# Redlands Club Carnival, Saturday 27th January 2024

Redlands Athletics invites you, your family and supporters to our 2024 Club Carnival.

We are once again being hosted by Sheldon College on their World Athletics rated tartan track providing ideal preparation for your Regional Championships.



U9-U17 Athletes - \$25-00 - maximum 5 events

U6-U8 Athletes - \$15-00 - maximum 4 events.

Nominations close midnight Saturday 20th January 2024.

No late nominations will be accepted.

Nominations only by ResultsHQ.

Participation medals for U6-U8 athletes only.

Medals for all placegetters U9-U17 athletes.

Age category in accordance with LAQ age group policy.

Athletes must compete in their LAQ age groups and uniforms.

Standard LAQ Footwear, SunSmart, Smoking and Alcohol policies apply. No pets allowed at the venue.

Standard LAQ Competition Rules will be in use at this event.

No refund policy applies unless event cancelled due to adverse weather, COVID or any other reason outside of the club's control.



### Carnival Start Time - 7:30am



Athletes for all track events must report to our Call Room 20 minutes prior to the advertised start time with the exception of Racewalkers who are 30 minutes prior to their event start time.

Field event athletes proceed directly to their designated event location.

Private implements are not permitted.

### 2024 Club Carnival Program

	7:30am	8:00am	8:30am	9:00am	9:30am	10:00am	10:30am	11:00am	11:30am	12:00pm	12:30pm	1:00pm
U6		SHOT		100M		70M	LONG			DISCUS		
U7		LONG		100M		70M		200M		SHOT		500M
U8		DISCUS		100M		70M	SHOT	200M		LONG		700M
U9	700 Walk			100M	DISCUS	Race		200M	HIGH	400M		800M
U10	1100 Walk			100M	SHOT	Runners	HIGH	200M		400M		800M
U11	1100 Walk			100M	HIGH	1500M	DISCUS	200M		400M		800M
U12	1500 Walk			100M	LONG	1500M		200M		400M	SHOT	800M
U13	1500 WalK		DISCUS	100M		1500M		200M		400M	HIGH	800M
U14	1500 Walk		SHOT	100M		1500M		200M		400M	LONG	800M
U15	1500 Walk		HIGH	100M		1500M	SHOT	200M		400M	DISCUS	800M
U16	1500 Walk		HIGH	100M		1500M	SHOT	200M		400M	DISCUS	800M
U17	1500 Walk		HIGH	100M		1500M	SHOT	200M		400M	DISCUS	800M

## Carnival Rules

<u>TRACK</u> <u>FIELD</u>

All track events are timed finals 30 second rule applies to all field events

WALKS DISCUS, SHOT & LONG JUMPS

U9 700m 3 trials per athlete

U10/11 1,100m (Combined event) All events straight finals

U12-17 1,500m (Combined Event) No top 8

#### HIGH JUMP

Maximum 3 consecutive misses OR 4 misses in total

Starting heights: U9 60cm, U10 70cm, U11 80cm, U13 100cm & U15 above 120cm

Increments: 5cm, 5cm, 5cm then 3cm

### MEDALS

U9 - U17 - medals for all placegetters U6-U8 participation medal only

Enquiries; info@redlandsathletics.org.au or our Event Facebook Page



Brisbane

Wellington
Point

Capalaba

Cleveland

Upper Mount

Gravatt

Sheldon College

Sunnybank

Springwood

Mount Cotton

Daisy Hill

Browns Plains

Browns Plains

Carbrook

Redland Bay
Pan
Isli

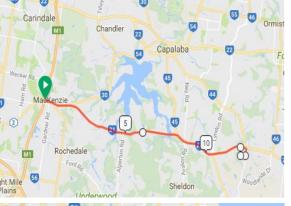
Carbrook

HOW TO TING US .....

Sheldon College is located on Taylor Road, Sheldon.

When entering the College please use Gate 1 to access the main carpark and overflow carpark.

The athletics track is a short walk on sealed surfaces.



Mount Cott

Springwood

50 Slacks Creek

Daisy Hill

Shailer Park

Loganholme

Island

Victoria Point

Redland Bay

Carbrook

Coming from the North.. Exit M1 at Mt Gravatt / Capalaba Road, follow signs to Victoria Point, turn right at roundabout into Taylor Road.

Coming from the South...Exit M1 at Cleveland Beenleigh Redland Bay Road, turn left into Mt Cotton Road, right into Woodlands Drive then left in Taylor Road.

