

INFORMATION FOR ATHLETES & PARENTS



Arrival

When Athletes arrive at the venue, there is no need to mark their name off with LAQ. Please find your Centre's Team Manager and advise them of your arrival.

As program times may be brought forward up to 30 minutes, we recommend athletes arrive at the grounds at least 60 minutes prior to the program time.

Event Calls

There will only be ONE call announcement per event or event block.

Calls are made approximately between 20 - 25 minutes before the event start time to allow for registration and possible practice at the event.

For Track events, athletes are to marshal in the Call Room located at the start of the 100m. Once athletes have left the Call Room, any athlete who has not reported to Call Room will be declared a non starter for that event.

For Field events, athletes are to marshal directly to the relevant events as soon as possible once the first call has been made. Athletes entering and leaving the competition arena for field events may only do so without interfering with track events.

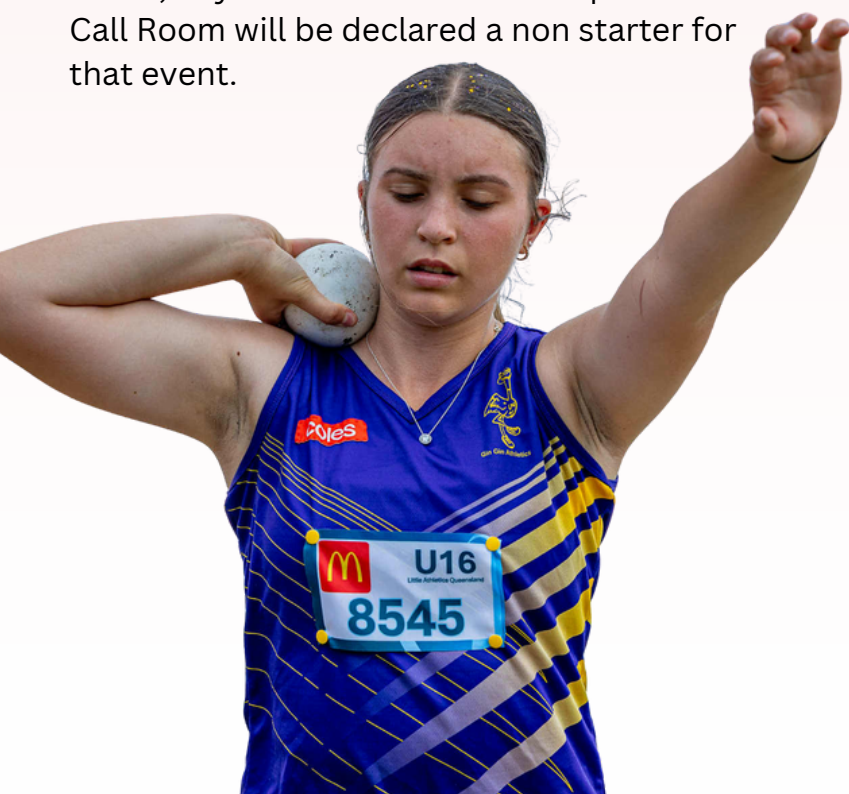
It is very important that athletes marshal as soon as a call is made. However, if an athlete is competing in events that may clash, the event Chief and Call Room officials must be advised by the athlete, Team Manager or parent so the Officials can manage and escort the athletes to the event at the appropriate time. Parents and coaches are not to enter the Call Room unless advising the Call Room Chief of a withdrawal or clash.

Equipment Check-In

Athletes U13-17 age groups wishing to use their own throwing implements must check-in equipment at least 1 hour prior to the event start time. Equipment can be checked in with the Technical Officials at the equipment shed at the Coles end of the track.

Medals

Athletes placing 1st - 3rd will receive medals at the field events and from the tent located inside the arena at the finish line end for track events. A dias will be set up for photos.



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Tents

Can be setup on the hill adjacent the back straight (be sure to bring pegs/weights); or take a seat in the 500 capacity grandstand on the front straight

Cancellation

Events at this Carnival will only be postponed or cancelled due to extreme weather conditions. Decisions will be made on the day of competition and updates will be posted on the LAQ website and Facebook page.

Photographer

Jo from Jo Harlow Photography will be the official photographer during this competition. Photos taken during the competition will be made available a week following the Summer Carnival. The link to all photos will be posted on the LAQ Facebook page once they are ready to view.

Registration Bibs

Athletes who have not received their current season registration bib must report to the tent on the western side of Control Room (McDonald's end of the arena – opposite the finish line) at least 45 minutes before their first event to collect a temporary registration bib. This bib is valid only for this competition. Please remember to bring safety pins and ensure the age patch is removed.

Gift Race

The first placed athletes in the 100m U9 – U17 age groups are offered an opportunity to compete in a handicapped race using starting distances calculated on each competing athlete's 100m times.

Canteen

A Canteen will be in operation offering food and beverages throughout the competition. Cash and EFTPOS payments will be accepted.

