

8:30am

U14 Girls	1500m
U14 Boys	1500m
U13 Girls	1500m
U13 Boys	1500m
U9 Girls	High Jump
U9 Boys	High Jump
U15 Girls	Long Jump
U15 Boys	Long Jump
U16 Girls	Javelin
U16 Boys	Javelin
U17 Girls	Javelin
U17 Boys	Javelin

9:00am

U12 Girls	1500m
U12 Boys	1500m
U11 Girls	1500m
U11 Boys	1500m

9:10am

U14 Girls	Javelin
U14 Boys	Javelin

9:25am

U13 Girls	Long Jump
U13 Boys	Long Jump

9:30am

U15 Girls	1500m
U15 Boys	1500m
U16 Girls	1500m
U16 Boys	1500m
U17 Girls	1500m
U17 Boys	1500m
U12 Girls	Shot Put
U12 Boys	Shot Put

9:50am

U10 Girls	70m
U10 Boys	70m
U11 Girls	Javelin
U11 Boys	Javelin

10:10am

U9 Girls	70m
U9 Boys	70m

10:20am

U10 Girls	High Jump
U10 Boys	High Jump
U16 Girls	Triple Jump
U16 Boys	Triple Jump
U17 Girls	Triple Jump
U17 Boys	Triple Jump

10:30am

U15 Girls	200m
U15 Boys	200m
U12 Girls	200m
U12 Boys	200m

10:40am

U14 Girls	Shot Put
U14 Boys	Shot Put

10:50am

U11-12 Girls MC	Javelin
U11-12 Boys MC	Javelin
U13-14 Girls MC	Javelin
U13-14 Boys MC	Javelin
U15-17 Girls MC	Javelin
U15-17 Boys MC	Javelin

10:55am

U9 Girls	200m
U9 Boys	200m

11:10am

U11 Girls	200m
U11 Boys	200m
U16 Girls	200m
U16 Boys	200m

11:15am

U12 Girls	Javelin
U12 Boys	Javelin

11:25am

U9 Girls	Long Jump
U9 Boys	Long Jump

11:35am

U17 Girls	200m
U17 Boys	200m
U9-10 Girls MC	200m
U9-10 Boys MC	200m
U11-12 Girls MC	200m
U11-12 Boys MC	200m
U13-14 Girls MC	200m
U13-14 Boys MC	200m
U15-17 Girls MC	200m
U15-17 Boys MC	200m

11:45am

U13 Girls	200m
U13 Boys	200m
U14 Girls	200m
U14 Boys	200m

11:50am

U11 Girls Shot Put
 U11 Boys Shot Put

12:10am

U10 Girls 200m
 U10 Boys 200m

12:20pm

U15 Girls Discus
 U15 Boys Discus

12:25pm

U12 Girls High Jump
 U12 Boys High Jump

12:30pm

U13 Girls Triple Jump
 U13 Boys Triple Jump

12:40pm

U17 Boys 110m Hurdles
 U17 Girls 100m Hurdles
 U16 Boys 100m Hurdles
 U15 Boys 100m Hurdles
 U16 Girls 90m Hurdles
 U15 Girls 90m Hurdles
 U14 Boys 90m Hurdles

12:45pm

U10 Girls Discus
 U10 Boys Discus

1:00pm

U9-10 Girls MC Shot Put
 U9-10 Boys MC Shot Put
 U11-12 Girls MC Shot Put
 U11-12 Boys MC Shot Put
 U13-14 Girls MC Shot Put
 U13-14 Boys MC Shot Put
 U15-17 Girls MC Shot Put
 U15-17 Boys MC Shot Put

1:05pm

U14 Girls 80m Hurdles
 U13 Boys 80m Hurdles
 U13 Girls 80m Hurdles

1:15pm

U14 Girls Triple Jump
 U14 Boys Triple Jump

1:20pm

U12 Girls 80m Hurdles
 U12 Boys 80m Hurdles
 U11 Girls 80m Hurdles
 U11 Boys 80m Hurdles

1:35pm

U16 Girls Shot Put
 U16 Boys Shot Put
 U17 Girls Shot Put
 U17 Boys Shot Put

1:40pm

U11 Girls High Jump
 U11 Boys High Jump

1:50pm

U10 Girls 60m Hurdles
 U10 Boys 60m Hurdles
 U9 Girls 60m Hurdles
 U9 Boys 60m Hurdles

1:55pm

U15 Girls Triple Jump
 U15 Boys Triple Jump

2:05pm

U13 Girls Discus
 U13 Boys Discus