



## 10 am Saturday, 7th October 2023 - Vets & Masters

	HIGH JUMP	LONG JUMP	DISCUS	JAVELIN
10.00 am			Vet Men	Vet Women
10.30 am		Vet Men	Vet Women	
11.00 am		Vet Women		Vet Men
11.30 am	Vet Men & Women			

### PLEASE NOTE:

- \* All long and triple jumps and most high jumps will be on tartan run-ups.
- \* 7mm tartan spikes only to be used on synthetic surfaces. LAQ shoes and/or spike rules will apply to Little Athletic age groups.
- \* Please remove spikes immediately upon completing an event.
- \* 3 attempts only at field events
- \* 400m will be run as timed finals
- \* Medals will be presented on the conclusion of each event.
- \* Participation medals for U7 and U8 athletes will be presented around 5.00 pm
- \* Open competitors will run first in each event followed by each age group so as to allow older age groups to compete in open.
- \* Athletes wishing to use starting blocks must provide their own as none are available from the Maryborough Amateur Athletic Club.

**See you early October next year.  
Thanks for your support – have a safe trip home.**

# PROGRAM

MARYBOROUGH AMATEUR ATHLETIC CLUB



## ANNUAL DAY NIGHT CARNIVAL and MASTERS GAMES

Jock Anderson Athletic Oval  
Gympie Road, Tinana



## 7 OCTOBER 2023

Incorporating  
The Maryborough Masters Games