

Javelin

Safety Guidelines for Centres

- Javelins should be placed in the ground in an upright position in a hoop, powder circle or holding trolley.
- Only one athlete (the athlete called to throw) has a javelin at any one time.
- Athletes should be kept on one side of the throwing sector, javelin on the other side. Athlete selects his/her javelin when recorder announces next thrower as called by chief at the event.
- At **NO** stage on a competition day/evening should athletes be allowed to wander around with multiple Javelins.
- Spotters should be aware and stand off to one side of the sector while the athlete is attempting a throw.
- The Javelin should be retrieved and carried back to the appropriate Javelin holding area. At **NO** stage should the javelin be thrown by officials or athletes retrieving javelins.
- If Centres are short of officials athletes can be used to retrieve javelins after throwing.
They leave the throwing area appropriately, retrieve their javelin and carry it back to the javelin holding area in an upright position.
- Safety of athletes should be paramount and any action taken by officials or athletes in relation to the javelin is in full view of parents and younger athletes (**Create a Safe Environment**).
- Throwing sector should be appropriately marked and coned out for safety especially if in the centre of arena.