

COLES SUMMER CARNIVAL (Series 1) ~ EVENTS TABLE

This competition is only open to registered athletes.
Maximum of three (3) events at each series

Nomination fees: U9 – U17: \$22.50 / per athlete / Series
Nomination fees will not be refunded

U9s	70m	200m		60mH	^ High Jump	Long Jump				
U10s	70m	200m		60mH	^ High Jump			Discus		
MULTI-CLASS U9-U10		200m								Shot Put
U11s		200m	1500m	80mH	High Jump				Javelin	Shot Put
U12s		200m	1500m	80mH	High Jump				Javelin	Shot Put
MULTI-CLASS U11-U12		200m							*Javelin	Shot Put
U13s		200m	1500m	80mH		Long Jump	Triple Jump	Discus		
U14s		200m	1500m	80/90mH			Triple Jump		Javelin	Shot Put
MULTI-CLASS U13-U14		200m							*Javelin	Shot Put
U15s		200m	1500m	90/100mH		Long Jump	Triple Jump	Discus		
U16s		200m	1500m	90/100mH			Triple Jump		Javelin	Shot Put
U17s		200m	1500m	100/110mH			Triple Jump		Javelin	Shot Put
MULTI-CLASS U15-U17		200m							*Javelin	Shot Put
										* Ambulant Only ^Scissors only

For High Jump at these Carnivals, **a)** athletes will only be allowed a total of four (4) failures before being excluded from further competition in that event **b)** each athlete shall have up to three attempts to clear a height **c)** however, if an athlete misses three (3) consecutive attempts, they are also out of the competition.

All athletes must wear the approved Centre Uniform and abide by the Uniform Policy, and Foot wear rules. Needle / pin spikes are prohibited on synthetic tracks at LAQ Competitions.

For more information refer to the Competition Rules and Regulations Handbook.