



Central North

**NORDIC
SPORT**
AUSTRALIA
www.nordicsport.com.au

Regional Championships 2023



McDONALD'S® QUEENSLAND PROUDLY SUPPORTS LITTLE ATHLETICS QUEENSLAND

McDonald's® restaurants employ and train over 2000 young Queenslanders and Territorians from their local communities, providing them with valuable life skills and values such as teamwork. Each year McDonald's® restaurants invest over \$2 million into local sports and community groups across Queensland and the Northern Territory. These include local Little Athletics centres that teach young people important life skills such as commitment and friendship.

Good luck to everyone participating in Little Athletics, from your friends at McDonald's® Queensland.



McDONALD'S® PROUDLY SUPPORTS



2023 NORDIC SPORT REGIONAL CHAMPIONSHIPS

Regional Competition Coordinator
 Meeting Manager
 Chief Recorder
 Recorder
 Equipment Officer
 Announcers

Erin Colquhoun
 Erin Colquhoun
 Rebekah Gleeson-Cherry
 Nicole Barton
 Craig Hornagold
 Nelle Hearn

Call Room
 Referees: Track
 Jumps
 Throws

North Rockhampton
 Paul Spanner
 Adam Wyatt
 Elissa Wyatt

Area Chiefs / Centre Allocations

Track

Chief Starter
 Chief Timekeeper
 Chief Race Walks Judge

Mick Cherry
 Biloela
 Elissa Wyatt

Field

Discus
 Javelin
 Shot Put
 High Jump
 Long Jump
 Triple Jump

Bryce Edwards (Chief) / Bargara
 Bryce Edwards (Chief) / Gracemere
 Bryce Edwards (Chief) / North Rockhampton
 Gin Gin
 Agnes Waters
 Gary Barton (Chief) / North Rockhampton

First Aid

Peter Cabak

All Centres will be responsible for providing assistance at all events as required.
 Please come forward and offer some of your time, if requested by the Announcer.

REGIONAL CENTRES

Centre	Tops	Bottoms
Agnes Water	Royal Blue W Yellow < 'ins' Slvs & Collar: Royal Blue W Yellow 'ins'	Black
Bargara	Red W White, Grey & Black < 'ins' Slvs: Red lft, Black W White 'prt'; Collar: Black	Black
Biloela	Navy Slvs: Red; Collar: Red, Navy 'stp' & White 'prt'	Red
Gin Gin	Purple W Gold 'sec' Slvs: Purple W Gold 'stp'; Collar: Gold W Purple 'prt'	Black
Gracemere	Emerald Green, Royal Blue / 'pan' W Yellow, Royal Blue & White 'ins' Slvs: Royal Blue lft, Emerald Green tgt; Collar: Royal Blue	Emerald Green W Yellow, Royal Blue & White 'ins'
Nth Rockhampton	Maroon W White & Black < 'sec' Slvs: Maroon W Black & White 'sec'; Collar: Maroon W White 'prt'	Black

W: with - : horizontal / : diagonal ^ : over < : side
 'ins': inserts 'pan': panels 'pip': piping 'prt': print 'sec': patterned sections 'stp': stripe
 (rgt):right (lft): left (frt): front (bck): back Slvs: Sleeves



UPCOMING LAQ COMPETITIONS

Coles Spring Carnival

Bundaberg Region Athletics Facility, Bundaberg: 23rd September 2023

This Carnival is open to all U7-U17 LAQ registered athletes.

Standard age groups events, MC events and 100m gift races will be offered.

Athletes may nominate a maximum of 5 events.

Nominations are lodged through ResultsHQ.

Coles Summer Carnival

SAF, Nathan, Brisbane: 28th October 2023

This carnival is open to all U7 - U17 LAQ registered athletes.

Standard age groups events, MC events and 100m gift races will be offered.

Athletes may nominate a maximum of 5 events.

Nominations are lodged through ResultsHQ.

McDonald's State Relay Championships

SAF, Nathan, Brisbane: 2nd December 2023

A track and field teams' competition, for U9 - U17 athletes.

Summer Centres teams qualify through Summer Regional Relay competition.

Winter Centres can lodge team nominations without participation at a Regional Relay competition.

Nominations lodged through your Centre Committee.

McDonald's Combined Event Championships

SAF, Nathan, Brisbane: 2nd & 3rd March 2024

Open to all LAQ registered U9 - U17 athletes.

CEC Skill Development Clinic

Open to all LAQ registered U7 & U8 athletes.

U15s wishing to be considered for selection in the LAQ State Team as a Multi-Event athlete must compete at this event.

Nominations are lodged through ResultsHQ.

McDonald's State Championships

SAF, Nathan, Brisbane: 22nd - 24th March 2024

U9 - U17 athletes placed 1st - 4th at the Regional Championships are automatic qualifiers for the State Championships.

Nominations lodged through your Centre Committee.

For information about Little Athletics Queensland log onto www.laq.org.au



[facebook.com/LAQLD](https://www.facebook.com/LAQLD)



[littleathsqld](https://www.instagram.com/littleathsqld)

RULES OF COMPETITION

LAQ Competition rules and event specifications can be found in the [LAQ Competition Handbook](#).



1. FOOTWEAR AND SPIKES

1.1. Spikes

- i. On synthetic track: spikes must be no longer than 7mm.
- ii. On synthetic field: spikes must be no longer than 9mm.
- iii. On grass track or field: spikes must be no longer than 12mm.
- iv. Only Christmas tree and pyramid are acceptable styles of spikes on the synthetic surfaces.

Example of allowed spike styles



1.2. Age & Event Specifications

		U7 - U10	U11	U12	U13	U14	U15	U16	U17
Track	Laned	NA	SS	SS	SS	SS	SS	SS	SS
	Unlaned	NA	NA	NA	SS	SS	SS	SS	SS
Field	V Jumps	NA	SS	SS	SS	SS	SS	SS	SS
	H Jumps	NA	SS	SS	SS	SS	SS	SS	SS
	Javelin	NA	SS	SS	SS	SS	SS	SS	SS

Legend: NA - Not Allowed to wear spiked shoes
SS - May wear spike shoes with or without spikes

2. UNIFORM RULES

- 2.1. When presenting to the Call Room or Competition arena, all competing athletes must be attired in the correct Centre uniform, which conforms to the Centre design and colours approved by LAQ. The uniform items must be worn in compliance with the items design (e.g. not rolled up or down). Refer to the [LAQ Uniform Policy](#) for further information.
 - i. The registration number is to be affixed to the front of the uniform top and must be entirely visible.
 - ii. The age label is to be affixed to the left shirt sleeve or, in the case of a crop top or singlet, on the left side of the shorts or similar.
 - iii. The Coles patch must be adhered to the chest's right side of the uniform.
 - iv. Failure to comply with the uniform rules and policies may lead to the athlete not being allowed to enter the competition arena.



3. GENERAL

- 3.1. Each competing Centre shall designate one or more person(s) to be their Team Manager at an Association Competition where Centre athletes have been nominated, using the prescribed process. The Team Manager(s) must be present at the arena, before the commencement of and during events in which the Centre's athletes are competing.
- 3.2. Only Competitors and Officials are permitted on the Competition area. Competitors must leave the area immediately after the completion of their event. No unauthorised persons are to be in the competition or recording areas AT ANY TIME. If this rule is breached the relevant athlete(s) may be disqualified.
- 3.3. Coaching of participating athletes from INSIDE the competition arena is NOT permitted and may cause disqualification of the athlete.

4. RULES SPECIFIC TO THE MULTI-CLASS ATHLETES

- 4.1. Athletes shall compete in timed finals / three (3) trials per field event.
- 4.2. Placings will be recorded per age groupings U9 & U10s, U11 & U12s, U13 & U14s and U15 - U17s based on a percentage calculation across classifications.

5. CALL ROOM / MARSHALLING

- 5.1. Event block starting times, shown in the program, may be brought forward up to 30 minutes. Calls are made approximately between 20 and 25 minutes before the event start time to allow for registration and possible practice at the event.
- 5.2. For Track events, athletes are to marshal in the Call Room at the designated area. Once athletes have left the Call Room, any athlete who has not reported to Call Room will be declared a non-starter in that event.
- 5.3. For Field Events, athletes are to marshal directly to the field event area as soon as possible once the call has been made.

6. PROTESTS / DISQUALIFICATIONS / APPEALS

- 6.1. No person other than the Centre Team Manager shall be entitled to query decisions, lodge protests or appeals.
- 6.2. Protests must be made verbally by the Team Manager to the Administration Manager within fifteen (15) minutes of the completion of the event and then lodged in writing within another fifteen (15) minutes (i.e. 30 minutes total) from the completion of the event.
- 6.3. An announcement will be made, that a protest has been lodged. An announcement of the decision will also be made.
- 6.4. A deposit of \$55.00 (incl. GST) is payable at the time the verbal protest is lodged by the Team Manager.

7. QUALIFICATION & NOMINATION TO STATE CHAMPIONSHIPS

- 7.1. U7 and U8's do not progress beyond Regional Championships.
- 7.2. For State Championships, athletes can only nominate in a maximum of five (5) events.
- 7.3. The number of qualifying U9 to U17 athletes from each of the Regional Championships to State Championships will be the first four (4) placegetters in each event.
- 7.4. There are time limits to be met for athletes to be eligible to compete at State Championships for the 1500m run and Race Walking events. Athletes who have not equalled or bettered the time limits at Regional Championships, irrespective of placing, shall not proceed to State Championships.
- 7.5. Additional Entry to State Championships
 - i. Via Qualifying Performance Levels: Athletes who compete at the Regional Championships and who achieve the "Qualifying Performance Level" for that event shall also qualify for the State Championships in addition to athletes placed 1st, 2nd, 3rd or 4th in that event. Refer to the Additional Qualifying Performance levels on the following pages.
 - ii. Medical applications for participation in the State Championships will not be considered.



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Winning Together

Coles proudly supporting Little Athletics

At Coles, we're passionate about helping Aussie kids lead healthier, happier lives. It's why we've donated more than 3.7 million bananas and over \$2 million in sports equipment grants to Little Athletics centres across Australia to help kids run, jump, throw and grow.

coles



**BETTER
TOGETHER**

Athletes who achieve times and or distances that equal of better those listed below, shall automatically qualify for nomination to the State Championships, irrespective of placing.

Grass Surface																		
	70M	100M	200M	400M	800M	1500M	60MH	80-110MH	200-300MH	700MW	1100MW	1500MW	High	Long	Triple	Discus	Shot	Jav
9B	11.1	15.8	32.9	1.16.0	2.54.0		11.4			4.35.0			1.05	3.50		19.00	6.30	
9G	11.6	16.3	34.2	1.20.0	3.04.0		12.0			4.40.0			1.00	3.25		15.00	5.50	
10B	10.6	15.1	31.6	1.13.0	2.47.0		11.8				6.55.0		1.15	3.90		23.00	8.00	
10G	11.1	15.7	32.4	1.16.0	2.57.0		12.5				7.00.0		1.10	3.60		19.00	7.30	
11B		14.7	30.0	1.11.0	2.43.0	5.35.0		15.2			6.40.0		1.25	4.05	8.70	28.00	9.20	21.00
11G		14.7	30.7	1.13.0	2.50.0	5.55.0		15.4			6.50.0		1.20	3.80	8.15	23.00	8.00	15.00
12B		13.9	29.1	1.08.0	2.37.0	5.25.0		15.0				9.30.0	1.35	4.30	9.20	28.00	10.20	25.00
12G		14.1	29.5	1.09.5	2.44.0	5.40.0		15.3				9.35.0	1.30	4.15	8.60	23.00	9.20	19.00
13B		13.6	27.4	1.04.5	2.32.0	5.20.0		14.7	32.7			9.25.0	1.45	4.50	9.80	32.00	10.20	26.00
13G		14.0	28.6	1.06.0	2.39.0	5.35.0		14.9	34.0			9.30.0	1.35	4.35	9.10	26.00	9.00	23.00
14B		12.7	25.8	1.00.0	2.32.0	5.20.0		15.2	32.4			9.20.0	1.50	5.00	10.10	33.00	11.00	29.00
14G		13.8	28.4	1.06.0	2.39.0	5.35.0		14.6	34.0			9.25.0	1.40	4.40	9.30	24.00	9.10	25.00
15B		12.5	25.2	1.00.0	2.32.0	5.20.0		16.6	46.4			9.20.0	1.55	5.10	10.80	36.00	11.20	31.00
15G		13.8	28.4	1.06.0	2.39.0	5.35.0		17.2	50.4			9.25.0	1.40	4.40	9.30	24.00	9.20	23.00
16B		12.5	25.2	1.00.0	2.32.0	5.20.0		16.6	46.4			9.20.0	1.55	5.10	10.80	36.00	11.20	31.00
16G		13.8	28.4	1.06.0	2.39.0	5.35.0		17.2	50.4			9.25.0	1.40	4.40	9.30	24.00	9.20	23.00
17B		12.5	25.2	1.00.0	2.32.0	5.20.0		18.2	46.4			9.20.0	1.60	5.10	10.80	34.00	10.50	31.00
17G		13.8	28.4	1.06.0	2.39.0	5.35.0		18.2	50.4			9.25.0	1.40	4.40	9.30	24.00	9.20	23.00

No parents are allowed on the arena unless they are officiating
Times are approximate only and may be brought forward 30 minutes.

EVENT ORDER - SATURDAY

8:00am Officials Meeting

8:30am Opening

8:45am

1. Girls U8 Shot Put
2. Boys U8 Shot Put
3. Girls U9 High Jump
4. Boys U9 High Jump
5. Girls U10 Long Jump
6. Boys U10 Long Jump
7. Girls U9-10 Long Jump MC
8. Boys U9-10 Long Jump MC
9. Girls U11 Discus
10. Boys U11 Discus
11. Girls U13 Javelin
12. Boys U13 Javelin
13. Girls U14 Triple Jump
14. Boys U14 Triple Jump

9:15am

15. Girls U12 1500m Walk
16. Boys U12 1500m Walk
17. Girls U13 1500m Walk
18. Boys U13 1500m Walk
19. Girls U14 1500m Walk
20. Boys U14 1500m Walk
21. Girls U15 1500m Walk
22. Boys U15 1500m Walk
23. Girls U16 1500m Walk
24. Boys U16 1500m Walk
25. Girls U17 1500m Walk
26. Boys U17 1500m Walk

9:30am

27. Girls U9 700m Walk
28. Boys U9 700m Walk

9:45am

29. Girls U10 1100m Walk
30. Boys U10 1100m Walk
31. Girls U11 1100m Walk
32. Boys U11 1100m Walk

10:00am

33. Girls U7 Long Jump
34. Boys U7 Long Jump
35. Girls U9 Discus
36. Boys U9 Discus
37. Girls U12 High Jump
38. Boys U12 High Jump
39. Girls U15 Shot Put
40. Boys U15 Shot Put
41. Girls U16 Shot Put
42. Boys U16 Shot Put
43. Girls U17 Shot Put
44. Boys U17 Shot Put
45. Girls U15-17 Shot Put MC
46. Boys U15-17 Shot Put MC

10:30am

47. Boys U17 110m Hurdles
48. Girls U17 100m Hurdles
49. Boys U16 100m Hurdles
50. Boys U15 100m Hurdles
51. Girls U16 90m Hurdles
52. Girls U15 90m Hurdles

53. Boys U14 90m Hurdles
54. Girls U14 80m Hurdles
55. Boys U13 80m Hurdles
56. Girls U13 80m Hurdles
57. Boys U12 80m Hurdles
58. Girls U12 80m Hurdles
59. Boys U11 80m Hurdles
60. Girls U11 80m Hurdles
61. Boys U10 60m Hurdles
62. Girls U10 60m Hurdles
63. Boys U9 60m Hurdles
64. Girls U9 60m Hurdles
65. Boys U8 60m Hurdles
66. Girls U8 60m Hurdles

11:15am

67. Girls U7 Discus
68. Boys U7 Discus
69. Girls U8 Long Jump
70. Boys U8 Long Jump
71. Girls U13 400m
72. Boys U13 400m
73. Girls U14 400m
74. Boys U14 400m
75. Girls U13-14 400m MC
76. Boys U13-14 400m MC
77. Girls U11 400m
78. Boys U11 400m
79. Girls U10 400m
80. Boys U10 400m
81. Girls U9-10 400m MC
82. Boys U9-10 400m MC
83. Girls U15 400m
84. Boys U15 400m
85. Girls U16 400m
86. Boys U16 400m
87. Girls U17 400m
88. Boys U17 400m
89. Girls U15-17 400m MC
90. Boys U15-17 400m MC
91. Girls U9 400m
92. Boys U9 400m
93. Girls U12 400m
94. Boys U12 400m
95. Girls U11-12 400m MC
96. Boys U11-12 400m MC

11:30am

97. Girls U10 Shot Put
98. Boys U10 Shot Put
99. Girls U9-10 Shot Put MC
100. Boys U9-10 Shot Put MC
101. Girls U11 Triple Jump
102. Boys U11 Triple Jump
103. Girls U13 High Jump
104. Boys U13 High Jump
105. Girls U14 Javelin
106. Boys U14 Javelin
107. Girls U13-14 Javelin MC
108. Boys U13-14 Javelin MC

11:45am

- 109. Girls U15 Discus
- 110. Boys U15 Discus
- 111. Girls U16 Discus
- 112. Boys U16 Discus
- 113. Girls U17 Discus
- 114. Boys U17 Discus
- 115. Girls U15-17 Discus MC
- 116. Boys U15-17 Discus MC

12:25pm

Sprint Hurdles Finals *If Required*

12:45pm

*March Past & U17s Presentation
Lunch Break*

1:15pm

- 117. Girls U9 Shot Put
- 118. Boys U9 Shot Put
- 119. Girls U11 Javelin
- 120. Boys U11 Javelin
- 121. Girls U12 Long Jump
- 122. Boys U12 Long Jump
- 123. Girls U11-12 Long Jump MC
- 124. Boys U11-12 Long Jump MC
- 125. Girls U13 Discus
- 126. Boys U13 Discus
- 127. Girls U15 High Jump
- 128. Boys U15 High Jump
- 129. Girls U16 High Jump
- 130. Boys U16 High Jump
- 131. Girls U17 High Jump
- 132. Boys U17 High Jump

2:15pm

- 133. Girls U15 100m
- 134. Boys U15 100m
- 135. Girls U16 100m
- 136. Boys U16 100m
- 137. Girls U17 100m
- 138. Boys U17 100m
- 139. Girls U15-17 100m MC
- 140. Boys U15-17 100m MC
- 141. Girls U14 100m
- 142. Boys U14 100m
- 143. Girls U13 100m
- 144. Boys U13 100m
- 145. Girls U13-14 100m MC
- 146. Boys U13-14 100m MC
- 147. Girls U12 100m
- 148. Boys U12 100m
- 149. Girls U11 100m
- 150. Boys U11 100m
- 151. Girls U11-12 100m MC
- 152. Boys U11-12 100m MC
- 153. Girls U10 100m
- 154. Boys U10 100m
- 155. Girls U9 100m
- 156. Boys U9 100m
- 157. Girls U9-10 100m MC
- 158. Boys U9-10 100m MC
- 159. Girls U8 100m
- 160. Boys U8 100m
- 161. Girls U7 100m
- 162. Boys U7 100m

2:45pm

- 163. Girls U12 Javelin
- 164. Boys U12 Javelin
- 165. Girls U11-12 Javelin MC
- 166. Boys U11-12 Javelin MC
- 167. Girls U14 Discus
- 168. Boys U14 Discus
- 169. Girls U13-14 Discus MC
- 170. Boys U13-14 Discus MC
- 171. Girls U15 Long Jump
- 172. Boys U15 Long Jump
- 173. Girls U16 Long Jump
- 174. Boys U16 Long Jump
- 175. Girls U17 Long Jump
- 176. Boys U17 Long Jump
- 177. Girls U15-17 Long Jump MC
- 178. Boys U15-17 Long Jump MC

3:00pm

- 179. Girls U11 High Jump
- 180. Boys U11 High Jump

3:45pm

100m Finals *If Required*

3:55pm

- 181. Girls U10 Discus
- 182. Boys U10 Discus
- 183. Girls U9-10 Discus MC
- 184. Boys U9-10 Discus MC
- 185. Girls U12 Shot Put
- 186. Boys U12 Shot Put
- 187. Girls U11-12 Shot Put MC
- 188. Boys U11-12 Shot Put MC
- 189. Girls U13 Triple Jump
- 190. Boys U13 Triple Jump

4:00pm

- 191. Girls U9 800m
- 192. Girls U10 800m
- 193. Girls U11 800m
- 194. Girls U12 800m
- 195. Boys U9 800m
- 196. Boys U10 800m
- 197. Boys U11 800m
- 198. Boys U12 800m
- 199. Girls U13 800m
- 200. Girls U14 800m
- 201. Girls U15 800m
- 202. Girls U16 800m
- 203. Girls U17 800m
- 204. Boys U13 800m
- 205. Boys U14 800m
- 206. Boys U15 800m
- 207. Boys U16 800m
- 208. Boys U17 800m
- 209. Girls U9-10 800m MC
- 210. Girls U11-12 800m MC
- 211. Girls U13-14 800m MC
- 212. Girls U15-17 800m MC
- 213. Boys U9-10 800m MC
- 214. Boys U11-12 800m MC
- 215. Boys U13-14 800m MC
- 216. Boys U15-17 800m MC

4:15pm

- 217. Girls U14 Long Jump
- 218. Boys U14 Long Jump
- 219. Girls U13-14 Long Jump MC
- 220. Boys U13-14 Long Jump MC

EVENT ORDER - SUNDAY

8:30am

- 221. Girls U9 Long Jump
- 222. Boys U9 Long Jump
- 223. Girls U10 High Jump
- 224. Boys U10 High Jump
- 225. Girls U11 Shot Put
- 226. Boys U11 Shot Put
- 227. Girls U12 Discus
- 228. Boys U12 Discus
- 229. Girls U11-12 Discus MC
- 230. Boys U11-12 Discus MC
- 231. Girls U13 200m Hurdles
- 232. Boys U13 200m Hurdles
- 233. Girls U14 200m Hurdles
- 234. Boys U14 200m Hurdles
- 235. Girls U15 300m Hurdles
- 236. Boys U15 300m Hurdles
- 237. Girls U16 300m Hurdles
- 238. Boys U16 300m Hurdles
- 239. Girls U17 300m Hurdles
- 240. Boys U17 300m Hurdles

8:45am

- 241. Girls U13 Long Jump
- 242. Boys U13 Long Jump
- 243. Girls U15 Javelin
- 244. Boys U15 Javelin
- 245. Girls U16 Javelin
- 246. Boys U16 Javelin
- 247. Girls U17 Javelin
- 248. Boys U17 Javelin
- 249. Girls U15-17 Javelin MC
- 250. Boys U15-17 Javelin MC

9:25am

- 251. Girls U11 1500m
- 252. Boys U11 1500m
- 253. Girls U12 1500m
- 254. Boys U12 1500m
- 255. Girls U13 1500m
- 256. Boys U13 1500m
- 257. Girls U14 1500m
- 258. Boys U14 1500m
- 259. Girls U15 1500m
- 260. Boys U15 1500m
- 261. Girls U16 1500m
- 262. Boys U16 1500m
- 263. Girls U17 1500m
- 264. Boys U17 1500m

9:30am

- 265. Girls U7 Shot Put
- 266. Boys U7 Shot Put
- 267. Girls U8 Discus
- 268. Boys U8 Discus

9:45am

- 269. Girls U12 Triple Jump
- 270. Boys U12 Triple Jump
- 271. Girls U14 High Jump
- 272. Boys U14 High Jump

10:00am

- 273. Girls U11 Long Jump
- 274. Boys U11 Long Jump

10:15am

- 275. Girls U7 70m
- 276. Boys U7 70m
- 277. Girls U8 70m
- 278. Boys U8 70m
- 279. Girls U9 70m
- 280. Boys U9 70m
- 281. Girls U10 70m
- 282. Boys U10 70m

10:30am

- 283. Girls U13 Shot Put
- 284. Boys U13 Shot Put
- 285. Girls U15 Triple Jump
- 286. Boys U15 Triple Jump
- 287. Girls U16 Triple Jump
- 288. Boys U16 Triple Jump
- 289. Girls U17 Triple Jump
- 290. Boys U17 Triple Jump

11:00am

- 291. Girls U14 Shot Put
- 292. Boys U14 Shot Put
- 293. Girls U13-14 Shot Put MC
- 294. Boys U13-14 Shot Put MC

11:05am

- 295. Girls U7 200m
- 296. Boys U7 200m
- 297. Girls U8 200m
- 298. Boys U8 200m
- 299. Girls U9 200m
- 300. Boys U9 200m
- 301. Girls U10 200m
- 302. Boys U10 200m
- 303. Girls U9-10 200m MC
- 304. Boys U9-10 200m MC
- 305. Girls U11 200m
- 306. Boys U11 200m
- 307. Girls U12 200m
- 308. Boys U12 200m
- 309. Girls U11-12 200m MC
- 310. Boys U11-12 200m MC
- 311. Girls U13 200m
- 312. Boys U13 200m
- 313. Girls U14 200m
- 314. Boys U14 200m
- 315. Girls U13-14 200m MC
- 316. Boys U13-14 200m MC
- 317. Girls U15 200m
- 318. Boys U15 200m
- 319. Girls U16 200m
- 320. Boys U16 200m
- 321. Girls U17 200m
- 322. Boys U17 200m
- 323. Girls U15-17 200m MC
- 324. Boys U15-17 200m MC

11:45am

70m Finals

*If Required***12:05pm**

200m Finals

If Required



QualityTM HOTEL ROBERTSON GARDENS



Quality Hotel Robertson Gardens
281 Kessels Road, Nathan QLD 4111
p:07 3875 1999 w: robertsongardens.com.au

2023 U17 Graduating Athletes

Quinton Dales - North Rockhampton

Quinton's Little athletics journey started at the age of 11 years old as an U12 athlete. He joined the Moura centre as a nervous young boy. During his time with the Moura centre, he competed at the Gracemere multi event each year, a couple of Moura multievent that were hosted by Moura, Regionals championships, State championships every year, and the spring carnival annually all of which he has represented Moura for (he was one of the Dales family athletes who helped Moura win the total number of points award for the spring carnival in the 2019-2020 season).

Quinton's highlight of his athletics time was being selected for the 2022 and 2023 New Zealand Development Tour. 2022 the athletes were unable to travel to New Zealand due to covid 19 so went to the Gold Coast instead. These opportunities Quinton was given was an opportunity of a life time that he is forever grateful for. Quinton lives in a little town of Moura and usually these sorts of opportunities do not happen for little country kids. He developed his athletics at both these tours. At both of the tours and during his time as a little athletics athlete he made some lifelong friends which he is still in contact with.

Quinton has joined North Rockhampton centre this year as Moura centre isn't currently running showing just how dedicated to athletics he is, traveling 200km each way to attend athletics each week. Traveling has also helped him get his learners hours up easily. Quinton has loved the competition he has gained this year by joining the North Rocky centre. As an U17 athlete he has loved his time being an inspiration to the younger athletes, he is always willing to answer any questions they have and help them with overcoming any issues they may come across. Quinton's favourite events are definitely any running especially long distance, he has suffered some major injuries this year but he still has loved to run when he is fit to do so. Over the years with Moura Quinton had set 25 centre and away, current or historical records. He has also set 6 centre records over the U17 season at North Rocky centre, 2 of them he has made historical by breaking his own record. Totalling 31 records over athletics career.

Emmerson Broomhall - North Rockhampton

Emmerson's athletics journey began in 2010 as a Tiny Tot at our local ANQ Centre. In 2011 she moved across to NRAC as a 4yo as a Tiny Tot and has been here since. Emmy predominantly loves the throwing events, especially hammer, that she does through ANQ, and shot put, however has always enjoyed the sprints & jumps.

Emmerson has competed in quite a few State Champs in both Townsville and Brisbane. In 2020 & 2021 Emmerson participated in both LAQ's ITC & IOW courses. Through these courses, along with her Cert 3 in Fitness at school, Emmerson's passion & love of athletics grew more, and she knew she wanted to continue with this after school. Emmerson also received the Sportsmanship award at her Centres during these years.

In 2022 & 2023 Emmerson was lucky enough to be selected in the LAQ u15 & u16 NZ Development Team. At these camps her anxiety eased a little, she made new athletics friends and had the chance to officiate & assist in another Country.

At her Centre, Emmerson has taken the Tiny Tots warm up since 2021. This year Emmerson was privileged to have won the LAQ George Harvey Leadership award for her leadership, integrity, perseverance etc, only one boy & one girl Statewide receive this annual award.

In 2023 Emmerson was approached by LAQ to run an afterschool athletics course to try & encourage more athletes to join LAQ. Emmerson is keen to continue her athletics journey into the future and wishes to thank her local Centres, & LAQ Staff for providing her with a great starting point for her. Emmerson calls athletics, her "happy place"

Logan Rooney - North Rockhampton

I started little athletics by doing a trial in tiny tots when I turned 3 in August 2010! I began my love for athletics and started the following year in 2011 following in my brother Jaedyn and sister Kameryn-Rose's footsteps. I took a year off in 2016 to try soccer and then went back to athletics in 2017 but took another year off in 2018 to trial basketball but again went back to athletics and started maui thai! My favourite part about athletics is the life long friends I've made and my favourite events being Triple jump, long distance runs, discus and javelin! I hope to continue athletics with athletics Queensland and learn to be a coach or Personal trainer one day.

I made it to states from under 10 & up.

I am the NRAC team captain and have broke javelin records prior years and 300M hurdles record this year.

Jayce Wyatt - Bargara

Jayce's athletics journey began when he joined Bargara Little Athletics as a Tiny Tot back in 2011. Since he was in Under 8's he has competed in every Regional Championship and Spring Carnival. He has also qualified for 6 State Championships but missed 2020 due to COVID and 2023 due to injury. In his early years at Little A's, Jayce was a keen sprinter, but these days Jayce's favourite events are Discus and Triple Jump and more recently he has 'grown' to love High Jump as well. In addition to the medals, PBs and trophy achievements in Little Athletics, Jayce has enjoyed the friendships and the club trips away with families for Regionals. He has also enjoyed the opportunity of attending an LAQ coaching camp and clinics and getting to meet several Commonwealth and Olympic athletes. A highlight would be the discus coaching session with Dani Stevens at QSAC. Jayce is a quiet achiever and has learnt a lot from his many years of Little Athletics.

Hayden Tambovsoff - Bargara

Hayden joined Bargara Little Athletics in 2015 as an Under 8 athlete. His favourite events include High Jump, Javelin and Hurdles. When asked what he likes most about Little Athletics, it is that there is never the same thing in a row and that athletes get the chance for improvement. Hayden also notes that he likes the people at our club and how nice they are, showing that Little A's is more than just a sport - it is about family, fun and fitness. In the time that he has been at Bargara Little Athletics, Hayden has received many awards in his age group, quite often as the most improved boy and in U15 and U16 he was age champion. His highlights include breaking his High Jump PB recently and racing his mate Jeremy, pushing each other to do their best! Hayden has been a valued member of our club and is always more than happy to lend a hand during events or at pack up time.

Hayley Thornton - Biloela

Hayley joined Biloela Little Athletics as an U6 athlete in 2013. This marks her 11th year as a QLD Little Athlete. Hayley was one of the few athletes within our region who was affected by the year alignments that were made back in 2017 where the Little Athletic calendar year of October - September was changed to align with a normal calendar year, this resulted in her never completing as an U11 athlete. Hayley has actively competed in centre, regional and state competitions across this time which has seen her compete at locations like Bundaberg, Brisbane & Townsville. Hayley achieved her first club record this season which has been a personal highlight. Hayley has completed an LAQ Introduction to Officials Workshop, consistently helps with set up and pack up duties at each weekly meet, takes part in club fundraising, actively promotes Little Athletics within the community and continues to uphold the attributes of a young role model by competing in all her events to her best ability while displaying a positive attitude for all our Little A athletes coming through the club. This year Hayley was awarded the Biloela Female Club Captain for her leadership qualities across all these areas.

John Lamb - Biloela

John has been an active member for the past 6 years when he joined in 2018 as an U12 athlete. Even though his love for Agricultural shows has seen him split his time between both, he continues to show his commitment to Little Athletics. He has actively competed in centre and regional competitions at locations like Bundaberg and Gracemere. To date John holds 4 club records which shows his commitment in achieving his personal goals within Little Athletics. Since joining Little Athletics John has seen significant improvement in his own fitness, strength and stamina, as a consequence of this he has gone on to become his schools athletic age champion 4 times. John consistently helps with pack up duties at each weekly meet and continues to uphold the attributes of a young role model by competing in all his events to his best ability while displaying a positive attitude for all our Little A athletes coming through the club. This year John was awarded the Biloela Male Club Captain for his leadership qualities across all these areas.

Haiden Cempbell - Agnes Waters

Haiden began little athletics in 2014, this marks his 10th year as a QLD Little Athlete. Haiden was one of the few athletes within our region, affected by the year alignments that were made back in 2017, where the Little Athletic calendar year of October - September was changed to align with the calendar year, which resulted in him never competing as an U11 athlete.

His favourite events have changed over the years, from distance running to sprints, settling with the jumps now, particularly High Jump, with a PB of 160cm.

Haiden has participated in regionals 8 times, with the exception of covid, 21/22, in various events qualifying for state 15 times in 10 events.

Haiden has set 45 centre records over his little athletics career, currently holding 9. This season he has achieved 11 personal bests.

He is a fantastic contributor to the club, helping with day to day set up/pack up, and aids in mentoring and coaching of the younger athletes.

He too has looked up to a host of inspirational athletes before him, who graciously took their time to mentor and coach him to the athlete he is today!

Haiden grew as an athlete over the years, to realise that athletics is more than just a sport, but a mental and personal goal challenge, and has been grateful to AWLA club, coaches and family, and LAQ for his little athletics journey.

Event 1 Girls U8 Shot Put 1.5kg

1	Collier, Alicia	Gin Gin
2	Goltz, Avia	North Rockhampton
3	Lawrence, Pippa	North Rockhampton
4	Lawson, Holly	Bargara
5	McDonald, Willow	Biloela
6	Misihairabwi, Alena	Biloela
7	Olsson, Claire	Biloela
8	Sanders, Pippen	North Rockhampton
9	Williamson, Larni	Agnes Water

Event 2 Boys U8 Shot Put 1.5kg

1	Hornagold, Lincoln	North Rockhampton
2	Lee, Ziggy	Agnes Water
3	Lentell, Bradley	North Rockhampton

Event 3 Girls U9 High Jump 0.75

1	Hornagold, Ebony	North Rockhampton
2	Lamb, Johannah	Biloela
3	McCarthy, Lacey	Bargara
4	Skilling, Ava	North Rockhampton

Event 4 Boys U9 High Jump 0.80

1	Charteris, Cade	Bargara
2	Charteris, Cohen	Bargara
3	Doherty, Finn	Agnes Water
4	Maher, Casey	Bargara
5	Olsson, Joseph	Biloela
6	Sonter, Chael	North Rockhampton

Event 5 Girls U10 Long Jump

1	Compagnoni, Elizabeth	North Rockhampton
2	Killer, Lola	Bargara
3	Lammin, Marley	Gin Gin
4	Lee, Maizie	Agnes Water
5	Lentell, Emily	North Rockhampton
6	Peters, Gracy	Agnes Water
7	Scheuer, Matilda	Bargara
8	Skoric, Harliena	Bargara
9	Tait, Chloe	Bargara
10	Williams, Nashaya	North Rockhampton

Event 6 Boys U10 Long Jump

1	Barkle, Hayden	Bargara
2	Cochrane, Edward	Biloela
3	Cox, Cruz	North Rockhampton
4	Dales, Leith	North Rockhampton
5	Williams, Henley	Bargara
6	Wyatt, Orlando	North Rockhampton

Event 7 Girls U9-10 Long Jump Multi-Class

1	McDonald, Kenzi	Biloela
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Event 8 Uncontested**Event 9 Girls U11 Discus 500g**

1	Brant, Indie-Maree	North Rockhampton
2	Byrnes, Dolly	North Rockhampton
3	Collier, Scarlett	Gin Gin
4	Lammin, Harper	Gin Gin
5	Mills, Mia	North Rockhampton
6	Sariman, Lailah	North Rockhampton
7	Walker, Grace	North Rockhampton

Event 10 Boys U11 Discus 500g

1	Baylis, Tyler	Bargara
2	Gill, Nate	Biloela
3	Macaulay, Logan	Bargara
4	Schulz, Connor	Bargara
5	Sheridan, Tomas	North Rockhampton
6	Thornton, Nash	Biloela
7	Williamson, Lachlan	Agnes Water

Event 11 Girls U13 Javelin 400g

1	Griffies, Mercia	Bargara
2	Hearn, Macy	Bargara

Event 12 Boys U13 Javelin 600g

1	Benham, Logan	Bargara
2	Lamb, Jack	Biloela
3	Nolan, Rhys	Gin Gin
4	Rooney, Blake	North Rockhampton

Event 13 Girls U14 Triple Jump

1	Colquhoun, Bailey	North Rockhampton
2	Cox, Lila	North Rockhampton
3	Thornton, Summah	Biloela
4	Williams, Mackenzie	Bargara
5	Woods, Lily	North Rockhampton

Event 14 Boys U14 Triple Jump

1	Grant, Hamish	Bargara
2	McDermott, Ethan	Bargara
3	Thornton, Clae	Biloela

Event 15 Girls U12 1500m Walk

1	Hornagold, Matilda	North Rockhampton
2	Lawson, Ruby	Bargara

Event 16 Boys U12 1500m Walk

1	Jensen, Wyatt	Gin Gin
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Event 17 Girls U13 1500m Walk

1	Griffies, Mercia	Bargara
2	Hearn, Macy	Bargara
3	Sheridan, Grace	North Rockhampton

Event 18 Boys U13 1500m Walk

1	Lamb, Jack	Biloela
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Event 19 Girls U14 1500m Walk

1	Bell, Ruby	North Rockhampton
2	Colquhoun, Bailey	North Rockhampton
3	Edwards, Mia	Bargara

Event 20 Boys U14 1500m Walk

1	Grant, Hamish	Bargara
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Event 21 Girls U15 1500m Walk

1	Armstrong, Taya	North Rockhampton
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Event 22 Uncontested**Event 23 Girls U16 1500m Walk**

1	Rayner, Cheyenne	North Rockhampton
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Event 24 Boys U16 1500m Walk

1	Philo, Lachlan	Bargara
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Event 25 Uncontested**Event 26 Boys U17 1500m Walk**

1	Lamb, John	Biloela
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Event 27 Girls U9 700m Walk

1	Bell, Rylee	North Rockhampton
2	Ing, Greta	Bargara
3	Lamb, Johannah	Biloela

Event 28 Uncontested**Event 29 Girls U10 1100m Walk**

1	Compagnoni, Elizabeth	North Rockhampton
2	Keightley, Indianna	Bargara
3	Tait, Chloe	Bargara

Event 30-31 Uncontested**Event 32 Boys U11 1100m Walk**

1	Maher, Kodi	Bargara
2	Sheridan, Tomas	North Rockhampton

3 Williamson, Lachlan Agnes Water

Event 33 Girls U7 Long Jump

1 Killer, Macy-Jay Bargara
 2 Luck, Isabella North Rockhampton
 3 Miller, Lily North Rockhampton
 4 Rosenblatt, Hailey Biloela
 5 Ruckert, Haylee North Rockhampton

Event 34 Boys U7 Long Jump

1 Charteris, Cailen Bargara
 2 Cox, Kobe North Rockhampton
 3 Doherty, Darcy Agnes Water
 4 Lawrence, Jackson North Rockhampton
 5 McCarthy, Nash Bargara
 6 Woods, Mason North Rockhampton

Event 35 Girls U9 Discus 500g

1 Bell, Rylee North Rockhampton
 2 Edwards, Mila Bargara
 3 Graving, Ebony Biloela
 4 Hornagold, Ebony North Rockhampton
 5 Ing, Greta Bargara
 6 Lamb, Johannah Biloela
 7 McCarthy, Lacey Bargara
 8 Walker, Tiffany North Rockhampton

Event 36 Boys U9 Discus 500g

1 Charteris, Cade Bargara
 2 Charteris, Cohen Bargara
 3 Dixon, Wyatt North Rockhampton
 4 Doherty, Finn Agnes Water
 5 Maher, Casey Bargara
 6 Olsson, Joseph Biloela

Event 37 Girls U12 High Jump 1.05

1 Cox, Amber North Rockhampton
 2 Hornagold, Matilda North Rockhampton
 3 Lawson, Ruby Bargara

Event 38 Boys U12 High Jump 1.10

1 Campbell, Logan Agnes Water
 2 Dales, Seeley North Rockhampton
 3 Tindel-Dimes, Sebastian Bargara

Event 39 Girls U15 Shot Put 3kg

1 Armstrong, Taya North Rockhampton
 2 Kamau, Lara North Rockhampton

Event 40 Boys U15 Shot Put 4kg

1 Rooney, Dominic North Rockhampton

Event 41 Girls U16 Shot Put 3kg

1 Dales, Janique North Rockhampton
 2 Rayner, Cheyenne North Rockhampton
 3 Tait, Emily Bargara

Event 42 Uncontested**Event 43 Girls U17 Shot Put 3kg**

1 Broomhall, Emmerson North Rockhampton

Event 44 Boys U17 Shot Put 5kg

1 Dales, Quinton North Rockhampton
 2 Lamb, John Biloela
 3 Rooney, Logan North Rockhampton

Event 45 Uncontested**Event 46 Boys U15-17 Shot Put Multi-Class**

1 Philo, Lachlan Bargara
 2 Tait, Ethan Bargara

Event 47 Boys U17 110m Hurdles 76cm

1 Tambovsoff, Hayden Bargara

Event 48 Girls U17 100m Hurdles 76cm

1 Broomhall, Emmerson North Rockhampton

Event 49 Boys U16 100m Hurdles 76cm

1 Philo, Lachlan Bargara

Event 50-51 Uncontested**Event 52 Girls U15 90m Hurdles 76cm**

1 Campbell, Ella Agnes Water
 2 Cherry, Gabriella North Rockhampton
 3 Peters, Josie Agnes Water

Event 53 Uncontested**Event 54 Girls U14 80m Hurdles 76cm**

1 Bell, Ruby North Rockhampton
 2 Williams, Mackenzie Bargara
 3 Woods, Lily North Rockhampton

Event 55 Boys U13 80m Hurdles 76cm

1 Benham, Logan Bargara
 2 Wyatt, Finn North Rockhampton

Event 56 Girls U13 80m Hurdles 76cm

1 Barram, Piper North Rockhampton
 2 Griffies, Mercia Bargara
 3 Sheridan, Grace North Rockhampton

Event 57 Boys U12 80m Hurdles 68cm

1 Brooks, Will Biloela
 2 Jensen, Wyatt Gin Gin
 3 Tindel-Dimes, Sebastian Bargara

Event 58 Girls U12 80m Hurdles 68cm

1 Hornagold, Matilda North Rockhampton
 2 Lawson, Ruby Bargara
 3 Rayner, Georgia-Grace North Rockhampton
 4 Worthington, Charlie Agnes Water

Event 59 Boys U11 80m Hurdles 60cm

1 Barkle, Lyle Bargara

Event 60 Girls U11 80m Hurdles 60cm

1 Byrnes, Dolly North Rockhampton
 2 Collier, Scarlett Gin Gin
 3 Walker, Grace North Rockhampton

Event 61 Boys U10 60m Hurdles 60cm

1 Barkle, Hayden Bargara
 2 Dales, Leith North Rockhampton
 3 Etherden, Lachlan North Rockhampton
 4 Williams, Henley Bargara

Event 62 Girls U10 60m Hurdles 60cm

1 Killer, Lola Bargara
 2 Lentell, Emily North Rockhampton
 3 Scheuer, Matilda Bargara
 4 Williams, Nashaya North Rockhampton

Event 63 Boys U9 60m Hurdles 45cm

1 Charteris, Cade Bargara
 2 Charteris, Cohen Bargara
 3 Olsson, Joseph Biloela
 4 Sonter, Chael North Rockhampton

Event 64 Girls U9 60m Hurdles 45cm

1 Bell, Rylee North Rockhampton
 2 Edwards, Mila Bargara
 3 Ing, Greta Bargara
 4 Lamb, Johannah Biloela
 5 Skilling, Ava North Rockhampton
 6 Walker, Tiffany North Rockhampton

Event 65 Boys U8 60m Hurdles 45cm

1	Baxter, Darcy	North Rockhampton
2	Flack, Zye	Bargara
3	Hodges, Owen	North Rockhampton
4	Hornagold, Lincoln	North Rockhampton
5	Lentell, Bradley	North Rockhampton
6	Sherriff-Hearn, Kasey	North Rockhampton
7	Smith, Terry	North Rockhampton

Event 66 Girls U8 60m Hurdles 45cm

1	Collier, Alicia	Gin Gin
2	Goltz, Avia	North Rockhampton
3	Goltz, Lakely	North Rockhampton
4	Kenzler, Taelyn	Bargara
5	Lawrence, Pippa	North Rockhampton
6	Lawson, Holly	Bargara
7	McDonald, Willow	Biloela
8	Misihairabwi, Alena	Biloela
9	Rosenblatt, Zoe	Biloela
10	Sanders, Pippen	North Rockhampton
11	Smith, Savannah	North Rockhampton
12	Williams, Amelia	North Rockhampton

Event 67 Girls U7 Discus 350g

1	Rosenblatt, Hailey	Biloela
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Event 68 Boys U7 Discus 350g

1	Charteris, Cailen	Bargara
2	Doherty, Darcy	Agnes Water
3	Lawrence, Jackson	North Rockhampton
4	McCarthy, Nash	Bargara

Event 69 Girls U8 Long Jump

1	Collier, Alicia	Gin Gin
2	Dales, Iesha	North Rockhampton
3	Goltz, Lakely	North Rockhampton
4	Kenzler, Taelyn	Bargara
5	McDonald, Willow	Biloela
6	Rosenblatt, Zoe	Biloela
7	Williamson, Larni	Agnes Water

Event 70 Boys U8 Long Jump

1	Barry, Antonio	North Rockhampton
2	Baxter, Darcy	North Rockhampton
3	Flack, Zye	Bargara
4	Hodges, Owen	North Rockhampton
5	Lee, Ziggy	Agnes Water
6	Lentell, Bradley	North Rockhampton
7	Smith, Terry	North Rockhampton

Event 71 Girls U13 400m

1	Benton, Sophia	North Rockhampton
2	Misihairabwi, Ivanna	Biloela
3	Sheridan, Grace	North Rockhampton
4	Steele, Sophie	Bargara
5	Thornton, Ruby	Biloela

Event 72 Boys U13 400m

1	Lamb, Jack	Biloela
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Event 73 Girls U14 400m

1	Colquhoun, Bailey	North Rockhampton
2	Cox, Lila	North Rockhampton
3	Thornton, Chloe	Biloela

Event 74 Boys U14 400m

1	Thornton, Clae	Biloela
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Event 75 Uncontested**Event 76 Boys U13-14 400m Multi-Class**

1	Chopping, Deakon	North Rockhampton
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Event 77 Girls U11 400m

1	Lammin, Harper	Gin Gin
2	Rayner, Savannah	North Rockhampton
3	Walker, Grace	North Rockhampton

Event 78 Boys U11 400m

1	Barkle, Lyle	Bargara
2	Baylis, Tyler	Bargara
3	Gill, Nate	Biloela
4	Macaulay, Logan	Bargara
5	Sheridan, Tomas	North Rockhampton
6	Thornton, Nash	Biloela

Event 79 Girls U10 400m

1	Keightley, Indianna	Bargara
2	Killer, Lola	Bargara
3	Peters, Gracy	Agnes Water
4	Skoric, Harliena	Bargara
5	Tait, Chloe	Bargara
6	Williams, Nashaya	North Rockhampton
7	Worthington, Bonnie	Agnes Water

Event 80 Boys U10 400m

1	Cox, Cruz	North Rockhampton
2	Etherden, Lachlan	North Rockhampton
3	Horton, Francis	Biloela

Event 81-82 Uncontested**Event 83 Girls U15 400m**

1	McLean, Charlotte	North Rockhampton
2	Peters, Josie	Agnes Water

Event 84 Boys U15 400m

1	Blake, Morgan	Gin Gin
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Event 85 Girls U16 400m

1	Hearn, Isla	Bargara
2	Marriott, Amelia	North Rockhampton
3	Rayner, Cheyenne	North Rockhampton
4	Tait, Emily	Bargara

Event 86 Boys U16 400m

1	Mueller, Joshua	Gin Gin
2	Sheridan, Keith	North Rockhampton

Event 87 Girls U17 400m

1	Thornton, Hayley	Biloela
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Event 88 Boys U17 400m

1	Dales, Quinton	North Rockhampton
2	Rooney, Logan	North Rockhampton
3	Tambovsoff, Hayden	Bargara
4	Wyatt, Jayce	Bargara

Event 90 Boys U15-17 400m Multi-Class

1	Tait, Ethan	Bargara
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Event 91 Girls U9 400m

1	Graving, Ebony	Biloela
2	Ing, Greta	Bargara
3	McCarthy, Lacey	Bargara
4	Walker, Tiffany	North Rockhampton

Event 92 Boys U9 400m

1	Charteris, Cade	Bargara
2	Charteris, Cohen	Bargara
3	Dixon, Wyatt	North Rockhampton
4	Olsson, Joseph	Biloela
5	Sonter, Chael	North Rockhampton

Event 93 Girls U12 400m

1	Rayner, Georgia-Grace	North Rockhampton
2	Rooney, Nataliyah	North Rockhampton

Event 94 Boys U12 400m

1	Brooks, Will	Biloela
2	Jensen, Wyatt	Gin Gin
3	Williams, Bowen	Bargara

Event 95-96 Uncontested**Event 97 Girls U10 Shot Put 2kg**

1	Compagnoni, Elizabeth	North Rockhampton
2	Keightley, Indianna	Bargara
3	Lammin, Marley	Gin Gin
4	Lee, Maizie	Agnes Water
5	Lentell, Emily	North Rockhampton
6	Peters, Gracy	Agnes Water

Event 98 Boys U10 Shot Put 2kg

1	Cochrane, Edward	Biloela
2	Dales, Leith	North Rockhampton
3	Etherden, Lachlan	North Rockhampton
4	Horton, Francis	Biloela
5	Wyatt, Orlando	North Rockhampton

Event 99 Girls U9-10 Shot Put Multi-Class

1	McDonald, Kenzi	Biloela
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Event 100 Uncontested**Event 101 Girls U11 Triple Jump**

1	Byrnes, Dolly	North Rockhampton
2	Collier, Scarlett	Gin Gin
3	Onoprienko, Taitum	Bargara
4	Rayner, Savannah	North Rockhampton
5	Sariman, Lailah	North Rockhampton
6	Walker, Grace	North Rockhampton

Event 102 Boys U11 Triple Jump

1	Macaulay, Logan	Bargara
2	Maher, Kodi	Bargara
3	Roati, Hudson	North Rockhampton
4	Schulz, Connor	Bargara
5	Williamson, Lachlan	Agnes Water

Event 103 Girls U13 High Jump 1.15

1	Griffies, Mercia	Bargara
2	Misihairabwi, Ivanna	Biloela

Event 104 Boys U13 High Jump 1.20

1	Benham, Logan	Bargara
2	Nolan, Rhys	Gin Gin

Event 105 Girls U14 Javelin 400g

1	Bell, Ruby	North Rockhampton
2	Colquhoun, Bailey	North Rockhampton
3	Edwards, Mia	Bargara
4	Thornton, Chloe	Biloela
5	Williams, Mackenzie	Bargara

Event 106 Boys U14 Javelin 600g

1	Grant, Hamish	Bargara
2	McDermott, Ethan	Bargara

Event 107 Uncontested**Event 108 Boys U13-14 Javelin Multi-Class**

1	Chopping, Deakon	North Rockhampton
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Event 109 Girls U15 Discus 1kg

1	Armstrong, Taya	North Rockhampton
2	Cherry, Gabriella	North Rockhampton

Event 110 Boys U15 Discus 1kg

1	Blake, Morgan	Gin Gin
2	Nolan, Blake	Gin Gin
3	Rooney, Dominic	North Rockhampton

Event 111 Girls U16 Discus 1kg

1	Dales, Janique	North Rockhampton
2	Rayner, Cheyenne	North Rockhampton

Event 112 Uncontested**Event 113 Girls U17 Discus 1kg**

1	Broomhall, Emmerson	North Rockhampton
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Event 114 Boys U17 Discus 1.5kg

1	Lamb, John	Biloela
2	Rooney, Logan	North Rockhampton
3	Wyatt, Jayce	Bargara

Event 115 Uncontested**Event 116 Boys U15-17 Discus Multi-Class**

1	Philo, Lachlan	Bargara
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Event 117 Girls U9 Shot Put 2kg

1	Bell, Rylee	North Rockhampton
2	Graving, Ebony	Biloela
3	Ing, Greta	Bargara
4	Lamb, Johannah	Biloela
5	Walker, Tiffany	North Rockhampton

Event 118 Boys U9 Shot Put 2kg

1	Dixon, Wyatt	North Rockhampton
2	Doherty, Finn	Agnes Water
3	Maher, Casey	Bargara
4	Olsson, Joseph	Biloela

Event 119 Girls U11 Javelin 400g

1	Brant, Indie-Maree	North Rockhampton
2	Lammin, Harper	Gin Gin
3	Sariman, Lailah	North Rockhampton

Event 120 Boys U11 Javelin 400g

1	Maher, Kodi	Bargara
2	Sheridan, Tomas	North Rockhampton
3	Williamson, Lachlan	Agnes Water

Event 121 Girls U12 Long Jump

1	Cox, Amber	North Rockhampton
2	Hornagold, Matilda	North Rockhampton
3	Lawson, Ruby	Bargara
4	Rayner, Georgia-Grace	North Rockhampton
5	Rooney, Nataliyah	North Rockhampton

Event 122 Boys U12 Long Jump

1	Brooks, Will	Biloela
2	Dales, Seeley	North Rockhampton
3	Peters, Noah	Agnes Water
4	Tindel-Dimes, Sebastian	Bargara
5	Williams, Bowen	Bargara

Event 123 Girls U11-12 Long Jump Multi-Class

1	Skoric, Maryella	Bargara
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Event 124 Uncontested**Event 125 Girls U13 Discus 750g**

1	Griffies, Mercia	Bargara
2	Hearn, Macy	Bargara

Event 126 Boys U13 Discus 750g

1	Benham, Logan	Bargara
2	Compagnoni, Thomas	North Rockhampton
3	Lamb, Jack	Biloela
4	Nolan, Rhys	Gin Gin
5	Rooney, Blake	North Rockhampton

Event 127 Girls U15 High Jump 1.25

1	Kamau, Lara	North Rockhampton
2	Peters, Josie	Agnes Water

Event 128 Boys U15 High Jump 1.30

1 Nolan, Blake Gin Gin

Event 129 Girls U16 High Jump 1.30

1 Grant, Lana Bargara

Event 130 Boys U16 High Jump 1.35

1 Mueller, Joshua Gin Gin

Event 131 Girls U17 High Jump 1.30

1 Thornton, Hayley Biloela

Event 132 Boys U17 High Jump 1.35

1 Campbell, Haiden Agnes Water

2 Tambovsoff, Hayden Bargara

3 Wyatt, Jayce Bargara

Event 133 Girls U15 100m

1 Campbell, Ella Agnes Water

2 Cherry, Gabriella North Rockhampton

3 Kamau, Lara North Rockhampton

Event 134 Boys U15 100m

1 Blake, Morgan Gin Gin

2 Nolan, Blake Gin Gin

3 Rooney, Dominic North Rockhampton

Event 135 Girls U16 100m

1 Dales, Janique North Rockhampton

2 Grant, Lana Bargara

3 Hearn, Isla Bargara

4 Rayner, Cheyenne North Rockhampton

Event 136 Uncontested**Event 137 Girls U17 100m**

1 Broomhall, Emmerson North Rockhampton

2 Thornton, Hayley Biloela

Event 138 Boys U17 100m

1 Dales, Quinton North Rockhampton

2 Lamb, John Biloela

3 Tambovsoff, Hayden Bargara

4 Wyatt, Jayce Bargara

Event 139 Uncontested**Event 140 Boys U15-17 100m Multi-Class**

1 Philo, Lachlan Bargara

Event 141 Girls U14 100m

1 Bell, Ruby North Rockhampton

2 Cox, Lila North Rockhampton

3 Thornton, Chloe Biloela

4 Thornton, Summah Biloela

5 Williams, Mackenzie Bargara

6 Woods, Lily North Rockhampton

Event 142 Boys U14 100m

1 McDermott, Ethan Bargara

2 Thornton, Clae Biloela

Event 143 Girls U13 100m

1 Benton, Sophia North Rockhampton

2 Misihairabwi, Ivanna Biloela

3 Sheridan, Grace North Rockhampton

4 Steele, Sophie Bargara

5 Thornton, Ruby Biloela

Event 144 Boys U13 100m

1 Benham, Logan Bargara

2 Nolan, Rhys Gin Gin

3 Rooney, Blake North Rockhampton

4 Wyatt, Finn North Rockhampton

Event 145 Uncontested**Event 146 Boys U13-14 100m Multi-Class**

1 Chopping, Deakon North Rockhampton

Event 147 Girls U12 100m

1 Cox, Amber North Rockhampton

2 Lawson, Ruby Bargara

3 Rayner, Georgia-Grace North Rockhampton

4 Worthington, Charlie Agnes Water

Event 148 Boys U12 100m

1 Brooks, Will Biloela

2 Dales, Seeley North Rockhampton

3 Peters, Noah Agnes Water

Event 149 Girls U11 100m

1 Brant, Indie-Maree North Rockhampton

2 Collier, Scarlett Gin Gin

3 Lammin, Harper Gin Gin

4 Mills, Mia North Rockhampton

5 Onoprienko, Taitum Bargara

6 Rayner, Savannah North Rockhampton

7 Walker, Grace North Rockhampton

Event 150 Boys U11 100m

1 Barkle, Lyle Bargara

2 Baylis, Tyler Bargara

3 Gill, Nate Biloela

4 Maher, Kodi Bargara

5 Thornton, Nash Biloela

Event 151 Girls U11-12 100m Multi-Class

1 Skoric, Maryella Bargara

Event 152 Uncontested**Event 153 Girls U10 100m**

1 Compagnoni, Elizabeth North Rockhampton

2 Keightley, Indianna Bargara

3 Lammin, Marley Gin Gin

4 Lee, Maizie Agnes Water

5 Lentell, Emily North Rockhampton

6 Scheuer, Matilda Bargara

7 Skoric, Harliena Bargara

8 Tait, Chloe Bargara

9 Worthington, Bonnie Agnes Water

Event 154 Boys U10 100m

1 Barkle, Hayden Bargara

2 Cochrane, Edward Biloela

3 Cox, Cruz North Rockhampton

4 Dales, Leith North Rockhampton

5 Horton, Francis Biloela

6 Williams, Henley Bargara

7 Wyatt, Orlando North Rockhampton

Event 155 Girls U9 100m

1 Bell, Rylee North Rockhampton

2 Edwards, Mila Bargara

3 Graving, Ebony Biloela

4 Hornagold, Ebony North Rockhampton

5 McCarthy, Lacey Bargara

6 Skilling, Ava North Rockhampton

7 Walker, Tiffany North Rockhampton

Event 156 Boys U9 100m

1 Charteris, Cade Bargara

2 Dixon, Wyatt North Rockhampton

3 Maher, Casey Bargara

4 Olsson, Joseph Biloela

5 Sonter, Chael North Rockhampton

Event 157 Girls U9-10 100m Multi-Class

1 McDonald, Kenzi Biloela

Event 158 Uncontested**Event 159 Girls U8 100m**

1	Dales, Iesha	North Rockhampton
2	Goltz, Avia	North Rockhampton
3	Goltz, Lakely	North Rockhampton
4	Kenzler, Taelyn	Bargara
5	Lawrence, Pippa	North Rockhampton
6	Lawson, Holly	Bargara
7	Misihairabwi, Alena	Biloela
8	Olsson, Claire	Biloela
9	Rosenblatt, Zoe	Biloela
10	Smith, Savannah	North Rockhampton
11	Williams, Amelia	North Rockhampton

Event 160 Boys U8 100m

1	Barry, Antonio	North Rockhampton
2	Baxter, Darcy	North Rockhampton
3	Flack, Zye	Bargara
4	Hodges, Owen	North Rockhampton
5	Hornagold, Lincoln	North Rockhampton
6	Lee, Ziggy	Agnes Water
7	Sherriff-Hearn, Kasey	North Rockhampton

Event 161 Girls U7 100m

1	Killer, Macy-Jay	Bargara
2	Luck, Isabella	North Rockhampton
3	Miller, Lily	North Rockhampton
4	Rosenblatt, Hailey	Biloela
5	Ruckert, Haylee	North Rockhampton

Event 162 Boys U7 100m

1	Chardon, Elijah	North Rockhampton
2	Charteris, Cailen	Bargara
3	Cox, Kobe	North Rockhampton
4	Lawrence, Jackson	North Rockhampton
5	McCarthy, Nash	Bargara
6	Woods, Mason	North Rockhampton

Event 163 Uncontested**Event 164 Boys U12 Javelin 400g**

1	Campbell, Logan	Agnes Water
2	Dales, Seeley	North Rockhampton
3	Jensen, Wyatt	Gin Gin
4	Peters, Noah	Agnes Water
5	Tindel-Dimes, Sebastian	Bargara
6	Williams, Bowen	Bargara

Event 165 Girls U11-12 Javelin Multi-Class

1	Skoric, Maryella	Bargara
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Event 166 Uncontested**Event 167 Girls U14 Discus 1kg**

1	Bell, Ruby	North Rockhampton
2	Colquhoun, Bailey	North Rockhampton
3	Edwards, Mia	Bargara
4	Thornton, Chloe	Biloela
5	Thornton, Summah	Biloela
6	Williams, Mackenzie	Bargara

Event 168 Boys U14 Discus 1kg

1	McDermott, Ethan	Bargara
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Event 169 Uncontested**Event 170 Boys U13-14 Discus Multi-Class**

1	Chopping, Deakon	North Rockhampton
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Event 171 Girls U15 Long Jump

1	Armstrong, Taya	North Rockhampton
2	Cherry, Gabriella	North Rockhampton
3	McLean, Charlotte	North Rockhampton
4	Peters, Josie	Agnes Water

Event 172 Boys U15 Long Jump

1	Blake, Morgan	Gin Gin
2	Nolan, Blake	Gin Gin
3	Rooney, Dominic	North Rockhampton

Event 173 Girls U16 Long Jump

1	Dales, Janique	North Rockhampton
2	Grant, Lana	Bargara
3	Hearn, Isla	Bargara
4	Marriott, Amelia	North Rockhampton
5	Rayner, Cheyenne	North Rockhampton
6	Tait, Emily	Bargara

Event 174 Boys U16 Long Jump

1	Mueller, Joshua	Gin Gin
2	Sheridan, Keith	North Rockhampton

Event 175 Girls U17 Long Jump

1	Broomhall, Emmerson	North Rockhampton
2	Thornton, Hayley	Biloela

Event 176 Boys U17 Long Jump

1	Campbell, Haiden	Agnes Water
2	Lamb, John	Biloela

Event 177 Uncontested**Event 178 Boys U15-17 Long Jump Multi-Class**

1	Philo, Lachlan	Bargara
2	Tait, Ethan	Bargara

Event 179 Girls U11 High Jump 0.95

1	Byrnes, Dolly	North Rockhampton
2	Collier, Scarlett	Gin Gin
3	Lammin, Harper	Gin Gin
4	Mills, Mia	North Rockhampton
5	Sariman, Lailah	North Rockhampton

Event 180 Boys U11 High Jump 1.00

1	Barkle, Lyle	Bargara
2	Baylis, Tyler	Bargara
3	Buckley, Louie	Bargara
4	Macaulay, Logan	Bargara
5	Maher, Kodi	Bargara
6	Schulz, Connor	Bargara
7	Williamson, Lachlan	Agnes Water

Event 181 Girls U10 Discus 500g

1	Compagnoni, Elizabeth	North Rockhampton
2	Keightley, Indianna	Bargara
3	Lammin, Marley	Gin Gin
4	Lee, Maizie	Agnes Water
5	Lentell, Emily	North Rockhampton
6	Peters, Gracy	Agnes Water

Event 182 Boys U10 Discus 500g

1	Cochrane, Edward	Biloela
2	Dales, Leith	North Rockhampton
3	Horton, Francis	Biloela
4	Williams, Henley	Bargara
5	Wyatt, Orlando	North Rockhampton

Event 183 Girls U9-10 Discus Multi-Class

1	McDonald, Kenzi	Biloela
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Event 184 Uncontested**Event 185 Girls U12 Shot Put 2kg**

1	Cox, Amber	North Rockhampton
2	Rayner, Georgia-Grace	North Rockhampton
3	Rooney, Nataliyah	North Rockhampton

Event 186 Boys U12 Shot Put 2kg

1	Brooks, Will	Biloela
2	Dales, Seeley	North Rockhampton
3	Jensen, Wyatt	Gin Gin
4	Peters, Noah	Agnes Water
5	Tindel-Dimes, Sebastian	Bargara

Event 187-188 Uncontested**Event 189 Girls U13 Triple Jump**

1	Griffies, Mercia	Bargara
2	Hearn, Macy	Bargara
3	Misihairabwi, Ivanna	Biloela
4	Sheridan, Grace	North Rockhampton
5	Steele, Sophie	Bargara
6	Thornton, Ruby	Biloela

Event 190 Boys U13 Triple Jump

1	Lamb, Jack	Biloela
2	Nolan, Rhys	Gin Gin
3	Rooney, Blake	North Rockhampton
4	Wyatt, Finn	North Rockhampton

Event 191 Girls U9 800m

1	Hornagold, Ebony	North Rockhampton
2	Ing, Greta	Bargara
3	McCarthy, Lacey	Bargara
4	Walker, Tiffany	North Rockhampton

Event 192 Girls U10 800m

1	Keightley, Indianna	Bargara
2	Killer, Lola	Bargara
3	Peters, Gracy	Agnes Water
4	Skoric, Harliena	Bargara
5	Worthington, Bonnie	Agnes Water

Event 193 Girls U11 800m

1	Byrnes, Dolly	North Rockhampton
2	Mills, Mia	North Rockhampton
3	Rayner, Savannah	North Rockhampton
4	Walker, Grace	North Rockhampton

Event 194 Girls U12 800m

1	Hornagold, Matilda	North Rockhampton
2	Rooney, Nataliyah	North Rockhampton

Event 195 Boys U9 800m

1	Charteris, Cohen	Bargara
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Event 196 Boys U10 800m

1	Cox, Cruz	North Rockhampton
2	Dales, Leith	North Rockhampton
3	Etherden, Lachlan	North Rockhampton
4	Horton, Francis	Biloela
5	Williams, Henley	Bargara

Event 197 Boys U11 800m

1	Barkle, Lyle	Bargara
2	Baylis, Tyler	Bargara
3	Buckley, Louie	Bargara
4	Gill, Nate	Biloela
5	Macaulay, Logan	Bargara
6	Schulz, Connor	Bargara
7	Sheridan, Tomas	North Rockhampton

Event 198 Boys U12 800m

1	Jensen, Wyatt	Gin Gin
2	Williams, Bowen	Bargara

Event 199 Girls U13 800m

1	Barram, Piper	North Rockhampton
2	Benton, Sophia	North Rockhampton
3	Hearn, Macy	Bargara

Event 200 Girls U14 800m

1	Colquhoun, Bailey	North Rockhampton
2	Cox, Lila	North Rockhampton

Event 201 Girls U15 800m

1	McLean, Charlotte	North Rockhampton
2	Peters, Josie	Agnes Water

Event 202 Girls U16 800m

1	Hearn, Isla	Bargara
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Event 203 Girls U17 800m

1	Thornton, Hayley	Biloela
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Event 204 Uncontested**Event 205 Boys U14 800m**

1	Thornton, Clae	Biloela
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Event 206 Uncontested**Event 207 Boys U16 800m**

1	Mueller, Joshua	Gin Gin
2	Sheridan, Keith	North Rockhampton

Event 208 Boys U17 800m

1	Dales, Quinton	North Rockhampton
2	Rooney, Logan	North Rockhampton
3	Tambovsoff, Hayden	Bargara

Event 209 Girls U9-10 800m Multi-Class

1	McDonald, Kenzi	Biloela
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Event 210-214 Uncontested**Event 215 Boys U13-14 800m Multi-Class**

1	Chopping, Deakon	North Rockhampton
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Event 216 Boys U15-17 800m Multi-Class

1	Tait, Ethan	Bargara
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Event 217 Girls U14 Long Jump

1	Cox, Lila	North Rockhampton
2	Thornton, Chloe	Biloela
3	Thornton, Summah	Biloela
4	Williams, Mackenzie	Bargara
5	Woods, Lily	North Rockhampton

Event 218 Boys U14 Long Jump

1	McDermott, Ethan	Bargara
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Event 219-220 Uncontested**Event 221 Girls U9 Long Jump**

1	Bell, Rylee	North Rockhampton
2	Edwards, Mila	Bargara
3	Graving, Ebony	Biloela
4	Hornagold, Ebony	North Rockhampton
5	Ing, Greta	Bargara
6	Lamb, Johannah	Biloela
7	McCarthy, Lacey	Bargara
8	Skilling, Ava	North Rockhampton
9	Walker, Tiffany	North Rockhampton
10	Wilson, Lola	Bargara

Event 222 Boys U9 Long Jump

1	Charteris, Cade	Bargara
2	Charteris, Cohen	Bargara
3	Dixon, Wyatt	North Rockhampton
4	Doherty, Finn	Agnes Water
5	Maher, Casey	Bargara
6	Sonter, Chael	North Rockhampton

Event 223 Girls U10 High Jump 0.85

1	Killer, Lola	Bargara
2	Lammin, Marley	Gin Gin
3	Lee, Maizie	Agnes Water
4	Peters, Gracy	Agnes Water
5	Scheuer, Matilda	Bargara
6	Tait, Chloe	Bargara
7	Williams, Nashaya	North Rockhampton

Event 224 Boys U10 High Jump 0.90

1	Cox, Cruz	North Rockhampton
2	Dales, Leith	North Rockhampton
3	Etherden, Lachlan	North Rockhampton
4	Horton, Francis	Biloela
5	Williams, Henley	Bargara
6	Wyatt, Orlando	North Rockhampton

Event 225 Girls U11 Shot Put 2kg

1	Brant, Indie-Maree	North Rockhampton
2	Byrnes, Dolly	North Rockhampton
3	Collier, Scarlett	Gin Gin
4	Lammin, Harper	Gin Gin
5	Sariman, Lailah	North Rockhampton

Event 226 Boys U11 Shot Put 2kg

1	Gill, Nate	Biloela
2	Macaulay, Logan	Bargara
3	Maher, Kodi	Bargara
4	Sheridan, Tomas	North Rockhampton
5	Williamson, Lachlan	Agnes Water

Event 227 Girls U12 Discus 750g

1	Cox, Amber	North Rockhampton
2	Hornagold, Matilda	North Rockhampton
3	Lawson, Ruby	Bargara

Event 228 Boys U12 Discus 750g

1	Campbell, Logan	Agnes Water
2	Peters, Noah	Agnes Water
3	Tindel-Dimes, Sebastian	Bargara
4	Williams, Bowen	Bargara

Event 229 Girls U11-12 Discus Multi-Class

1	Skoric, Maryella	Bargara
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Event 230 Uncontested**Event 231 Girls U13 200m Hurdles 68cm**

1	Griffies, Mercia	Bargara
2	Sheridan, Grace	North Rockhampton

Event 232 Boys U13 200m Hurdles 68cm

1	Wyatt, Finn	North Rockhampton
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Event 233 Girls U14 200m Hurdles 76cm

1	Williams, Mackenzie	Bargara
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Event 234 Uncontested**Event 235 Girls U15 300m Hurdles 76cm**

1	Armstrong, Taya	North Rockhampton
2	Cherry, Gabriella	North Rockhampton

Event 236-237 Uncontested**Event 238 Boys U16 300m Hurdles 76cm**

1	Sheridan, Keith	North Rockhampton
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Event 239 Uncontested**Event 240 Boys U17 300m Hurdles 76cm**

1	Dales, Quinton	North Rockhampton
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Event 241 Girls U13 Long Jump

1	Barram, Piper	North Rockhampton
2	Hearn, Macy	Bargara
3	Misihairabwi, Ivanna	Biloela
4	Steele, Sophie	Bargara
5	Thornton, Ruby	Biloela

Event 242 Boys U13 Long Jump

1	Benham, Logan	Bargara
2	Lamb, Jack	Biloela
3	Nolan, Rhys	Gin Gin
4	Rooney, Blake	North Rockhampton
5	Wyatt, Finn	North Rockhampton

Event 243 Girls U15 Javelin 500g

1	Armstrong, Taya	North Rockhampton
2	Kamau, Lara	North Rockhampton

Event 244 Boys U15 Javelin 700g

1	Blake, Morgan	Gin Gin
2	Nolan, Blake	Gin Gin
3	Rooney, Dominic	North Rockhampton

Event 245 Girls U16 Javelin 500g

1	Dales, Janique	North Rockhampton
2	Grant, Lana	Bargara
3	Hearn, Isla	Bargara
4	Tait, Emily	Bargara

Event 246 Boys U16 Javelin 700g

1	Mueller, Joshua	Gin Gin
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Event 247 Girls U17 Javelin 500g

1	Broomhall, Emmerson	North Rockhampton
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Event 248 Boys U17 Javelin 700g

1	Lamb, John	Biloela
2	Rooney, Logan	North Rockhampton
3	Tambovsoff, Hayden	Bargara

Event 249 Uncontested**Event 250 Boys U15-17 Javelin Multi-Class**

1	Philo, Lachlan	Bargara
2	Tait, Ethan	Bargara

Event 251 Girls U11 1500m

1	Mills, Mia	North Rockhampton
2	Rayner, Savannah	North Rockhampton
3	Walker, Grace	North Rockhampton

Event 252 Boys U11 1500m

1	Barkle, Lyle	Bargara
2	Buckley, Louie	Bargara
3	Schulz, Connor	Bargara

Event 253 Girls U12 1500m

1	Rooney, Nataliyah	North Rockhampton
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Event 254 Boys U12 1500m

1	Brooks, Will	Biloela
2	Williams, Bowen	Bargara

Event 255-257 Uncontested**Event 258 Boys U14 1500m**

1	Thornton, Clae	Biloela
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Event 259 Girls U15 1500m

1	Peters, Josie	Agnes Water
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Event 260-261 Uncontested**Event 262 Boys U16 1500m**

1	Mueller, Joshua	Gin Gin
2	Sheridan, Keith	North Rockhampton

Event 263 Uncontested

Event 264 Boys U17 1500m

1	Campbell, Haiden	Agnes Water
2	Dales, Quinton	North Rockhampton
3	Rooney, Logan	North Rockhampton

Event 265 Girls U7 Shot Put 1kg

1	Killer, Macy-Jay	Bargara
2	Miller, Lily	North Rockhampton
3	Ruckert, Haylee	North Rockhampton

Event 266 Boys U7 Shot Put 1kg

1	Cox, Kobe	North Rockhampton
2	Doherty, Darcy	Agnes Water
3	Lawrence, Jackson	North Rockhampton

Event 267 Girls U8 Discus 500g

1	Collier, Alicia	Gin Gin
2	Dales, Iesha	North Rockhampton
3	Goltz, Avia	North Rockhampton
4	Goltz, Lakely	North Rockhampton
5	Lawson, Holly	Bargara
6	McDonald, Willow	Biloela
7	Misihairabwi, Alena	Biloela
8	Olsson, Claire	Biloela
9	Rosenblatt, Zoe	Biloela
10	Sanders, Phippen	North Rockhampton
11	Williamson, Larni	Agnes Water

Event 268 Boys U8 Discus 500g

1	Hornagold, Lincoln	North Rockhampton
2	Lee, Ziggy	Agnes Water
3	Lentell, Bradley	North Rockhampton
4	Sherriff-Hearn, Kasey	North Rockhampton

Event 269 Girls U12 Triple Jump

1	Lawson, Ruby	Bargara
2	Rayner, Georgia-Grace	North Rockhampton
3	Rooney, Nataliyah	North Rockhampton
4	Wilson, Indigo	Bargara

Event 270 Boys U12 Triple Jump

1	Dales, Seeley	North Rockhampton
2	Jensen, Wyatt	Gin Gin
3	Tindel-Dimes, Sebastian	Bargara
4	Williams, Bowen	Bargara

Event 271 Girls U14 High Jump 1.20

1	Bell, Ruby	North Rockhampton
2	Colquhoun, Bailey	North Rockhampton
3	Thornton, Summah	Biloela

Event 272 Uncontested**Event 273 Girls U11 Long Jump**

1	Brant, Indie-Maree	North Rockhampton
2	Byrnes, Dolly	North Rockhampton
3	Lammin, Harper	Gin Gin
4	Mills, Mia	North Rockhampton
5	Onoprienko, Taitum	Bargara
6	Rayner, Savannah	North Rockhampton
7	Sariman, Lailah	North Rockhampton

Event 274 Boys U11 Long Jump

1	Baylis, Tyler	Bargara
2	Gill, Nate	Biloela
3	Macaulay, Logan	Bargara
4	Maher, Kodi	Bargara
5	Roati, Hudson	North Rockhampton
6	Schulz, Connor	Bargara
7	Sheridan, Tomas	North Rockhampton
8	Thornton, Nash	Biloela
9	Williamson, Lachlan	Agnes Water

Event 275 Girls U7 70m

1	Killer, Macy-Jay	Bargara
2	Luck, Isabella	North Rockhampton
3	Miller, Lily	North Rockhampton
4	Rosenblatt, Hailey	Biloela
5	Ruckert, Haylee	North Rockhampton

Event 276 Boys U7 70m

1	Chardon, Elijah	North Rockhampton
2	Charteris, Caileen	Bargara
3	Cox, Kobe	North Rockhampton
4	Lawrence, Jackson	North Rockhampton
5	McCarthy, Nash	Bargara
6	Woods, Mason	North Rockhampton

Event 277 Girls U8 70m

1	Dales, Iesha	North Rockhampton
2	Goltz, Avia	North Rockhampton
3	Goltz, Lakely	North Rockhampton
4	Kenzler, Taelyn	Bargara
5	Lawrence, Pippa	North Rockhampton
6	Misihairabwi, Alena	Biloela
7	Olsson, Claire	Biloela
8	Rosenblatt, Zoe	Biloela
9	Sanders, Phippen	North Rockhampton
10	Smith, Savannah	North Rockhampton
11	Williams, Amelia	North Rockhampton
12	Williamson, Larni	Agnes Water

Event 278 Boys U8 70m

1	Barry, Antonio	North Rockhampton
2	Baxter, Darcy	North Rockhampton
3	Flack, Zye	Bargara
4	Hodges, Owen	North Rockhampton
5	Lee, Ziggy	Agnes Water
6	Lentell, Bradley	North Rockhampton
7	Sherriff-Hearn, Kasey	North Rockhampton
8	Smith, Terry	North Rockhampton

Event 279 Girls U9 70m

1	Bell, Rylee	North Rockhampton
2	Edwards, Mila	Bargara
3	Lamb, Johannah	Biloela
4	Wilson, Lola	Bargara

Event 280 Boys U9 70m

1	Dixon, Wyatt	North Rockhampton
2	Maher, Casey	Bargara
3	Sonter, Chael	North Rockhampton

Event 281 Girls U10 70m

1	Compagnoni, Elizabeth	North Rockhampton
2	Killer, Lola	Bargara
3	Lammin, Marley	Gin Gin
4	Lee, Maizie	Agnes Water
5	Lentell, Emily	North Rockhampton
6	McDonald, Kenzi	Biloela
7	Scheuer, Matilda	Bargara
8	Williams, Nashaya	North Rockhampton
9	Worthington, Bonnie	Agnes Water

Event 282 Boys U10 70m

1	Barkle, Hayden	Bargara
2	Cochrane, Edward	Biloela
3	Cox, Cruz	North Rockhampton
4	Etherden, Lachlan	North Rockhampton
5	Wyatt, Orlando	North Rockhampton

Event 283 Girls U13 Shot Put 3kg

1	Hearn, Macy	Bargara
2	Misihairabwi, Ivanna	Biloela

Event 284 Boys U13 Shot Put 3kg

1	Compagnoni, Thomas	North Rockhampton
2	Lamb, Jack	Biloela
3	Rooney, Blake	North Rockhampton
4	Wyatt, Finn	North Rockhampton

Event 285 Girls U15 Triple Jump

1	Armstrong, Taya	North Rockhampton
2	Cherry, Gabriella	North Rockhampton
3	Kamau, Lara	North Rockhampton
4	McLean, Charlotte	North Rockhampton
5	Peters, Josie	Agnes Water

Event 286 Boys U15 Triple Jump

1	Blake, Morgan	Gin Gin
2	Nolan, Blake	Gin Gin
3	Rooney, Dominic	North Rockhampton

Event 287 Girls U16 Triple Jump

1	Dales, Janique	North Rockhampton
2	Grant, Lana	Bargara
3	Hearn, Isla	Bargara

Event 288 Boys U16 Triple Jump

1	Mueller, Joshua	Gin Gin
2	Sheridan, Keith	North Rockhampton

Event 289 Girls U17 Triple Jump

1	Thornton, Hayley	Biloela
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Event 290 Boys U17 Triple Jump

1	Campbell, Haiden	Agnes Water
2	Rooney, Logan	North Rockhampton
3	Wyatt, Jayce	Bargara

Event 291 Girls U14 Shot Put 3kg

1	Bell, Ruby	North Rockhampton
2	Thornton, Chloe	Biloela
3	Thornton, Summah	Biloela

Event 292 Boys U14 Shot Put 3kg

1	Grant, Hamish	Bargara
2	McDermott, Ethan	Bargara
3	Thornton, Clae	Biloela

Event 293 Uncontested**Event 294 Boys U13-14 Shot Put Multi-Class**

1	Chopping, Deakon	North Rockhampton
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Event 295 Girls U7 200m

1	Killer, Macy-Jay	Bargara
2	Luck, Isabella	North Rockhampton
3	Miller, Lily	North Rockhampton
4	Rosenblatt, Hailey	Biloela
5	Ruckert, Haylee	North Rockhampton

Event 296 Boys U7 200m

1	Chardon, Elijah	North Rockhampton
2	Charteris, Cailen	Bargara
3	Cox, Kobe	North Rockhampton
4	McCarthy, Nash	Bargara
5	Woods, Mason	North Rockhampton

Event 297 Girls U8 200m

1	Collier, Alicia	Gin Gin
2	Dales, Iesha	North Rockhampton
3	Kenzler, Taelyn	Bargara
4	Lawrence, Pippa	North Rockhampton
5	Lawson, Holly	Bargara
6	McDonald, Willow	Biloela
7	Olsson, Claire	Biloela
8	Sanders, Pippen	North Rockhampton
9	Smith, Savannah	North Rockhampton
10	Williams, Amelia	North Rockhampton
11	Williamson, Larni	Agnes Water

Event 298 Boys U8 200m

1	Barry, Antonio	North Rockhampton
2	Flack, Zye	Bargara
3	Hornagold, Lincoln	North Rockhampton
4	Sherriff-Hearn, Kasey	North Rockhampton
5	Smith, Terry	North Rockhampton

Event 299 Girls U9 200m

1	Edwards, Mila	Bargara
2	Graving, Ebony	Biloela
3	McCarthy, Lacey	Bargara
4	Skilling, Ava	North Rockhampton
5	Wilson, Lola	Bargara

Event 300 Boys U9 200m

1	Charteris, Cade	Bargara
2	Charteris, Cohen	Bargara
3	Dixon, Wyatt	North Rockhampton
4	Doherty, Finn	Agnes Water
5	Maher, Casey	Bargara
6	Olsson, Joseph	Biloela

Event 301 Girls U10 200m

1	Compagnoni, Elizabeth	North Rockhampton
2	Keightley, Indianna	Bargara
3	Killer, Lola	Bargara
4	Lammin, Marley	Gin Gin
5	Peters, Gracy	Agnes Water
6	Scheuer, Matilda	Bargara
7	Skoric, Harliena	Bargara
8	Williams, Nashaya	North Rockhampton
9	Worthington, Bonnie	Agnes Water

Event 302 Boys U10 200m

1	Cox, Cruz	North Rockhampton
2	Horton, Francis	Biloela

Event 303 Girls U9-10 200m Multi-Class

1	McDonald, Kenzi	Biloela
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Event 304 Uncontested**Event 305 Girls U11 200m**

1	Collier, Scarlett	Gin Gin
2	Mills, Mia	North Rockhampton
3	Onoprienko, Taitum	Bargara
4	Rayner, Savannah	North Rockhampton
5	Sariman, Lailah	North Rockhampton

Event 306 Boys U11 200m

1	Barkle, Lyle	Bargara
2	Baylis, Tyler	Bargara
3	Buckley, Louie	Bargara
4	Gill, Nate	Biloela
5	Roati, Hudson	North Rockhampton
6	Schulz, Connor	Bargara
7	Thornton, Nash	Biloela

Event 307 Girls U12 200m

1	Cox, Amber	North Rockhampton
2	Rayner, Georgia-Grace	North Rockhampton
3	Rooney, Nataliyah	North Rockhampton
4	Wilson, Indigo	Bargara

Event 308 Boys U12 200m

1	Brooks, Will	Biloela
2	Dales, Seeley	North Rockhampton
3	Peters, Noah	Agnes Water

Event 309 Girls U11-12 200m Multi-Class

1	Skoric, Maryella	Bargara
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Event 310 Uncontested**Event 311 Girls U13 200m**

1	Barram, Piper	North Rockhampton
2	Benton, Sophia	North Rockhampton
3	Misihairabwi, Ivanna	Biloela
4	Sheridan, Grace	North Rockhampton
5	Steele, Sophie	Bargara
6	Thornton, Ruby	Biloela

Event 312 Boys U13 200m

1	Benham, Logan	Bargara
2	Nolan, Rhys	Gin Gin
3	Rooney, Blake	North Rockhampton
4	Wyatt, Finn	North Rockhampton

Event 313 Girls U14 200m

1	Cox, Lila	North Rockhampton
2	Thornton, Chloe	Biloela
3	Thornton, Summah	Biloela
4	Woods, Lily	North Rockhampton

Event 314 Boys U14 200m

1	McDermott, Ethan	Bargara
2	Thornton, Clae	Biloela

Event 315 Uncontested**Event 316 Boys U13-14 200m Multi-Class**

1	Chopping, Deakon	North Rockhampton
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Event 317 Girls U15 200m

1	Cherry, Gabriella	North Rockhampton
2	Kamau, Lara	North Rockhampton
3	McLean, Charlotte	North Rockhampton

Event 318 Boys U15 200m

1	Blake, Morgan	Gin Gin
2	Nolan, Blake	Gin Gin
3	Rooney, Dominic	North Rockhampton

Event 319 Girls U16 200m

1	Dales, Janique	North Rockhampton
2	Grant, Lana	Bargara
3	Hearn, Isla	Bargara
4	Marriott, Amelia	North Rockhampton
5	Rayner, Cheyenne	North Rockhampton
6	Tait, Emily	Bargara

Event 320 Boys U16 200m

1	Sheridan, Keith	North Rockhampton
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Event 321 Girls U17 200m

1	Broomhall, Emmerson	North Rockhampton
2	Thornton, Hayley	Biloela

Event 322 Boys U17 200m

1	Campbell, Haiden	Agnes Water
2	Dales, Quinton	North Rockhampton
3	Lamb, John	Biloela
4	Tambovsoff, Hayden	Bargara
5	Wyatt, Jayce	Bargara

Event 323 Uncontested**Event 324 Boys U15-17 200m Multi-Class**

1	Tait, Ethan	Bargara
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Regional Best Performances

Girls U9

70m	11.10	1992	J Albrecht - Nth Rockhampton
100m	15.60	1990	A Beasley - Nth Rockhampton
200m	32.90	1989	K Rothery - Nth Rockhampton
400m	1:28.46	8/09/2018	Lexi Goodwin - Nth Rockhampton
800m	3:02.00	1990	R Roberts - Emerald
700m Race Walk	4:42.00	1996	I Clothier - Emerald
60m Hurdles	11.00	1989	K Rothery - Nth Rockhampton
High Jump	1.13m	2006	Jessica Galea - Gin Gin
Long Jump	3.55m	1991	R Tennent - Nth Rockhampton
Discus	18.73m	2000	J Platen - Nth Rockhampton
Shot Put	6.36m	2007	S Layden - North Mackay

Girls U10

70m	10.20	1999	P Hindmarsh - Nth Rockhampton
100m	14.20	1999	P Hindmarsh - Nth Rockhampton
200m	31.20	1988	T Cantell - Nth Rockhampton
400m	1:15.80	1994	N Kovago - Blackwater
800m	2:55.00	2001	E Keehn - Gracemere
1100m Race Walk	6:58.90	1996	C Hilcher - Nth Rockhampton
60m Hurdles	12.10	2003	S Hegarty - Nth Rockhampton
High Jump	1.18m	1991	S Frisby - Blackwater
Long Jump	4.14m	1992	R Tennent - Nth Rockhampton
Discus	24.87m	2000	J Faint - Clermont
Shot Put	7.65m	2000	J Faint - Clermont

Girls U11

100m	13.90	2000	C Van Lathum - Alpha
200m	29.50	1989	T Cantell - Nth Rockhampton
400m	1:10.20	1997	J Rogers - Nth Rockhampton
800m	2:43.20	1997	J Rogers - Nth Rockhampton
1500m	5:43.60	1991	A Doyle - Capricorn Coast
1100m Race Walk	6:47.95	2009	Caroline Morrison - North Mackay
80m Hurdles	16.34	7/09/2019	Bailee Brown - Nth Rockhampton
High Jump	1.29m	9/09/2017	Elizabeth Donohue - Nth Rockhampton
Long Jump	4.54m	1993	R Tennent - Nth Rockhampton
Triple Jump	9.87m	1993	R Tennent - Nth Rockhampton
Discus	20.05m	12/09/2020	Ruby Bell - Gracemere
Javelin	28.30m	1996	K Davis - Nth Rockhampton
Shot Put	9.78m	2009	Zoe Breikreutz - North Mackay

Girls U12

100m	13.40	2001	C Van Lathum - Alpha
200m	28.20	2001	C Van Lathum - Alpha
400m	1:07.60	2001	C Van Lathum - Alpha
800m	2:41.10	1988	M Perotta - Emerald
1500m	5:33.90	9/09/2017	Sharnti Woodham - Yeppoon
1500m Race Walk	9:04.80	1994	S Tennent - Nth Rockhampton
80m Hurdles	16.52	12/09/2020	Bailee Brown - Nth Rockhampton
High Jump	1.43m	2003	E Keehn - Nth Rockhampton
Long Jump	4.55m	5/09/2015	Tiana Richards - Nth Rockhampton
Triple Jump	10.04m	12/09/2021	Lily Woods - Nth Rockhampton
Discus	28.54m	1992	S Tennent - Nth Rockhampton
Javelin	29.37m	2013	Sara-Jane O'Grady - Nth Rockhampton
Shot Put	11.09m	2002	J Faint - Clermont

Girls U13

100m	13.40	1993	K Rothery - Nth Rockhampton
200m	27.40	1995	L Cotter - Emerald
400m	1:06.90	2004	A Thorsen - Nth Rockhampton
800m	2:39.50	1992	H Moulds - Capricorn Coast
1500m	5:32.00	1990	J Johnson - Nth Rockhampton
1500m Race Walk	8:59.10	1992	T Funch - Nth Rockhampton
80m Hurdles	13.40	1995	R Tennent - Nth Rockhampton
200m Hurdles	31.70	1993	K Rothery - Nth Rockhampton
High Jump	1.43m	1997	M McLean - Nth Rockhampton
Long Jump	4.75m	1993	K Rothery - Nth Rockhampton
Triple Jump	10.25m	10/9/2022	Lily Woods - Nth Rockhampton
Discus	37.35m	2013	Zoe Henare - Nth Rockhampton
Javelin	33.23m	13/09/2014	Sara-Jane O'Grady - Nth Rockhampton
Shot Put	11.11m	2013	Zoe Henare - Nth Rockhampton

Girls U14

100m	13.45	8/09/2018	Holly Blunt - Nth Rockhampton
200m	26.70	2001	T Smith - Emerald
400m	1:04.02	5/09/2015	Darcy Milfull - Yeppoon
800m	2:35.88	4/09/2016	Emily Authurs - Biloela
1500m	5:15.15	13/09/2014	Tayla Campbell - Nth Rockhampton
1500m Race Walk	9:05.60	2005	S Hickson - Nth Rockhampton
80m Hurdles	12.91	9/09/2017	Tiana Richards - Nth Rockhampton
200m Hurdles	31.34	10/09/2017	Tiana Richards - Nth Rockhampton
High Jump	1.56m	6/09/2015	Caliah Saltner-Hill - Nth Rockhampton
Long Jump	5.21m	5/09/2015	Caliah Saltner-Hill - Nth Rockhampton
Triple Jump	10.81m	5/09/2015	Caliah Saltner-Hill - Nth Rockhampton
Discus	34.22m	2013	Christina McLure - Biloela
Javelin	39.33m	9/09/2017	Tiana Richards - Nth Rockhampton
Shot Put	12.64m	14/09/2014	Zoe Henare - Nth Rockhampton

Girls U15

100m	13.10	2006	A Beitzel - Gracemere
200m	27.34	2011	Kelsey Mann - Nth Rockhampton
400m	1:01.89	3/09/2016	Darcy Milfull - Yeppoon
800m	2:23.40	1992	T Cathro - Nth Rockhampton
1500m	5:20.00	1990	K Cathro - Nth Rockhampton
1500m Race Walk	8:56.00	1990	T Johnson - Nth Rockhampton
90m Hurdles	13.68	8/09/2018	Tiana Richards - Nth Rockhampton
300m Hurdles	48.87	9/09/2018	Tiana Richards - Nth Rockhampton
High Jump	1.55m	3/09/2016	Caliah Saltner-Hill - Nth Rockhampton
Long Jump	5.17m	1992	N Brown - Blackwater
Triple Jump	10.34m	2012	Jessica Galea - Gin Gin
Discus	36.22m	13/09/2014	Christina McLure - Biloela
Javelin	38.10m	6/09/2015	Zoe Henare - Nth Rockhampton
Shot Put	13.81m	5/09/2015	Zoe Henare - Nth Rockhampton

Girls U16

100m	13.80	2013	Jessica Galea - Gin Gin
200m	28.32	9/09/2018	Emily Authurs - Biloela
400m	1:03.94	8/09/2018	Marianna Konopka - Bargara
800m	2:35.52	9/09/2018	Marianna Konopka - Bargara
1500m	6:00.92	11/09/2021	Olivia Warmington - Bargara
1500m Race Walk	11:04.70	13/09/2014	Jessica Radke - Biloela
90m Hurdles	14.94	7/09/2019	Mirae Ries - Nth Rockhampton
300m Hurdles	52.33	9/09/2018	Emily Authurs - Biloela
High Jump	1.44m	5/09/2015	Christina McLure - Biloela
Long Jump	4.63m	7/09/2019	Mirae Ries - Nth Rockhampton
Triple Jump	10.20m	2013	Jessica Galea - Gin Gin
Discus	38.38m	5/09/2015	Christina McLure - Biloela
Javelin	32.80m	6/09/2015	Christina McLure - Biloela
Shot Put	11.59m	5/09/2015	Kalesita Sarogodradra - Nth Rockhampton

Girls U17

100m	12.68	2012	Annelise Wesley - Gin Gin
200m	25.86	2013	Kelsey Mann - Nth Rockhampton
400m	1:00.30	2012	Annelise Wesley - Gin Gin
800m	2:42.71	2013	Cassandra Mingin - Bargara
1500m	5:44.12	2012	Cassandra Mingin - Bargara
1500m Race Walk	14:06.47	8/09/2018	Georgia Spanner - Nth Rockhampton
100m Hurdles	15.94	11/09/2021	Holly Blunt - Nth Rockhampton
300m Hurdles	50.77	8/09/2019	Emily Authurs - Biloela
High Jump	1.51m	2012	Melissa Haigh - Gin Gin
Long Jump	5.00m	12/09/2020	Mirae Ries - Nth Rockhampton
Triple Jump	10.85m	2013	Kelsey Mann - Nth Rockhampton
Discus	39.56m	3/09/2016	Christina McLure - Biloela
Javelin	34.14m	13/09/2020	Tegan Wright - Gin Gin
Shot Put	12.08m	2013	Angela Wright - Gin Gin

Boys U9

70m	10.90	1999	D Bongers - Biloela
100m	14.30	2000	T Hindmarsh - Nth Rockhampton
200m	30.50	1999	S Ross - Biloela
400m	1:20.91	8/09/2018	Clae Thornton - Biloela
800m	2:56.40	1994	H White - Nth Rockhampton
700m Race Walk	4:27.52	2011	Brodie Dix - Gin Gin
60m Hurdles	10.90	2000	T Hindmarsh - Nth Rockhampton
High Jump	1.14m	2003	A McCarthy - Gracemere
Long Jump	4.08m	1997	P O'Shea - Nth Rockhampton
Discus	25.62m	1999	J Heap - Bargara
Shot Put	7.01m	1992	C Bailey - Nth Rockhampton

Boys U10

70m	9.90	1999	S Ross - Biloela
100m	14.60	1990	I Mallyon - Emerald
200m	31.03	2012	Zahn Rothery - Nth Rockhampton
400m	1:10.80	1988	A Cowan - Nth Rockhampton
800m	2:40.60	1995	N Davis - Nth Rockhampton
1100m Race Walk	7:05.00	1996	D Rogers - Biloela
60m Hurdles	11.21	2012	Zahn Rothery - Nth Rockhampton
High Jump	1.31m	2000	J Heap - Bargara
Long Jump	4.43m	1998	P O'Shea - Nth Rockhampton
Discus	27.10m	2007	Tyler Romyn - Gladstone
Shot Put	8.44m	2000	D Bongers - Biloela

Boys U11

100m	13.70	1999	P O'Shea - Nth Rockhampton
200m	28.80	1999	P O'Shea - Nth Rockhampton
400m	1:10.33	5/09/2015	Ben O'Brien - Yeppoon
800m	2:39.30	1996	N Davis - Nth Rockhampton
1500m	5:28.50	1992	J Radloff - Nth Rockhampton
1100m Race Walk	6:58.46	7/09/2019	Tama Kororiko - Biloela
80m Hurdles	16.80	7/09/2019	Sam Driscoll - Nth Rockhampton
High Jump	1.32m	1999	J Keehn - Gracemere
Long Jump	4.72m	1999	P O'Shea - Nth Rockhampton
Triple Jump	9.61m	1994	L Leaver - Nth Rockhampton
Discus	23.81m	7/09/2019	Heinrich Kirchner - Bargara
Javelin	29.56m	2000	A Bongers - Biloela
Shot Put	9.70m	2003	B Hickey - Nth Rockhampton

Boys U12

100m	13.20	2003	T Hindmarsh - Nth Rockhampton
200m	27.20	1989	E Russell - Nth Rockhampton
400m	1:06.23	3/09/2016	Ben O'Brien - Yeppoon
800m	2:24.70	1997	N Davis - Nth Rockhampton
1500m	5:05.60	2004	T Brosnan - Nth Rockhampton
1500m Race Walk	9:09.49	2010	Ben Mingin - Gin Gin
80m Hurdles	14.38	10/9/2022	Finn Wyatt - Nth Rockhampton
High Jump	1.43m	13/09/2014	Zahn Rothery - Nth Rockhampton
Long Jump	4.87m	2003	T Hindmarsh - Nth Rockhampton
Triple Jump	10.00m	2000	P O'Shea - Nth Rockhampton
Discus	33.70m	2007	Sam Smith - Gladstone
Javelin	35.07m	2000	P O'Shea - Nth Rockhampton
Shot Put	9.96m	7/09/2019	Liam Spanner - Nth Rockhampton

Boys U13

100m	12.90	1990	G Smallacombe - Emerald
200m	26.80	1993	R Coward - Emerald
400m	59.30	1993	R Coward - Emerald
800m	2:24.40	1993	R Coward - Emerald
1500m	5:02.53	13/09/2014	Jayden Mills - Nth Rockhampton
1500m Race Walk	8:38.40	1989	S Funch - Nth Rockhampton
80m Hurdles	13.50	2001	D Hawkswell - Gracemere
200m Hurdles	31.60	1993	D Miller - Nth Rockhampton
High Jump	1.60m	2001	D Hawkswell - Gracemere
Long Jump	5.09m	1993	R Coward - Emerald
Triple Jump	10.45m	1993	R Coward - Emerald
Discus	22.03m	11/09/2021	Kobi Symes - Biloela
Javelin	33.52m	1996	C Ferguson - Nth Rockhampton
Shot Put	11.12m	9/09/2018	Saxon Blair - Bargara

Boys U14

100m	12.60	1988	M Traves - Springsure
200m	25.69	6/09/2015	Edwin Chang - Agnes Water
400m	59.63	9/09/2017	Ethan Wood - Nth Rockhampton
800m	2:17.69	2009	Jade Williams - Biloela
1500m	4:54.90	3/09/2016	Dylan Mills - Nth Rockhampton
1500m Race Walk	8:22.00	1990	S Funch - Nth Rockhampton
90m Hurdles	13.70	2005	Daniel McLean - Nth Rockhampton
200m Hurdles	29.70	2005	Daniel McLean - Nth Rockhampton
High Jump	1.63m	1997	C Ferguson - Nth Rockhampton
Long Jump	5.26m	2002	P O'Shea - Gracemere
Triple Jump	11.44m	2002	P O'Shea - Gracemere
Discus	39.04m	1995	K Caplick - Biloela
Javelin	40.58m	2002	J Keehn - Gracemere
Shot Put	11.23m	4/09/2016	Zahn Rothery - Yeppoon

Boys U15

100m	11.31	8/09/2018	Connor Yeats - Agnes Water
200m	23.90	1989	M Traves - Springsure
400m	56.20	1999	P McMaha - Alpha
800m	2:15.90	1996	I Lichos - Emerald
1500m	4:51.99	3/09/2016	Jayden Mills - Nth Rockhampton
1500m Race Walk	7:29.20	1991	S Funch - Nth Rockhampton
100m Hurdles	14.60	2006	Daniel McLean - Nth Rockhampton
300m Hurdles	46.05	9/09/2018	Jarrod Bacon - Yeppoon
High Jump	1.75m	2006	William Hinrichsen - Gracemere
Long Jump	5.64m	8/09/2018	Ethan Wood - Nth Rockhampton
Triple Jump	11.56m	10/09/2017	Dann Kitt - Gin Gin
Discus	50.20m	2012	Michael McLure - Biloela
Javelin	48.90m	1989	D Milner - Springsure
Shot Put	12.54m	2006	William Collier - Gin Gin

Boys U16

100m	12.13	8/09/2018	Dann Kitt - Gin Gin
200m	25.53	8/09/2019	Connor Yeats - Agnes Water
400m	56.04	9/09/2017	Jayden Mills - Nth Rockhampton
800m	2:09.26	10/09/2017	Jayden Mills - Nth Rockhampton
1500m	4:31.10	9/09/2017	Jayden Mills - Nth Rockhampton
1500m Race Walk	7:50.34	7/09/2019	Jye Spanner - Nth Rockhampton
100m Hurdles	16.31	9/09/2017	Daniel Hole - Bargara
300m Hurdles	59.47	13/09/2020	Caden Wyatt - Bargara
High Jump	1.65m	11/09/2021	Blake Colquhoun - Gracemere
Long Jump	6.13m	8/09/2018	Dann Kitt - Gin Gin
Triple Jump	12.23m	9/09/2018	Dann Kitt - Gin Gin
Discus	49.03m	2013	Michael McLure - Biloela
Javelin	33.82m	14/09/2014	Ben Mingin - Bargara
Shot Put	11.19m	13/09/2014	Ben Mingin - Bargara

Boys U17

100m	12.24	11/09/2021	Ethan May - Bargara
200m	24.85	4/09/2016	Reece Zwynenberg - Gin Gin
400m	55.07	2010	Richard Lawton - Bargara
800m	2:11.73	2010	Richard Lawton - Bargara
1500m	4:45.03	2010	Richard Lawton - Bargara
1500m Race Walk	7:17.08	12/09/2020	Jye Spanner - Nth Rockhampton
110m Hurdles	15.79	8/09/2018	Daniel Hole - Bargara
300m Hurdles	57.79	12/09/2021	Caden Wyatt - Bargara
High Jump	1.75m	10/9/2022	Blake Colquhoun - Gracemere
Long Jump	5.77m	11/09/2021	Ethan May - Bargara
Triple Jump	11.95m	2013	Jack Morgan - Biloela
Discus	43.61m	2015	Ben Mingin - Bargara
Javelin	41.74m	2011	John-Paul Galea - Gin Gin
Shot Put	13.72m	2011	John-Paul Galea - Gin Gin



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