

Age Group	Event	Time	Date	Location	Performers
U9 Girls					
High Jump	2.14m	2001		Ashmore	M Brake, T Lesa
Discus	36.30m	5/11/2016		Helensvale	T Laudaka, R Faulkner
Shot Put	12.27m	2001		Ashmore	M Brake, T Lesa
4x100m	1:05.40	2001		Twin Towns	A McCleary, K McCleary, C Blanchard, C Smith
Swedish	3:30.32	12/11/2022		Runaway Bay	R Hatfield, C O'Reilly, A Entermann, M Brown
U10 Girls					
High Jump	2.34m	2004		Ashmore	S Smith, R Delay
Long Jump	8.39m	16/11/2014		Ashmore	D Waight, K Neville
Shot Put	16.29m	2003		Gold Coast	T Ferrantino, J Musolino
4x100m	1:01.96	8/11/2015		Gold Coast	R Webb, B Ingr, H Harris, C Nevins
Swedish	3:13.81	12/11/2022		Ormeau	A Chisholm, T Francois, K Collier, L Robinson
U11 Girls					
Long Jump	8.50m	5/11/2016		Gold Coast	B Browne, B Ingr
Discus	44.95m	18/11/2018		Helensvale	T Luadaka, G Coleman-Thompson
Shot Put	16.13m	16/11/2019		Helensvale	A McDonald, M White
4x100m	58.14	16/11/2019		Helensvale	M May, C Allen, O Gilfeather, A McDonald
Medley	5:10.24	12/11/2022		Runaway Bay	L O'Reilly, H Petrie, K Hansmeyer, A Cebulski
U12 Girls					
High Jump	2.70m	14/11/2021		Ormeau	R Newman, T Walker
Long Jump	9.03m	16/11/2014		Helensvale	S Reason, J Mead
Discus	55.19m	2004		Ashmore	T Lesa, K Duncan
4x100m	54.92	14/11/2020		Helensvale	A McDonald, C Allen, O Gilfeather, M May
Medley	5:01.56	12/11/2022		Tweed	T OjiakoPett, M Greenup, I Rawson, E Durrington
U13 Girls					
High Jump	3.02m	10/11/2013		Ashmore	K Lesa A Robba
Discus	60.54m	2009		Twin Towns	K Williams, A Trevaskis
Shot Put	19.44m	2005		Ashmore	T Lesa, K Duncan
4x100m	54.09	10/11/2013		Ashmore	C Coleman, D Johnson, K Lesa, A Robba
Medley	4:39.49	7/11/2010		Twin Towns	S Champley, M Sweeney, N Simpkins, C Robson
U14 Girls					
High Jump	2.95m	6/11/2011		Ashmore	K Lesa, D Johnson
Long Jump	10.34m	2008		Helensvale	S Milburn, C Donnelly
Shot Put	20.61m	2006		Ashmore	K Duncan, T Lesa
4x100m	53.30	2009		Gold Coast	C Atkins, M Esmond, J Gocher, A Smith
Swedish	2:45.88	12/11/2022		Tweed	M France, M Frey, W Hoffmann, E Lanyon
U15 Girls					
High Jump	2.94m	2003		Ashmore	S Capper, J Cornelius
Long Jump	9.79m	16/11/2014		Tweed	C Ormiston, J Hoy
Discus	61.36m	2001		Ashmore	N Kleidon, M Schlechter
4x100m	53.40	11/11/2017		Ashmore	C Franklin, M Bracs, G Morris, E Surch
	53.40	18/11/2018		Ashmore	T Eldridge, M McConaghy, D Waight, A Neumann
Swedish	2:30.34	18/11/2018		Ashmore	D Waight, A Neumann, M McConaghy, T Eldridge
U16 Girls					
Long Jump	9.98m	16/11/2019		Ashmore	D Waight, T Eldridge
Discus	58.99m	16/11/2014		Beaudesert	C Hester, S Thorpe
Shot Put	21.23m	16/11/2014		Beaudesert	S Thorpe, C Hester
4x100m	51.91	16/11/2014		Gold Coast	N Roberts, T Lima, C Banner, C Mpofu
Swedish	2:33.74	14/11/2020		Tweed	I Scott, G Denny, P Hogan, T Hogan
U17 Girls					
Long Jump	9.58m	5/11/2016		Mudgeeraba	S Kelly, D Jaekel
Discus	56.29m	2007		Ashmore	C Barsby, R Herbert
Shot Put	21.80m	14/11/2020		Tweed	G Smith, I Scott
4x100m	53.06	5/11/2016		Tweed	E Alman, M Madden, P Robson, J Hoy
Swedish	2:34.60	16/11/2019		Ashmore	A Schofield, D Waight, M McConaghy, T Eldridge

Age Group	Event	Time	Date	Location	Performers
U9 Boys					
High Jump		2.17m	16/11/2014	Helensvale	L Symonds, I Armao
		2.17m	11/11/2017	Gold Coast	J Russell, K I'Anson
Discus	43.52m	16/11/2014	Helensvale	L Symonds, M Wise	
Shot Put	14.37m	16/11/2014	Helensvale	L Symonds, M Wise	
4x100m	1:03.21	16/11/2014	Helensvale	I Armao, L Symonds, M Wise, B Luadaka	
Swedish	3:10.26	12/11/2022	Gold Coast	B Potts, N Haddad, H Manning, J Potts	
U10 Boys					
High Jump	2.42m	8/11/2015	Helensvale	L Symonds, Z Dwight	
Long Jump	8.13m	16/11/2014	Tweed	M Bollard C Brown	
Shot Put	18.24m	8/11/2015	Helensvale	L Symonds, B Luadaka	
4x100m	1:00.15	11/11/2012	Helensvale	B Stoneley, Z Carey, C Harrison, D Briese	
Swedish	2:52.83	12/11/2022	Gold Coast	J Byers, J Moncur, B Holbrook, D Holbrook	
U11 Boys					
Long Jump	8.95m	1999	Helensvale	A Gabath, P Ulbrich	
Discus	59.59m	18/11/2018	Helensvale	C Hopgood, J Hoegel	
Shot Put	21.58m	5/11/2016	Helensvale	B Laudaka, L Symonds	
4x100m	57.85	16/11/2014	Gold Coast	P Ndubisi, C Faulkner, B Field, W Stacey	
Medley	5:04.70	12/11/2022	Gold Coast	M Manning, A Venkat, A Whitaker, I Schwarz	
U12 Boys					
High Jump	2.72m	16/11/2019	Gold Coast	K Carter, K I'Anson	
Long Jump	9.64m	6/11/2011	Gold Coast	C Beaman, R Collins	
Discus	73.44m	11/11/2017	Helensvale	L Symonds, B Luadaka	
4x100m	56.20	2001	Twin Towns	A McNally, H Broadbent, M Peate, L Smith	
Medley	5:05.94	12/11/2022	Runaway Bay	S Johnston, K Raoma, C Chadwick, Z Holthouse	
U13 Boys					
High Jump	3.03m	2000	Gold Coast	M Lonie, R Silke	
Discus	72.45m	14/11/2020	Helensvale	C Hopgood, V Raoma	
Shot Put	25.50m	11/11/2012	Beaudesert	B Thomas, J Henare	
4x100m	53.50	11/11/2017	Helensvale	G Fowlds, J Monaghan, C Phillips, A Solitua	
Medley	4:26.14	6/11/2011	Gold Coast	C Degarnham, J Fernance, J Lizoguboff, D Morfett	
U14 Boys					
High Jump	3.27m	14/11/2020	Gold Coast	J Osborne, R Pike	
Long Jump	11.07m	10/11/2013	Gold Coast	C Beaman, D Joy	
Shot Put	25.81m	14/11/2020	Tweed	D Frey, J Jones	
4x100m	49.80	8/11/2015	Helensvale	K Ferguson, A Armao, E Watson, H Symonds	
Swedish	2:30.12	12/11/2022	Runaway Bay	D Fitzgerald, S McLeod, B Cooper, J Munro	
U15 Boys					
High Jump	3.32m	14/11/2021	Gold Coast	O Corcoran, J Osborne	
Long Jump	11.77m	14/11/2021	Gold Coast	J Osborne, O Corcoran	
Discus	95.66m	2000	Gold Coast	S Inwood, S Baker	
4x100m	47.46	16/11/2014	Beaudesert	R Day, J Barry, B Thomas, D Joy	
Swedish	2:17.13	14/11/2021	Gold Coast	R Pike, O Corcoran, J Osborne, H Renneberg	
U16 Boys					
Long Jump	11.23m	12/11/2022	Ashmore	B Davies, J Harris	
Discus	88.49m	18/11/2018	Tweed	R Madden, E Barnes	
Shot Put	27.36m	16/11/2014	Helensvale	B Thomas, H Willis	
4x100m	47.28	16/11/2019	Helensvale	S Soi, G Fowlds, K Mackey-Taylor, A Cole	
Swedish	2:17.00	12/11/2022	Runaway Bay	L Visser, M Crabb, J Cutajar, C Crabb	
U17 Boys					
Long Jump	12.58m	16/11/2014	Helensvale	J Kelly, J Evans	
Discus	76.96m	11/11/2017	Ashmore	J Taurima, J Celano	
Shot Put	24.85m	11/11/2017	Ashmore	J Taurima, J Celano	
4x100m	46.81	8/11/2015	Tweed	B Hunt, J Dawson, K Neverceral, Z Perry-Swift	
Swedish	2:13.87	18/11/2018	Gold Coast	K Hippisley, A Sinclair, L Coghlan, J Tratt	

CAT U9-10

4x100m	1:11.74	12/11/2022	Gold Coast	K Rochford, E Sharman, N Haddad, K Simpson
Swedish	3.08.16	12/11/2022	Gold Coast	B Wooldridge, Z Peters, J Kane, N Haddad

CAT U11-13

4x100m	59.45	12/11/2022	Beaudesert	S Muller, P Eizenberg, Z Williams, C Platell
Medley	5.01.63	12/11/2022	Gold Coast	T Simpson, L Watts, M Gibbs, A Abra

CAT U14-17

4x100m	49.84	12/11/2022	Ashmore	B Davies, N Ellington, J Harris, E Paelay
Swedish	2.23.59	12/11/2022	Mudgeeraba	L Whitton, W Mehta, T Dawson, B Davis

U9 Mixed

U9 High Jump	1.95m	14/11/2021	Mudgeeraba	K Bricknell-Hewitt, A Astin
U9 Discus	23.76m	12/11/2022	Ashmore	T South, H Ludicke-Dods
U9 Shot Put	9.20m	12/11/2022	Ashmore	T South, K Madsen

U10 Mixed

U10 High Jump	2.05m	12/11/2022	Beaudesert	K Bright, H Dunn
U10 Long Jump	6.53m	12/11/2022	Beaudesert	K Bright, H Dunn
U10 Shot Put	10.49m	14/11/2021	Ormeau	C Chisholm, C Roberts

U11 Mixed

U11 Long Jump	7.47m	14/11/2021	Ormeau	T Garside, O Watson
U11 Discus	36.06m	14/11/2021	Beaudesert	C Platell, S Muller
U11 Shot Put	12.01m	14/11/2021	Beaudesert	C Platell, S Muller

U12 Mixed

U12 High Jump	2.41m	14/11/2021	Ormeau	T Rogers, M Gibbs
U12 Long Jump	8.47m	14/11/2021	Ormeau	R Newman, T Rogers
U12 Discus	45.42m	12/11/2022	Ormeau	E Leneham, T Windus-Hill

U13 Mixed

U13 High Jump	2.85m	14/11/2021	Beaudesert	A Platell, W Robinson
U13 Discus	42.45m	12/11/2022	Mudgeeraba	J Flynn, A Bell
U13 Shot Put	15.70m	12/11/2022	Mudgeeraba	J Flynn, A Bell

U14 Mixed

U14 High Jump	3.02m	12/11/2022	Beaudesert	W Robinson, A Platell
U14 Long Jump	8.77m	14/11/2021	Ormeau	R Cox, A Gilmour
U14 Shot Put	16.48m	14/11/2021	Mudgeeraba	A Doherty, C Booth-Gray

U15 Mixed

U15 High Jump	2.74m	12/11/2022	Ashmore	A Abbas, N Ellington
U15 Long Jump	10.29m	12/11/2022	Gold Coast	O Johnson, S Carkeet
U15 Discus	40.02m	14/11/2021	Mudgeeraba	T Dawson, B Davis

U16 Mixed

U16 Long Jump	9.17m	12/11/2022	Mudgeeraba	T Dawson, B Davis
U16 Discus	65.67m	14/11/2021	Gold Coast	T Watson, I Sinclair
U16 Shot Put	21.30m	14/11/2021	Gold Coast	T Watson, R Hodges

U17 Mixed

U17 Long Jump	9.19m	12/11/2022	Tweed	M Tilton, S Jarrett
U17 Discus	53.30m	12/11/2022	Ashmore	M Ngauamo, S McConaghy
U17 Shot Put	19.06m	12/11/2022	Ashmore	M Ngauamo, S McConaghy