



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Met North Region

as at 7/12/2023

Girls U9 70m	10.94	3/02/2019	Indyanna Tuua-Filipine - Bracken Ridge
Girls U9 100m	15.27	2/02/2013	Paige Hoffman - Arana
Girls U9 200m	32.17	3/02/2019	Indyanna Tuua-Filipine - Bracken Ridge
Girls U9 400m	1:16.32	4/02/2023	Reeve Brogan - Strathpine
Girls U9 800m	2:54.62	7/02/2016	Jessica Fletcher - City North
Girls U9 700m Race Walk	4:28.10	6/02/2009	Riley Sims - Aspley
Girls U9 60m Hurdles	11.17	01/02/2020	Abigail Steele - Aspley
Girls U9 High Jump	1.13m	1/02/2019	Erin van der Westhuizen - Bracken Ridge
	1.13m	31/01/2020	Paradise Tuua - Bracken Ridge
Girls U9 Long Jump	3.58m	5/02/2012	Kyra Edward - Arana
	3.58m	31/01/2021	Heidi Wolfenden - Arana
Girls U9 Discus	23.68m	01/02/2020	Paradise Tuua - Bracken Ridge
Girls U9 Shot Put	8.74m	8/02/2015	Mya Sautia - Bracken Ridge
Girls U10 70m	10.57	7/02/2016	Imogen Mills - Bracken Ridge
Girls U10 100m	14.70	8/02/2014	Abbie French - The Gap
Girls U10 200m	31.46	7/02/2016	Imogen Mills - Bracken Ridge
Girls U10 400m	1:11.80	6/02/2010	Alexandra Cathcart - Aspley
Girls U10 800m	2:46.80	3/02/2013	Nikita Moore - The Gap
Girls U10 1100m Race Walk	6:34.50	3/02/2017	Charlotte Porter - Aspley
Girls U10 60m Hurdles	11.40	7/02/2009	Tahlia Perry - Strathpine
Girls U10 High Jump	1.21m	11/02/2006	M.Eddington - Aspley
Girls U10 Long Jump	4.11m	7/02/2009	Tahlia Perry - Strathpine
Girls U10 Discus	32.36m	3/02/2019	Mia Afoa - Bracken Ridge
Girls U10 Shot Put	8.96m	6/02/2015	Wynta Trevithick - Bracken Ridge
Girls U11 100m	14.22	2/02/2013	Elee Hoffman - Arana
Girls U11 200m	29.80	5/02/2017	Imogen Mills - Bracken Ridge
Girls U11 400m	1:09.00	3/02/2018	Jessica Fletcher - City North
Girls U11 800m	2:39.10	4/02/2018	Jessica Fletcher - City North
Girls U11 1500m	5:27.80	3/02/2018	Jessica Fletcher - City North
Girls U11 1100m Race Walk	6:35.60	2/02/2018	Trinity Woodward - Arana
Girls U11 80m Hurdles	14.00	06/02/2022	Abigail Steele - Aspley
Girls U11 High Jump	1.38m	02/02/2020	Ashley Blackman - City North
Girls U11 Long Jump	4.62m	8/02/2014	Kyra Edward - Arana
Girls U11 Triple Jump	9.82m	7/02/2014	Kyra Edward - Arana
Girls U11 Discus	34.01m	02/02/2020	Mia Afoa - Bracken Ridge
Girls U11 Javelin	24.41m	4/02/2023	Emily Donaldson - Strathpine
Girls U11 Shot Put	11.21m	7/02/2015	Jayda Brown - Bracken Ridge
Girls U12 100m	13.23	2/02/2013	Isabella Turner - Strathpine
Girls U12 200m	27.65	02/02/2020	Tamina-Lee Vaa'sa - Bracken Ridge
Girls U12 400m	1:03.60	9/02/2008	Amber Rowlandson - Kedron
Girls U12 800m	2:32.20	31/01/2021	Saffron Jenkinson - City North
Girls U12 1500m	5:04.40	30/01/2021	Saffron Jenkinson - City North
Girls U12 1500m Race Walk	8:53.07	31/01/2020	Shantel Gale - Strathpine
Girls U12 80m Hurdles	14.20	31/01/2021	Charlotte Headey - City North
Girls U12 High Jump	1.50m	30/01/2021	Ashley Blackman - City North
Girls U12 Long Jump	4.66m	7/02/2015	Sidonie Harvey - Bracken Ridge
Girls U12 Triple Jump	9.84m	4/02/2018	Vyeisha Tuua - Bracken Ridge
Girls U12 Discus	39.60m	4/02/2017	Wynta Trevithick - Bracken Ridge
Girls U12 Javelin	27.15m	6/02/2011	Gabriella Ceolin - Strathpine
Girls U12 Shot Put	12.33m	02/02/2020	Taisha Eketone - Redcliffe



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Girls U13 100m	13.00	30/01/2021	Amaya Mearns - Arana
Girls U13 200m	27.60	5/02/2017	Charlize Sivyer - Bracken Ridge
	27.60	31/01/2021	Amaya Mearns - Arana
Girls U13 400m	1:02.70	4/02/2017	Charlize Sivyer - Bracken Ridge
Girls U13 800m	2:29.47	7/02/2016	Nikita Moore - The Gap
Girls U13 1500m	5:05.00	6/02/2016	Nikita Moore - The Gap
Girls U13 1500m Race Walk	7:53.50	1/02/2019	Amber Norton - Arana
Girls U13 80m Hurdles	13.39	7/02/2016	Tyla Proctor - Arana
Girls U13 200m Hurdles	30.50	30/01/2021	Charlotte Blain - City North
Girls U13 High Jump	1.57m	9/02/2014	Zara Leembruggen - City North
Girls U13 Long Jump	4.96m	5/02/2017	Abbie French - The Gap
Girls U13 Triple Jump	10.73m	7/02/2009	Makenzie Eddington - Aspley
Girls U13 Discus	41.23m	4/02/2018	Wynta Trevithick - Bracken Ridge
Girls U13 Javelin	34.82m	5/02/2011	Renee Davies - Arana
Girls U13 Shot Put	12.09m	30/01/2021	Taisha Eketone - Redcliffe
Girls U14 100m	12.90	3/02/2018	Abbie French - Bracken Ridge
Girls U14 200m	26.76	02/02/2020	Imogen Mills - Bracken Ridge
Girls U14 400m	1:02.80	3/02/2018	Charlize Sivyer - Bracken Ridge
Girls U14 800m	2:26.54	7/02/2016	Annabelle O'Hara - Bracken Ridge
Girls U14 1500m	4:59.72	6/02/2016	Annabelle O'Hara - Bracken Ridge
Girls U14 1500m Race Walk	8:00.40	31/01/2020	Amber Norton - Arana
Girls U14 80m Hurdles	13.10	5/02/2017	Tyla Proctor - Arana
Girls U14 200m Hurdles	30.63	01/02/2020	Lucie Basset-Rouge - Bracken Ridge
Girls U14 High Jump	1.57m	06/02/2022	Maddyn Allison - Bracken Ridge
Girls U14 Long Jump	5.09m	7/02/2009	Naa Anang - Kedron
Girls U14 Triple Jump	11.04m	8/02/2009	Kate Savage - Aspley
Girls U14 Discus	39.62m	2/02/2019	Jemma Keefe - Bracken Ridge
Girls U14 Javelin	38.85m	3/02/2019	Jemma Keefe - Bracken Ridge
Girls U14 Shot Put	12.37m	7/02/2010	Kamaia Peina - Strathpine
Girls U15 100m	12.50	4/02/2023	Amaya Mearns - Arana
Girls U15 200m	26.75	3/02/2019	Abbie French - Bracken Ridge
Girls U15 400m	1:03.01	2/02/2019	Ebony Boschma - Strathpine
Girls U15 800m	2:22.30	5/02/2017	Annabelle O'Hara - Bracken Ridge
Girls U15 1500m	5:00.40	4/02/2017	Annabelle O'Hara - Bracken Ridge
Girls U15 1500m Race Walk	7:30.80	29/01/2021	Amber Norton - Arana
Girls U15 90m Hurdles	14.10	4/02/2018	Tyla Proctor - Arana
Girls U15 300m Hurdles	50.03	01/02/2020	Jemma Keefe - Bracken Ridge
Girls U15 High Jump	1.66m	4/02/2023	Maddyn Allison - Bracken Ridge
Girls U15 Long Jump	5.36m	5/02/2023	Amaya Mearns - Arana
Girls U15 Triple Jump	11.12m	7/02/2009	Heather Muir - Aspley
Girls U15 Discus	38.42m	1/02/2019	Kajsa Shield - Aspley
Girls U15 Javelin	43.16m	2/02/2013	Renee Davies - Arana
Girls U15 Shot Put	12.85m	2/02/2019	April Laurikainen - The Gap



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Girls U16 100m	12.90	3/02/2018	Fletcher Day - Redcliffe
Girls U16 200m	26.39	02/02/2020	Ebony Boschma - Strathpine
Girls U16 400m	1:00.69	01/02/2020	Ebony Boschma - Strathpine
Girls U16 800m	2:26.20	4/02/2018	Ciana Jamieson - Bracken Ridge
Girls U16 1500m	4:55.30	3/02/2018	Ciana Jamieson - Bracken Ridge
Girls U16 1500m Race Walk	8:19.40	29/01/2021	Sophie Porter - Aspley
Girls U16 90m Hurdles	14.91	02/02/2020	Uju Ekeocha - City North
Girls U16 300m Hurdles	49.60	3/02/2018	Fletcher Day - Redcliffe
Girls U16 High Jump	1.66m	4/02/2017	Rebecca Haley - The Gap
Girls U16 Long Jump	5.11m	5/02/2017	Isabella Turner - Strathpine
Girls U16 Triple Jump	10.73m	01/02/2020	Ebony Boschma - Strathpine
Girls U16 Discus	40.60m	29/01/2021	Jemma Keefe - Bracken Ridge
Girls U16 Javelin	43.73m	01/02/2020	Angelina Tignani - Bracken Ridge
Girls U16 Shot Put	12.45m	01/02/2020	Angelina Tignani - Bracken Ridge
Girls U17 100m	12.96	2/02/2019	Fletcher Day - Redcliffe
Girls U17 200m	26.81	3/02/2019	Fletcher Day - Redcliffe
Girls U17 400m	1:00.40	30/01/2021	Ebony Boschma - Strathpine
Girls U17 800m	2:27.10	31/01/2021	Amber Nyssen - City North
Girls U17 1500m	5:13.70	05/02/2022	Grace Doyle - City North
Girls U17 1500m Race Walk	7:36.00	3/02/2023	Amber Norton - Arana
Girls U17 100m Hurdles	16.64	3/02/2019	Sidonie Harvey - Bracken Ridge
Girls U17 300m Hurdles	46.27	2/02/2019	Fletcher Day - Redcliffe
Girls U17 High Jump	1.55m	4/02/2023	Amy Heidrich - Aspley
Girls U17 Long jump	4.84m	5/02/2023	Giselle Shaw - Aspley
Girls U17 Triple Jump	10.92m	4/02/2023	Amy Heidrich - Aspley
Girls U17 Discus	37.07m	04/02/2022	Jemma Keefe - Bracken Ridge
Girls U17 Javelin	37.65m	05/02/2022	Jemma Keefe - Bracken Ridge
Girls U17 Shot Put	10.56m	6/02/2016	Zarah Burgess - Strathpine



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Boys U9 70m	10.50	02/02/2020	Joel Rajesh - Bracken Ridge
Boys U9 100m	14.86	2/02/2013	Nicholas Bloomfield - Arana
Boys U9 200m	31.53	10/02/2008	Joshua Morrison - Arana
Boys U9 400m	1:12.17	2/02/2019	Tate Van Camp - Arana
Boys U9 800m	2:41.60	7/02/2010	Lucas Lutter - Redcliffe
Boys U9 700m Race Walk	4:36.80	29/01/2021	Hudson Toplis - Arana
Boys U9 60m Hurdles	10.63	01/02/2020	Daluchi Ekeocha - City North
Boys U9 High Jump	1.16m	31/01/2020	Daluchi Ekeocha - City North
Boys U9 Long Jump	4.06m	8/02/2009	Ryan Shepherd - Bracken Ridge
Boys U9 Discus	29.78m	8/02/2014	Jake Howie-Roy - The Gap
Boys U9 Shot Put	8.74m	10/02/2008	Jarrold McGuane - Aspley
Boys U10 70m	9.87	02/02/2020	Tyler Cranney - The Gap
Boys U10 100m	13.90	01/02/2020	Tyler Cranney - The Gap
Boys U10 200m	29.43	02/02/2020	Tyler Cranney - The Gap
Boys U10 400m	1:09.96	01/02/2020	Tate Van Camp - Arana
Boys U10 800m	2:38.00	3/02/2013	William Barker - Arana
Boys U10 1100m Race Walk	6:48.50	7/02/2014	Hayden Vickers - Bracken Ridge
Boys U10 60m Hurdles	10.95	2/02/2013	William Barker - Arana
Boys U10 High Jump	1.27m	7/02/2015	Jackson Medway - The Gap
Boys U10 Long Jump	4.44m	1986	A. Emmerig - Strathpine
Boys U10 Discus	32.74m	1995	C. Vis - Strathpine
Boys U10 Shot Put	10.42m	1/02/2013	William Barker - Arana
Boys U11 100m	13.72	9/02/2008	Campbell Magnay - Kedron
Boys U11 200m	28.18	3/02/2019	Cooper Roggenkamp - Aspley
Boys U11 400m	1:05.20	30/01/2021	Tate Van Camp - Arana
Boys U11 800m	2:30.80	9/02/2014	Jeremiah Woodward - Strathpine
	2:30.80	31/01/2021	Tate Van Camp - Arana
Boys U11 1500m	5:06.56	6/02/2016	Jackson Medway - The Gap
Boys U11 1100m Race Walk	6:15.00	6/02/2015	Jonathan Wearne - Aspley
	6:15.00	29/01/2021	Noah Cooke - Arana
Boys U11 80m Hurdles	13.70	06/02/2022	Teddy Mills - Bracken Ridge
Boys U11 High Jump	1.48m	4/02/2018	Aaron Morris - Arana
Boys U11 Long Jump	4.74m	7/02/2015	Joshua Smith - Bracken Ridge
	4.74m	2/02/2019	Theodore Harvey - Bracken Ridge
Boys U11 Triple Jump	9.83m	7/02/2014	William Barker - Arana
Boys U11 Discus	33.38m	31/01/2021	Tyler Wilson - Bracken Ridge
Boys U11 Javelin	31.57m	9/02/2008	Tristan Jenkins - Aspley
Boys U11 Shot Put	11.89m	8/02/2014	William Barker - Arana
Boys U12 100m	12.80	01/02/2020	Angus Dine - Redcliffe
Boys U12 200m	26.60	02/02/2020	Angus Dine - Redcliffe
Boys U12 400m	1:01.53	7/02/2015	William Barker - Arana
Boys U12 800m	2:23.50	8/02/2015	William Barker - Arana
Boys U12 1500m	4:50.60	30/01/2021	Oliver Gartner - The Gap
Boys U12 1500m Race Walk	8:05.84	10/02/2008	Ben Tesch - Strathpine
Boys U12 80m Hurdles	13.34	02/02/2020	Lachlan Chayter - City North
Boys U12 High Jump	1.60m	6/02/2016	Ben Woodley - The Gap
Boys U12 Long Jump	5.01m	6/02/2016	Ben Woodley - The Gap
Boys U12 Triple Jump	10.75m	8/02/2015	William Barker - Arana
Boys U12 Discus	41.06m	6/02/2010	Brandon Pritchard - Aspley
Boys U12 Javelin	36.92m	7/02/2010	Brandon Pritchard - Aspley
Boys U12 Shot Put	12.62m	31/01/2021	Zyeon Tuua - Bracken Ridge



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Boys U13 100m	11.90	30/01/2021	Ethan Grimshaw - City North
Boys U13 200m	25.00	31/01/2021	Ethan Grimshaw - City North
Boys U13 400m	55.10	30/01/2021	Ethan Grimshaw - City North
Boys U13 800m	2:13.46	5/02/2023	Tate Van Camp - Arana
Boys U13 1500m	4:45.96	4/02/2023	Tate van Camp - Arana
Boys U13 1500m Race Walk	8:04.40	31/01/2020	Bailey Housden - Arana
Boys U13 80m Hurdles	12.10	31/01/2021	Daniel Harlow - Redcliffe
Boys U13 200m Hurdles	26.90	30/01/2021	Daniel Harlow - Redcliffe
Boys U13 High Jump	1.67m	9/02/2014	Kyle Adamson - Aspley
Boys U13 Long Jump	5.46m	7/02/2016	Nicholas Thomas - Arana
Boys U13 Triple Jump	11.26m	5/02/2016	William Barker - Arana
Boys U13 Discus	43.02m	3/02/2019	Diesel Hadlow - Bracken Ridge
Boys U13 Javelin	36.63m	7/02/2015	Daniel Di-Giandomenico - City North
Boys U13 Shot Put	14.37m	5/02/2011	Brandon Pritchard - Aspley
Boys U14 100m	11.76	2/02/2013	Matthew Barker - Arana
Boys U14 200m	24.00	3/02/2013	Matthew Barker - Arana
Boys U14 400m	55.74	6/02/2010	Alexander Mould - Redcliffe
Boys U14 800m	2:15.90	9/02/2014	Jake Lemke - Strathpine
Boys U14 1500m	4:40.55	4/02/2012	Hamish Granger - Arana
Boys U14 1500m Race Walk	6:26.90	29/01/2021	Bailey Housden - Arana
Boys U14 90m Hurdles	12.80	8/02/2009	Anthony Collins - Aspley
Boys U14 200m Hurdles	27.00	05/02/2022	Daniel Harlow - Redcliffe
Boys U14 High Jump	1.73m	06/05/2022	Daniel Harlow - Redcliffe
Boys U14 Long Jump	5.86m	05/02/2022	Daniel Harlow - Redcliffe
Boys U14 Triple Jump	12.26m	7/02/2016	Cooper Schmidt - Arana
Boys U14 Discus	45.06m	6/02/2016	Daniel Di Gian - City North
Boys U14 Javelin	43.61m	10/02/2008	Ryann Boxsell - Strathpine
Boys U14 Shot Put	14.06m	3/02/2013	Brandon Stanaway - Arana
Boys U15 100m	11.55	2/02/2019	Ethan Avery - Aspley
Boys U15 200m	24.03	3/02/2019	Ethan Avery - Aspley
Boys U15 400m	55.37	4/02/2023	Jesse Sexton - Strathpine
Boys U15 800m	2:09.10	3/02/2013	Hamish Granger - Arana
Boys U15 1500m	4:31.58	2/02/2013	Hamish Granger - Arana
Boys U15 1500m Race Walk	6:38.20	04/02/2022	Bailey Housden - Arana
Boys U15 100m Hurdles	13.90	9/02/2014	Matthew Barker - Arana
Boys U15 300m Hurdles	42.72	4/02/2023	Daniel Harlow - Redcliffe
Boys U15 High Jump	1.88m	2/02/2019	Connor Duggan - The Gap
Boys U15 Long Jump	6.21m	3/02/2019	Jayden Polovich - Strathpine
Boys U15 Triple Jump	12.92m	7/02/2009	Jesse D'Amico - Aspley
Boys U15 Discus	51.80m	04/02/2022	Harvey Schutte - Arana
Boys U15 Javelin	44.58m	8/02/2014	Brandon Stanaway - Arana
Boys U15 Shot Put	13.82m	30/01/2021	Lee Martin - Arana



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Boys U16 100m	11.51	01/02/2020	Joshua Mearns - Arana
Boys U16 200m	23.40	3/02/2019	Dalton Collins - Bracken Ridge
Boys U16 400m	51.23	2/02/2019	Dalton Collins - Bracken Ridge
Boys U16 800m	2:07.60	31/01/2021	Owen Isaacs - Arana
Boys U16 1500m	6:16.10	4/02/2023	Bailey Housden - Arana
Boys U16 1500m Race Walk	6:52.70	29/01/2021	Kai Norton - Arana
Boys U16 100m Hurdles	14.62	8/02/2015	Joshua Morrison - Arana
Boys U16 300m Hurdles	43.40	05/02/2022	Kailen Klaas - Strathpine
Boys U16 High Jump	1.80m	01/02/2020	Connor Duggan - The Gap
Boys U16 Long Jump	6.10m	5/02/2017	Hayden Furness - Strathpine
Boys U16 Triple Jump	12.33m	05/02/2022	Diesel Hadlow - Bracken Ridge
Boys U16 Discus	50.22m	04/02/2022	Lachlan Wise - Strathpine
Boys U16 Javelin	52.02m	7/02/2015	Brandon Stanaway - Arana
Boys U16 Shot Put	15.68m	05/02/2022	Lee Martin - Arana
Boys U17 100m	11.42	01/02/2020	Dalton Collins - Bracken Ridge
Boys U17 200m	22.95	02/02/2020	Dalton Collins - Bracken Ridge
Boys U17 400m	53.09	4/02/2023	Sam Lition - Strathpine
Boys U17 800m	2:07.60	5/02/2012	John Lean - Redcliffe
Boys U17 1500m	4:29.77	7/02/2015	Hamish Granger - Arana
Boys U17 1500m Race Walk	6:02.76	3/02/2012	Jesse Osborne - Strathpine
Boys U17 110m Hurdles	15.58	02/02/2020	Carl Martin - Arana
Boys U17 300m Hurdles	42.74	4/02/2023	Kailen Klaas - Strathpine
Boys U17 High Jump	1.95m	2/02/2019	William Bailey Boland - Redcliffe
Boys U17 Long Jump	6.26m	5/02/2023	Diesel Hadlow - Bracken Ridge
Boys U17 Triple Jump	12.73m	6/02/2010	Bradley Hebbard - Redcliffe
Boys U17 Discus	44.68m	1/02/2019	Ethan Johnson - Arana
Boys U17 Javelin	61.47m	6/02/2016	Brandon Stanaway - Arana
Boys U17 Shot Put	15.00m	4/02/2023	Lee Martin - Arana