

7:30am

Girls U13 1500m Walk
Boys U13 1500m Walk
Girls U14 1500m Walk
Boys U14 1500m Walk
Girls U12 1500m Walk
Boys U12 1500m Walk
Girls U9 Shot Put
Boys U9 Shot Put
Girls U15 Discus
Boys U15 Discus
Girls U16 High Jump
Boys U16 High Jump
Girls U17 Triple Jump
Boys U17 Triple Jump
Girls U9-10 Long Jump MC
Boys U9-10 Long Jump MC
Girls U11-12 Long Jump MC
Boys U11-12 Long Jump MC
Girls U13-14 Long Jump MC
Boys U13-14 Long Jump MC
Girls U15-17 Long Jump MC
Boys U15-17 Long Jump MC

8:00am

Girls U10 1100m Walk
Boys U10 1100m Walk
Girls U11 1100m Walk
Boys U11 1100m Walk
Girls U12 Triple Jump
Boys U12 Triple Jump

8:10am

Girls U10 High Jump
Boys U10 High Jump
Girls U13 Discus
Boys U13 Discus

8:20am

Girls U15 1500m Walk
Boys U15 1500m Walk
Girls U16 1500m Walk
Boys U16 1500m Walk
Girls U17 1500m Walk
Boys U17 1500m Walk
Girls U9 700m Walk
Boys U9 700m Walk

8:25am

Girls U11 Shot Put
Boys U11 Shot Put

8:50am

Girls U16 Triple Jump
Boys U16 Triple Jump
Girls U17 Long Jump
Boys U17 Long Jump

9:00am

Girls U12 1500m
Boys U12 1500m
Girls U13 1500m
Boys U13 1500m
Girls U14 Discus
Boys U14 Discus

9:30am

Girls U14 1500m
Boys U14 1500m
Girls U11 1500m
Boys U11 1500m
Girls U13 Long Jump
Boys U13 Long Jump

9:35am

Girls U12 Shot Put
Boys U12 Shot Put

9:40am

Girls U9 High Jump
Boys U9 High Jump

10:00am

Girls U15 1500m
Girls U16 1500m
Girls U17 1500m
Boys U15 1500m
Boys U16 1500m
Boys U17 1500m
Girls U11 Discus
Boys U11 Discus

10:15am

Boys U17 110m Hurdles
Girls U17 100m Hurdles
Boys U16 100m Hurdles
Boys U15 100m Hurdles
Girls U16 90m Hurdles
Girls U15 90m Hurdles
Boys U14 90m Hurdles
Girls U14 80m Hurdles
Boys U13 80m Hurdles
Girls U13 80m Hurdles
Boys U12 80m Hurdles
Girls U12 80m Hurdles
Girls U10 100m
Boys U10 100m
Girls U9-10 100m MC
Boys U9-10 100m MC
Girls U11-12 100m MC
Boys U11-12 100m MC
Girls U13-14 100m MC
Boys U13-14 100m MC
Girls U15-17 100m MC
Boys U15-17 100m MC
Girls U9 100m
Boys U9 100m

10:35am

Girls U15 Triple Jump
Boys U15 Triple Jump
Girls U16 Long Jump
Boys U16 Long Jump

11:00am

Girls U14 High Jump
Boys U14 High Jump

11:15am

Boys U11 80m Hurdles
Girls U11 80m Hurdles
Boys U10 60m Hurdles
Girls U10 60m Hurdles
Boys U9 60m Hurdles
Girls U9 60m Hurdles
Girls U13 Javelin
Boys U13 Javelin

Girls U17 100m
Boys U17 100m
Girls U16 100m
Boys U16 100m
Girls U15 100m
Boys U15 100m
Girls U12 100m
Boys U12 100m
Girls U13 100m
Boys U13 100m
Girls U14 100m
Boys U14 100m
Girls U11 100m
Boys U11 100m

11:25am

Girls U11 Long Jump
Boys U11 Long Jump
Girls U9-10 Shot Put MC
Boys U9-10 Shot Put MC
Girls U11-12 Shot Put MC
Boys U11-12 Shot Put MC
Girls U13-14 Shot Put MC
Boys U13-14 Shot Put MC
Girls U15-17 Shot Put MC
Boys U15-17 Shot Put MC

11:50am

Girls U16 Shot Put
Boys U16 Shot Put

12:05am

Girls U17 Javelin
Boys U17 Javelin

12:15pm

Girls U15 High Jump
Boys U15 High Jump

12:25pm

Girls U12 Long Jump
Boys U12 Long Jump
Girls U11-12 Javelin MC
Boys U11-12 Javelin MC
Girls U13-14 Javelin MC
Boys U13-14 Javelin MC
Girls U15-17 Javelin MC
Boys U15-17 Javelin MC

12:35pm

Girls U10 70m
Boys U10 70m
Girls U9 70m
Boys U9 70m

12:45pm

Girls U13 Shot Put
Boys U13 Shot Put
Girls U16 Javelin
Boys U16 Javelin

1:05pm

Girls U14 Javelin
Boys U14 Javelin

1:10pm

Girls U11 High Jump
Boys U11 High Jump

1:15pm

Mixed U9-17 70m RR
Mixed U9-17 100m RR

1:25pm

Girls U17 400m
Boys U17 400m
Girls U16 400m
Boys U16 400m
Girls U14 400m
Boys U14 400m

1:40pm

Girls U9 Long Jump
Boys U9 Long Jump
Girls U10 Shot Put
Boys U10 Shot Put
Girls U15 Javelin
Boys U15 Javelin

2:00pm

Girls U12 400m
Boys U12 400m
Girls U9-10 400m MC
Boys U9-10 400m MC
Girls U11-12 400m MC
Boys U11-12 400m MC
Girls U13-14 400m MC
Boys U13-14 400m MC
Girls U15-17 400m MC
Boys U15-17 400m MC
Girls U15 400m
Boys U15 400m
Girls U9 400m
Boys U9 400m

2:05pm

Girls U9-10 Discus MC
Boys U9-10 Discus MC
Girls U11-12 Discus MC
Boys U11-12 Discus MC
Girls U13-14 Discus MC
Boys U13-14 Discus MC
Girls U15-17 Discus MC
Boys U15-17 Discus MC

2:25pm

Girls U16 Discus
Boys U16 Discus

2:40pm

Girls U12 High Jump
Boys U12 High Jump
Girls U14 Triple Jump
Boys U14 Triple Jump
Girls U15 Long Jump
Boys U15 Long Jump

2:45pm

Girls U17 Discus
Boys U17 Discus

3:00pm

Girls U13 400m
Boys U13 400m
Girls U11 400m
Boys U11 400m
Girls U10 400m
Boys U10 400m

3:05pm

Girls U9 Discus
Boys U9 Discus

3:20pm

Girls U17 Shot Put
Boys U17 Shot Put

3:00pm

Girls U11 Javelin
Boys U11 Javelin

3:30pm

Girls U13 800m
Boys U13 800m
Girls U17 800m
Boys U17 800m
Girls U16 800m
Boys U16 800m
Girls U12 800m
Boys U12 800m
Girls U9-10 800m MC
Boys U9-10 800m MC
Girls U11-12 800m MC
Boys U11-12 800m MC
Girls U13-14 800m MC
Boys U13-14 800m MC
Girls U15-17 800m MC
Boys U15-17 800m MC
Girls U15 800m
Boys U15 800m

4:00pm

Girls U12 Javelin
Boys U12 Javelin

3:45pm

Girls U13 Triple Jump
Boys U13 Triple Jump

4:00pm

Girls U17 High Jump
Boys U17 High Jump

4:10pm

Girls U9-17 100m Gift race
Boys U9-17 100m Gift race
Girls U10 Discus
Boys U10 Discus
Girls U14 Shot Put
Boys U14 Shot Put

4:15pm

Girls U13 200m
Boys U13 200m
Girls U12 200m
Boys U12 200m
Girls U9-10 200m MC
Boys U9-10 200m MC
Girls U11-12 200m MC
Boys U11-12 200m MC
Girls U13-14 200m MC
Boys U13-14 200m MC
Girls U15-17 200m MC
Boys U15-17 200m MC
Girls U15 200m
Boys U15 200m
Girls U16 200m
Boys U16 200m

4:15pm

Girls U11 800m
Boys U11 800m
Girls U9 800m
Boys U9 800m
Girls U10 800m
Boys U10 800m
Girls U14 800m
Boys U14 800m

4:20pm

Girls U11 Triple Jump
Boys U11 Triple Jump

4:45pm

Girls U13 High Jump
Boys U13 High Jump

5:10pm

Girls U14 Long Jump
Boys U14 Long Jump
Girls U15 Shot Put
Boys U15 Shot Put

5:15pm

Girls U9 200m
Boys U9 200m
Girls U10 200m
Boys U10 200m
Girls U11 200m
Boys U11 200m
Girls U17 200m
Boys U17 200m
Girls U14 200m
Boys U14 200m

5:30pm

Girls U12 Discus
Boys U12 Discus

6:00pm

Girls U10 Long Jump
Boys U10 Long Jump