

12. COMPETITION LEVELS

12.1. Approved Competition Levels - Centre to National Championships.

12.1.1. All levels of competition are for boys and girls unless otherwise stated.

	CENTRE	INTER-CENTRE	LAQ REGION	LAQ STATE CONDUCTED	LAA NATIONAL
TinyTots	Play training	Play training	Play training	====	====
U6	Play training Relays Maximum of 4 events	Play training Maximum of 4 events	Play training	====	====
U7	Play training Individual events Relays Modified Combined Event	==== Individual events Relays Modified Combined Event	==== Individual events Relays ====	==== ==== ==== ====	==== ==== ==== ====
U8	Play training Individual events Relays Modified Combined Event	==== Individual events Relays Modified Combined Event	==== Individual events Relays ====	==== ==== ==== ====	==== ==== ==== ====
U9	Individual events Relays Modified Pentathlon	Individual events Relays Pentathlon	Individual events Relays ====	Individual events Relays Modified Tetrathlon	==== ==== ====
U10	Individual events Relays Modified Pentathlon	Individual events Relays Pentathlon	Individual events Relays ====	Individual events Relays Modified Tetrathlon	==== ==== ====
U11	Individual events Relays Modified Pentathlon	Individual events Relays Pentathlon	Individual events Relays ====	Individual events Relays Modified Tetrathlon	==== ==== ====
U12	Individual events Relays Pentathlon	Individual events Relays Pentathlon	Individual events Relays ====	Individual events Relays Pentathlon	==== ==== ====
U13	Individual events Relays Pentathlon	Individual events Relays Pentathlon	Individual events Relays ====	Individual events Relays Pentathlon	Team Competition Relays ====
U14	Individual events Relays Pentathlon	Individual events Relays Pentathlon	Individual events Relays ====	Individual events Relays Pentathlon	Team Competition ==== ====
U15	Individual events Relays Pentathlon / Heptathlon	Individual events Relays Pentathlon / Heptathlon	Individual events Relays ====	Individual events Relays Heptathlon	Team Competition ==== Heptathlon
U16	Individual events Relays Pentathlon / Heptathlon	Individual events Relays Pentathlon / Heptathlon	Individual events Relays ====	Individual events Relays Heptathlon	==== ==== ====
U17	Individual events Relays Pentathlon / Heptathlon	Individual events Relays Pentathlon / Heptathlon	Individual events Relays ====	Individual events Relays Heptathlon	==== ==== ====

12.1.2. Tiny Tots activities shall not be timed, placed or measured. All activities shall be in accordance with endorsed LAQ programs. Tiny Tots may be offered a track event to a maximum distance of 60m.
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12.1.3. At Centre Carnivals, track, field or other events for the U6 athletes may be timed and distances measured but no placings or medals awarded.
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12.1.4. Combined Events at Centre and Inter-Centre Competitions may only comprise of LAQ approved events for the age groups. Such events may not exceed three Combined Events for the U7 and U8 age groups, a Pentathlon for the U9 to U14 age groups or a Heptathlon for the U15 to 17 age groups.
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