

8:30am

Girls U9 Swedish
Boys U9 Swedish
MGF U11 Discus
MGF U12 Discus
Girls U13 High Jump
Boys U13 High Jump
Girls U15 Long Jump
Boys U15 Long Jump
MGF U15 Long Jump
MGF U16 Shot Put
MGF U17 Shot Put

9:00am

Girls U10 Swedish
Boys U10 Swedish

9:20am

Girls U14 Shot Put
Boys U14 Shot Put

9:25am

Girls U16 Discus
Boys U16 Discus

9:30am

CAT U9-10 Swedish

9:40am

Girls U11 Long Jump
Boys U11 Long Jump
MGF U11 Long Jump
Girls U12 High Jump
Boys U12 High Jump

9:45am

Girls U17 Swedish
Boys U17 Swedish

10:05am

MGF U9 Shot Put

10:15am

Girls U15 Swedish
Boys U15 Swedish

10:20am

Girls U13 Discus
Boys U13 Discus

10:45am

Girls U16 Swedish
Boys U16 Swedish
Girls U10 Long Jump
Boys U10 Long Jump
MGF U10 Long Jump

10:50am

Girls U9 High Jump
Boys U9 High Jump

11:15am

Girls U14 Swedish
Boys U14 Swedish
Girls U11 Discus
Boys U11 Discus

11:20am

MGF U13 Shot Put

11:45am

CAT U14-17 Swedish
Girls U12 Long Jump
Boys U12 Long Jump
MGF U12 Long Jump

12:00pm

Girls U15-17 Swedish RT
Boys U15-17 Swedish RT
Girls U10 High Jump
Boys U10 High Jump

12:15pm

Girls U13 4x100m Relay
Boys U13 4x100m Relay

12:20pm

Girls U16 Shot Put
Boys U16 Shot Put
Girls U17 Discus
Boys U17 Discus

12:40pm

Girls U11 4x100m Relay
Boys U11 4x100m Relay

12:50pm

MGF MC U9-12 Long Jump
MGF MC U13-17 Long Jump

1:05pm

Girls U12 4x100m Relay
Boys U12 4x100m Relay

1:10pm

MGF U10 Shot Put
Girls U14 High Jump
Boys U14 High Jump

1:15pm

Girls U9 Discus
Boys U9 Discus

1:30pm

CAT U11-13 4x100m Relay

1:40pm

Girls U15-17 4x100m Relay RT
Boys U15-17 4x100m Relay RT

1:55pm

CAT MC U9-12 2x100m Relay
CAT MC U13-17 2x100m Relay
Girls U16 Long Jump
Boys U16 Long Jump
MGF U16 Long Jump

2:00pm

Girls U17 Shot Put
Boys U17 Shot Put

2:10pm

Girls U10 4x100m Relay
Boys U10 4x100m Relay
Girls U15 Discus
Boys U15 Discus

2:20pm

MGF U12 High Jump
MGF U13 High Jump

2:35pm

Girls U9 4x100m Relay
Boys U9 4x100m Relay

2:55pm

Girls U11 Shot Put
Boys U11 Shot Put
Girls U14 Long Jump
Boys U14 Long Jump
MGF U14 Long Jump

3:00pm

CAT U9-10 4x100m Relay
MGF U15 Discus
MGF MC U9-12 Discus
MGF MC U13-17 Discus

3:15pm

Girls U17 4x100m Relay
Boys U17 4x100m Relay

3:30pm

MGF U9 High Jump
MGF U10 High Jump

3:40pm

Girls U16 4x100m Relay
Boys U16 4x100m Relay

3:45pm

Girls U13 Shot Put
Boys U13 Shot Put

4:00pm

Girls U12 Discus
Boys U12 Discus

4:05pm

Girls U15 4x100m Relay
Boys U15 4x100m Relay

4:30pm

Girls U14 4x100m Relay
Boys U14 4x100m Relay

4:50pm

CAT U14-17 4x100m Relay
MGF U11 Shot Put
MGF U14 Shot Put

5:05pm

Girls U13 Medley
Boys U13 Medley
Girls U15 High Jump
Boys U15 High Jump
MGF U9 Discus
MGF U16 Discus
Girls U17 Long Jump
Boys U17 Long Jump
MGF U17 Long Jump

5:40pm

Girls U10 Shot Put
Boys U10 Shot Put

5:45pm

Girls U12 Medley
Boys U12 Medley

6:05pm

MGF U13 Discus
MGF U17 Discus

6:15pm

MGF U14 High Jump
MGF U15 High Jump

6:25pm

Girls U11 Medley
Boys U11 Medley

6:30pm

Girls U9 Shot Put
Boys U9 Shot Put

7:05pm

CAT U11-13 Medley

