

## Girls U9

70m	10.48	15/09/2012	Jessica Frape - Cairns
100m	15.68	8/10/2011	Selena Guglielmi - Cassowary Coast
200m	34.95	11/09/2016	Katelyn McGee - Marlin Coast
400m	1:22.86	2/09/2017	Valentina Oberdan - Marlin Coast
800m	3:03.94	11/09/2016	Katelyn McGEE - Marlin Coast
700m Race Walk	4:57.65	19/10/2008	Montanna McAvoy - Cassowary Coast
60m Hurdles	11.94	19/09/2009	Rhianna Mealing - Cairns
High Jump	1.12m	31/08/2019	Finlay Payne - Tablelands
Long Jump	3.42m	19/10/2008	Estelle King - Cairns
Discus	22.59m	19/09/2009	Giulia Bortolanza - Mulgrave
Shot Put	6.16m	09/10/2021	Ruby Torrisi - Cassowary Coast

## Girls U10

70m	9.84	15/09/2012	Selena Guglielmi - Cassowary Coast
100m	15.35	10/09/2016	Brooke Johnston - Tully
200m	32.70	16/09/2012	Selena Guglielmi - Cassowary Coast
400m	1:15.14	2/09/2017	Katelyn McGEE - Marlin Coast
800m	2:49.80	2/09/2018	Grace Campbell - Cairns
1100m Race Walk	7:25.42	8/09/2013	Taylah Graham - Cairns
60m Hurdles	12.10	1/09/2018	Lillee Barba - Cassowary Coast
High Jump	1.14m	19/09/2009	Estelle King - Cairns
Long Jump	3.72m	10/09/2016	Brooke Johnston - Tully
Discus	28.39m	10/09/2022	Ruby Torrisi - Cassowary Coast
Shot Put	8.01m	10/09/2022	Ruby Torrisi - Cassowary Coast

## Girls U11

100m	14.59	18/10/2008	Hayley Strano - Cassowary Coast
200m	31.51	3/09/2017	Talese Emmitt - Marlin Coast
400m	1:13.70	1/09/2018	Aria Lavis - Cairns
800m	2:47.57	10/10/2010	Montanna McAvoy - Cassowary Coast
1500m	5:41.12	9/10/2010	Montanna McAvoy - Cassowary Coast
1100m Race Walk	6:23.53	8/09/2013	Mercedes Brennan - Cairns
80m Hurdles	15.18	09/10/2021	Finlay Payne - Tablelands
High Jump	1.25m	18/10/2008	Hayley Strano - Cassowary Coast
Long Jump	4.14m	13/09/2015	Jordyn Booth - Tablelands
Triple Jump	8.27m	12/09/2015	Jordyn Booth - Tablelands
Discus	27.44m	09/10/2021	Siena Torrisi - Cassowary Coast
Javelin	19.74m	11/09/2016	Amy Hunter - Tablelands
Shot Put	9.50m	11/09/2016	Hannah Edwards - Mulgrave

## Girls U12

100m	14.00	18/10/2008	Daijah Martens - Mulgrave
200m	29.22	19/10/2008	Daijah Martens - Mulgrave
400m	1:10.14	12/09/2015	Jessica Frape - Cairns
800m	2:36.43	9/10/2011	Montanna McAvoy - Cassowary Coast
1500m	5:20.48	8/10/2011	Montanna McAvoy - Cassowary Coast
1500m Race Walk	9:35.36	19/10/2008	Heidi Steinmann - Tablelands
80m Hurdles	15.80	31/08/2019	Aria Lavis - Cairns
High Jump	1.35m	19/09/2009	Hayley Strano - Cassowary Coast
Long Jump	4.30m	19/09/2009	Hayley Strano - Cassowary Coast
Triple Jump	9.23m	19/10/2008	Daijah Martens - Mulgrave
Discus	31.38m	18/10/2008	Brianna Bortolanza - Mulgrave
Javelin	24.22m	19/10/2008	Brianna Bortolanza - Mulgrave
Shot Put	12.16m	18/10/2008	Daijah Martens - Mulgrave

## Girls U13

100m	13.60	10/09/2016	Bailee Watson - Cassowary Coast
200m	28.58	20/09/2009	Daijah Martens - Mulgrave
400m	1:05.82	25/10/2020	Aria Lavis - Cairns
800m	2:33.39	16/09/2012	Montanna McAvoy - Cassowary Coast
1500m	5:11.48	15/09/2012	Montanna McAvoy - Cassowary Coast
1500m Race Walk	9:13.91	20/09/2009	Heidi Steinmann - Tablelands
80m Hurdles	14.80	9/10/2011	Bridget Seymour-Jones - Tablelands
200m Hurdles	32.53	9/10/2010	Hayley Strano - Cassowary Coast
High Jump	1.45m	18/10/2008	Bianca Cristaudo - Mulgrave
Long Jump	4.76m	20/09/2009	Daijah Martens - Mulgrave
Triple Jump	9.69m	10/10/2010	Hayley Strano - Cassowary Coast
Discus	35.53m	20/09/2009	Brianna Bortolanza - Mulgrave
Javelin	29.21m	9/10/2010	Sophie Posar - Mulgrave
Shot Put	10.71m	19/09/2009	Daijah Martens - Mulgrave



## Regional Best Performances: Tropical North

Current as at 28/07/23

### Girls U14

100m	12.87	8/10/2011	Rebecca O'Connor - Cassowary Coast
200m	27.19	9/10/2011	Rebecca O'Connor - Cassowary Coast
400m	1:04.32	8/10/2011	Hayley Strano - Cassowary Coast
800m	2:28.90	8/09/2013	Montanna McAvoy - Cairns
1500m	5:09.78	7/09/2013	Montanna McAvoy - Cairns
1500m Race Walk	9:00.88	3/09/2017	Taylah Graham - Cairns
80m Hurdles	13.58	10/10/2010	Heidi Steinmann - Tablelands
200m Hurdles	31.14	8/10/2011	Hayley Strano - Cassowary Coast
High Jump	1.58m	8/10/2011	Hayley Strano - Cassowary Coast
Long Jump	5.13m	8/10/2011	Hayley Strano - Cassowary Coast
Triple Jump	10.63m	9/10/2011	Hayley Strano - Cassowary Coast
Discus	38.53m	9/10/2010	Brianna Bortolanza - Mulgrave
Javelin	27.30m	13/09/2015	Monique Sichter - Tully
Shot Put	12.17m	10/10/2010	Brianna Bortolanza - Mulgrave

### Girls U15

100m	13.10	18/10/2008	Crystal Anderlini - Cairns
200m	27.28	16/09/2012	Rebecca O'Connor - Cassowary Coast
400m	1:02.60	1/09/2018	Jessica Frape - Cairns
800m	2:21.56	14/09/2014	Montanna McAvoy - Cairns
1500m	4:55.22	13/09/2014	Montanna McAvoy - Cairns
1500m Race Walk	9:54.03	3/09/2017	Leyhani Bennett - Mulgrave
90m Hurdles	14.05	9/10/2011	Mikaela Gallagher - Cassowary Coast
300m Hurdles	59.79	3/09/2017	Leyhani Bennett - Mulgrave
High Jump	1.55m	18/10/2008	Tara Strano - Cassowary Coast
Long Jump	5.31m	15/09/2012	Hayley Strano - Cassowary Coast
Triple Jump	10.97m	7/09/2013	Mikaela Bretz - Cairns
Discus	41.51m	8/10/2011	Brianna Bortolanza - Mulgrave
Javelin	27.52m	19/09/2009	Paige Harrison - Marlin Coast
Shot Put	13.21m	8/10/2011	Brianna Bortolanza - Mulgrave

### Girls U16

100m	13.30	10/09/2022	Elizabeth Horne - Cairns
200m	26.82	8/09/2013	Rebecca O'Connor - Cassowary Coast
400m	1:01.20	1/09/2018	Emma Henley - Cairns
800m	2:20.26	13/09/2015	Montanna McAvoy - Cairns
1500m	4:51.26	12/09/2015	Montanna McAvoy - Cairns
1500m Race Walk	11:42.51	13/09/2015	Orian Blackmur - Mulgrave
90m Hurdles	16.78	14/09/2014	Shannon Reynolds - Ravenshoe
High Jump	1.50m	2/09/2018	Kailah-Jane Thompson - Mulgrave
Long Jump	5.14m	10/09/2022	Elizabeth Horne - Cairns
Triple Jump	10.58m	3/09/2017	Bailey Devine - Mulgrave
Discus	33.28m	8/09/2013	Alexandra Worth - Cassowary Coast
Javelin	26.56m	14/09/2014	Shannon Reynolds - Ravenshoe
Shot Put	12.07m	2/09/2017	Sophie Raciti - Tablelands

### Girls U17

100m	12.80	18/10/2008	Melissa Johnson - Cassowary Coast
200m	26.81	13/09/2015	Shannon Reynolds - Ravenshoe
400m	1:03.13	8/10/2011	Jessica-Lee O'Connor - Cassowary Coast
800m	2:29.74	3/09/2017	Keeley Coutts - Tablelands
1500m	5:33.06	2/09/2017	Keeley Coutts - Tablelands
1500m Race Walk	14:02.69	14/09/2014	Rachel Anderson - Mulgrave
100m Hurdles	18.80	31/08/2019	Kailah-Jane Thompson - Mulgrave
High Jump	1.65m	19/09/2009	Tara Strano - Cassowary Coast
Long Jump	5.09m	13/09/2014	Hayley Strano - Cassowary Coast
Triple Jump	10.23m	1/09/2018	Melissa Callander - Douglas
Discus	39.60m	13/09/2014	Alexandra Worth - Cassowary Coast
Javelin	34.49m	18/10/2008	Farrah Boustead - Cassowary Coast
Shot Put	13.92m	15/09/2012	Brianna Bortolanza - Mulgrave

## Boys U9

70m	11.25	25/10/2020	Braxton D'Urso - Cassowary Coast
100m	15.57	7/09/2013	Jordan Walker - Tully
200m	32.21	20/09/2009	Matthew Cheesman - Tablelands
400m	1:15.80	1/09/2018	Milan Della Bosca - Tablelands
800m	2:49.81	20/09/2009	Matthew Cheesman - Tablelands
700m Race Walk	5:13.36	8/09/2013	Maximus Peach - Tully
60m Hurdles	11.31	7/09/2013	Brashar Coutts - Tablelands
High Jump	1.15m	2/09/2017	Leo Briggs - Cassowary Coast
Long Jump	3.75m	1/09/2018	Milan Della Bosca - Tablelands
Discus	22.15m	19/09/2009	Joshua Lush - Mulgrave
Shot Put	6.91m	18/10/2008	Isaac Fleming - Tablelands

## Boys U10

70m	9.58	15/09/2012	Samuel Hittie - Cairns
100m	13.94	09/10/2021	Braxton D'Urso - Cassowary Coast
200m	30.18	09/10/2021	Braxton D'Urso - Cassowary Coast
400m	1:10.23	9/10/2010	Matthew Cheesman - Tablelands
800m	2:40.09	9/10/2011	Stirling McAvoy - Cassowary Coast
1100m Race Walk	8:41.94	10/10/2010	Joshua Barber - Mulgrave
60m Hurdles	11.46	9/10/2011	Liam Gilbert - Cassowary Coast
High Jump	1.19m	8/10/2011	Liam Gilbert - Cassowary Coast
Long Jump	4.03m	3/09/2017	Archie Evans - Tablelands
Discus	28.52m	12/09/2015	Angus Goetze - Tablelands
Shot Put	9.05m	9/10/2010	Liam McDonald - Marlin Coast

## Boys U11

100m	13.80	8/10/2011	Mathew Cheesman - Tablelands
200m	29.28	9/10/2011	Mathew Cheesman - Tablelands
400m	1:07.69	8/10/2011	Mathew Cheesman - Tablelands
800m	2:42.50	09/10/2021	Archie Kefford - Tablelands
1500m	5:31.36	09/10/2021	Archie Kefford - Tablelands
1100m Race Walk	7:41.94	10/09/2022	Chase Frumento - Tully
80m Hurdles	15.50	09/10/2021	Quinn Devaney - Cassowary Coast
High Jump	1.28m	10/09/2022	Braxton D'Urso - Cassowary Coast
Long Jump	4.54m	16/09/2012	Liam Gilbert - Cassowary Coast
Triple Jump	8.93m	8/10/2011	Liam McDonald - Marlin Coast
Discus	34.30m	10/09/2022	Shaun Riley - Tully
Javelin	25.01m	9/10/2011	Liam McDonald - Marlin Coast
Shot Put	10.32m	8/09/2013	Orlando Swain - Cassowary Coast

## Boys U12

100m	13.40	7/09/2013	Ethan Crees - Douglas Shire
200m	28.47	9/10/2011	Jacob Heron - Cairns
400m	1:03.76	15/09/2012	Mathew Cheesman - Tablelands
800m	2:36.07	8/09/2013	Stirling McAvoy - Cairns
1500m	5:21.47	7/09/2013	Stirling McAvoy - Cairns
1500m Race Walk	10:42.62	14/09/2014	Zach Windred-Smith - Marlin Coast
80m Hurdles	16.08	10/09/2022	Harley Payne - Tablelands
High Jump	1.44m	19/09/2009	Michael Carroll - Cassowary Coast
Long Jump	4.63m	9/10/2011	Mitchell Greene - Tablelands
Triple Jump	9.81m	20/09/2009	Michael Carroll - Cassowary Coast
Discus	28.83m	9/10/2010	Jack Redmond - Cairns
Javelin	27.86m	20/09/2009	Michael Carroll - Cassowary Coast
Shot Put	9.87m	09/10/2021	Marlion Swain - Cassowary Coast

## Boys U13

100m	12.73	10/09/2016	Ishmael Singleton - Cairns
200m	27.71	19/10/2008	Tobias Jurss-Lewis - Marlin Coast
400m	1:02.10	13/09/2014	Liam Gilbert - Cassowary Coast
800m	2:31.80	3/09/2017	Brashar Coutts - Tablelands
1500m	5:04.32	10/09/2016	Ollie Boltz - Marlin Coast
1500m Race Walk	8:49.53	16/09/2012	Jonty Brennan - Cairns
80m Hurdles	14.25	14/09/2014	Liam Gilbert - Cassowary Coast
200m Hurdles	32.21	9/10/2010	Theo Watson - Cairns
High Jump	1.53m	13/09/2014	Patrick Harry - Marlin Coast
Long Jump	5.16m	10/09/2016	Ishmael Singleton - Cairns
Triple Jump	11.49m	11/09/2016	Ishmael Singleton - Cairns
Discus	29.22m	2/09/2018	Jean-Luc Cunsamy - Marlin Coast
Javelin	36.97m	9/10/2010	Theo Watson - Cairns
Shot Put	12.47m	9/10/2010	Theo Watson - Cairns



## Regional Best Performances: Tropical North

Current as at 28/07/23

### Boys U14

100m	12.89	10/09/2016	Jack Grant - Cairns
200m	25.87	11/09/2016	Jack Grant - Cairns
400m	57.35	12/09/2015	Mason McDonald - Ravenshoe
800m	2:21.72	13/09/2015	Mason McDonald - Ravenshoe
1500m	4:58.03	12/09/2015	Mason McDonald - Ravenshoe
1500m Race Walk	10:30.86	8/09/2013	Jonty Brennan - Cairns
90m Hurdles	13.89	13/09/2015	Liam Gilbert - Cassowary Coast
200m Hurdles	29.03	12/09/2015	Liam Gilbert - Cassowary Coast
High Jump	1.60m	20/09/2009	Jason Strano - Cassowary Coast
Long Jump	5.67m	12/09/2015	Mason McDonald - Ravenshoe
Triple Jump	11.52m	13/09/2015	Mason McDonald - Ravenshoe
Discus	37.22m	12/09/2015	Mason McDonald - Ravenshoe
Javelin	45.09m	9/10/2011	Theo Watson - Cairns
Shot Put	12.78m	10/10/2010	Alexander Dalton - Mulgrave

### Boys U15

100m	11.76	8/10/2011	Aidan Taylor - Mulgrave
200m	24.56	9/10/2011	Aidan Taylor - Mulgrave
400m	56.08	12/09/2015	Mathew Cheesman - Tablelands
800m	2:10.70	13/09/2015	Mathew Cheesman - Tablelands
1500m	4:49.20	12/09/2015	Gus Brooks - Mulgrave
1500m Race Walk	10:40.12	14/09/2014	Jonty Brennan - Cairns
100m Hurdles	14.97	16/09/2012	Frankie Cuda - Tablelands
300m Hurdles	53.30	09/10/2021	Tasman Croden-Hazell - Tully
High Jump	1.71m	13/09/2014	Zachary Ballantine - Mulgrave
Long Jump	5.51m	8/10/2011	Noa Martens - Cairns
Triple Jump	11.90m	1/09/2018	Carlos Clermont - Cairns
Discus	51.21m	8/10/2011	Alexander Dalton - Mulgrave
Javelin	48.77m	16/09/2012	Theo Watson - Cairns
Shot Put	15.66m	18/10/2008	David Rakoci - Mulgrave

### Boys U16

100m	12.30	10/09/2016	Liam Eastgate - Tablelands
200m	24.39	8/09/2013	Brenton Goebel - Marlin Coast
400m	54.97	7/09/2013	Brenton Goebel - Marlin Coast
800m	2:17.80	8/09/2013	Brenton Goebel - Marlin Coast
1500m	4:49.66	10/09/2016	Mathew Cheesman - Tablelands
100m Hurdles	16.98	2/09/2017	Cameron Graham - Cairns
300m Hurdles	48.54	3/09/2017	Cameron Graham - Cairns
High Jump	1.80m	12/09/2015	Hunter Liebold - Tablelands
Long Jump	6.09m	2/09/2017	Mason McDonald - Ravenshoe
Triple Jump	11.62m	1/09/2018	Luke McLellan - Tablelands
Discus	50.10m	1/09/2019	Leon Grundling - Tablelands
Javelin	39.11m	3/09/2017	Wesley Yow - Cairns
Shot Put	14.46m	7/09/2013	Timothy Ford - Tablelands

### Boys U17

100m	11.78	8/10/2011	Mervyn Hiscox - Tully
200m	24.34	9/10/2011	Mervyn Hiscox - Tully
400m	56.40	1/09/2018	Chance Whitehead - Marlin Coast
800m	2:17.04	13/09/2015	Jack Heffernan - Cairns
1500m	4:56.79	10/09/2016	Aiden Smith - Cassowary Coast
110m Hurdles	19.16	11/09/2016	Jake Anderson - Marlin Coast
300m Hurdles	54.22	3/09/2017	Keegan Newell - Mulgrave
High Jump	1.85m	8/10/2011	Jason Strano - Cassowary Coast
Long Jump	5.88m	15/09/2012	Jason Strano - Cassowary Coast
Triple Jump	12.65m	16/09/2012	Jason Strano - Cassowary Coast
Discus	52.83m	13/09/2014	Timothy Ford - Tablelands
Javelin	44.02m	14/09/2014	Timothy Ford - Tablelands
Shot Put	16.80m	14/09/2014	Timothy Ford - Tablelands