Using Technology in Athletics



Where to start?

- Keep it simple
 - Find things that work......for you
- The ones here little or no cost
- e.g.use your phone



Fitness

- Sweat Deck
- Fitness Meter
- Interval Timer



Sweat Deck



Fitness Meter



Interval Timer



- ✓ deck of cards workout
- ✓ Free
 - Upgrade to pro for \$5.99



- fitness testing and performance evaluation
- **√** \$2.99



- customisable interval timer & workout timer
- ✓ Free
 - Upgrade to Premium \$5.99

Coaching

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- SloPro
- Hudl
- Video Delay
- Replay It
- 3D Athletics
- Sprint Start



SloPro



- Shoot video at a high speed then play it back in sllloooooww motion.
- ✓ Free
 - Upgrade to pro for \$6.99



Hudl - Technique





- Record. Analyse. Improve.
- ✓ Free
 - \$12.99 (m) \$79.99 (y)



Video Delay





- ✓ Self-analyse your actions
- ✓ Free



Athletics3D





SprintStart





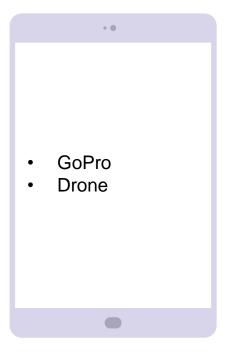
- ✓ Interactive 3D and Video analysis on your device
- ✓ \$9.99 (m)
- ✓ \$74.99 (y)

- Practice sprint starts and test your reaction time.
- ✓ Free





Video





....for a different perspective

Try taking footage from different angles.



Centre Meets

Sprint Timer

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Sprint Timer



- ✓ SprintTimer is a unique sports timer and photo finish app
- **√** \$7.99
 - \$7.99 \$30.99





Augmented & Virtual Reality



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MeasureKit



AR Runner



MeasureKit



- A competitive augmented reality game.
- **✓** \$1.49
 - Premium \$2.99

- Measure different things using your camera.
- **√** \$2.99
 - Pro \$2.99







Gamification

· Zombies, Run!

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Zombies, Run!





- ✓ There's only one thing you can do: Run!
- ✓ Free
 - \$0.99 \$89.99 per item



Useful Tools

- PE Games
- Classroom
 Roulette
- Team Shake
- Kahoot
- Padlet



PE Games





Classroom Roulette



Team Shake





- ✓ 200 games in a variety of categories.
- **√** \$1.99 (android)
- ✓ \$2.99 (ios)

- ✓ truly random selections.
- **√** \$2.99





- ✓ A quick way to create random teams
- ✓ Free (android)
- ✓ \$2.99 (ios)







Kahoot

- ✓ A game-based learning platform.
- ✓ Free





- Padlet is like paper for your screen.
- ✓ Free





Have used any others?

