



## CALOUNDRA LITTLE ATHLETICS OPEN DAY - NOMINATION FORM

### HELD ON SATURDAY 25<sup>th</sup> NOVEMBER 2023

**Multi Class Athletes**  
 CLAC values the importance of promoting athletics as an inclusive sport and this year have adapted our carnival to allow all ability age groups. Please advise at time of nomination your preference to either compete in your age group under your classification or to compete in the allocated multi class event.

	70m	100m	200m	400m	800m	1500m	700w	1100w	1500w	HJ	LJ	TJ	DIS	JAV	SP
U6															
U7															
U8															
U9															
U10															
U11															
U12															
U13															
U14															
U15															
U16															
U17															
OPEN															
MASTERS															
M/Class (A) U9 to U17															

**High Jump Starting Heights:**  
 U9 - 0.80  
 U10 - 0.90  
 U11 - 1.00  
 U12 - 1.10  
 U13 - 1.20  
 U14 - 1.25  
 U15 - 1.30  
 U16+ - 1.35

U9 to U17 including Multi Class \$20 Flat Fee: maximum of FIVE (5) events.

U6 to U8 \$10 Flat Fee: maximum of FOUR (4) events (participation medals awarded as per LAQ policy)

Open (17 to 29) / Masters (30+): \$5 per event please provide QA registration number: \_\_\_\_\_

Registering with QA - \$12 "no-club" registration here <https://www.revolutionise.com.au/qldathleticsbase/registration/>

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ M / F \_\_\_\_ Age Group \_\_\_\_\_ Rego # \_\_\_\_\_

Multi Athlete Classification: \_\_\_\_\_ Athlete Assistant: \_\_\_\_\_

U9 to U17 Must be a LAQ Member and provide a classification number. Field cannot accommodate wheelchair Multi-Class.

Phone \_\_\_\_\_ Email \_\_\_\_\_ Club \_\_\_\_\_

Preferred method of registration and payment is through **RESULTSHQ**, alternative method for Multi Class or Open athletes is via email to [kstroud@stockdaleleggo.com.au](mailto:kstroud@stockdaleleggo.com.au)  
**Direct deposit** to Bendigo Bank, Caloundra Branch Little Athletics BSB: 633-000, Account: 137566147. Please use athletes name and rego number for banking references.

**NOMINATIONS CLOSE:** 5pm 17<sup>th</sup> November 2022

**ON DAY AND LATE NOMINATION** – Unable to accept late track nominations - \$25 flat fee will apply (\$15 for U6-U8)

**CANCELLATION POLICY:** Alternative Date: Sunday 26<sup>th</sup> November 2023. Cancellation will be notified by the Caloundra Little Athletics website and Facebook.

**Please Note:** As this is a fun day – the event judges' decision will be final, and no protests will be entered. LAQ Foot ware and spikes rules will be enforced: Refer LAQ website