



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 07/09/23

Girls U9 70m	11.20	14/02/2010	Taylor McCosker - Gayndah
Girls U9 100m	15.80	13/02/2010	Taylor McCosker - Gayndah
Girls U9 200m	34.10	14/02/2010	Taylor McCosker - Gayndah
Girls U9 400m	1:24.80	9/02/2019	Molly Crow - West Bundaberg
Girls U9 800m	3:09.70	9/02/2020	Jada McCoombes - West Bundaberg
Girls U9 700m Race Walk	4:16.40	8/02/2020	Jada McCoombes - West Bundaberg
Girls U9 60m Hurdles	11.90	4/02/2017	Alexis Bukowski - Gladstone
	11.90	9/02/2019	Felicity Rogers - Isis District
Girls U9 High Jump	1.10m	14/02/2009	Saraid Jerome - Hervey Bay
Girls U9 Long Jump	3.54m	14/02/2010	Taylor McCosker - Gayndah
Girls U9 Discus	17.64m	11/02/2012	Jessie Moscrop - Monto
Girls U9 Shot Put	6.19m	10/02/2019	Makayla Moller - Maryborough
Girls U10 70m	10.70	10/02/2013	Anna Smith - West Bundaberg
Girls U10 100m	15.09	05/02/2022	Alexis Davis - West Bundaberg
Girls U10 200m	31.70	13/02/2011	Taylor McCosker - Gayndah
Girls U10 400m	1:13.70	12/02/2011	Taylor McCosker - Gayndah
Girls U10 800m	2:59.80	9/02/2014	Lizzie Younger - Monto
Girls U10 1100m Race Walk	6:47.77	06/02/2021	Jada McCoombes - West Bundaberg
Girls U10 60m Hurdles	12.20	14/02/2009	Jessie Edwards - West Bundaberg
Girls U10 High Jump	1.13m	13/02/2010	Hayley Nicolson - Maryborough
Girls U10 Long Jump	4.09m	12/02/2011	Taylor McCosker - Gayndah
Girls U10 Discus	27.75m	10/02/2013	Jessie Moscrop - Monto
Girls U10 Shot Put	8.10m	7/02/2015	Kellie Davies - Maryborough
Girls U11 100m	14.40	9/02/2013	Jessica Trace - West Bundaberg
Girls U11 200m	29.30	12/02/2012	Taylor McCosker - Gayndah
Girls U11 400m	1:10.60	11/02/2012	Taylor McCosker - Gayndah
Girls U11 800m	2:54.50	06/02/2022	Jada McCoombes - West Bundaberg
Girls U11 1500m	6:03.19	05/02/2022	Jada McCoombes - West Bundaberg
Girls U11 1100m Race Walk	6:46.20	12/02/2011	Bree Robertson - Gayndah
Girls U11 80m Hurdles	16.29	4/02/2023	Annalise Ginn - Gladstone
Girls U11 High Jump	1.32m	7/02/2016	Elle Hammond - Burrum & Dist
Girls U11 Long Jump	4.28m	6/02/2016	Elle Hammond - Burrum & Dist
Girls U11 Triple Jump	8.90m	4/02/2023	Alexis Davis - Bundaberg
Girls U11 Discus	29.93m	07/02/2021	Makayla Moller - Maryborough
Girls U11 Javelin	25.04m	06/02/2021	Makayla Moller - Maryborough
Girls U11 Shot Put	11.77m	8/02/2014	Anna Deakin - Hervey Bay
Girls U12 100m	13.90	8/02/2014	Jessica Trace - West Bundaberg
Girls U12 200m	28.20	9/02/2014	Jessica Trace - West Bundaberg
Girls U12 400m	1:05.90	7/02/2015	Taleasha Graham - Maryborough
Girls U12 800m	2:44.20	13/02/2011	Rebecca Greiner - West Bundaberg
Girls U12 1500m	5:37.90	9/02/2013	Tayla Campbell - Gladstone
Girls U12 1500m Race Walk	8:40.70	8/02/2020	Milly Sharpe - Gladstone
Girls U12 80m Hurdles	16.10	8/02/2020	Lilee Law - Bundaberg
Girls U12 High Jump	1.38m	05/02/2022	Rozalia Stewart - Hervey Bay
Girls U12 Long Jump	4.57m	9/02/2013	Taylor McCosker - Gayndah
Girls U12 Triple Jump	9.50m	12/02/2012	Hayley Nicolson - Maryborough
Girls U12 Discus	37.40m	7/02/2015	Jessie Moscrop - Monto
Girls U12 Javelin	27.32m	7/02/2015	Anna Deakin - Maryborough
Girls U12 Shot Put	12.94m	8/02/2015	Jessie Moscrop - Monto



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 07/09/23

Girls U13 100m	13.70	9/02/2013	Sophie Simpson - Boyne Tannum
Girls U13 200m	27.60	10/02/2013	Hayley Nicolson - Maryborough
Girls U13 400m	1:05.90	13/02/2010	Frances Calleja - Maryborough
Girls U13 800m	2:34.20	15/02/2009	Dimity Norbury - West Bundaberg
Girls U13 1500m	5:30.60	13/02/2010	Brandi Alberts - Hervey Bay
Girls U13 1500m Race Walk	7:38.64	06/02/2021	Milly Sharpe - Gladstone
Girls U13 80m Hurdles	14.60	14/02/2010	Malitha Cooper - Eidsvold
Girls U13 200m Hurdles	33.40	7/02/2016	Madeline Wade - West Bundaberg
Girls U13 High Jump	1.50m	15/02/2009	Karly Pearson - West Bundaberg
Girls U13 Long Jump	4.82m	7/02/2016	Sophie Duff - Gladstone
Girls U13 Triple Jump	10.31m	9/02/2013	Hayley Nicolson - Maryborough
Girls U13 Discus	37.07m	4/02/2023	Makayla Moller - Maryborough
Girls U13 Javelin	32.90m	4/02/2023	Makayla Moller - Maryborough
Girls U13 Shot Put	11.92m	7/02/2016	Anna Deakin - Maryborough
Girls U14 100m	13.20	9/02/2013	Samantha Hill - West Bundaberg
Girls U14 200m	27.20	9/02/2014	Hayley Nicolson - Maryborough
Girls U14 400m	1:04.30	9/02/2013	Rebecca Greiner - West Bundaberg
Girls U14 800m	2:37.80	10/02/2013	Rebecca Greiner - West Bundaberg
Girls U14 1500m	5:11.30	9/02/2013	Rebecca Greiner - West Bundaberg
Girls U14 1500m Race Walk	7:56.50	05/02/2022	Milly Sharpe - Gladstone
Girls U14 80m Hurdles	14.10	10/02/2019	Zoe Geiger - Gladstone
Girls U14 200m Hurdles	34.00	12/02/2012	Phoebe Arbon - Isis & Dist
Girls U14 High Jump	1.50m	12/02/2011	Emily Gray - West Bundaberg
Girls U14 Long Jump	5.11m	4/02/2017	Sophie Duff - Gladstone
Girls U14 Triple Jump	11.10m	5/02/2017	Sophie Duff - Gladstone
Girls U14 Discus	33.39m	9/02/2013	Nikita Taylor - West Bundaberg
Girls U14 Javelin	35.01m	9/02/2013	Nikita Taylor - West Bundaberg
Girls U14 Shot Put	11.91m	10/02/2019	Kellie Davies - Maryborough
Girls U15 100m	12.50	9/02/2019	Kharla Hills - West Bundaberg
Girls U15 200m	26.30	10/02/2019	Kharla Hills - West Bundaberg
Girls U15 400m	1:03.09	06/02/2021	Annali Philpott - Gladstone
Girls U15 800m	2:25.07	07/02/2021	Annali Philpott - Gladstone
Girls U15 1500m	5:02.31	06/02/2021	Annali Philpott - Gladstone
Girls U15 1500m Race Walk	7:49.46	4/02/2023	Milly Sharpe - Gladstone
Girls U15 90m Hurdles	14.30	10/02/2019	Isabella Jensen - Hervey Bay
Girls U15 300m Hurdles	55.88	06/02/2022	Cara Corke - Gladstone
Girls U15 High Jump	1.53m	14/02/2009	Laura Williams - Gladstone
Girls U15 Long Jump	5.05m	10/02/2019	Isabella Jensen - Hervey Bay
Girls U15 Triple Jump	10.78m	9/02/2019	Kharla Hills - West Bundaberg
Girls U15 Discus	34.89m	9/02/2020	Kellie Davies - Maryborough
Girls U15 Javelin	32.71m	8/02/2014	Nikita Taylor - West Bundaberg
Girls U15 Shot Put	12.07m	8/02/2020	Kellie Davies - Maryborough



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 07/09/23

Girls U16 100m	13.00	8/02/2020	Kharla Hills - West Bundaberg
Girls U16 200m	27.70	9/02/2020	Kharla Hills - West Bundaberg
Girls U16 400m	1:04.80	8/02/2020	Lizzie Younger - Monto
Girls U16 800m	2:30.00	9/02/2020	Lizzie Younger - Monto
Girls U16 1500m	5:19.90	8/02/2020	Lizzie Younger - Monto
Girls U16 1500m Race Walk	9:08.86	05/02/2022	Daniella Lourigan - Maryborough
Girls U16 90m Hurdles	17.10	9/02/2014	Sally Hodgson - Gladstone
Girls U16 300m Hurdles	54.10	5/02/2023	Cara Corke - Gladstone
Girls U16 High Jump	1.45m	4/02/2023	Taylah Grubb - Maryborough
Girls U16 Long Jump	5.27m	9/02/2020	Kharla Hills - West Bundaberg
Girls U16 Triple Jump	11.18m	8/02/2020	Kharla Hills - West Bundaberg
Girls U16 Discus	37.38m	8/02/2015	Nikita Taylor - West Bundaberg
Girls U16 Javelin	33.43m	7/02/2015	Nikita Taylor - West Bundaberg
Girls U16 Shot Put	12.60m	06/02/2021	Kellie Davies - Maryborough
Girls U17 100m	12.66	06/02/2021	Kharla Hills - West Bundaberg
Girls U17 200m	26.06	07/02/2021	Kharla Hills - West Bundaberg
Girls U17 400m	1:01.00	06/02/2021	Lizzie Younger - Monto
Girls U17 800m	2:24.29	07/02/2021	Lizzie Younger - Monto
Girls U17 1500m	5:12.76	06/02/2021	Lizzie Younger - Monto
Girls U17 1500m Race Walk	9:52.49	4/02/2023	Daniella Lourigan - Maryborough
Girls U17 100m Hurdles	19.59	07/02/2021	Lauren Trott - Gayndah
Girls U17 300m Hurdles	59.12	07/02/2021	Lauren Trott - Gayndah
Girls U17 High Jump	1.56m	06/02/2021	Lilly Gibson - Gladstone
Girls U17 Long Jump	5.44m	07/02/2021	Kharla Hills - West Bundaberg
Girls U17 Triple Jump	11.52m	06/02/2021	Kharla Hills - West Bundaberg
Girls U17 Discus	39.76m	06/02/2022	Kellie Davies - Maryborough
Girls U17 Javelin	32.16m	05/02/2022	Zoe Geiger - Gladstone
Girls U17 Shot Put	12.97m	05/02/2022	Kellie Davies - Maryborough



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 07/09/23

Boys U9 70m	10.60	9/02/2014	Tana Martin - Gladstone
Boys U9 100m	14.90	9/02/2013	Lachlan Hutchen - Burrum & Dist
Boys U9 200m	31.70	9/02/2014	Tana Martin - Gladstone
Boys U9 400m	1:17.80	8/02/2020	Flynn Maxwell - Gladstone
Boys U9 800m	2:49.50	9/02/2014	Tana Martin - Gladstone
Boys U9 700m Race Walk	4:51.70	12/02/2011	John Hunter - Hervey Bay
Boys U9 60m Hurdles	11.20	9/02/2013	Heath Hunter - West Bundaberg
Boys U9 High Jump	1.14m	10/02/2018	Jayce De Silva - West Bundaberg
Boys U9 Long Jump	4.04m	13/02/2011	Blake Bell - Burrum & Dist
Boys U9 Discus	25.33m	6/02/2016	Jonty Murdoch - West Bundaberg
Boys U9 Shot Put	8.90m	7/02/2016	Jonty Murdoch - West Bundaberg
Boys U10 70m	10.30	9/02/2014	Lachlan Hutchen - Burrum & Dist
Boys U10 100m	14.50	9/02/2019	Charlie Steele - West Bundaberg
Boys U10 200m	30.70	9/02/2014	Lachlan Hutchen - Burrum & Dist
	30.70	8/02/2015	Tama Hodgson - Boyne Tannum
Boys U10 400m	1:11.20	6/02/2016	Rhys Garland - West Bundaberg
Boys U10 800m	2:43.40	8/02/2015	Tana Martin - Gladstone
Boys U10 1100m Race Walk	7:26.60	14/02/2009	Jayden Bayliss - Gladstone
Boys U10 60m Hurdles	10.90	13/02/2010	Angus Robinson - Hervey Bay
Boys U10 High Jump	1.25m	9/02/2019	Jayce De Silva - West Bundaberg
Boys U10 Long Jump	4.13m	7/02/2015	Tama Hodgson - Boyne Tannum
Boys U10 Discus	36.50m	5/02/2017	Jonty Murdoch - West Bundaberg
Boys U10 Shot Put	11.29m	4/02/2017	Jonty Murdoch - West Bundaberg
Boys U11 100m	14.00	7/02/2015	Lachlan Hutchen - Burrum Dist.
Boys U11 200m	29.91	11/02/2018	Isaac Barrett - West Bundaberg
Boys U11 400m	1:08.60	14/02/2009	Matthew Hauser - Hervey Bay
Boys U11 800m	2:34.50	15/02/2009	Matthew Hauser - Hervey Bay
Boys U11 1500m	5:25.70	14/02/2009	Jarrod Vos - Boyne Tannum
Boys U11 1100m Race Walk	7:10.80	8/02/2020	Xavier Blair - Bundaberg
Boys U11 80m Hurdles	15.90	8/02/2020	Xavier Blair - Bundaberg
Boys U11 High Jump	1.31m	5/02/2017	Griffen Coleman - West Bundaberg
Boys U11 Long Jump	4.54m	13/02/2010	Michael Wells - Hervey Bay
Boys U11 Triple Jump	9.39m	4/02/2017	Rhys Garland - West Bundaberg
Boys U11 Discus	34.89m	10/02/2019	Riley Townsend - Gladstone
Boys U11 Javelin	31.91m	10/02/2018	Jonty Murdoch - West Bundaberg
Boys U11 Shot Put	12.70m	10/02/2018	Jonty Murdoch - West Bundaberg
Boys U12 100m	13.10	9/02/2013	Seth Gould - Gladstone
Boys U12 200m	27.60	13/02/2011	Amjad Aslam - West Bundaberg
Boys U12 400m	1:07.40	9/02/2013	Tallis Stanhope - Gladstone
Boys U12 800m	2:37.90	5/02/2017	Luke Adamson - Isis
Boys U12 1500m	5:31.00	4/02/2017	Luke Adamson - Isis
Boys U12 1500m Race Walk	9:19.69	06/02/2021	Xavier Blair - Bundaberg
Boys U12 80m Hurdles	14.53	06/02/2021	Xavier Blair - Bundaberg
Boys U12 High Jump	1.46m	06/02/2021	Xavier Blair - Bundaberg
Boys U12 Long Jump	4.88m	13/02/2010	Kielan Major - West Bundaberg
Boys U12 Triple Jump	9.70m	14/02/2010	Jack Randell - Isis & District
Boys U12 Discus	39.90m	9/02/2019	Jonty Murdoch - West Bundaberg
Boys U12 Javelin	36.86m	9/02/2019	Jonty Murdoch - West Bundaberg
Boys U12 Shot Put	15.35m	10/02/2019	Jonty Murdoch - West Bundaberg



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 07/09/23

Boys U13 100m	12.74	10/02/2018	Caleb Wilson - Gladstone
Boys U13 200m	25.83	11/02/2018	Caleb Wilson - Gladstone
Boys U13 400m	1:02.60	8/02/2014	Keiren Antrobus - West Bundaberg
Boys U13 800m	2:29.70	9/02/2014	Keiren Antrobus - West Bundaberg
Boys U13 1500m	5:12.59	06/02/2021	Ryan Cunningham - Hervey Bay
Boys U13 1500m Race Walk	9:16.02	05/02/2022	Xavier Blair - Bundaberg
Boys U13 80m Hurdles	14.00	13/02/2011	Kielan Major - West Bundaberg
Boys U13 200m Hurdles	32.14	11/02/2018	Ethan Haskins - Hervey Bay
Boys U13 High Jump	1.63m	06/02/2022	Xavier Blair - Bundaberg
Boys U13 Long Jump	5.22m	15/02/2009	Scott Latter - West Bundaberg
Boys U13 Triple Jump	11.00m	14/02/2009	Scott Latter - West Bundaberg
Boys U13 Discus	54.46m	8/02/2020	Jonty Murdoch - West Bundaberg
Boys U13 Javelin	43.71m	8/02/2020	Jonty Murdoch - West Bundaberg
Boys U13 Shot Put	15.05m	9/02/2020	Jonty Murdoch - West Bundaberg
Boys U14 100m	11.50	9/02/2019	Jhairah Taylor - Hervey Bay
Boys U14 200m	23.80	10/02/2019	Jhairah Taylor - Hervey Bay
Boys U14 400m	53.00	12/02/2011	Elliot Wilson - Hervey Bay
Boys U14 800m	2:18.38	06/02/2022	Ryan Cunningham - Hervey Bay
Boys U14 1500m	4:47.23	05/02/2022	Ryan Cunningham - Hervey Bay
Boys U14 1500m Race Walk	8:58.20	14/02/2009	Elliot Hodgson - Gladstone
Boys U14 90m Hurdles	13.94	11/02/2018	Mack Geiger - Gladstone
Boys U14 200m Hurdles	28.50	12/02/2012	Christian Devon - West Bundaberg
Boys U14 High Jump	1.76m	5/02/2023	Xavier Blair - Bundaberg
Boys U14 Long Jump	5.72m	4/02/2023	Archie Tennant - Gladstone
Boys U14 Triple Jump	11.45m	11/02/2018	Blake Barnett - Monto
Boys U14 Discus	52.44m	06/02/2021	Jonty Murdoch - West Bundaberg
Boys U14 Javelin	57.58m	06/02/2021	Jonty Murdoch - West Bundaberg
Boys U14 Shot Put	18.59m	07/02/2021	Jonty Murdoch - West Bundaberg
Boys U15 100m	11.40	9/02/2019	Lachlan Hutchen - Hervey Bay
Boys U15 200m	23.90	13/02/2011	James Quinn - West Bundaberg
Boys U15 400m	55.80	13/02/2010	Jack Horton - West Bundaberg
Boys U15 800m	2:20.20	7/02/2016	Tallis Stanhope - Gladstone
Boys U15 1500m	4:34.50	4/02/2023	Ryan Cunningham - Hervey Bay
Boys U15 1500m Race Walk	7:04.70	13/02/2010	Elliot Hodgson - Gladstone
Boys U15 100m Hurdles	13.90	13/02/2011	Brenton Theile - West Bundaberg
Boys U15 300m Hurdles	44.10	10/02/2019	Mack Geiger - Gladstone
Boys U15 High Jump	1.88m	7/02/2015	Kodey Sarnadsky - West Bundaberg
Boys U15 Long Jump	5.68m	10/02/2019	Zacharee Ridgley - Maryborough
Boys U15 Triple Jump	11.94m	9/02/2019	Zacharee Ridgley - Maryborough
Boys U15 Discus	53.52m	06/02/2022	Jonty Murdoch - West Bundaberg
Boys U15 Javelin	53.08m	05/02/2022	Jonty Murdoch - West Bundaberg
Boys U15 Shot Put	15.90m	05/02/2022	Jonty Murdoch - West Bundaberg



REGIONAL CHAMPIONSHIP BEST PERFORMANCES

Central Coast

as at 07/09/23

Boys U16 100m	11.50	8/02/2020	Heath Hunter - West Bundaberg
Boys U16 200m	23.30	9/02/2014	Christian Devon - West Bundaberg
Boys U16 400m	54.80	10/02/2013	Elliott Wilson - Hervey Bay
Boys U16 800m	2:14.60	5/02/2017	Tallis Stanhope - Gladstone
Boys U16 1500m	4:56.30	4/02/2017	Tallis Stanhope - Gladstone
Boys U16 100m Hurdles	14.90	9/02/2020	Mack Geiger - Gladstone
Boys U16 300m Hurdles	44.80	9/02/2020	Mack Geiger - Gladstone
Boys U16 High Jump	1.80m	05/02/2022	Jace Brammer - Gladstone
Boys U16 Long Jump	6.14m	9/02/2020	Heath Hunter - West Bundaberg
Boys U16 Triple Jump	12.65m	8/02/2020	Heath Hunter - West Bundaberg
Boys U16 Discus	64.16m	5/02/2023	Jonty Murdoch - West Bundaberg
Boys U16 Javelin	38.79m	06/02/2021	Joel Felgate - Isis District
Boys U16 Shot Put	18.83m	4/02/2023	Jonty Murdoch - West Bundaberg
Boys U17 100m	10.90	9/02/2013	James Quinn - West Bundaberg
Boys U17 200m	22.50	10/02/2013	James Quinn - West Bundaberg
Boys U17 400m	52.68	05/02/2022	Rhys Garland - West Bundaberg
Boys U17 800m	2:09.30	10/02/2019	Callum Evans - Gayndah
Boys U17 1500m	4:56.40	12/02/2011	Elliot Hodgson - Gladstone
Boys U17 1500m Race Walk	7:08.00	12/02/2011	Elliot Hodgson - Gladstone
Boys U17 110m Hurdles	15.83	07/02/2021	Mack Geiger - Gladstone
Boys U17 300m Hurdles	44.45	06/02/2022	Patrick Hagan - Maryborough
Boys U17 High Jump	1.82m	4/02/2023	Jace Brammer - Gladstone
Boys U17 Long Jump	6.33m	13/02/2011	Bradley Cole - Isis & Dist
Boys U17 Triple Jump	12.85m	06/02/2021	Zac Ridgley - Maryborough
Boys U17 Discus	51.22m	9/02/2020	Hamish Middleton - Isis District
Boys U17 Javelin	47.85m	12/02/2011	Bradley Cole - Isis & Dist
Boys U17 Shot Put	14.88m	8/02/2020	Hamish Middleton - Isis District