	Final
Girls U13	Javelin	Final
Boys U13	Javelin	Final
Girls U9	Discus	Final
Boys U9	Discus	Final

10:20am

Girls U15	Shot Put	Final
Boys U15	Shot Put	Final
Girls U16	Shot Put	Final
Boys U16	Shot Put	Final
Girls U17	Shot Put	Final
Boys U17	Shot Put	Final
Girls U15-U17	Shot Put Multi-Class	Final
Boys U15-U17	Shot Put Multi-Class	Final

2026 HART Regional Championships: Met North

DRAFT EVENT ORDER

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10:30am			12:25pm		
Girls U10	400m	Final	Girls U12	Long Jump	Final
Boys U10	400m	Final	Boys U12	Long Jump	Final
Girls U10	Long Jump	Final	Girls U11-U12	Long Jump Multi-Class	Final
Boys U10	Long Jump	Final	Boys U11-U12	Long Jump Multi-Class	Final
Girls U9-U10	Long Jump Multi-Class	Final	12:30pm		
Boys U9-U10	Long Jump Multi-Class	Final	Girls U17	100m	Heats/Final
10:50am			Boys U17	100m	Heats/Final
Girls U9-U10	400m Multi-Class	Final	Girls U15-U17	100m Multi-Class	Final
Boys U9-U10	400m Multi-Class	Final	Boys U15-U17	100m Multi-Class	Final
Girls U9	400m	Final	12:40pm		
Boys U9	400m	Final	Girls U10	100m	Heats
11:00am			Boys U10	100m	Heats
Girls U15	400m	Final	Girls U9-U10	100m Multi-Class	Final
Boys U15	400m	Final	Boys U9-U10	100m Multi-Class	Final
Girls U16	400m	Final	Girls U12	100m	Heats
Boys U16	400m	Final	Boys U12	100m	Heats
11:15am			Girls U11-U12	100m Multi-Class	Final
Girls U17	400m	Final	Boys U11-U12	100m Multi-Class	Final
Boys U17	400m	Final	Girls U11	100m	Heats
Girls U15-U17	400m Multi-Class	Final	Boys U11	100m	Heats
Boys U15-U17	400m Multi-Class	Final	12:45pm		
Girls U12	400m	Final	Girls U11	Javelin	Final
Boys U12	400m	Final	1:20pm U15-17 March Past		
Girls U11-U12	400m Multi-Class	Final	1:35pm		
Boys U11-U12	400m Multi-Class	Final	Girls U13	Shot Put	Final
11:25am			Boys U13	Shot Put	Final
Girls U11	Shot Put	Final	Girls U9	Long Jump	Final
Boys U11	Shot Put	Final	Boys U9	Long Jump	Final
Girls U15	High Jump	Final	1:45pm		
Boys U15	High Jump	Final	Boys U11	Javelin	Final
Girls U16	High Jump	Final	Girls U10	High Jump	Final
Boys U16	High Jump	Final	Boys U10	High Jump	Final
Girls U17	High Jump	Final	2:00pm		
Boys U17	High Jump	Final	Girls U9	60m Hurdles	Final
11:50am			Boys U9	60m Hurdles	Final
Girls U14	100m	Heats	Girls U10	60m Hurdles	Final
Boys U14	100m	Heats	Boys U10	60m Hurdles	Final
Girls U13-U14	100m Multi-Class	Final	2:25pm		
Boys U13-U14	100m Multi-Class	Final	Girls U13	200m Hurdles	Final
Girls U9	100m	Heats	Boys U13	200m Hurdles	Final
Boys U9	100m	Heats	Girls U14	200m Hurdles	Final
11:55am			Boys U14	200m Hurdles	Final
Girls U14	Discus	Final	Girls U15	Triple Jump	Final
Boys U14	Discus	Final	Boys U15	Triple Jump	Final
Girls U13-U14	Discus Multi-Class	Final	Girls U16	Triple Jump	Final
Boys U13-U14	Discus Multi-Class	Final	Boys U16	Triple Jump	Final
12:15pm			Girls U17	Triple Jump	Final
Girls U13	100m	Heats	Boys U17	Triple Jump	Final
Boys U13	100m	Heats	Girls U12	Discus	Final
Girls U15	100m	Heats/Final	Boys U12	Discus	Final
Boys U15	100m	Heats/Final	Girls U11-U12	Discus Multi-Class	Final
Girls U16	100m	Heats/Final	Boys U11-U12	Discus Multi-Class	Final
Boys U16	100m	Heats/Final	Girls U14	Javelin	Final
			Boys U14	Javelin	Final
			Girls U13-U14	Javelin Multi-Class	Final
			Boys U13-U14	Javelin Multi-Class	Final

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DRAFT EVENT ORDER

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2:40pm

Girls U15	300m Hurdles	Final
Boys U15	300m Hurdles	Final
Girls U16	300m Hurdles	Final
Boys U16	300m Hurdles	Final
Girls U17	300m Hurdles	Final
Boys U17	300m Hurdles	Final

3:00pm

Girls U11	100m	Final
Boys U11	100m	Final
Girls U9	100m	Final
Boys U9	100m	Final
Girls U13	100m	Final
Boys U13	100m	Final
Girls U10	100m	Final
Boys U10	100m	Final
Girls U12	100m	Final
Boys U12	100m	Final
Girls U14	100m	Final
Boys U14	100m	Final

SUNDAY

8:30am

Girls U13	800m	Final
Boys U13	800m	Final
Girls U11	800m	Final
Boys U11	800m	Final
Girls U15	Long Jump	Final
Boys U15	Long Jump	Final
Girls U16	Long Jump	Final
Boys U16	Long Jump	Final
Girls U17	Long Jump	Final
Boys U17	Long Jump	Final
Girls U15-U17	Long Jump Multi-Class	Final
Boys U15-U17	Long Jump Multi-Class	Final
Girls U12	Shot Put	Final
Boys U12	Shot Put	Final
Girls U11-U12	Shot Put Multi-Class	Final
Boys U11-U12	Shot Put Multi-Class	Final

8:50am

Girls U15	800m	Final
Boys U15	800m	Final
Girls U16	800m	Final
Boys U16	800m	Final
Girls U17	800m	Final
Boys U17	800m	Final
Girls U15-U17	800m Multi-Class	Final
Boys U15-U17	800m Multi-Class	Final
Girls U14	800m	Final
Boys U14	800m	Final
Girls U13-U14	800m Multi-Class	Final
Boys U13-U14	800m Multi-Class	Final

9:00am

Girls U13	High Jump	Final
Boys U13	High Jump	Final
Girls U11	Discus	Final
Boys U11	Discus	Final

9:15am

Girls U9	800m	Final
Boys U9	800m	Final
Girls U10	800m	Final
Boys U10	800m	Final

9:30am

Girls U9-U10	800m Multi-Class	Final
Boys U9-U10	800m Multi-Class	Final
Girls U12	800m	Final
Boys U12	800m	Final
Girls U11-U12	800m Multi-Class	Final
Boys U11-U12	800m Multi-Class	Final
Girls U14	Triple Jump	Final
Boys U14	Triple Jump	Final
Girls U9	Shot Put	Final
Boys U9	Shot Put	Final

10:00am

Boys U17	110m Hurdles	Heats/Final
Girls U17	100m Hurdles	Heats/Final
Boys U16	100m Hurdles	Heats/Final
Boys U15	100m Hurdles	Heats/Final
Girls U16	90m Hurdles	Heats/Final
Girls U15	90m Hurdles	Heats/Final
Boys U14	90m Hurdles	Heats/Final

10:15am

Girls U8	Long Jump	Final
Boys U8	Long Jump	Final

10:25am

Girls U14	80m Hurdles	Heats/Final
Girls U13	80m Hurdles	Heats/Final
Boys U13	80m Hurdles	Heats/Final
Girls U12	80m Hurdles	Heats/Final
Boys U12	80m Hurdles	Heats/Final
Girls U11	80m Hurdles	Heats
Boys U11	80m Hurdles	Heats

11:10am

Girls U10	Discus	Final
Boys U10	Discus	Final
Girls U9-U10	Discus Multi-Class	Final
Boys U9-U10	Discus Multi-Class	Final

11:15am

Girls U7	70m	Final
Boys U7	70m	Final
Girls U8	70m	Final
Boys U8	70m	Final

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11:20m			1:20pm		
Girls U11	High Jump	Final	Girls U7	200m	Final
Boys U11	High Jump	Final	Boys U7	200m	Final
11:30am			Girls U11	200m	Heats
Girls U7	Long Jump	Final	Boys U11	200m	Heats
Boys U7	Long Jump	Final	1:35pm	U7-8 Ribbon Presentation	
11:40m			1:50pm		
Girls U9	70m	Heats	Girls U12	200m	Heats
Boys U9	70m	Heats	Boys U12	200m	Heats
Girls U10	70m	Heats	Girls U11-U12	200m Multi-Class	Final
Boys U10	70m	Heats	Boys U11-U12	200m Multi-Class	Final
12:15pm			Girls U8	200m	Final
Girls U15	200m	Final	Boys U8	200m	Final
Boys U15	200m	Final	2:30pm		
Girls U16	200m	Final	Girls U9	70m	Final
Boys U16	200m	Final	Boys U9	70m	Final
Girls U17	200m	Final	Girls U10	70m	Final
Boys U17	200m	Final	Boys U10	70m	Final
Girls U15-U17	200m Multi-Class	Final	Girls U13	Discus	Final
Boys U15-U17	200m Multi-Class	Final	Boys U13	Discus	Final
12:30pm			Girls U14	Shot Put	Final
Girls U7	Shot Put	Final	Boys U14	Shot Put	Final
Boys U7	Shot Put	Final	Girls U13-U14	Shot Put Multi-Class	Final
Girls U8	Discus	Final	Boys U13-U14	Shot Put Multi-Class	Final
Boys U8	Discus	Final	Girls U12	Triple Jump	Final
12:35pm			Boys U12	Triple Jump	Final
Boys U14	200m	Heats	2:50pm		
Girls U14	200m	Heats	Girls U11	80m Hurdles	Final
Girls U13-U14	200m Multi-Class	Final	Boys U11	80m Hurdles	Final
Boys U13-U14	200m Multi-Class	Final	Girls U12	80m Hurdles	Final
Girls U13	200m	Heats	3:10pm		
Boys U13	200m	Heats	Girls U9	200m	Final
12:55pm			Boys U9	200m	Final
Girls U9	200m	Heats	Girls U10	200m	Final
Boys U9	200m	Heats	Boys U10	200m	Final
Girls U10	200m	Heats	Girls U11	200m	Final
Boys U10	200m	Heats	Boys U11	200m	Final
Girls U9-U10	200m Multi-Class	Final	Girls U12	200m	Final
Boys U9-U10	200m Multi-Class	Final	Boys U12	200m	Final
1:15pm			Boys U14	200m	Final
Girls U14	High Jump	Final	Girls U14	200m	Final
Boys U14	High Jump	Final	3:30pm		
Boys U13	Long Jump	Final	Boys U13	200m	Final
Girls U13	Long Jump	Final	Girls U13	200m	Final

