



CALOUNDRA LITTLE ATHLETICS OPEN DAY - NOMINATION FORM

HELD ON SATURDAY 29th NOVEMBER 2025

Multi Class Athletes

CLAC values the importance of promoting athletics as an inclusive sport and this year have adapted our carnival to allow all ability age groups. Please advise at time of nomination your preference to either compete in your age group under your classification or to compete in the allocated multi class event.

	70m	100m	200m	400m	800m	1500m	700w	1100w	1500w	HJ	LJ	TJ	DIS	JAV	SP
U6															
U7															
U8															
U9															
U10															
U11															
U12															
U13															
U14															
U15															
U16															
U17															
OPEN															
MASTERS															
M/Class(A) U9 to U17															

High Jump Starting Heights:

U9 - 0.80
U10 - 0.90
U11 - 1.00
U12 - 1.10
U13 - 1.20
U14 - 1.25
U15 - 1.30
U16+ - 1.35

U9 to U17 including Multi-Class \$25 Flat Fee: maximum of FIVE (5) events.

U6 to U8 \$20 Flat Fee: maximum of FOUR (4) events

Open (17 to 29) / Masters (30+): \$5 per event please provide QA (National) registration number: _____

Registering with QA - \$12 "no-club" registration here <https://www.revolutionise.com.au/qldathleticsbase/registration/>

Name: _____ Date of Birth _____ M / F ____ Age Group _____ Rego # _____

Multi-Class Athlete Classification (T/F) : _____ Athlete Assistant: _____

U9 to U17 Must be a LAQ Member and provide a classification number. Grass field cannot accommodate non-ambulatory Multi-Class.

Phone _____ Email _____ Club _____

Preferred method of registration and payment is through the on-line portal, **alternative method for Multi-Class or Open athletes is via email to clac4551@gmail.com**

Direct deposit to Bendigo Bank, Caloundra Branch Little Athletics BSB: 633-000, Account: 137566147. Please use athletes name and rego number for banking references.

NOMINATIONS CLOSE: 5pm 22nd November 2025

ON DAY AND LATE NOMINATION – We are unable to accept late track and field nominations

CANCELLATION POLICY: Alternative Date: TBC. Cancellation will be notified by the Caloundra Little Athletics website and Facebook.

Please Note: As this is a fun day – the event judges' decision will be final, and no protests will be entered. LAQ Footwear and spikes rules will be enforced: Refer LAQ website