

# 2026 HART Regional Championships: Downs & South West

## DRAFT EVENT ORDER

*Events times and or order may be altered once nominations have closed*  
**TRACK EVENTS:** *Finals will be run at heat time if there are insufficient athletes to run Heats.*

### SATURDAY

#### 9:00am

Boys U13 1500m	Finals
Girls U13 1500m	Finals
Boys U8 Shot Put	Finals
Girls U8 Shot Put	Finals
Boys U9 High Jump	Finals
Girls U9 High Jump	Finals
Boys U10 Long Jump	Finals
Girls U10 Long Jump	Finals
Boys U9-10 Long Jump Multi-Class	Finals
Girls U9-10 Long Jump Multi-Class	Finals
Boys U11 Javelin	Finals
Girls U11 Javelin	Finals

#### 9:10am

Boys U11 1500m	Finals
Girls U11 1500m	Finals
Boys U12 1500m	Finals
Girls U12 1500m	Finals

#### 9:20am

Boys U14 1500m	Finals
Girls U14 1500m	Finals
Girls U15 1500m	Finals
Boys U15 1500m	Finals
Boys U16 1500m	Finals
Girls U16 1500m	Finals
Girls U17 1500m	Finals
Boys U17 1500m	Finals

#### 9:45am

Boys U8 60m Hurdles	Finals
Girls U8 60m Hurdles	Finals
Boys U9 60m Hurdles	Heats / Finals
Girls U9 60m Hurdles	Heats / Finals
Boys U12 High Jump	Finals
Girls U12 High Jump	Finals
Boys U14 Long Jump	Finals
Girls U14 Long Jump	Finals

#### 10:00am

Boys U10 60m Hurdles	Heats / Finals
Girls U10 60m Hurdles	Heats / Finals
Boys U11 80m Hurdles	Heats / Finals
Girls U11 80m Hurdles	Heats / Finals
Boys U15 Shot Put	Finals
Girls U15 Shot Put	Finals
Boys U16 Shot Put	Finals
Girls U16 Shot Put	Finals
Girls U17 Shot Put	Finals
Boys U17 Shot Put	Finals
Boys U15-17 Shot Put Multi-Class	Finals
Girls U15-17 Shot Put Multi-Class	Finals
Boys U13 Javelin	Finals
Girls U13 Javelin	Finals

#### 10:15am

Boys U12 80m Hurdles	Heats / Finals
Girls U12 80m Hurdles	Heats / Finals

#### 10:25am

Boys U13 80m Hurdles	Heats / Finals
Girls U13 80m Hurdles	Heats / Finals
Girls U14 80m Hurdles	Heats / Finals

#### 10:30am

Boys U11 Long Jump	Finals
Girls U11 Long Jump	Finals

#### 10:40am

Boys U14 90m Hurdles	Heats / Finals
Girls U15 90m Hurdles	Heats / Finals
Girls U16 90m Hurdles	Heats / Finals
Boys U10 Shot Put	Finals
Girls U10 Shot Put	Finals
Boys U9-10 Shot Put Multi-Class	Finals
Girls U9-10 Shot Put Multi-Class	Finals

#### 10:50am

Boys U15 100m Hurdles	Heats / Finals
Boys U16 100m Hurdles	Heats / Finals
Girls U17 100m Hurdles	Heats / Finals
Boys U17 110m Hurdles	Heats / Finals

#### 11:00am

Boys U7 100m	Finals
Girls U7 100m	Finals
Boys U14 100m	Heats / Finals
Girls U14 100m	Heats / Finals
Boys U15 100m	Heats / Finals
Girls U15 100m	Heats / Finals
Boys U16 100m	Heats / Finals
Girls U16 100m	Heats / Finals
Girls U17 100m	Heats / Finals
Boys U17 100m	Heats / Finals
Boys U15-17 100m Multi-Class	Finals
Girls U15-17 100m Multi-Class	Finals
Boys U14 Javelin	Finals
Girls U14 Javelin	Finals
Boys U13-14 Javelin Multi-Class	Finals
Girls U13-14 Javelin Multi-Class	Finals
Boys U15 Triple Jump	Finals
Girls U15 Triple Jump	Finals
Boys U16 Triple Jump	Finals
Girls U16 Triple Jump	Finals
Boys U17 Triple Jump	Finals
Girls U17 Triple Jump	Finals

#### 11:10am

Boys U8 100m	Finals
Girls U8 100m	Finals
Boys U9 100m	Heats / Finals
Girls U9 100m	Heats / Finals
Boys U11 100m	Heats / Finals
Girls U11 100m	Heats / Finals

#### 11:20am

Boys U13 100m	Heats / Finals
Girls U13 100m	Heats / Finals
Girls U13-14 100m Multi-Class	Finals
Boys U13-14 100m Multi-Class	Finals
Boys U12 100m	Heats / Finals
Girls U12 100m	Heats / Finals
Boys U11-12 100m Multi-Class	Finals
Girls U11-12 100m Multi-Class	Finals
Boys U10 100m	Heats / Finals
Girls U10 100m	Heats / Finals
Girls U9-10 100m Multi-Class	Finals
Boys U9-10 100m Multi-Class	Finals

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### 11:45am

Boys U12 Javelin	Finals
Girls U12 Javelin	Finals
Boys U11-12 Javelin Multi-Class	Finals
Girls U11-12 Javelin Multi-Class	Finals
Boys U11 Shot Put	Finals
Girls U11 Shot Put	Finals

### 1:10pm

Boys U15 High Jump	Finals
Girls U15 High Jump	Finals
Girls U16 High Jump	Finals
Boys U16 High Jump	Finals
Girls U17 High Jump	Finals
Boys U17 High Jump	Finals

### 12:00pm

Boys U15 400m	Finals
Girls U15 400m	Finals
Girls U16 400m	Finals
Boys U16 400m	Finals
Boys U17 400m	Finals
Girls U17 400m	Finals
Boys U15-17 400m Multi-Class	Finals
Girls U15-17 400m Multi-Class	Finals
Boys U11 400m	Finals
Girls U11 400m	Finals
Boys U9 400m	Finals
Girls U9 400m	Finals
Boys U14 400m	Finals
Girls U14 400m	Finals
Boys U13-14 400m Multi-Class	Finals
Girls U13-14 400m Multi-Class	Finals
Boys U7 Long Jump	Finals
Girls U7 Long Jump	Finals

### 1:20pm

Boys U12 Long Jump	Finals
Girls U12 Long Jump	Finals
Boys U11-12 Long Jump Multi-Class	Finals
Girls U11-12 Long Jump Multi-Class	Finals

### 1:30pm

Boys U7 Discus 350g	Finals
Girls U7 Discus 350g	Finals

### 2:00pm

Boys U13 Triple Jump	Finals
Girls U13 Triple Jump	Finals

### 2:30pm

Boys U8 Discus	Finals
Girls U8 Discus	Finals
Boys U11 Triple Jump	Finals
Girls U11 Triple Jump	Finals

### 12:15pm

Boys U13 400m	Finals
Girls U13 400m	Finals
Boys U12 400m	Finals
Girls U12 400m	Finals
Boys U11-12 400m Multi-Class	Finals
Girls U11-12 400m Multi-Class	Finals
Boys U10 400m	Finals
Girls U10 400m	Finals
Boys U9-10 400m Multi-Class	Finals
Girls U9-10 400m Multi-Class	Finals

### 12:30pm

Boys U10 High Jump	Finals
Girls U10 High Jump	Finals
Boys U15 Javelin 700g	Finals
Girls U15 Javelin	Finals
Girls U16 Javelin	Finals
Boys U16 Javelin 700g	Finals
Girls U17 Javelin	Finals
Boys U17 Javelin 700g	Finals
Boys U15-17 Javelin Multi-Class	Finals
Girls U15-17 Javelin Multi-Class	Finals



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### SUNDAY

#### 8:30am

Girls U9 700m Walk  
 Boys U9 700m Walk

Finals  
 Finals

#### 9:00am

Girls U10 1100m Walk  
 Boys U10 1100m Walk  
 Girls U11 1100m Walk  
 Boys U11 1100m Walk  
 Boys U9 Long Jump  
 Girls U9 Long Jump  
 Boys U11 High Jump  
 Girls U11 High Jump  
 Boys U10 Discus  
 Girls U10 Discus  
 Boys U9-10 Discus Multi-Class  
 Girls U9-10 Discus Multi-Class

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 9:15am

Boys U12 Shot Put  
 Girls U12 Shot Put  
 Boys U11-12 Shot Put Multi-Class  
 Girls U11-12 Shot Put Multi-Class

Finals  
 Finals  
 Finals  
 Finals

#### 9:30am

Girls U12 1500m Walk  
 Boys U12 1500m Walk  
 Girls U13 1500m Walk  
 Boys U13 1500m Walk  
 Girls U14 1500m Walk  
 Boys U14 1500m Walk  
 Girls U15 1500m Walk  
 Boys U15 1500m Walk  
 Girls U16 1500m Walk  
 Boys U16 1500m Walk  
 Girls U17 1500m Walk  
 Boys U17 1500m Walk

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 9:35am

Boys U7 70m  
 Girls U7 70m  
 Boys U8 70m  
 Girls U8 70m

Finals  
 Finals  
 Finals  
 Finals

#### 9:50am

Boys U9 800m  
 Girls U9 800m  
 Boys U10 800m  
 Girls U10 800m  
 Boys U9-10 800m Multi-Class  
 Girls U9-10 800m Multi-Class  
 Boys U9 Discus  
 Girls U9 Discus  
 Boys U8 Long Jump  
 Girls U8 Long Jump  
 Girls U14 Shot Put  
 Boys U14 Shot Put  
 Boys U13 High Jump  
 Girls U13 High Jump

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 10:00am

Boys U11 800m  
 Girls U11 800m

Finals  
 Finals

#### 10:15am

Boys U12 800m  
 Girls U12 800m  
 Boys U11-12 800m Multi-Class  
 Girls U11-12 800m Multi-Class  
 Boys U13 800m  
 Girls U13 800m

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 10:30am

Boys U14 800m  
 Girls U14 800m  
 Boys U13-14 800m Multi-Class  
 Girls U13-14 800m Multi-Class  
 Girls U15 800m  
 Boys U15 800m  
 Boys U16 800m  
 Girls U16 800m  
 Girls U17 800m  
 Boys U17 800m  
 Boys U15-17 800m Multi-Class  
 Girls U15-17 800m Multi-Class  
 Boys U9 Shot Put  
 Girls U9 Shot Put

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 10:45am

Boys U15 300m Hurdles  
 Girls U15 300m Hurdles  
 Girls U16 300m Hurdles  
 Boys U16 300m Hurdles  
 Girls U17 300m Hurdles  
 Boys U17 300m Hurdles

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 11:00am

Girls U13 200m Hurdles  
 Boys U13 200m Hurdles  
 Boys U14 200m Hurdles  
 Girls U14 200m Hurdles  
 Boys U12 Discus  
 Girls U12 Discus  
 Boys U11-12 Discus Multi-Class  
 Girls U11-12 Discus Multi-Class  
 Boys U15 Long Jump  
 Girls U15 Long Jump  
 Boys U16 Long Jump  
 Girls U16 Long Jump  
 Boys U17 Long Jump  
 Girls U17 Long Jump  
 Boys U15-17 Long Jump Multi-Class  
 Girls U15-17 Long Jump Multi-Class

Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals  
 Finals

#### 11:15am

Boys U14 High Jump  
 Girls U14 High Jump

Finals  
 Finals

#### 11:20am

Boys U9 70m  
 Girls U9 70m  
 Boys U10 70m  
 Girls U10 70m

Heats / Finals  
 Heats / Finals  
 Heats / Finals  
 Heats / Finals

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### 11:45am

Boys U7 200m	Finals
Girls U7 200m	Finals
Boys U8 200m	Finals
Girls U8 200m	Finals
Boys U9 200m	Heats / Finals
Girls U9 200m	Heats / Finals
Boys U14 200m	Heats / Finals
Girls U14 200m	Heats / Finals
Boys U13 Shot Put	Finals
Girls U13 Shot Put	Finals
Boys U13-14 Shot Put Multi-Class	Finals
Girls U13-14 Shot Put Multi-Class	Finals

### 12:00pm

Boys U11 Discus	Finals
Girls U11 Discus	Finals
Boys U13 Long Jump	Finals
Girls U13 Long Jump	Finals
Boys U13-14 Long Jump Multi-Class	Finals
Girls U13-14 Long Jump Multi-Class	Finals

### 12:15pm

Boys U17 200m	Heats / Finals
Girls U17 200m	Heats / Finals
Boys U16 200m	Heats / Finals
Girls U16 200m	Heats / Finals
Boys U15 200m	Heats / Finals
Girls U15 200m	Heats / Finals
Girls U15-17 200m Multi-Class	Finals
Boys U15-17 200m Multi-Class	Finals
Boys U13 200m	Heats / Finals
Girls U13 200m	Heats / Finals
Boys U12 200m	Heats / Finals
Girls U12 200m	Heats / Finals
Boys U13-14 200m Multi-Class	Finals
Girls U13-14 200m Multi-Class	Finals
Boys U11 200m	Heats / Finals
Girls U11 200m	Heats / Finals
Boys U11-12 200m Multi-Class	Finals
Girls U11-12 200m Multi-Class	Finals
Boys U10 200m	Heats / Finals
Girls U10 200m	Heats / Finals
Boys U9-10 200m Multi-Class	Finals
Girls U9-10 200m Multi-Class	Finals

### 12:45pm

Boys U7 Shot Put	Finals
Girls U7 Shot Put	Finals
Boys U14 Discus	Finals
Girls U14 Discus	Finals

### 1:30pm

70m	Finals if required
Boys U13 Discus	Finals
Girls U13 Discus	Finals
Boys U13-14 Discus Multi-Class	Finals
Girls U13-14 Discus Multi-Class	Finals
Boys U12 Triple Jump	Finals
Girls U12 Triple Jump	Finals

### 2:00pm

200m	Finals if required
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### 2:10pm

Boys U15 Discus	Finals
Girls U15 Discus	Finals
Boys U16 Discus	Finals
Girls U16 Discus	Finals
Girls U17 Discus	Finals
Boys U17 Discus	Finals
Boys U15-17 Discus Multi-Class	Finals
Girls U15-17 Discus Multi-Class	Finals
Boys U14 Triple Jump	Finals
Girls U14 Triple Jump	Finals

