



CENTRE INDUCTIONS & PROGRAMMING

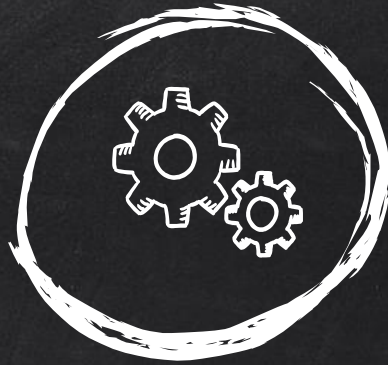


INDUCTIONS AT YOUR CENTRE



Induction:

a period during which a
new member learns about
the organisation and has basic training



QUESTIONS FOR REFLECTION

INTERACT WITH YOUR SLIDO
EVENT BY JOINING AT SLIDO.COM WITH THE CODE
#3568121



3

WHAT ARE THREE THINGS YOU WISHED YOU WERE TOLD WHEN YOU FIRST STARTED AT YOUR LITTLE ATHLETICS CENTRE?

2

WHAT ARE TWO THINGS YOU THINK ALL NEW PARENTS NEED TO KNOW?

1

WHAT WAS ONE THING YOU REALLY VALUED BEING TOLD WHEN YOU FIRST STARTED?



DISCUSSION TIME

What is one strategy that you can implement to make a difference to the first impression a new parent has of your Centre?

INDUCTION IDEAS: EXAMPLES / SUGGESTIONS

How To Videos?

Distribute the short videos through your internal systems.

LAQ led parent induction session

Ask LAQ to assist with an induction session at your Centre.

Your own induction sessions

When, where and how long will depend on your parents commitments.

Examples:

- X Trial week(s)
- X Ongoing one / week for first month or two
- X All season



Bargara Little Athletics created an event.

April 30 · 🌐

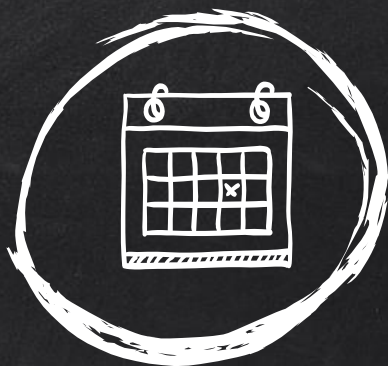


SUN, MAY 7

Info Session - Long & Triple Jump

Bargara Sports Complex

☆ Interested

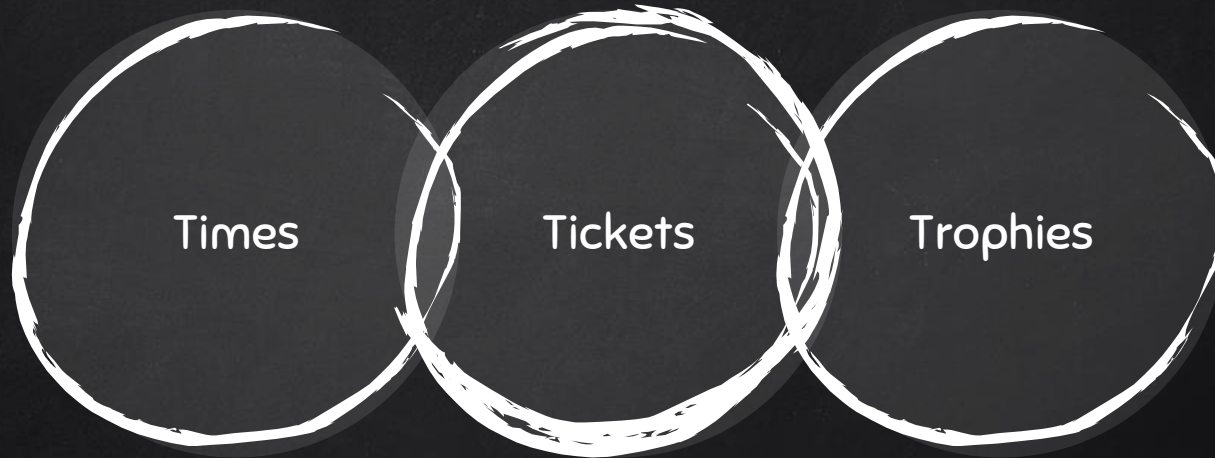


PROGRAMMING

Alternative suggestions for the younger age groups

.....but not only the younger age groups

GENERALLY LITTLE ATHLETICS CENTRE MEETS
ARE ALL ABOUT.....



I MEAN.....



I MEAN.....



SUGGESTIONS

- X Gamify activities
- X Record every other “event” – “point” for participating
- X Record every other week – skills one week, record next week
- X Time at the end of a month / program cycle – monthly mini meet
- X Blocks of time
- X Other thoughts (for 7's & 8's)??

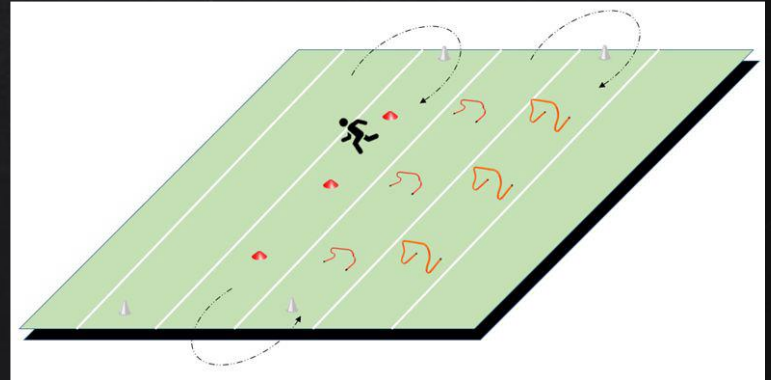
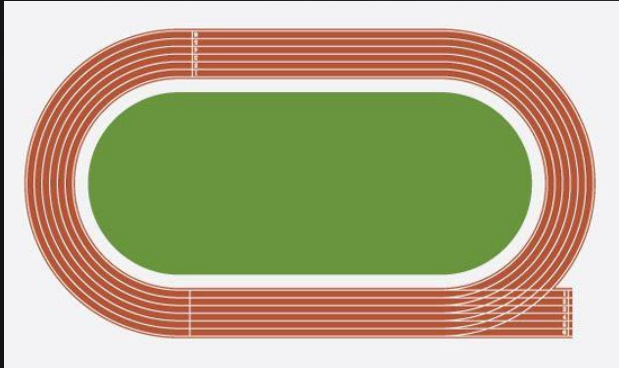
OLDER AGE GROUPS

- X Consider development activities for older ages too
- X Example – U11 starting new event or U14 starting the sport for the first time
- X Athletes coming from another Centre (or State)
- X Relays



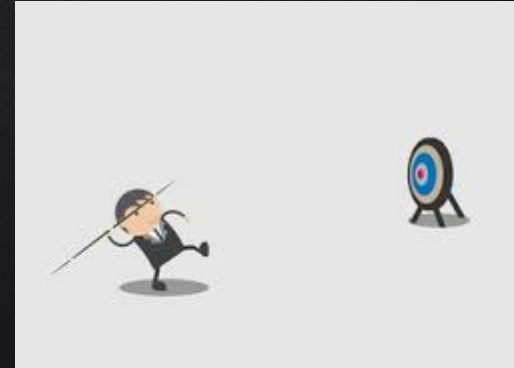
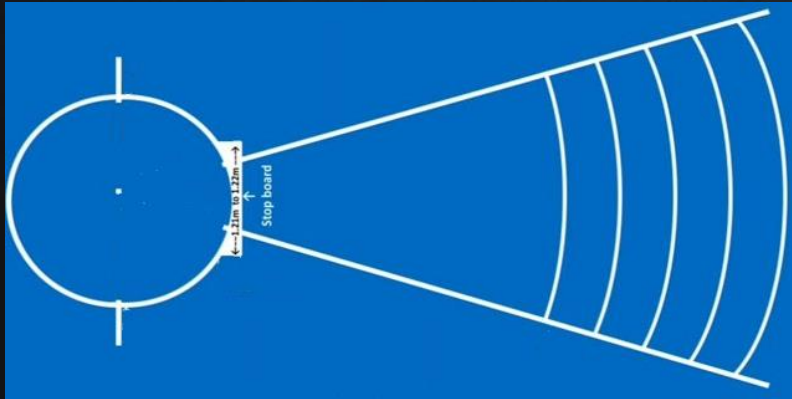
EXAMPLES

- X Track: Run shorter distances.....multiple times
- X Hurdles: Run over “smaller” obstacles
- X Walks: reward technique over time



EXAMPLES

- X Shot : throw for points
- X Discus: nearest to pin
- X Javelin: throw to a target





THANKS!

.....for putting up with me

Any questions?