
***Association Awards for
Athletes, Adults & Centres***



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CLOSING DATES

NB. A copy of the minutes of the Centre committee meeting where the nomination was endorsed **MUST** accompany **ALL** nominations.

ATHLETES

Award	Closing Date	Details
Graduation Certificate	No specific closing date	Nomination form enclosed
Ten Year Athlete Participation Award	No specific closing date	Nomination form enclosed
George Harvey Award Leadership Award	Wednesday 6 th March 2024	Nomination form enclosed. Announced / presented at State Championships
Most Improved Athlete Award	Wednesday 6 th March 2024	Nomination form enclosed. Announced / presented at State Championships

ADULTS

Life Membership	Friday 19 th April 2024	Nomination form enclosed. Announced / presented at LAQ Annual General Meeting <u>if awarded</u>
Frank Knight Memorial Coach of the Year	Friday 19 th April 2024	Nomination form enclosed. Announced / presented at LAQ Annual Conference
Distinguished Merit Award	Friday 19 th April 2024	Nomination form enclosed. Announced / presented at LAQ Annual Conference
Merit Award	Friday 19 th April 2024	Nomination form enclosed. Announced / presented at LAQ Annual Conference
Honour Certificate	No specific closing date	Nomination form enclosed
10, 15, 20, 25, 30, 35, 40 Year Service Award	No specific closing date	Nomination form enclosed
Volunteer of the Year	Friday 19 th April 2024	Nomination form enclosed. Nomination to be based on the current season only. Announced / presented at LAQ Annual Conference.
Alison Quirke Official of the Year	No specific closing date	Winner is selected by the Board of Directors, upon recommendation from the LAQ Officials Committee
Officials Merit Award	Friday 19 th April 2024	Nomination form enclosed. Announced / presented at LAQ Annual Conference.

CENTRE AWARDS

Centre Innovation Award	Friday 19 th April 2024	Award open to all Summer & Winter Centres
Highest Re-registration % (All Centres)	Chosen by the Association	Based on registration figures at the end of the current season. Announced / presented at the LAQ Annual Conference
Highest Registration Increase (All Centres)	Chosen by the Association	Based on registration figures at the end of the current season. Announced / presented at the LAQ Annual Conference

U15 & U17 GRADUATION CERTIFICATE FORM

If there is more than one athlete all details can be included on the same form
Centre's may apply for Graduation Certificates for athletes in the U15 or U17 age groups

CENTRE:

ATHLETE/S NAMES:
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CENTRE MANAGER NAME

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DATE

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DATE CERTIFICATE/S REQUIRED BY

Office Use Only: Date Received : _____ Date sent to Centre: _____

10 YEAR ATHLETE PARTICIPATION AWARD

The nominee must have had a minimum of ten (10) years participation at a Qld Little Athletics Centre during which time they have demonstrated the desire to foster the aims of Little Athletics within the Centre and the Community. Should you have an athlete who has been involved with another Little Athletics Centre in Queensland, that involvement can form part of the minimum required 10 years.

The nominee should have shown a level of commitment to their Centre as an athlete and may have been involved on the Centre Committee and assisted at other levels of the Centre (eg officiating / coaching / administration). Involvement at another centre would count towards the mandatory ten years.

A recommendation must be passed by a resolution of the Centre Committee which is duly recorded in the Centre minutes.

Centres may like to announce the awards at their AGM / Break up. Badges will be available on application.

There is no specific closing date.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

TEN YEAR ATHLETE PARTICIPATION AWARD

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

If there is more than one nominee all details can be included on the same form

CENTRE

NOMINEE
(Name and Number of Years Service)

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CENTRE MANAGER (Signed)

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SECRETARY (Signed)

.....
(Date signed)

..... **DATE BADGE /S REQUIRED BY**

Office Use Only: Minutes Received with Nomination:	<input type="checkbox"/>	Date : _____
Date sent to Centre: _____		Initials: _____

GEORGE HARVEY LEADERSHIP AWARD

The Award

The Board of Management decided in 1992 to honour the hard work and dedication of George Harvey, the Association's first Life Member (1984). George is considered by many as the patriarch of Little Athletics in Queensland. He first became involved in 1975 and after gaining considerable experience at Centre Level moved onto the Queensland State Board of Management, serving as President from 1979 to 1989 and becoming a principal driving force behind the Association during its formative years. In 1989 he stepped down from that position to take on Presidency of the Australian Little Athletics Union, a position he held until April 1994. He was Chief Executive Officer of the QLAA from July 1993 until May 1996. In April 1996, he was honoured with the award of Life Membership of Australian Little Athletics.

The George Harvey Award is presented each year to one girl and one boy who best demonstrate they embrace the ideals of Little Athletics. The criteria encompasses those attributes George himself believes are important not only in Little Athletics but also to any individual's growth and development.

The Athlete

Eligibility for the award will **not** be restricted by athletic ability as demonstrated on the track and in the field. The athletes selected will have been regular attendees of Centre and Regional competitions and will have displayed a willingness to participate in the full range of Little Athletics events. They will have been involved in Little Athletics for a minimum of 5 years and will currently be in the U15 - U17 Age Groups.

Required Attributes

LEADERSHIP:	Provides an example to others and shows a desire to assist in the development of skills in others.
RESPECT:	Is always courteous, shows regard for fellow athletes and officials and accepts the judges' decisions.
PERSERVERENCE:	Performs with determination to attain personal goals even if difficulties and setbacks are encountered.
SPORTSMANSHIP:	Abides by a code of fair play and is gracious in victory and defeat.
ENTHUSIASM:	Irrespective of ability, displays a keenness to become involved in all activities.
FINALLY:	The athlete should have been an ambassador for little athletics, proud of his/her involvement in the sport and have promoted it amongst his/her peers.

Nominations per Centre

There can only be one girl and one boy nomination per Centre.

Nominations to be sent to info@laq.org.au

Nominations for the Award will close on Wednesday 6th March 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

PLEASE NOTE THIS AWARD IS OPEN TO UNDER 15 - UNDER 17 ATHLETES ONLY

CENTRE:

NOMINEE: **UNDER:**

- Number of years involved with Little Athletics (**NOTE:** minimum of 5 years)
.....
- Number of **Centre** meets attended in past 3 years
..... out of meetings conducted
- Attended all Regional Relay and Regional Championships over the past 3 years
YES / NO (please circle)
If NO please state reason
.....
.....

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CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date Signed)

Office Use Only:	Minutes Received with Nomination: <input type="checkbox"/>	Date: _____
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Please complete the following based on the athletes contribution in the following areas.

NOMINEE IS INVOLVED WITH:

Officials Program Yes No

Qualifications:

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Coaching at Centre Yes No

Qualifications:

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Administration Tasks Yes No

Tasks Undertaken:

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Leadership Role at Centre Yes No

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Other Roles at Centre (eg. First Aid Assistant)

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Assistance Given at Regional Level

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Assistance Given at Association Level

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List any awards won by the athlete

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LEADERSHIP:

- Assists with Centre meet warm ups Always Usually Sometimes
- Competes in Centre Uniform Always Usually Sometimes
- Conduct is what is expected of a senior athlete Always Usually Sometimes
- Assist with equipment Always Usually Sometimes
- Acts as an Age Marshall (where appropriate) at Centre Always Usually Sometimes
- Attends Centre training sessions Always Usually Sometimes
- Assists at Centre training sessions Always Usually Sometimes
- Encourages others to assist at Centre Always Usually Sometimes

Further Comment:

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RESPECT

- Shows respect to other athletes by always competing at their best Always Usually Sometimes
- Accepts officials decisions with grace Always Usually Sometimes

Further Comment:

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PERSEVERANCE

- Sets goals and strives to attain them Always Usually Sometimes
- Participates in all events offered at Centre for their age group Always Usually Sometimes
- Participates in Regional and State Competitions Always Usually Sometimes

Further Comment:

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SPORTSMANSHIP

- Respects the rules of competition and fair play Always Usually Sometimes
- Is gracious in victory and defeat Always Usually Sometimes
- Encourages other athletes in their performances Always Usually Sometimes
- Congratulates other athletes on their performances Always Usually Sometimes

Further Comment:

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ENTHUSIASM

- Involved in all Centre Activities (fundraising, working bees etc) Yes No
- Assists on sign-on days Yes No
- Has attended LAQ camps / clinics Yes No
- Has attended other relevant workshops Yes No

Further Comment:

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AMBASSADOR

List the ways in which this athlete has been an ambassador for your Centre and has promoted Little Athletics amongst his / her peers

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ATHLETES' COMMENTS

What have you enjoyed most about your involvement in Little Athletics?

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PLEASE DESCRIBE IN ONE HUNDRED (100) WORDS OR LESS WHY THIS ATHLETE IS WORTHY OF NOMINATION FOR THIS AWARD

(Please note that if chosen for the award, this description maybe used to describe the athlete at the State Championships and on the LAQ website)

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MOST IMPROVED ATHLETE AWARD

The Award

- One nomination per Centre.
- Is perpetual, with the recipient each year receiving a small permanent commemorative replica.
- Is to be made to ONE athlete per year.
- Is open to boys and girls of all age groups.
- Is based on personal achievements over a range of events ie
Sprints and Hurdles Middle Distance and Walks Throws Jumps
- The recipient of the award is to be decided by LAQ based on performance information presented by the Centres. All nominations must be accompanied by a copy of the Centre meeting minutes from which the recommendation for nomination was made, together with copies of your Centre's competition recording details (GameDay or Timing Solutions) for the athlete showing Centre level performances at ALL eligible meetings** whether nominated weeks or not.
***see Competition Eligibility*
- Nominations must be made on the approved form (page 14 of this booklet).
- The winner will be announced and the Trophy presented at the State Championships each year.

Eligibility Period

SUMMER SEASON CENTRES	Any ten (10) weeks from the first competition day of the Centre's season to three (3) weeks prior to the State Championships.
WINTER SEASON CENTRES	Any ten (10) weeks from the first competition day of the Centre's season to the last competition day.

For all Centres, the actual ten (10) individual weeks are to be submitted with nominations, accompanied by a copy of the Centre recording sheets, by the due date. This allows for the required number of weeks to be selected at the end of the period, eliminating the problems caused by lost weeks, due to wet weather etc.

Competition Eligibility

- Open to Centre level competition only.
- This excludes Regional and Association days. Other InterCentre competition is eligible.

Eligibility Of Venues

Open to competitions held at all venues.

Note

Individual events for each age group are as indicated on the pink and blue achievement cards.

Event Groups

Sprints & Hurdles	All Hurdles; 70m, 100m, 200m.
Middle Distance & Walks	400m, 800m, 1500m, 700m walk, 1100m walk, 1500m walk, 3000m walk, and U7/8 200m
Throws	Discus, Javelin, Shot Put
Jumps	High Jump, Long Jump, Triple Jump.

Points Score

Points are to be awarded for **exceeding personal bests** on the basis of one point per event group per nominated week **ie a maximum of four (4) points per athlete per nominated week**. The point for a particular group can be scored for any event within the group however only one (1) point per group per nominated week can be scored. The number of nominated weeks is ten (10) therefore the maximum number of points possible during the eligibility period is forty (40).

Definition Of Personal Best

This is defined as the athletes **best performance** from **all** Centre level performances of the **current season**, prior to the first selected week of the 10 week period. Subsequent performances in the selected period should include progressive improved performances (each entry) from the initial best performance, recorded prior to the first week of the selected period. Each improved performance in each event group gains one (1) point.

Athletes who do not have a best performance prior to the selected 10 week period, the first performance of the period is to count as the best performance and entered at the top of the nomination form. **No** points can be gained from this performance.

Note: The personal best details which are to be recorded at the top of the nomination form are for the athletes personal best at the start of the season. These are the performances on which all improvements are based.

Procedure For Drawn Result

In the case of a drawn result the award will be decided on the greatest number of individual events comprising the final score. If the result is still drawn the award is to be made at the discretion of the Board of Directors and this decision is final.

Nominations to be sent to info@laq.org.au

Nominations for the Award close on Wednesday 6th March 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

CENTRE: _____

SEASON: 2023/2024

ATHLETE: _____

AGE GROUP: _____

PERSONAL BESTS:
(refer note in criteria)

SPR/HDL		DIST/WLK		THROWS	
60MH		400 M		DISCUS	
80MH		800 M		JAVELIN	
90MH		1500 M		SHOT PUT	
100MH		700M W			
110MH		1100M W		JUMPS	
200MH		1500M W		HIGH JUMP	
300MH		3000M W		LONG JUMP	
70 M				TRIPLE JUMP	
100 M					
200 M					

Week/Date	EVENT	SPR/HDL	DIST/WLK	THROW	JUMP	Total Points to Date
1. / /	TIME/DIST					
	POINTS					
2. / /	TIME/DIST					
	POINTS					
3. / /	TIME/DIST					
	POINTS					
4. / /	TIME/DIST					
	POINTS					
5. / /	TIME/DIST					
	POINTS					
6. / /	TIME/DIST					
	POINTS					
7. / /	TIME/DIST					
	POINTS					
8. / /	TIME/DIST					
	POINTS					
9. / /	TIME/DIST					
	POINTS					
10. / /	TIME/DIST					
	POINTS					
						TOTAL POINTS

LAQ HONOUR CERTIFICATE

The nominee must have had a minimum of five (5) years service at LAQ Centre level during which time they have demonstrated the desire to foster the aims of Little Athletics within the Centre.

The nominee should have shown a level of commitment higher than that expected of a normal Centre parent and would normally have been involved for a period of time on the Centre Committee. Duties should have exceeded the requirements of a normal Centre Committee position.

The nominee must be of excellent character and be supported by a resolution of the Centre Committee, which is duly recorded in the Centre minutes.

Certificates will be available on application in writing to the Board of Directors.

Note

The written application must include the number of years of involvement as this is recorded on the certificate.

Nominations per Centre

There is no limit on the number of nominations per Centre.

Nominations to be sent to info@laq.org.au

There is no specific closing date.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

NAME

CENTRE

NUMBER OF YEARS INVOLVED WITH CENTRE

DETAILS OF INVOLVEMENT WITH CENTRE

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CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date signed)

..... DATE CERTIFICATE/S REQUIRED BY

Office Use Only: Minutes Received with Nomination: <input type="checkbox"/>	Date : _____
Date sent to Centre: _____	Initials: _____

10, 15, 20, 25, 30, 35 and 40 YEAR SERVICE AWARD

The nominee must have had a minimum of ten (10) years service to LAQ during which time they have demonstrated the desire to foster the aims of Little Athletics within the Centre and the Community. Should you have a member who has been involved with another Little Athletics Centre in Queensland, that involvement can form part of the minimum required 10 years.

The nominee should have shown a level of commitment higher than that expected of a normal Centre parent and would normally have been involved for a period of time on the Centre Committee and assisted at other levels of the Association (eg officiating / coaching / administration). Duties should have exceeded the requirements of a normal Centre Committee position. Involvement at another Centre would count towards the mandatory ten years.

The nominee must be of excellent character and the recommendation passed by a resolution of the Centre Committee which is duly recorded in the Centre minutes.

Centres may like to announce the awards at their AGM / Break up. Badges will be available on application.

Nominations per Centre

There is no limit on the number of nominations per Centre.

Nominations to be sent to info@laq.org.au

There is no specific closing date.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

If there is more than one nominee all details can be included on the same form

Please ensure you include the number of years service for each person

CENTRE

NOMINEE
(Name and Number of Years Service)

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.....
CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date signed)

..... DATE BADGE /S REQUIRED BY

Office Use Only: Minutes Received with Nomination: <input type="checkbox"/>	Date : _____
Date sent to Centre: _____	Initials: _____

LAQ LIFE MEMBERSHIP

Centres and the Board of Directors may nominate individuals for Life Membership (of the Association) who:

- has given highly meritorious service towards the growth and development of Little Athletics
- and
- has been involved with Little Athletics for a minimum period of 15 years
- and
- has served at Centre committee and / or Association level and / or National level for a minimum period of 10 years

Individuals will be granted Life Membership if they have:

- received a simple majority vote of the Board of Directors
- and
- received a 75% majority vote of the affiliated Centres

To be considered for Life Membership, a nominee must have given outstanding long term meritorious service and have made significant contributions to Little Athletics over the minimum period listed above. It will be conferred on a person who has rendered exceptional service to Little Athletics over and above that of their peers.

More than one Life Membership may be awarded in any one year, however it is not expected that this award will be made each year.

Profiles of all nominees for Life Membership of the Association must include a recent photograph. This photograph will be included in the ballot paper sent to each Centre for consideration.

Nominations Per Centre

There can only be one nomination per Centre.

Nominations to be sent to info@laq.org.au

Nominations for the Award will close on Friday 19th April 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

.....
CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date signed)

- One nomination per Centre
- Please restrict your comments to the nomination form
- The boxes appearing throughout this nomination form are for Office/Board use only

CENTRE

NAME OF NOMINEE
(SURNAME) (GIVEN NAMES)

YEAR THEY JOINED THE CENTRE:

YEARS OF CENTRE MEMBERSHIP: (Note Minimum 15 Years)

YEARS ON CENTRE COMMITTEE: (Note Minimum 10 Years)

Office Use Only: Minutes Received with Nomination: <input type="checkbox"/>	Date : _____
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• POSITIONS HELD ON CENTRE COMMITTEE

..... YEARS POSITION

..... YEARS POSITION

..... YEARS POSITION

• CENTRE INVOLVEMENT: *(Brief Summary Of Activities Performed At Centre Level)*

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• POSITIONS HELD ON REGIONAL COMMITTEE

..... YEARS POSITION

..... YEARS POSITION

..... YEARS POSITION

• REGIONAL INVOLVEMENT: *(Brief Summary)*

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• POSITIONS HELD AT STATE LEVEL

..... YEARS POSITION

..... YEARS POSITION

..... YEARS POSITION

• ASSOCIATION INVOLVEMENT &/OR BOARD OF DIRECTORS: *(Brief Summary)*

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• OTHER RELEVANT ACHIEVEMENTS/QUALIFICATIONS:
(Copy of proof of qualifications to be attached)

LAQ:

OTHER:
(Eg ATFCA, Athletics Australia)

• CONTRIBUTION TOWARDS THE DEVELOPMENT OF LITTLE ATHLETICS

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• ANY OTHER RELEVANT ACHIEVEMENTS

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LAQ DISTINGUISHED MERIT AWARD

Nominees for this award must have attained the following:

- a **minimum** of twelve (12) years service to Little Athletics in Queensland.
- served at Centre, Region and State level or had Board of Directors involvement.
- should have been involved at all levels over and above the call of normal duty and been generally accepted by the majority of people.

As this is a most prestigious award, Centres are urged to give serious consideration to any nomination as only persons with the highest credentials and integrity will be considered by the Board of Directors. Final approval will be by a majority vote of the Board of Directors.

Nominations will only be accepted on the approved form and may be forwarded by Centres, supported by evidence of a **unanimous** vote of the Centre Committee. The Board of Directors may also submit nominations.

More than one award may be presented each year.

Nominations per Centre

There can only be one nomination per Centre.

Nominations to be sent to info@laq.org.au

Nominations for the award will close on Friday 19th April 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

.....
CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date signed)

- Please restrict your comments to the nomination form
- The boxes appearing throughout this nomination form are for Office/Board use only

CENTRE

NAME OF NOMINEE
(SURNAME) (GIVEN NAMES)

YEAR THEY JOINED THE CENTRE:

YEARS OF CENTRE MEMBERSHIP: (Note Minimum 12 Years)

YEARS ON CENTRE COMMITTEE: (Note Minimum 3 Years)

Office Use Only: Minutes Received with Nomination: <input type="checkbox"/>	Date : _____
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• POSITIONS HELD ON CENTRE COMMITTEE

..... YEARS POSITION

..... YEARS POSITION

..... YEARS POSITION

• CENTRE INVOLVEMENT: *(Brief Summary Of Activities Performed At Centre Level)*

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• POSITIONS HELD ON REGIONAL COMMITTEE

..... YEARS POSITION

..... YEARS POSITION

..... YEARS POSITION

• REGIONAL INVOLVEMENT: *(Brief Summary)*

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• POSITIONS HELD AT STATE LEVEL

..... YEARS POSITION

..... YEARS POSITION

..... YEARS POSITION

• ASSOCIATION INVOLVEMENT &/OR BOARD OF DIRECTORS: *(Brief Summary)*

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• OTHER RELEVANT ACHIEVEMENTS/QUALIFICATIONS:
(Copy of proof of qualifications to be attached)

LAQ:

OTHER:
(Eg ATFCA)

• CONTRIBUTION TOWARDS THE DEVELOPMENT OF LITTLE ATHLETICS

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• ANY OTHER RELEVANT ACHIEVEMENTS

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LAQ MERIT AWARD

- Nominees must have given a minimum of eight (8) years service at Centre level. This involvement should clearly demonstrate a commitment to furthering the growth and development of the Centre. The nominee should normally have been involved for a period of at least three years at Centre Committee level.
- In addition nominated persons should have had regular involvement at Association competitions.
- Only persons of high character and show an unselfish willingness to work for the betterment of Little Athletics should be considered for nomination.
- Nominations will only be accepted on the approved form and are to be forwarded by Centres to the Board of Directors supported by evidence of a majority vote of the Centre Committee.
- Final approval will be by a majority vote of the Board of Directors.
- A maximum of ten (10) awards per year will be approved by the Board of Directors.

Nominations per Centre

There can only be one nomination per Centre.

Nominations to be sent to info@laq.org.au

Nominations for the award will close on Friday 19th April 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

This nomination must be accompanied by a copy of the Centre committee minutes from which the recommendation for nomination was made

.....
CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date signed)

- Please restrict your comments to the nomination form
- The boxes appearing throughout this nomination form are for Office/Board use only

CENTRE
.....

NAME OF NOMINEE
(SURNAME) (GIVEN NAMES)

YEAR THEY JOINED THE CENTRE:

YEARS OF CENTRE MEMBERSHIP: (Note Minimum 8 Years)

YEARS ON CENTRE COMMITTEE: (Note Minimum 3 Years)

Office Use Only: Minutes Received with Nomination: <input type="checkbox"/>	Date : _____
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• POSITIONS HELD ON CENTRE COMMITTEE

..... YEARSPOSITION

..... YEARSPOSITION

..... YEARSPOSITION

• CENTRE INVOLVEMENT: *(Brief Summary Of Activities Performed At Centre Level)*

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• POSITIONS HELD ON REGIONAL COMMITTEE

..... YEARSPOSITION

..... YEARSPOSITION

..... YEARSPOSITION

• REGIONAL INVOLVEMENT: *(Brief Summary)*

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• POSITIONS HELD AT STATE LEVEL

..... YEARSPOSITION

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..... YEARSPOSITION

• ASSOCIATION INVOLVEMENT: *(Brief Summary)*

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• OTHER RELEVANT ACHIEVEMENTS/QUALIFICATIONS:
(Copy of proof of qualifications to be attached)

LAQ:

OTHER:
(Eg ATFCA)

• CONTRIBUTION TOWARDS THE DEVELOPMENT OF LITTLE ATHLETICS

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• ANY OTHER RELEVANT ACHIEVEMENTS

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VOLUNTEER OF THE YEAR AWARD

This is an annual award (1 only each year) that is based on involvement in the **current season only (2022/2023 season)**. Nominations must come from Centres and the award is open to all Centre members, however, not necessarily intended to be for the dedicated Committee Member.

No limit of involvement with Little Athletics is placed on the nominee (eg. one year, five years) as it depends totally on the nominees involvement for that year only.

Final approval will be by a majority vote of the Board of Directors.

Award

All nominees will receive a certificate and the winner will receive a certificate and suitably inscribed plaque.

Nomination is simple:

Write in 100 words or less the reason your Centre believes the nominee is worthy of the title Volunteer of the Year.

Nominations per Centre

There can only be one nomination per Centre.

Nominations to be sent to info@laq.org.au

Nominations for the award will close on Friday 19th April 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

FRANK KNIGHT MEMORIAL COACH OF THE YEAR AWARD

Introduction

The Frank Knight Memorial Coach of the Year Award aims to promote, encourage and reward quality Little Athletics coaching. This award will be presented to an individual who, in the opinion of the Board, has made the most significant contribution to Little Athletics within their community. This individual, by their coaching and enthusiasm promotes the values and philosophies of Little Athletics and junior sport in general and is prepared to extend their qualifications for the development of athletes. To nominate a coach, simply complete the attached nomination form, together with their full Résumé. Make sure that you also supply the additional information required. A special presentation will take place in June at the LAQ Annual Conference.

The award will be based on the winter season concluding September / October 2023 and the summer season concluding March 2024.

Guidelines For Selection

- Made a significant contribution to Little Athletics in their community.
- Promotes the values and philosophies of Little Athletics and junior sport in general.
- Must be a member of /or affiliated with a Centre over the 12-month qualifying period.
- Must have been actively coaching Little Athletes of varying age and ability in a variety of event groups on a regular basis.
- Must hold a current ATFCA or Athletics Australia accreditation Level I or above.
- Preferable to have assisted LAQ as a coach at a minimum of one coaching clinic.
- Preferable to have attended at least one updating coaching workshop or seminar.
- Must have met the criteria and guidelines as identified in the “Coaches Code of Conduct”.

Note

Other activities that may complement your application are:

- Availability to undertake an ITC presenter’s training course - a pre-requisite of a minimum of two years as an accredited Level I coach is required prior to being eligible for this training course.
- Complete an additional group discipline area at a Level II course.

Nominations per Centre

There can only be one nomination per Centre.

Nominations to be sent to info@laq.org.au

Nominations for the award will close on Friday 19th April 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

NOMINATION FORM

NAME OF COACH

CENTRE

ACCREDITATION

EXPIRY DATE

LAQ COACHING CLINICS

ITC's PRESENTED

WORKSHOPS / SEMINARS
ATTENDED

OTHER EVENTS THEY HAVE
ATTENDED AS A COACH

PLEASE DESCRIBE IN ONE HUNDRED (100) WORDS OR LESS WHY THE NOMINEE SHOULD RECEIVE THIS
AWARD:

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CENTRE MANAGER (Signed)

.....
SECRETARY (Signed)

.....
(Date Signed)

Office Use Only: Minutes Received with Nomination: Date : _____

ALISON QUIRKE OFFICIAL OF THE YEAR AWARD

The Award

The Alison Quirke Official of the Year Award aims to promote, encourage and reward quality Little Athletics Officials. This award will be presented to an individual who, in the opinion of the Board, has made the most significant contribution to Little Athletics as an Official. A special presentation will take place in June at the LAQ Annual Conference.

Guidelines For Selection

- Must have a minimum of five (5) years service as an Official at Association or Centre Competitions.
- Significant participation as an Official at Association (including Regional) and Centre meets in the current season.
- Provides a high standard of officiating.
- Offers mentoring and assistance to new Officials.
- Relates well to athletes and fellow Officials.
- Is respected by his / her peers.

Selection Process

The LAQ Officials Committee will recommend candidates for this award based on the above guidelines to the Board of Directors. Final approval will be by a majority vote of the Board of Directors.

OFFICIALS MERIT AWARD

The Award

The Officials Merit Award aims to promote, encourage and reward upcoming Little Athletics Officials. This award will be presented to individuals who, in the opinion of the Board, have shown significant involvement, contribution and a willingness to learn as an Official. A special presentation will take place in June at the LAQ Annual Conference.

A maximum of two (2) recipients may receive the awards in any one season / year.

LAQ Centres, Regional Committees or the LAQ Officials Committee may submit nominations for this award. Centres and Regional Committees must ensure that the appropriate nomination form is completed when nominating an Official for this award.

Guidelines For Selection

- Must have a minimum of three (3) years service as an Official at Association or Centre Competitions.
- Significant participation as an Official at LAQ Regional and Centre meets in the current season.
- Provides a very sound standard of officiating.
- Seeks and participates in mentoring and learning opportunities.
- Relates well to athletes and fellow Officials.
- Is respected by his / her peers.

Selection Process

The LAQ Officials Committee will recommend candidates for this award based on the above guidelines to the Board of Directors. Final approval will be by a majority vote of the Board of Directors.

Nominations to be sent to info@laq.org.au

Nominations for the award will close on Friday 19th April 2024.

A copy of the Centre minutes where the nomination was made is to accompany the nomination.

CENTRE INNOVATION AWARD

This award aims to recognise, reward and celebrate Centres that have introduced innovative ideas at Centre level to promote more athletes and families to participate and be involved in our sport. Innovations can occur across a range of different areas and must benefit your Centre, athletes or families. Areas include (but not limited to):

- Technology
- Athlete Development Pathways
- Administration
- Public Relations
- Coach Programs
- Officials Pathway Programs

Some specific examples might include:

- running mentoring programs for junior officials
- introducing new systems for registrations during sign on period
- programs, activities or events that have been developed to encourage higher participation
- incorporating older athletes into Centre coaching
- introducing new recording systems for Centre competitions
- designs and developments that allow and encourage more athletes to participate, have fun and be active

To be considered for this award, your Centre must complete the nomination form on the following page. Be specific in your answer. This award is not to recognise all the highlights from your Centre this season, rather to recognise one particular area of innovation that has been introduced to benefit your Centre, athletes and families.

The winning Centre will be one that has shown the greatest innovation to their Centre and members to make the biggest impact.

The award will be for the winter season concluding September / October 2023 and the summer season concluding March 2024.

The winning Centre will receive:

1. Payment of a full package for the current years Conference (excluding accommodation)
2. Certificate and wall plaque

Nominations to be sent to info@laq.org.au

Nominations for the award will close on Friday 19th April 2024.

REGISTRATION AWARDS

The Registration Awards are based on Centre registration figures from the previous season and the winners are chosen by the Association. Both Summer and Winter Centres are eligible for this award.

Four awards are presented annually in the following categories:

- Highest Re-registration Percentage - for Centres with less than 100 members
- Highest Re-registration Percentage - for Centres with more than 100 members
- Highest Registration Increase - for Centres with less than 100 members
- Highest Registration Increase - for Centres with more than 100 members

To be eligible for the Award, Centres must have all eligible Little Athletics members (Tiny Tots - Under 17) registered with LAQ from the previous season.

The winning Centres will receive:

1. Payment of a full package for the current years Conference (excluding accommodation)
2. Certificate and wall plaque