CENTRE USE ONLY | NOMINATION FORM FOR LAQ REGIONAL RELAYS

This nomination form may be copied for nominating purposes and returning to your affiliated Centre. Check with your Centre Committee for the closing date.

Dark shaded boxes indicate events which ARE NOT available to that age group as a team event Light shades boxes (U7 & U8s) Please check if offered by Region	Nomination fees: \$6.00 per event											
	EVENTS	U7s	U8s	U9s	U10s	U11s	U12s	U13s	U14s	U15s	U16s	U17s
	4 x 70m											
	4 x 100m											
	4 x Swedish											
	4 x Distance											
	Long Jump											
	High Jump											
	Discus											
Dar	Shot Put											
Surname	Contact ph./email:											
irst Name				G U/_	Reg	go No		No Events			_ Fees \$	
irst Name				G U/_	Reg	go No		No Events			Fees \$	
irst Name				G U/_	Reg	go No	No No		No Events		Fees \$	
Centre use only			Re	ceipt No:			Amou	Amount received:				

CENTRE USE ONLY | NOMINATION FORM FOR LAQ REGIONAL RELAYS

This nomination form may be copied for nominating purposes and returning to your affiliated Centre. Check with your Centre Committee for the closing date.

Committee f	or the closing da	ite.												
ЮТ	Nomination fees: \$6.00 per event													
Dark shaded boxes indicate events which ARE NOT available to that age group as a team event Light shades boxes (U7 & U8s)	EVENTS	U7s	U8s	U9s	U10s	U11s	U12s	U13s	U14s	U15s	U16s	U17s		
	4 x 70m													
	4 x 100m													
	4 x Swedish													
	4 x Distance													
	Long Jump													
	High Jump													
	Discus													
	Shot Put													
Surname	Surname Contact ph./email:													
First Name			B/	G U/_	Reg	go No No			No Events					
First Name	ne			G U/_	Reg	go No No E			vents		Fees \$			
First Name				B/G U/ Rego No				No Events			Fees \$			
Centre use only			Re	ceipt No:_				Amou	Amount received:					