

# Redlands Athletics Carnival, Sunday 19<sup>th</sup> October 2025

Redlands Athletics invites you, your family and supporters to our 2025 Club Carnival.

We are once again being hosted by Sheldon College on their World Athletics rated tartan track providing ideal preparation for your Regional Championships.



***U6-U8 Athletes - \$30.00 – maximum 4 events.***

***U9-U14 Athletes - \$30.00 - maximum 5 events***

***U15-U17 Athletes - \$30 – maximum 4 events***

***Nominations close 9am Monday 13<sup>th</sup> October 2025.***

***No late nominations will be accepted.***

***Participation medals for U6 - U8 athletes  
only. Medals for all placegetters U9 - U17.***

***Age category in accordance with LAQ age group policy.***

***Athletes must compete in their LAQ age groups and club uniform.***

***Standard LAQ Footwear, SunSmart, Smoking and Alcohol policies apply.***

***No pets allowed at the venue.***

***Standard LAQ Competition Rules will be in use at this event.***

***No refund policy applies unless event cancelled due to adverse weather,  
or any other reason outside of the club's control.***



**Carnival Start Time - 8:00am**  
**Athletes for all track events must report to our Call Room 20 minutes prior to the advertised start time.**

**Field event athletes proceed directly to their designated event location.**

**Private implements are not permitted.**

### 2025 REDLANDS CARNIVAL PROGRAM

U6	8.00 am		8.30 am		9.30 am		10.30 am							Selection of 4 events
	Shot put		100		Long Jump		70							
U7	8.00 am		8.30 am		9.30 am		10.30 am		11.30 am					Selection of 4 events
	Long Jump		100		70		Shot put		200					
U8	8.00 am		8.30 am		9.30 am		10.30 am		11.30 am					Selection of 4 events
	100		Shot put		70		Long jump		200					
U9	8.00 am	8.30 am	8.30 am		9.15 am		10.30 am		11.30 am	12.30 pm		1.30 pm	2.30 pm	Selection of 5 events
	100 ( H )	100 ( F )	Discus		High jump		800		200	200 ( F )		60m Hurdles	60 H ( F )	
U10	8.00 am	8.30 am	8.30 am		9.15 am		10.30 am		11.30 am	12.30 pm		1.30 pm	2.30 pm	Selection of 5 events
	100 ( H )	100 ( F )	Shot put		High jump		800		200	200 ( F )		60m Hurdles	60 H ( F )	
U11	8.00 am		8.30 am	9.00 am	9.15 am		10.00 am		11.30 am	12.30 pm	1.00 pm	1.30 pm	2.30 pm	Selection of 5 events
	Shot put		100 ( H )	100 ( F )	High jump		Discus		200	200 ( F )	800	80m Hurdles	60 H ( F )	
U12	8.30 am		9.00 am	9.00 am	9.15 am		11.00 am	12.00 pm	11.30 am			1.30 pm	2.30 pm	Selection of 5 events
	800		100 ( H )	100 ( F )	Long Jump		200 ( H )	200 ( F )	Shot put			80m Hurdles	60 H ( F )	
U13	8.30 am		9.00 am		9.30am	10.00 am	11.00 am	12.00 pm	11.30 am			1.30 pm	2.30 pm	Selection of 5 events
	800		Discus		100 ( H )	100 ( F )	200 ( H )	200 ( F )	High Jump			80m Hurdles	60 H ( F )	
U14	8.30 am		9.00 am		10.00 am	10.30 am	11.00 am	12.00 pm	11.30 am			1.30 pm	2.30 pm	Selection of 5 events
	800		Shot put		100 ( H )	100 ( F )	200 ( H )	200 ( F )	Long jump			Girls 80m Hurdles / Boys 90m Hurdles	60 H ( F )	
U15	8.00 am		8.30 am		9.30am	10.00 am	11.00 am					2.00 pm	3.00 pm	Selection of 4 events
	800		High Jump		100 ( H )	100 ( F )	Shot put					Girls 90m Hurdles / Boys 100 m Hurdles	90H / 100H ( F )	
U16	800		8.30 am		9.30am	10.00 am	11.00 am					2.00 pm	3.00 pm	Selection of 4 events
	800		High Jump		100 ( H )	100 ( F )	Discus					Girls 90m Hurdles / Boys 100 m Hurdles	90H / 100H ( F )	
U17	8.00 am		8.30 am		9.30am	10.00 am	11.00 am					2.00 pm	3.00 pm	Selection of 4 events
	800		High Jump		100 ( H )	100 ( F )	Shot put					Girls 100m Hurdles / Boys 110 m Hurdles	100H / 110H ( F )	
R/Walkers						10.00 am	11.00 am							
						60	100							

# Carnival Rules

## TRACK

All track events are timed finals

## FIELD

30 second rule applies to all field events

## DISCUS, SHOT & LONG JUMPS

3 trials per athlete

All events straight finals

No top 8

## HIGH JUMP

Maximum 3 consecutive misses OR 4 misses in total

Starting heights: U9 60cm, U10 70cm, U11 80cm, U13 100cm & U15 above 120cm

Increments: 5cm, 5cm, 5cm then 3cm

## MEDALS

U9 - U17 - medals for all placegetters

U6-U8 participation medal only

Enquiries: [info@redlandsathletics.org.au](mailto:info@redlandsathletics.org.au) or our Event Facebook Page



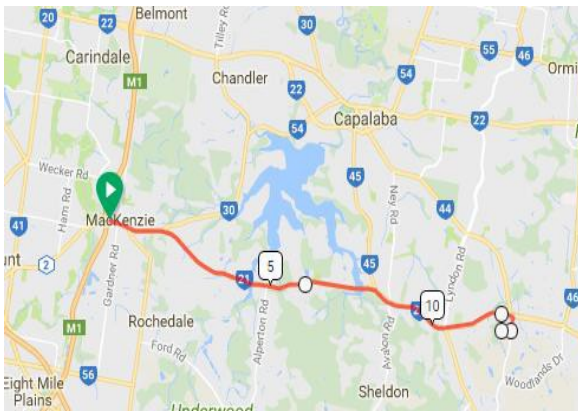
## How to find us



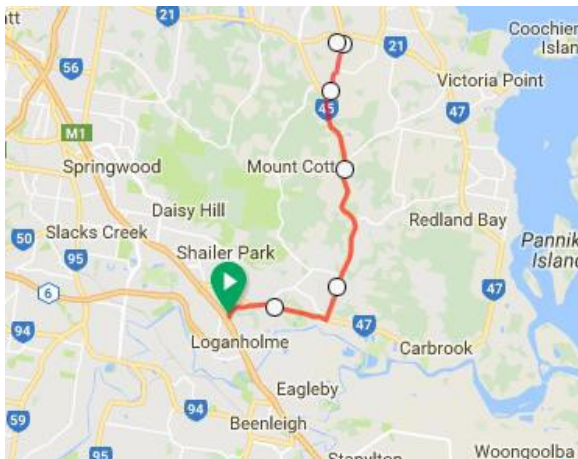
**Sheldon College is located on Taylor Road, Sheldon.**

**When entering the College please use Gate 1 to access the main carpark and overflow carpark.**

**The athletics track is a short walk on sealed surfaces.**



**Coming from the North. Exit M1 at Mt Gravatt / Capalaba Road, follow signs to Victoria Point, turn right at roundabout into Taylor Road.**



**Coming from the South...Exit M1 at Cleveland Beenleigh Redland Bay Road, turn left into Mt Cotton Road, right into Woodlands Drive then left in Taylor Road.**



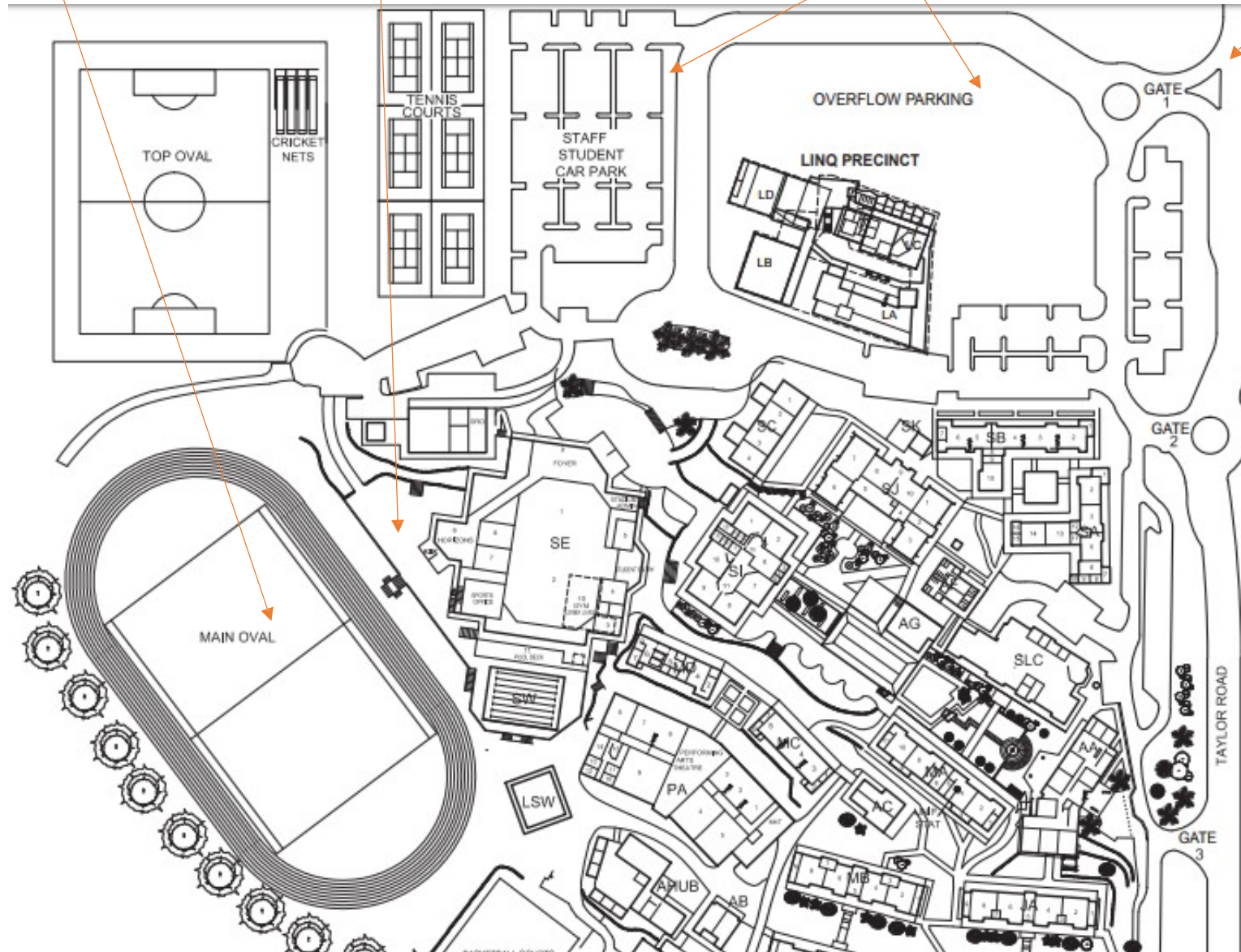
# School Map

Track & Facilities

Canteen / Raised Viewing Area

Parking Here

Parking Entrance (Gate 1)



# Event Location Map

Boys Discus – On Top Oval

Girls Shot Put

Girls High Jump

Girls Discus

1500m Start

Patron Tents Permitted

Boys Shot

200m Start

First Aid

Finish Line Tent

Canteen / BBQ

Toilets

Medal Presentation

Call Room – Track Only

100m Start

Boys High Jump

B&G Long Jump

