

**8:30am**

Girls U9 Swedish  
Boys U9 Swedish  
MGF U11 Discus  
MGF U12 Discus  
Girls U13 High Jump  
Boys U13 High Jump  
Girls U15 Long Jump  
Boys U15 Long Jump  
MGF U15 Long Jump  
MGF U16 Shot Put  
MGF U17 Shot Put

**9:00am**

Girls U10 Swedish  
Boys U10 Swedish

**9:20am**

Girls U14 Shot Put  
Boys U14 Shot Put

**9:25am**

Girls U16 Discus  
Boys U16 Discus

**9:30am**

CAT U9-10 Swedish

**9:40am**

Girls U11 Long Jump  
Boys U11 Long Jump  
MGF U11 Long Jump  
Girls U12 High Jump  
Boys U12 High Jump

**9:45am**

Girls U17 Swedish  
Boys U17 Swedish

**10:00am**

Girls U15 Swedish  
Boys U15 Swedish

**10:05am**

MGF U9 Shot Put

**10:20am**

Girls U13 Discus  
Boys U13 Discus

**10:25am**

Girls U16 Swedish  
Boys U16 Swedish

**10:45am**

Girls U10 Long Jump  
Boys U10 Long Jump  
MGF U10 Long Jump

**10:50am**

Girls U14 Swedish  
Boys U14 Swedish  
Girls U9 High Jump  
Boys U9 High Jump

**11:15am**

Girls U11 Discus  
Boys U11 Discus

**11:20am**

CAT U14-17 Swedish  
MGF U13 Shot Put

**11:45am**

Girls U12 Long Jump  
Boys U12 Long Jump  
MGF U12 Long Jump

**11:50am**

Girls U15-17 Swedish Region Teams  
Boys U15-17 Swedish Region Teams

**12:00pm**

Girls U10 High Jump  
Boys U10 High Jump

**12:15pm**

Girls U13 4x100m Relay  
Boys U13 4x100m Relay

**12:20pm**

Girls U16 Shot Put  
Boys U16 Shot Put  
Girls U17 Discus  
Boys U17 Discus

**12:40pm**

Girls U11 4x100m Relay  
Boys U11 4x100m Relay

**12:50pm**

MGF MC U9-12 Long Jump  
MGF MC U13-17 Long Jump

**1:05pm**

Girls U12 4x100m Relay  
Boys U12 4x100m Relay

**1:10pm**

MGF U10 Shot Put  
Girls U14 High Jump  
Boys U14 High Jump

**1:15pm**

Girls U9 Discus  
Boys U9 Discus

**1:30pm**

CAT U11-13 4x100m Relay

**1:40pm**

Girls U15-17 4x100m Relay Region Teams  
Boys U15-17 4x100m Relay Region Teams

**1:55pm**

CAT MC U9-12 2x100m Relay  
CAT MC U13-17 2x100m Relay  
Girls U16 Long Jump  
Boys U16 Long Jump  
MGF U16 Long Jump

**2:00pm**

Girls U17 Shot Put  
Boys U17 Shot Put

**2:10pm**

Girls U10 4x100m Relay  
Boys U10 4x100m Relay  
Girls U15 Discus  
Boys U15 Discus

**2:20pm**

MGF U12 High Jump  
MGF U13 High Jump

**2:35pm**

Girls U9 4x100m Relay  
Boys U9 4x100m Relay

**2:55pm**

Girls U11 Shot Put  
Boys U11 Shot Put  
Girls U14 Long Jump  
Boys U14 Long Jump  
MGF U14 Long Jump

**3:00pm**

CAT U9-10 4x100m Relay

**3:05pm**

MGF U15 Discus  
MGF MC U9-12 Discus  
MGF MC U13-17 Discus

**3:15pm**

Girls U17 4x100m Relay  
Boys U17 4x100m Relay

**3:30pm**

Girls U16 4x100m Relay  
Boys U16 4x100m Relay  
MGF U9 High Jump  
MGF U10 High Jump

**3:45pm**

Girls U13 Shot Put  
Boys U13 Shot Put

**3:55pm**

Girls U15 4x100m Relay  
Boys U15 4x100m Relay

**4:00pm**

Girls U12 Discus  
Boys U12 Discus

**4:20pm**

Girls U14 4x100m Relay  
Boys U14 4x100m Relay

**4:40pm**

CAT U14-17 4x100m Relay

**4:50pm**

MGF U11 Shot Put  
MGF U14 Shot Put

**5:05pm**

Girls U13 Distance  
Boys U13 Distance  
Girls U15 High Jump  
Boys U15 High Jump  
MGF U9 Discus  
MGF U16 Discus  
Girls U17 Long Jump  
Boys U17 Long Jump  
MGF U17 Long Jump

**5:40pm**

Girls U10 Shot Put  
Boys U10 Shot Put

**5:45pm**

Girls U12 Distance  
Boys U12 Distance

**6:05pm**

MGF U13 Discus  
MGF U17 Discus

**6:15pm**

MGF U14 High Jump  
MGF U15 High Jump

**6:25pm**

Girls U11 Distance  
Boys U11 Distance

**6:30pm**

Girls U9 Shot Put  
Boys U9 Shot Put

**7:05pm**

CAT U11-13 Distance

