

**8:00am**

Girls U9 Swedish  
 Boys U9 Swedish  
 Girls U10 Swedish  
 Boys U10 Swedish  
 CAT U9-10 Swedish  
 Girls U11 Long Jump  
 Boys U11 Long Jump  
 Girls U12 High Jump  
 Boys U12 High Jump  
 Girls U15 Discus  
 Boys U15 Discus  
 Girls U16 Shot Put  
 Boys U16 Shot Put  
 Girls U17 Shot Put  
 Boys U17 Shot Put

**8:35am**

Girls U7 Discus  
 Boys U7 Discus

**8:40am**

Girls U13 Shot Put  
 Boys U13 Shot Put

**8:50am**

Girls U14 Swedish  
 Boys U14 Swedish  
 Girls U15 Swedish  
 Boys U15 Swedish  
 Girls U16 Swedish  
 Boys U16 Swedish  
 Girls U17 Swedish  
 Boys U17 Swedish  
 CAT U14-17 Swedish

**9:05am**

Girls U8 Long Jump  
 Boys U8 Long Jump

**9:35am**

Girls U9 High Jump  
 Boys U9 High Jump  
 Girls U11 Discus  
 Boys U11 Discus

**9:50am**

Girls U10 Long Jump  
 Boys U10 Long Jump

**10:00am**

Girls U7 4x70m Relay  
 Boys U7 4x70m Relay  
 Girls U8 4x70m Relay  
 Boys U8 4x70m Relay

**U7 & U8 Medal Presentation**

**10:15am**

Girls U14 Shot Put  
 Boys U14 Shot Put

**10:30am**

CAT U15-17 100m Run-Off

**10:35am**

Girls U12 Discus  
 Boys U12 Discus

**11:00am**

Girls U8 Shot Put  
 Boys U8 Shot Put

**11:10am**

Girls U13 High Jump  
 Boys U13 High Jump

**11:15am**

Girls U9 4x100m Relay  
 Boys U9 4x100m Relay  
 Girls U10 4x100m Relay  
 Boys U10 4x100m Relay  
 CAT U9-10 4x100m Relay  
 Girls U15 Long Jump  
 Boys U15 Long Jump

**11:40am**

Girls U16 Discus  
 Boys U16 Discus  
 Girls U17 Discus  
 Boys U17 Discus

**11:50am**

Girls U9 Shot Put  
 Boys U9 Shot Put  
 Girls U14 Long Jump  
 Boys U14 Long Jump

**12:00pm**

Girls U12 4x100m Relay  
 Boys U12 4x100m Relay  
 Girls U11 4x100m Relay  
 Boys U11 4x100m Relay  
 Girls U13 4x100m Relay  
 Boys U13 4x100m Relay  
 CAT U11-13 4x100m Relay  
 Girls U10 High Jump  
 Boys U10 High Jump

**12:30pm**

Girls U7 Long Jump  
 Boys U7 Long Jump

**12:45pm**

Girls U14 4x100m Relay  
 Boys U14 4x100m Relay  
 Girls U15 4x100m Relay  
 Boys U15 4x100m Relay  
 Girls U16 4x100m Relay  
 Boys U16 4x100m Relay  
 Girls U17 4x100m Relay  
 Boys U17 4x100m Relay  
 CAT U14-17 4x100m Relay  
 Girls U13 Discus  
 Boys U13 Discus

**12:55pm**

Girls U11 Shot Put  
 Boys U11 Shot Put

**1:20pm**

Girls U12 Long Jump  
 Boys U12 Long Jump

**1:30pm**

Girls U8 4x100m Relay  
 Boys U8 4x100m Relay  
 Girls U7 4x100m Relay  
 Boys U7 4x100m Relay  
 CAT MC U9-12 2x100m Relay  
 CAT MC U13-17 2x100m Relay  
 Girls U9 Discus (Field 6)  
 Boys U9 Discus (Field 6)

**1:40pm**

Girls U10 Shot Put  
 Boys U10 Shot Put  
 Girls U14 High Jump  
 Boys U14 High Jump  
 Girls U15 High Jump  
 Boys U15 High Jump

**2:10pm**

Girls U13 Medley  
 Boys U13 Medley  
 Girls U11 Medley  
 Boys U11 Medley  
 Girls U12 Medley  
 Boys U12 Medley  
 CAT U11-13 Medley

**2:15pm**

Girls U16 Long Jump  
 Boys U16 Long Jump  
 Girls U17 Long Jump  
 Boys U17 Long Jump

**Running Order:**

*Medley: 200m, 200m, 400m, 800m  
 Swedish: 100m, 300m, 200m, 400m*

*Field: Most boys and girls' events will be held on separate areas; however events with lower numbers may be combined to compete at the same event area – results will be per age group.*